The Training Room Method

Read | Observe | Interpret | Apply

Philippians 2:19-30 | "Example"

1. Read

19 I hope in the Lord Jesus to send Timothy to you soon, so that I too may be cheered by news of
you. 20 For I have no one like him, who will be genuinely concerned for your welfare. 21 For they all
seek their own interests, not those of Jesus Christ. 22 But you know Timothy's proven worth, how
as a son with a father he has served with me in the gospel. 23 I hope therefore to send him just as
soon as I see how it will go with me, 24 and I trust in the Lord that shortly I myself will come also.
25 I have thought it necessary to send to you Epaphroditus my brother and fellow worker and
fellow soldier, and your messenger and minister to my need, 26 for he has been longing for you all
and has been distressed because you heard that he was ill. 27 Indeed he was ill, near to death. But
God had mercy on him, and not only on him but on me also, lest I should have sorrow upon
sorrow. 28 I am the more eager to send him, therefore, that you may rejoice at seeing him again,
and that I may be less anxious. 29 So receive him in the Lord with all joy, and honor such men, 30
for he nearly died for the work of Christ, risking his life to complete what was lacking in your
service to me.

2. Observation

What do I see?

3. Interpretation

What is the point?

4. Application

What is my response?