



Vijo mathew
Senior Physiotherapist

Bachelor In Physiotherapy

Msc in psychology

MSc in assessment of outcome measures (ongoing)

Special Interest: Major Trauma Rehab, Oncology & Haematology

Based in Hull, East Yorkshire

Personal Statement and Experience

Vijo Mathew is a Physiotherapist registered with the Health and Care Professions Council. He is currently working as the band 7 clinical lead physiotherapist for the Oncology & Haematology team. He works with brain tumour patients and metastatic spinal cord compression patients, which is a complex group in Oncology & Haematology. Patients with Head & Neck, lung, prostate, breast, upper and lower GI Cancers, Lymphoma, leukaemia, and myeloma develop ortho-neuro-respiratory complications due to cancer itself or due to the high-intensity treatments that they undergo. Rehabilitation of these patients is vital and unrecognised. Hence challenging. His work includes developing individualised treatment programs for such patients and training staff and patients/family to enhance their quality of life. MSCC can cause paraplegia and muscle power / neurological deficit. Vijo's work involves working with orthopaedic patients who develop bone mets and undergo orthopaedic surgery, and with complex neurological patients like Glioblastomas or other brain tumours, and the MSCC patient group

Vijo graduated in 2000 from India. He spent 9 years in India working with rehabilitation centres and Medical Mission hospitals as a junior, senior and then as a Physiotherapy supervisor. The caseload was mostly rehab of Neuro patients like stroke, paraplegia, GBS and MSK outpatients.

He moved to Bahrain in 2009 and worked as a senior physiotherapist for 7 years. He worked in an international private hospital, working with outpatients and inpatients, which was a mix of MSK, Neuro and orthopaedic patients.

Vijo moved to the NHS, UK in 2016 and worked as a senior physiotherapist in acute medicine, major trauma orthopaedics and community rehab team for 3 years on various rotations before he moved to his current position as the clinical lead physiotherapist.

His work in Major trauma involved working with complex patients with RTAs, multiple upper and lower limb fractures and major orthopaedic surgeries, including Ilizarov frames and splints.

He leads a team of physiotherapists and occupational therapists and links with the wider MDT to deliver therapy services to the specialist Queens centre for Oncology & Haematology. He is also involved with specialist seating and wheelchair assessments, moving and handling, fall risk assessments and prevention plans. He is also involved with fitting spinal braces and cervical Aspen collars for patients with spinal injuries.

Vijo is currently pursuing a master's degree in Assessment of outcome measures to develop tools to measure the impact of physiotherapy on patients. He is also a member of the spinal cord compression specialist interest group and the exercise group. He links with his colleagues across NHS trusts in the UK to be on par with the latest developments in his field and to spread his knowledge.

Vijo is a member of the Chartered Society of Physiotherapists & ACPOPC

Key areas of expertise include:

- Use of Outcome Measures with clients to reach their individual goals
 - Manual handling assessment
 - Falls Prevention
 - Orthotic Management
 - Spinal braces / Cervical collars
 - Spinal cord compression
-

Professional Affiliations

Chartered Society of Physiotherapists, (MCSP)

Health and Care Professionals Council (HCPC)

Member of ACPOPC (Association of Chartered Physiotherapists in Oncology and Palliative Care)

Education

2021- ongoing -MSc in Assessment of Outcome Measures

2002-Msc Psychology

1995-2000- Bachelor's in Physiotherapy

Additional Information

CRB/DBS Checked