

Name: Dr Jade Wilkinson

Profession: Clinical Psychologist

Qualifications: DClinPsy (University of Manchester)
MSc Psychological Approaches to Health (University of Leeds)
PGDip (University of Sheffield)
BSc Psychology (University of Leeds)

Special Interests: Traumatic brain injury, neurological conditions, spinal cord injury, trauma

Base: South Yorkshire

Personal Statement, Experience and Employment:

Dr Jade Wilkinson is a HCPC-registered Clinical Psychologist who has worked with individuals across the lifespan in the NHS for almost 10 years. Since qualifying as a Clinical Psychologist, Jade has worked within multi-disciplinary teams in the fields of neuropsychology and spinal injuries. She supports patients with brain injuries, neurological disorders and spinal injuries, offering assessment, formulation and interventions to support their psychological needs. She also conducts cognitive assessments to inform a holistic formulation and support with rehabilitation planning.

Jade takes an integrative approach to psychological therapy, considering intervention options based on person-centred formulations, including the use of Acceptance and Commitment Therapy (ACT), Cognitive-Behavioural Therapy (CBT), Compassion-Focussed Therapy (CFT) and Solution-Focussed Therapy. She has worked with people from minoritised groups and believes in taking a whole-system approach to formulation to understand the systems around the individual and their impact.

Jade has been involved in research for almost 10 years, supporting psychological research at the University of Leeds and University of Oxford, leading research on LGBTQ+ affirmative therapy and exploring the evaluation of mood within specialist neurorehabilitation.

Jade is compliant with the Health and Care Professions Council's standards, has professional indemnity insurance, is registered with the Information Commissioner's Office and has a current enhanced certification with the Disclosure and Barring Service.

Continuous Professional Development (CPD):

A requirement of professional registration is undertaking and recording (CPD). Jade actively maintains a CPD portfolio in line with her clinical role, including:

- Supervisor's Training (University of Sheffield)
- Polyvagal theory & nervous system regulation (North Star Psychology)

Key areas of expertise:

- Neuropsychological assessment and formulation
- Psychological intervention based on assessment findings
- Risk assessment
- Training and consultation
- LGBTQ+
- Neurodiversity

Professional Affiliations:

- Registered with the Health and Care Professions Council (HCPC)

Additional Information

Full UK clean driving Licence

Enhanced DBS