



**PROST!**

Fundraising and Partnerships  
Manager  
Application Pack



## About PROST!

### PROST Exercise 4 Prostate Cancer Inc.

It is PROST!'s mission to educate, inspire and support men physically and emotionally in their experiences with prostate cancer, chronic pelvic pain, incontinence and sexual health disorders through high-quality clinical care, continuing research, community outreach and tailored evidence-based group exercise programs at its prostate cancer exercise venues.

PROST!'s aim is to establish PROST! throughout Western Australia, expanding the program's outreach to men throughout Australia as interstate interests choose to adopt the PROST! model and branding.

#### Core Values

- Promoting the benefits of exercise for physical and psychological wellbeing.
- Sharing information and learning from each other in a non-judgemental and inclusive manner.
- Providing group prostate cancer support to each other, whilst respecting the right to individual privacy.

**YouTube link:** <https://youtu.be/Q-AWprXIjvA>

Since inception in 2012 PROST! has had 720 members, and has a current active attendance of 283 across six venues with an average of three new members each month. Men are referred by urologists, other allied health professionals, and through PROST!'s advertising and promotions.

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## Muscle Mateship Mood

The PROST! program focuses on Muscle Mateship Mood. It is a holistic approach where the whole is greater than the sum of the parts. Muscle being the evidenced-based group exercise sessions. Mateship generated through the experiences and companionship of men going through the prostate cancer journey. And Mood is the sum of the Muscle and Mateship which assists in overall health and improvement in mental wellbeing through our prostate cancer support.

These three components are what PROST! is all about. Helping men in their fight to overcome the effects of being diagnosed with and treated for prostate cancer.

### Muscle

Exercise is medicine. It tones the muscles throughout the body including the brain to assist in coping with the effects of pre and post prostate cancer treatment.

There are numerous studies to prove this is the case. Men who have been members of PROST! for many years mostly attend 2 sessions a week. Their main reason for ongoing attendance is the benefit they obtain from the evidence-based group exercise sessions. For more information view some of the research on the Benefits of Exercise.

Any man who has been diagnosed with prostate cancer at any time in his life is welcome to join PROST!'s prostate cancer evidence-based group exercise program.

PROST! offers 16 prostate cancer gym sessions per week across six different venues, all guided by specially trained exercise physiologists.



Sessions include:

- Thorough flexibility and warm-up exercises led by professional exercise physiologists.
- Pelvic floor exercises, which are a vital component of restoring and improving continence and erectile function.
- Strength conditioning and weight resistance training to improve overall strength and vitality.

## Mateship

The focus on mateship is an important part of being a prostate cancer support group and part of what PROST! delivers.

The supportive and light-hearted environment allows men to develop their own support network and to enjoy each other's company at our prostate cancer group. Each member understands what others are dealing with.



## Mood

One of the many consequences of any type of cancer is the effect it has on one's mental health and prostate cancer is no different.

The type of treatment offered can play a role in this, which is why it's so important to have a prostate cancer support group.

Whilst every person diagnosed with prostate cancer has their own journey, they do all share one thing in common; they all have it.

PROST! can help. We focus on helping men develop a positive mood, through a combined focus on muscle (exercise) and mateship in our prostate cancer support group in Perth.

The holistic approach with Muscle Mateship Mood especially in a prostate cancer group setting assists in:

- Increase quality of life
- Increase physical function
- Decrease anxiety
- Decrease depressive symptoms
- Decrease fatigue





## Advertisement – Fundraising and Partnerships Manager

**Play a role in improving the lives of men diagnosed with prostate cancer**

- Part time opportunity
- Inaugural role reporting to the Board
- Initial two-year contract

### THE ORGANISATION

PROST! Exercise 4 Prostate Cancer Inc is dedicated to improving the lives of men diagnosed with prostate cancer through support, education, and physical wellness programs. PROST!'s mission is to enhance its evidence-based group exercise programs promoting health, recovery, and community among men undergoing treatment. As the organisation looks to expand its efforts, an opportunity has arisen for an enthusiastic Fundraising and Partnerships Manager to join the team.

### THE ROLE

The Fundraising and Partnerships Manager is an inaugural role reporting to the Board of PROST! and working on a part time basis with flexible working hours. Initially engaged on a two-year contract, the person appointed will play a vital role in developing, implementing and supporting financial sustainability initiatives. This role will include the development and execution of income generating strategies including fundraising campaigns, seeking sponsors and identifying grant programs in both government and the philanthropic sector and cultivating donor relationships. It will also include identifying suitable gymnasiums or other facilities, negotiating sub-leases or other arrangements, and identifying qualified exercise physiologists and negotiating their employment.

### REQUIREMENTS

If you have experience working in the not-for-profit sector and can demonstrate having developed strategies to achieve long-term financial sustainability, such as fundraising, development, or related roles, we would be interested to hear from you. Proven ability to build and maintain relationships with stakeholders, donors and partners, in addition to excellent organisational and project management skills, will be the ideal skillset for this position.

### REMUNERATION AND WORKING HOURS

Remuneration will align with the Social, Community, Home Care and Disability Services Industry Award (SHADDS Award) commencing at Level 6.1 (currently \$55.72 per hour), plus standard employee entitlements required by the Fair Work Act 2009 (Cth).

The successful will work 22.5 hours per week (i.e., 3 days per week), Tuesdays to Thursdays, under standard office hours of 8:00 am to 5:00 pm.

### TO APPLY

To apply please click the Apply Now button or visit [www.beilbydt.com.au](http://www.beilbydt.com.au) quoting reference **1026137**. Please provide a comprehensive resume together with a covering letter of no more than two pages, outlining your interest in the position and addressing your suitability to the role.

Download an Application Pack by clicking or copying and pasting this link in your browser: <https://beilbydt.com.au/application-packs>

For initial enquiries, or for any assistance you may need in making your application, please contact **Emily Bulloch** for a confidential discussion on 0427 582 402 or [ebulloch@beilbydt.com.au](mailto:ebulloch@beilbydt.com.au).

Applications will close at **4pm AWST on Friday 15 May 2026**.

# PROST! EXERCISE 4 PROSTATE CANCER INC.

PO Box 473 Leederville WA 6903 ABN: 86 828 898 208 [www.prost.com.au](http://www.prost.com.au)

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Treasurer:	Ian Simmonds	0407 035 435	<a href="mailto:info@prost.com.au">info@prost.com.au</a>



Job Title: **Fundraising and Partnerships Manager**  
(Employed part-time on 2-year fixed term contract)

Location: For discussion

Organisation: **PROST! Exercise 4 Prostate Cancer Inc (PROST!)**

## About PROST!

PROST! is a not-for-profit organization committed to improving the physical, social, and mental well-being of men diagnosed with prostate cancer through support, education, and exercise initiatives. Our goal is to develop and enhance evidence-based group exercise programs that foster health, recovery, and community connection among men before and after treatment. As we grow, we are seeking an energetic Fundraising and Partnerships Manager to join our team.

## Position Summary

The Fundraising and Partnerships Manager is a new role reporting directly to the PROST! Board. This individual will be essential in shaping and executing our strategies for financial sustainability, helping us grow our evidence-based group exercise programs. These programs are currently active in gymnasiums across Crawley, Fremantle, Joondalup, Leederville (at two venues), and Mandurah.

This role involves developing and implementing income-generating strategies such as fundraising campaigns, securing sponsors, identifying grant opportunities, preparing submissions for government and philanthropic organizations, and building relationships with donors.

It will also involve forming and managing partnerships and contracts with gym or facility owners and operators for PROST!'s use, as well as collaborating with accredited exercise physiologists to develop and oversee exercise programs. The role may include coordinating with owners or operators of local cafes where PROST! members can gather after workouts. While the primary focus is on Western Australia, including rural and regional areas, it will also support interstate entities interested in adopting the PROST! model and branding.

The ideal candidate should have experience in developing and implementing strategies to ensure financial sustainability within the not-for-profit or community sector. They must demonstrate a strong dedication to men's health, possess excellent communication skills, and show initiative in building community and forming partnerships.

## **Responsibilities**

1. Collaborate with the Board to develop and implement strategies that establish long-term, financially sustainable income sources to fund evidence-based exercise programs for men with prostate cancer.
2. Identify, research, and connect with potential sources of grant funding, donors, sponsors, and partners.
3. Create persuasive proposals, grant applications, and submissions to obtain funding from philanthropic trusts and foundations, corporations, governments, and individuals.
4. Build and sustain relationships with potential new and existing donors and sponsors by regularly informing them about the program's success and impact.
5. Ensure that suitable communication and promotional materials are developed for fundraising and other PROST! initiatives.
6. Collaborate with the Board and volunteers to plan and participate in fundraising events, promotional exhibitions, and various campaigns, including community outreach and partnerships.
7. Establish and maintain partnerships and contractual agreements with gymnasium or facility owners and operators for PROST!, as well as with accredited exercise physiologists to develop and oversee exercise programs.
8. Monitor and evaluate income results regularly, offering updates and suggestions for improvement to the Board.
9. Provide regular updates to the PROST! Board to maintain alignment among fundraising efforts, facility access, and program execution.

## **Selection Criteria**

### Essential

1. Background in business, management, communications, marketing, or a related area.
2. Extensive background in the not-for-profit sector, specializing in creating strategies for long-term financial stability, with emphasis on fundraising, development, or similar roles.
3. Excellent written and verbal communication skills, capable of creating engaging content for a variety of audiences.

4. Proven skills in building and maintaining relationships with stakeholders, donors, and partners.
5. Strong organizational and project management abilities, capable of handling multiple tasks and adhering to deadlines.
6. Proficiency in utilizing fundraising databases and the Microsoft Office Suite (Word, Excel, PowerPoint).

#### Desirable

1. Experience in grant application and submission writing, and familiarity with grant and sponsorship application processes.
2. Knowledge of fundraising platforms and social media strategies to support fundraising efforts.
3. Experience in building partnerships and negotiating engagement terms, ideally within the not-for-profit sector.
4. A strong dedication to men's health and the benefits of exercise.

#### **Work Schedule and Remuneration**

The successful appointee will work 22.5 hours per week (i.e., 3 days per week), Tuesdays to Thursdays, under standard office hours of 8:00 am to 5:00 pm.

Remuneration will align with the Social, Community, Home Care and Disability Services Industry Award (SHADDS Award) commencing at Level 6.1 (currently \$55.72 per hour), plus standard employee entitlements required by the Fair Work Act 2009 (Cth).

An initial 6-month probationary period will apply.

PROST! is an employer that values equal opportunity. We embrace diversity and are committed to creating an inclusive environment for all employees and volunteers.

Additional details about PROST! can be found at [www.prost.com.au](http://www.prost.com.au)



## Applicant Notes

These notes are provided to assist you in the preparation of your application and to help the selection panel evaluate your application.

### APPLICATION:

Your application should include:

- A comprehensive resume; and
- A covering letter of no more than two pages, outlining your interest in the position and addressing your suitability to the role.

By submitting your application you agree to provide true and accurate information on your career history and qualifications.

It is essential that the information you provide is clear, concise and relevant, so that the selection panel can readily assess your claim for the position.

Initially based on written applications, candidates who demonstrate that they meet the requirements of the role and, relative to other candidates, appear to be competitive, will be considered for interview.

### LODGEMENT OF APPLICATION:

Applications should be made online at [www.beilbydt.com.au](http://www.beilbydt.com.au) quoting job reference **1026137**.

Applications will close at **4pm AWST on Friday 15 May 2026**.

### REFEREES:

Applicants should provide the names and contact details of at least two current referees in their application. This will include two managers or suitably senior colleagues that can comment on work outcomes, competencies and behaviours that are relevant to this position.

### INTERVIEWS:

Interviews will be conducted in person or via video conference.

Shortlisted applicants may be required to complete psychometric testing and/or Digital Interview in addition to reference checking, and may be required to attend a second interview.

### BACKGROUND CHECKS:

Third party background checks will be undertaken for the preferred applicant – this includes qualification, police clearance, identity and employment history verifications.

**PRE-EMPLOYMENT MEDICAL:**

The preferred applicant will be required to undertake a pre-employment medical to ascertain if they are fit and can safely perform the inherent requirements of the role.

**EQUAL OPPORTUNITY:**

PROST! maintains an equal opportunity policy in assessing all applications for any advertised position and provides a smoke free work environment.

**WEBSITE:**

The organisation maintains a website [www.prost.com.au](http://www.prost.com.au) which contains substantial information.

**FURTHER ENQUIRIES:**

For further information about the role please contact Emily Bulloch, Principal Consultant – Beilby Downing Teal on 0427 582 402 or [ebulloch@beilbydt.com.au](mailto:ebulloch@beilbydt.com.au).

