

Name: Thandi Tshabalala

Profession: Highly Skilled Occupational Therapist

Qualification:

March 2025- present: MSc in Advancing Sensory Integration

Sheffield Hallam University

January 2017 – April 2019: BSc(honours) Occupational Therapy

Sheffield Hallam University

Practice-Based Learning 2:1

January 2010 – January 2012: Foundation Degree (Science) in Health and Social care Practice

Lincoln University

Special Interest: Acute brain Injury

Base: Peterborough

Personal Statement, Experience and Employment:

Thandi is an experienced and autonomous Occupational Therapist with over 18 years in health and social care, specialising in working with private patients who require high-quality, client-centred rehabilitation. Her career encompassed acute hospitals, neurorehabilitation, mental health, forensic services, and community rehabilitation, enabling her to deliver care that is both holistic and outcome focused.

Thandi extensive expertise in neurorehabilitation, acquired brain injury (ABI), stroke recovery, complex case management, and mental health rehabilitation. Her practice is grounded in advanced clinical reasoning, thorough functional assessments, and the ability to design and deliver tailored intervention plans that support recovery, restore independence, and enhance quality of life.

Thandi has worked across both NHS and private healthcare, including Elysium Healthcare, Priory, Brinkind, Manton Heights ABI Unit, PJ Care, and Gateway Recovery Centre, as well as in multiple NHS Trusts. Alongside clinical work, Thandi has provided leadership in service development, discharge planning, equipment prescription, and

moving and handling training, while working collaboratively within multidisciplinary teams.

Academically, Thandi hold a BSc (Hons) in Occupational Therapy and Currently studying MSc in Advancing Sensory Integration Practice (Sheffield Hallam University), supported by a Foundation Degree in Health and Social Care Practice (University of Lincoln). Thandi remain committed to ongoing professional development and to delivering bespoke rehabilitation services that place the needs and goals of private patients at the centre of care.

Key areas of expertise:

- Acquired Brain Injury (ABI/TBI)
- Neurology
- Stroke
- Amputees
- Post Concussion
- Spinal Injury
- Hand Therapy
- Forensic mental health
- Acute mental health
- Neurodivergent
- Orthopaedics
- Falls Management
- Fatigue Management
- Anxiety Management
- Wheelchair/Seating/Posture
- Environmental Assessment – Equipment and Adaptations

Professional Affiliations:

- Health and Care Professions Council (HCPC)
- Royal College of Occupational Therapists (RCOT)

Additional Information

Full UK clean driving Licence

CRB/DBS Checked