



Jump and Jive with ELC Children

Our little explorers had an absolute blast on their recent excursion to the Robinvale Leisure Centre for a morning of Jump and Jive! From zooming around on trikes to mastering the indoor playground, it was a day filled with movement, coordination, and plenty of big smiles. We are so proud of how well our toddlers engaged with the activities and each other—it was a wonderful way to build confidence and stay active together!

Also inside this edition:

- Hearing Australia and Alex training – Page 2
- Renaming our Cancer Support Team – Page 3
- MVAC New Staff Spotlight – Page 4
- Community Notices – Page 5

Community & Wellness Update: Caring for Our Elders

Our weekly Elders' Lunch continues to be a hub for health and connection! Hearing Australia Visit MVAC weekly. We welcome the Hearing Australia "Brain Bus" to our lunch. This mobile clinic provided on-site hearing checks, helping our Elders stay connected and proactive about their health.

*Check out the photo attached of the bus in action!



Leveling Up: Congratulations to Alex!

We have some exciting news to share from the team! Alex has officially leveled up his driving credentials after completing an intensive three-day training program. We are proud to announce that Alex has successfully obtained his Heavy Rigid (HR) licence and is now fully qualified to operate semis, buses, and heavy vehicles. This achievement is a fantastic asset to our team, providing us with even more flexibility and expertise in our daily operations. Whether it's moving equipment or coordinating community transport, Alex is ready to hit the road.



Help Us Find a New Name for Our Wellness & Prevention Team!



SQUAT CHALLENGE
56 squats. 31 days. 56 Australians diagnosed everyday.

TEAM: ROBINVALE CANCER SUPPORT TEAM

We are taking on the Squat Challenge this March and raising money for life-saving breast cancer research.

Aim your phone camera at the QR code. You will be directed to our fundraising page where you can make a donation and show your support.

DONATE HERE

National Breast Cancer Foundation

SquatChallenge.org.au
[#SquatChallenge](https://twitter.com/SquatChallenge)

How to share your ideas :
simply scan the QR code, please!



Scan Me →

As many of you know, MVAC delivers an important NACCHO-funded program dedicated to cancer awareness, education, and pre-screening. Our goal is simple: to promote early detection and provide culturally safe support for our community and their families.

We are currently known as the **Cancer Support Team**. However, we've heard feedback that this name can be a bit confusing—some feel it implies the service is only for those who are already unwell. In reality, our mission is about prevention, empowerment, and holistic wellbeing.

We want a name that reflects that positive energy, and we want it to come from you! If you have an idea for a name that honours Aboriginal culture and captures our focus on staying strong and healthy, we would love to hear it.

Thank you for helping us grow and better serve our community!

MVAC Employee Spotlight

Welcoming Luka Felise to the Youth Team



We are thrilled to officially introduce Luka Felise, who joined the MVAC family earlier this year. Luka steps into the vital role of Youth Justice Caseworker, bringing a deep passion for mentoring the next generation in our community.

About Luka

Though born in Wellington, New Zealand, Luka is a long-time local, having lived in Robinvale since 1994. He carries a rich Samoa and Tokelauan heritage. Luka is a dedicated family man, married for over 20 years to a proud Yorta Yorta, Bidwell, Wiradjuri, and Gunditjmara woman. Together, they are raising six children right here in the Robinvale and Bairnsdale communities.

"It is vital for our youth to always stay connected to their culture," Luka says. "Having been raised by my grandparents, I know now how much I missed out on. Taking the time to learn from our Elders is so important."

Before joining us at MVAC, Luka spent 14 years in the horticulture industry working on almond farms. That decade-plus in the field taught him the importance of teamwork, problem-solving, and adaptability—traits he now uses every day to support our youth.

When he is not at MVAC, you'll likely find him at the local stadium running basketball clinics. For Luka, these sessions are about more than just sport; they are about teaching life lessons to kids aged 5 to 17.

Why This Role Matters

Luka's mission is clear: helping our young people stay engaged with school, sports, and, most importantly, culture. Luka is already hit the ground running with our current youth programs, including our Wednesday rotation sessions for young men and women aged 15 to 17.

Community Noticeboard



Why We Vote?

- To put my views forwards
- For my family
- For my community
- For my kids' futures
- For my Elders
- To honour those who came before me
- To help decide who represents my community in Parliament
- Because it affects all of us

Find more information about enrolling and voting at aec.gov.au/indigenous

Are you enrolled to vote?

It is compulsory by law for all eligible Australian citizens to enrol and vote. If you are 16 or 17 you can enrol now so when you turn 18 you'll be able to vote.

Scan the QR code



mvac.org.au

Have your say on how we can improve MVAC

If you have some feedback about any of our operations here at MVAC, we have a new way to make your voice heard. You can have your say by scanning the QR code with your smartphone. You'll be taken to our feedback form, where you can pass on your suggestions.



Community day & Barbecue

Tuesday 31st March

Murray Valley Aboriginal Cooperative invites you to an afternoon of connection, support and community at the Robinvale Leisure Centre.

Come together to celebrate, connect, and enjoy everything our community has to offer.

BBQ provided.

Date

Tuesday 31st March

Time

4pm - 6.30pm

Location

Robinvale Leisure Centre





Koori Night Market

Come along and check out what our local talent has to offer! We have gathered a fantastic mix of local artists, jewelers, craftspeople, and collectors for a showcase of unique goods.

From stunning original artworks and handmade jewelry to one-of-a-kind bric-a-brac and pre-loved treasures, there is something for everyone to discover.

Date

Thursday/ 16 April 2026

Time

From 6 – 8 PM

Location

MVAC Hall Car Park

RSVP

Call MVAC Mariah
0447 809 846

