

Name: Gemma Wilson

Profession: Highly Specialist, Paediatric Physiotherapist

Qualification: BSc Hons Physiotherapy

Special Interest: Neurodevelopmental & Neonatal Physiotherapy. Paediatric Neuro-Rehab

Base: North Yorkshire (Extending to cover into areas of South, West and East Riding of Yorkshire)

Personal Statement, Experience and Employment:

Gemma is a highly experienced, dedicated Paediatric Physiotherapist with over 22 years of Clinical experience, with 20 years of this within Paediatrics, treating children with a huge variety of conditions. She trained at Coventry University, graduating with a BSc (Hons) in Physiotherapy in 2003. She spent the first few years of her career completing core rotations as a junior and senior Physiotherapist in the NHS, working with both adults and children. However, her passion was always for Paediatrics from early on, and she specialised as soon as she was able, in 2005. Since then, Gemma has gained vast experience and a skill set in treating and supporting families with many different needs and complexities.

Gemma is passionate about the difference Physiotherapy can make to Children's lives and helping them to achieve their full potential in life. Just under 3 years ago, Gemma specialised in the area of Neonatal Physio, which had always been a specific area of interest and love. She currently works as a Highly Specialist, Neonatal and Neurodevelopmental Physiotherapist, 3 days a week in the NHS, working with Pre-term babies from 23 weeks to 2 years of age. Prior to this, she worked for 18 years as Paediatric Clinical Lead, Community Physiotherapist in Doncaster, covering a 0-19 caseload (with a specialist interest in Early Development of 0-5 years). Developing an extensive and varied skill set, treating children with a variety of conditions in all settings, including preschool/nurseries, mainstream schools, special schools, family homes, hydrotherapy pools, hospitals and clinics. She is fully aware of the need for MDT working and the importance this plays in the wider care of children and their families.

Examples of the Children with conditions that Gemma has worked with include:

- Neurological conditions
- Complex Brain injury
- Cerebral Palsy
- Developmental delays
- Neuromuscular conditions
- Complex genetic disorders
- Downs syndrome

Gemma brings with her a wealth of knowledge and experience to Smart Rehab. She is passionate about supporting Children and their families to achieve their goals in a caring and fun way.

Additionally, Gemma has extensive Leadership and managerial experience in the last 20 years in non-clinical responsibilities such as Service Development, Recruitment, EHCP meetings, Safeguarding, Referral management, Team Management (eg, Appraisal, Performance management and sickness).

Continuous Professional Development (CPD):

- ✓ Advanced Neonatal Course, APCP London and online modules - 2025
- ✓ Neonatal Foundation Course, APCP London and online modules - 2022
- ✓ FINE (Family & Infant Neurodevelopmental education) Online Course – 2025
- ✓ E.I Smart (Early Intervention Training for Therapists) Online course – 2023
- ✓ Management of Spasticity and Tone 2019, Sheffield Children's Hospital - 2019
- ✓ Management of Children with Acquired Brain Injury, Leeds Children's Hospital- 2017
- ✓ 'Belong, Develop, Thrive' (Leadership, Management & Development Programme) Doncaster & Bassetlaw Teaching Hospitals – 2017
- ✓ Positioning of the Neonate, Bobath Centre, London (6 days) - 2008

Key areas of expertise:

- Neonatal and Pre-term development and Early Intervention
- Under 5 Neurodevelopmental and developmental delay
- Complex paediatric neurology, including C.P
- Neuro-rehab, including Head Injuries
- Hydrotherapy
- Paediatric Equipment such as Standing Frames, walking Frames
- Moving and handling

Professional Affiliations:

- Chartered Society of Physiotherapist, (MCSP)
- Health and Care Professionals Council (HCPC)
- Member of APCP (Association of Paediatric Chartered Physiotherapists)

Additional Information

- Full UK clean driving Licence
- Enhanced CRB/DBS Checked