The Training Room Method

Read | Observe | Interpret | Apply

Philippians 3:1-11 | "Desire"

1. Read

1 Finally, my brothers, rejoice in the Lord. To write the same things to you is no trouble to me and
is safe for you. 2 Look out for the dogs, look out for the evildoers, look out for those who mutilate
the flesh. 3 For we are the circumcision, who worship by the Spirit of God and glory in Christ Jesus
and put no confidence in the flesh— 4 though I myself have reason for confidence in the flesh also.
If anyone else thinks he has reason for confidence in the flesh, I have more: 5 circumcised on the
eighth day, of the people of Israel, of the tribe of Benjamin, a Hebrew of Hebrews; as to the law, a
Pharisee; 6 as to zeal, a persecutor of the church; as to righteousness under the law, blameless. 7
But whatever gain I had, I counted as loss for the sake of Christ. 8 Indeed, I count everything as
loss because of the surpassing worth of knowing Christ Jesus my Lord. For his sake I have
suffered the loss of all things and count them as rubbish, in order that I may gain Christ 9 and be
found in him, not having a righteousness of my own that comes from the law, but that which
comes through faith in Christ, the righteousness from God that depends on faith— 10 that I may
know him and the power of his resurrection, and may share his sufferings, becoming like him in
his death, 11 that by any means possible I may attain the resurrection from the dead.

2. Observation

What do I see?

3. Interpretation

What is the point?

4. Application

What is my response?