

Name: Dr Sarah Longley

Profession: Clinical Psychologist

Qualification: Doctorate in Clinical Psychology (University of Leicester)

Special Interest: Paediatric Neurodevelopmental Clinical Psychology, cognitive, psychological, behavioural and emotional aspects of brain injury and other neurodevelopmental and neurological conditions, neurodivergence, systemic and multi-disciplinary practice.

Base: Sheffield and the surrounding area

Personal Statement, Experience and Employment:

Sarah Longley is a registered Clinical Psychologist with the Health and Care Professions Council (HCPC). Sarah worked for 28 years as a qualified Clinical Psychologist for Sheffield Children's NHS Foundation Trust, specialising in paediatric neurodevelopmental psychology. She had a lead role within the paediatric neurodisability psychology team and within the Helena Specialist Nursing and Palliative Care teams.

During the course of her career, Sarah has gained extensive experience in the provision of psychological, emotional and behavioural interventions to children, young people, their families and carers experiencing a wide range of neurodevelopmental (e.g. autism, ADHD, Learning Disability, cerebral palsy), neurological (e.g. brain injury, epilepsy) and neuromuscular conditions. Her work with the Helena specialist nursing and palliative care teams has emphasised her belief in the importance of access to psychological and emotional support for children and young people and their families/carers who are experiencing complex and sometimes life-limiting neurological and neurodevelopmental conditions.

Sarah has substantial and wide-ranging experience in the assessment and diagnosis of autism. She has a specific interest and expertise in the presentation of autism within the context of complex neurodevelopmental and neurological conditions such as cerebral palsy, brain injury, Down Syndrome and so on.

Sarah has a passion for working collaboratively with children, young people, young adults and their families/ carers and professional networks to achieve the best outcomes possible. She has experience of providing support, consultation, training and supervision to a wide range of professionals and carers and enjoys working alongside others to problem solve. She also has an interest in visual impairment and sight loss and is a volunteer puppy raiser for Guide Dogs UK.

Continuous Professional Development (CPD):

A requirement of professional registration is undertaking and recording (CPD). Examples include courses in; Positive behaviour Support (PBS), Paediatric Clinical Neuropsychology & Acquired Brain

Injury (various short conferences & Courses), Cerebral Palsy, Cognitive Behavioural Therapy (CBT), Acceptance and Commitment Therapy (ACT), including adaptations to children and young people who are neurodivergent, Systemic and family therapy, Attachment Theory, Bereavement and palliative care. Autism Diagnostic Observation Schedule (ADOS). Diagnostic Interview for Social and Communication Disorders (DISCO) & refreshers, ADHD updates.

Key areas of expertise:

- Neurodevelopmental assessment and intervention
- Family systems and emotional/behavioural and psychological needs in the context of complex neurodevelopmental and neurological conditions
- Psychological and emotional aspects of paediatric palliative care and bereavement support
- Multidisciplinary team working and leadership
- Clinical supervision
- Integration of psychological practice within multidisciplinary teams and multi-agency collaboration.

Professional Affiliations:

- HCPC

Additional Information

Full UK clean driving Licence

CRB/DBS Checked