

**Name:** Jane-Mary Booth

**Profession:** Community Occupational Therapist

Qualification: Master's degree in occupational therapy

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**Special Interest:** Minor and Major adaptations, Moving and handling, single-handed care

**Base:** Wakefield

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### **Personal Statement, Experience and Employment:**

Jane-Mary is a highly skilled Occupational Therapist with over 23 years of experience in the health and social care sector, including the past four years in a qualified OT role. Her extensive career encompasses a wide range of settings, including community mental health, disability services, recovery hubs, early intervention team, and moving and handling team within the Integrated Reviewing Team, where she has focused on implementing single-handed care models and reviewing complex care packages

While completing her master's degree, Jane-Mary gained additional experience through clinical placements in inpatient eating disorder, Major trauma, and spinal cord injury. During the COVID-19 pandemic, she volunteered to support frontline services and was assigned to work in the Acute Assessment Unit and A&E, further demonstrating her adaptability and dedication.

She has worked collaboratively within multidisciplinary teams, with a particular focus on delivering both minor and major adaptations to support independent living. Her responsibilities include comprehensive assessments and tailored solutions for moving and handling needs, promoting single-handed care practices, and contributing to holistic rehabilitation planning.

Jane-Mary is dedicated to empowering individuals to remain safe, mobile, and as independent as possible within their homes through personalised, person-centred interventions. She possesses in-depth knowledge of the Disabled Facilities Grant (DFG) process and has a proven track record of providing evidence-based recommendations that enhance accessibility and promote independence.

Her approach is rehabilitation-focused and rooted in collaboration, with expertise in complex moving and handling assessments and the introduction of equipment that reduces care packages while improving individual outcomes. With strong communication skills and a commitment to active listening, Jane-Mary is passionate about delivering impactful, person-centred care that supports long-term health and wellbeing.

### **Continuous Professional Development (CPD):**

A requirement of professional registration is undertaking and recording (CPD). Examples include courses in:

- Equipment and Assistive Technology
- Housing and Adaptations
- Moving and handling
- Strength-based and person-centred practice
- Single-handed care

**Key areas of expertise:**

- Adaptations
- Moving and handling of adults
- Single-handed care

**Professional Affiliations:**

- Member of the Royal College of Occupational Therapy
- Health and Care Professions Council HCPC
- Yorkshire Back Exchange

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**Additional Information**

Full UK clean driving Licence

CRB/DBS Checked