

Name: Sophie Phillips

Profession: Speech and Language Therapist

Qualification: Masters in Medical Science Human Communication Sciences, University of Sheffield, 2009. Bachelor of Arts Philosophy, University of Wales Cardiff, 2001.

Special Interests: Acquired Brain Injury, Stroke, Neurological Disorders, Cognitive-Communication disorder, Dysphagia, Motor Speech Disorders

Base: Sheffield

Personal Statement, Experience and Employment:

Sophie is a Health and Care Professions Council (HCPC) registered Speech and Language Therapist (SLT) with extensive experience in adult neuro-rehabilitation.

Since qualifying 16 years ago, Sophie has worked in a variety of inpatient and community settings and held senior posts within the National Health Service (NHS) and the private sector. As Clinical Lead Speech and Language Therapist in the Sheffield community brain-injury rehabilitation team she worked into an interdisciplinary team of allied health professionals supporting people with acquired brain injury to achieve their social participation goals. She has experience of coordinating clients' interdisciplinary rehabilitation and of carrying out specialist assessment and management of cognitive communication disorders, acquired motor speech disorders, aphasia and dysphagia. She is experienced at delivering brain injury education for clients and their support networks and has designed and co-facilitated group sessions on the neurological fatigue and communication.

Sophie held the role of lead SLT in a private residential neuro-rehabilitation unit, designing intensive programs of communication and swallowing intervention for people with complex needs, based on detailed assessment. This role required close MDT working, fostering an environment which supported and scaffolded clients' communication and swallowing needs. This role also involved attending regular meetings with case managers and commissioners to communicate rehabilitation progress and contribute to ongoing planning.

Sophie worked as SLT into a hospice community MDT in Medway, Kent, supporting people with neuro degenerative conditions. This developed her interest in supporting assessment, implementation and training in use of high and low tech Augmentative and Alternative Communication (AAC). Earlier roles included Band 5 and 6 positions in hospital generalist, respiratory and stroke units, where Sophie developed strong foundational clinical skills across acute care and early rehabilitation.

All roles have required a sound working knowledge of the Mental Capacity Act (2005) and the ability to support clients to participate meaningfully in decision-making. She places emphasis on functional, patient reported and goal-driven outcomes and actively involves family members, carers and support networks to assist carryover of skills and strategies into everyday environments.

Continuous Professional Development (CPD):

Sophie maintains an active programme of Continuous Professional Development in line with regulatory requirements, including:

- Certified delivery of the evidence-based LSVT LOUD voice and speech treatment programme
- Understanding Parkinson's for Health and Social Care Staff
- Member of RCSLT ABI CEN
- Attendance at Cognitive Communication Disorder Study day with Claire Farrington Douglas
- Attendance at Project Based Intervention in Cognitive Communication with Nicholas Behn
- Headway Webinar PTSD post ABI
- Better conversations with Aphasia training
- Attendance at Maggie Lee Huckabee dysphagia study day
- Attendance at updates on research in acquired communication disorders including TANGO and FATE-A at UCL
- Regular clinical supervision with a brain injury rehabilitation specialist SLT colleague
- Access to clinical supervision via ASLTIP membership

Key areas of expertise:

- Acquired Brain Injury
- Stroke and neurological diagnoses
- Cognitive-communication disorder
- Communication-accessible support within Mental Capacity Act assessments
- Aphasia and language impairment
- Motor speech disorders
- AAC
- LSVT LOUD
- Multidisciplinary rehabilitation

Professional Affiliations:

- HCPC registered
- Member of the Royal College of Speech and Language Therapists (RCSLT)
- Member of the Association of Speech and Language Therapists in Independent Practice (ASLTIP)
- LSVT LOUD certified clinician

Additional Information

Full UK clean driving Licence

CRB/DBS Checked