

**Name: Dr Jonathan Rust**

**Profession: Clinical Neuropsychology**

Qualification: Qualification in Clinical Neuropsychology (QicN)

---

**Special Interest:** Acquired and Traumatic Brain Injury, Neurological Conditions, Dementia Assessment, Cognitive Rehabilitation, Mental Capacity Assessment

**Base: Bury, Greater Manchester**

---

### **Personal Statement, Experience and Employment:**

Dr Jonathan Rust is a Clinical Neuropsychologist who works with people with acquired brain injury and different neurological conditions. He has over twenty years' experience working within Clinical Psychology, primarily within different NHS settings, and over the last three years within private practice. He received his Doctorate in Clinical Neuropsychology from Lancaster University in 2008, before going onto complete the Qualification in Clinical Neuropsychology (QicN) in 2021, and is on the Specialist Register of Clinical Neuropsychologists (SRCN) with the British Psychological Society (BPS).

He has a range of experiences working within leadership and clinical roles in neuropsychology, including community stroke and neurological rehabilitation teams, inpatient and outpatient regional neuropsychology services, and has also gained considerable experience in dementia assessment and treatment services. Over the last few years, he has also worked within the private sector as part of a number of case-managed therapeutic teams, in slow stream brain injury rehabilitation, as well as carrying out mental capacity assessment in a range of contexts.

Jonathan has enjoyed the opportunities in the private sector to build effective long-term relationships, both with clients and families, as well as with different health professionals, to contribute to the process of making meaningful change in people's therapeutic journeys. He draws on a range of different therapeutic approaches, including Cognitive Behavioural Therapy (CBT), Mindfulness, Acceptance and Commitment Therapy (ACT), as well as Narrative Therapy. His therapeutic work focuses on helping clients to develop skills with reflection and awareness, clarifying and living more consistently with individual values, whilst helping to navigate challenges and obstacles that may be present in people's lives. He enjoys and values working with wider family and care systems to promote a collaborative and consistent approach to maximising therapeutic gains.

Jonathan has been active in research within clinical psychology and neuropsychology, through his own publications as well as supporting varied research of trainee clinical psychologists in NHS settings. He has taught for a number of years on the Doctoral programmes in Clinical Psychology at Lancaster and Manchester Universities, and is an active member of the North West Neuropsychology Special Interest Group, supporting with ongoing continual professional development in the local neuropsychology community.

### **Continuous Professional Development (CPD):**

A requirement of professional registration is undertaking and recording (CPD). Examples include courses in;

Narrative Therapy Level 1 - 2007

Introduction to Cognitive Analytical Therapy – 2007

Mindfulness Train the Trainer - 2010

ACT in Physical Healthcare - 2021

Currently training in EMDR

**Key areas of expertise:**

- Neuropsychological assessment, cognitive rehabilitation, psychological therapy, family intervention, MDT working, mental capacity assessment

**Professional Affiliations:**

- Specialist Register of Clinical Neuropsychologists, British Psychological Society
- Health and Care Professions Council (HCPC: PYL20321)

---

**Additional Information**

Full UK clean driving Licence

CRB/DBS Checked