

Resources Curated by APTA North Carolina's Diversity, Equity, and Inclusion Committee

DEI and Cultural Competency Tools

- [13 Self-Education Recommendations to Improve Diversity, Equity, and Inclusion](#) (Source: APTA) [Open Access]
- [APTA Diversity, Equity, and Inclusion Toolkit](#) (Source: APTA)
- [Cultural Competence Resources: Gender Identity and Expression](#) (Source: APTA)

Disability

- [Disability and Physical Therapy: A Complicated Relationship, an Uncertain Path Forward](#) (Sharp, 2021)
- [Educating Students with Disabilities: Are We Doing Enough?](#) (Hinman, 2015) [PDF]
- [Resource Guide for Training Disability Competence](#) – Improving Health Equity for People with Disabilities Through Training a More Competent Physical Therapy Workforces
- [Prevalence of Physical Disability and Accommodation Needs Among Students in Physical Therapy Education Programs](#) (Hinman, 2015)
- [The Journey of PTs with Disabilities: Challenges and Contribution](#) (Source: APTA)
- [Training an Anti-Ableist Physical Therapist Workforce: Critical Perspectives of Health Care Education That Contribute to Health Inequities for People With Disabilities](#) (Whalen Smith, 2024) [PDF]
- [Working in the Margins: The Untapped Potential of Disability Inclusion](#) (Herrman, 2024) [PDF]

LGBTQIA+

- [Creating an Inclusive Environment for LGBT Patients](#)
- [Delaware Journal of Public Health: LGBTQ+ Health Equity](#)
- [GLAAD](#)
- [Healthy Wealthy & Smart: Creating PT Safe Spaces for the LGBTQ+ Community](#) [Podcast]
- Introduction to LGBTQ+ Competency: Handbook for Physical Therapy (Source: PT Proud) [PDF]
- [GLMA: Health Professional Advancing LGBTQ Equality](#)

- [LGBT Voices: Perspectives on Health Care](#) [Vimeo]
- [NATA Chats: Providing Patient Centered Care to Gender-Diverse Patients](#)
- [National LGBTQIA+ Health Education Center](#)
- [OutCare](#)
- [Providing Inclusive Services and Care for LGBT People: A Guide for Health Care Staff](#) (Source: National LGBTQIA+ Health Education Center)
- [Seven Resources To Inform Your Practice With LGBTQ+ Patients and Clients | APTA](#)
- [The Safe Zone Project](#)
- [The Williams Institute](#)
- [Why Pronouns Matter](#) [Source: YouTube]
- [Why Pronouns Matter for Trans People](#) [Source:YouTube]

Social Determinants of Health

- [Social determinants of health are associated with physical therapy use: a systematic review](#) (Braaten, 2021) [PDF]
- [Social Power and the Movement System: Why and How Physical Therapists Might Influence the Upstream Currents of Health](#) (Davenport, 2023) [PDF]
- [Using Fundamental Interventions to Address Social Determinants of Health](#) (Loria, 2022) [PDF]

Assessment and Screening Tools

- [Diversity, Equity, and Inclusion Climate Scan Tools](#) (Source: APTA)
- [Racial Justice Report Card](#) (Source: [White Coats for Black Lives](#))
- [Social Needs Screening Tool](#) (Source: American Academy of Family Physicians)
- [The Health Leads Screening Toolkit](#)
- [Upstream Risks Screening Tool & Guide](#)

Additional Resources:

- [American Council of Academic Physical Therapy \(ACAPT\)](#)
- [Brown & Black Skin](#): platform devised to showcase clinical signs of diseases on black and brown skin
- [Elon Healthcare Inclusive Pics](#)
- [Movement Advancement Project \(MAP\)](#)
- [National LGBTQIA+ Health Education Center](#)

- [Physical Therapy & Rehabilitation Journal – Featured Collection: Health Disparities in Rehabilitation – Focus on Professional Education](#)
 - [September 2024](#)
 - [October 2024](#)
- [Resources for Transgender and Gender Diverse Individuals](#) (Source: [AOTA](#))