



Youth Trip Wrap-Up: An Unforgettable Adventure in Darwin!

Our MVAC Youth group recently returned from an incredible trip to Darwin, running from 24 to 29 September. The journey was packed with exploration, connection, and unforgettable experiences across the Top End.

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Staff Spotlight: Tyson Nelson



MVAC is pleased to introduce Tyson Nelson, who has recently stepped into a new role within the organisation.

Born and raised in Robinvale, Tyson brings a strong local connection and a genuine commitment to supporting community. He joined MVAC in January 2026 as a Transport Officer, where he has helped ensure community members can access appointments and services safely and on time.

Before joining MVAC, Tyson worked with OLAM on the almond farms and was recognised with a Quiet Achiever Award.

When asked what is most important to him, Tyson said he enjoys getting the job done and making sure people arrive at their appointments on time. Outside of work, he enjoys spending time in the bush, four-wheel driving, camping, fishing, and collecting firewood for people who need it.

Tyson says work keeps him motivated and he values staying active and busy. Looking ahead, he hopes to continue broadening his role within the health sector, particularly through outreach work that supports Elders and community members living with chronic conditions.

Welcome to Tyson Nelson on his new role and wishing him all the best as he continues supporting our community.

R U OK? Day at MVAC

On Thursday 10 September, MVAC staff and community members came together for a small sausage sizzle at the front clinic to recognise R U OK? Day and promote positive mental health, wellbeing and connection.

R U OK? Day is a reminder that a simple conversation can make a real difference. Taking the time to check in with family, friends, colleagues and community members can help people feel supported and connected.

The message behind R U OK? Day is simple: you do not need to have all the answers. Sometimes just asking "Are you OK?" and taking the time to listen can make a meaningful difference in someone's life.



🌞 Darwin School Holiday 🌞

Trip Highlights:

- Tackling the obstacle courses at the Aqua Park
- Catching the famous Top End sunset and soaking in the atmosphere at the Mindil Beach Sunset Markets
- Cooling off in the crystal-clear thermal pools at Berry Springs
- Taking in the freshwater views and hiking around Wangi Falls

A massive thank you to our youth leaders, Paris and Luka, as well as the families and community members who supported the journey and helped make it such a memorable, safe adventure for all our young people.



MVAC CEO Named Finalist in 2026 Executive of the Year Awards

MVAC CEO Paul O'Neill has been named a finalist in The CEO Magazine's 2026 Executive of the Year Awards in the Not-for-Profit category.

The national awards recognise outstanding leadership across Australia. Paul said the achievement reflects the collective efforts of MVAC's Board, staff, Elders, members and community.

Under Paul's leadership, MVAC has continued to strengthen governance, improve compliance, expand services, and build a sustainable future for the organisation and the communities it serves.

The 2026 Executive of the Year Awards will be held in Sydney in November. Congratulations to Paul on this well-deserved recognition and for his ongoing leadership of MVAC.

Have your say on how we can improve MVAC

If you have some feedback about any of our operations here at MVAC, we have a new way to make your voice heard. You can have your say by scanning the QR code with your smartphone. You'll be taken to our feedback form, where you can pass on your suggestions.



Important Announcement

BOARD NOMINATIONS

NOW OPEN

Murray Valley Aboriginal Co-operative (MVAC) is calling for nominations for 2 Director positions on our Board. The directors will be elected at our AGM.



AGM

Saturday 21 November 2026

10:00am

MVAC Hall



Nominations close 12 midday, Friday 16 October 2026.

Late forms won't be accepted.

How to nominate:



Fill out the Director Nomination Form (you can get one from MVAC)



Get it signed by you and at least 2 MVAC Members



Attach a current police check (issued iwithin the last 6 months)



Drop it off at 87 Latje Road, Robinvale.



MVAC Careers Expo

**Explore local jobs, training & career pathways
in your community**

The Careers Expo is your chance to meet local employers, organisations and service providers face to face — learn about job openings, training options and career pathways available right here in the local area.

Free entry, all welcome! 22 stalls · entertainment on the day · food & drinks available

When

Thursday/ 22 October 2026

Time

10 AM – 2 PM

Location

Robinvale Leisure Centre

Contact

MVAC reception
03 5026 3353

