Murray Valley Aboriginal Cooperative

October 2025 Newsletter





MVAC Youth Camps in Cairns

The Youth Group had a Cultural Camp in Cairns from September 20th-23rd, 2025 for youth aged 13-17. This unforgettable adventure included exploring cultural activities like a Kuku Yalanji Tour, the Ngadiku Dreamtime Gorge Walk, the Kuranda Scenic Railway, the Pamagirri Aboriginal Experience, and an Army Duck tour.

Continued on page 2

Also inside this edition:

MVAC's Board of Directors Updates - Page 3

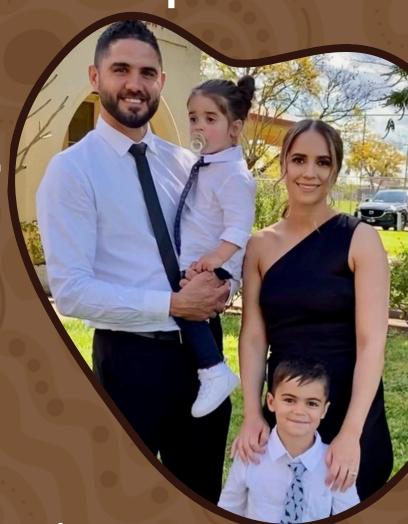
MVAC's New Cancer Program - Page 3

Professional Development for MVAC Early Learning Center Staff - Page 4



MVAC's Board of Directors Updates

MVAC extends our sincere gratitude to Michael Krasna for his service as Chairperson. We are thankful for his leadership and very pleased that he will continue to serve as a member of the Board. We are excited to warmly welcome Leon Johnson as the new Chairperson. Leon brings significant experience and a deep commitment to our community, and the Board looks forward to the next chapter under his leadership. To further strengthen our governance, new executive roles have been established. We congratulate Steve Bowden on his appointment as Treasurer and Amber Ison on her appointment as Secretary. We are also pleased to confirm that Aunty Rose Kirby and Bessie Johnson will continue in their valued roles as members of the Board of Directors. Their wisdom and continuity are essential to the strength of our Board.



Sisters and Aunties' Pink Brunch



MVAC is excited to welcome our new Cancer Program. This program is working on keeping our mob strong through prevention, early checks, proper treatment, and good support. The team had their first big Health Promotion event for our "Sisters and Aunties". There were about 50-60 people in attendance. The atmosphere was good. It's a beautiful thing seeing a group of ladies coming together, having a yarn about an illness that affects many women. We were very fortunate to have Dr. Lucia Oude-Vrelink, one of our doctors to come and speak to people individually about breast cancer. Seeing community members come together for an event such as this is reassuring that we can break the negative stigma of cancer and promote screening and early detection.

Professional Development for MVAC Early Learning Center Staff

Staff from the MVAC ELC participated in a valuable two-day personal development training, facilitated by Gyndarna Pre-School. This opportunity was generously sponsored by SNAICC – National Voice for our Children. . MVAC is grateful for SNAICC's ongoing support, which includes sponsoring vital professional development for our team. This investment is incredibly beneficial, directly enhancing the quality of care and education we provide to our children and families.



Community Noticeboard

Reminder:

MVAC

Upcoming Events

Saturday 15th November

NAIDOC Ball

6.30 pm

Tickets on sale at MVAC Reception - \$30

Saturday 22nd November

Community Day

9.30 am

Community meeting, Master Plan information session and BBQ lunch



Have your say on how we can improve MVAC

If you have some feedback about any of our operations here at MVAC, we have a new way to make your voice heard. You can have your say by scanning the QR code with your smartphone. You'll be taken to our feedback form, where you can pass on your suggestions.

