

Blue Jay Basketball Club League Rules

GIRLS & BOYS GRADES 3rd-6TH

RULES: Iowa boys and girls basketball association rules apply, unless otherwise noted below.

1.) Timing

- Games will consist of 2 halves of 18 minutes with continuous clock,
- Clock stops the last minute of 2nd half and Overtimes at all dead balls.
- Warm-up and half time will be available as the schedule allows, usually 2-5 minutes
- Each team will need to supply someone to run the scoreboard or scorebook.

2.) Timeouts

- Each team will be allowed 3 timeouts per game.
- One additional time-out will be granted for an overtime period - No carry over though.

3.) Overtime

- Overtime is 1 minutes, normal play, clock stopping at all dead balls
- Overtime begins with a jump ball.
- After 1st overtime if the score is still tied then a sudden death period will be held with the 1st team to score winning.

4.) TECHNICAL FOULS

- Any coach or player receiving 2 technical fouls will be required to leave.
- They will not be allowed to participate in the next game for their team.
- No foul language is allowed. Referees and supervisors are authorized to ask you to leave the gym if this occurs.

5.) Equipment/Uniforms

- Numbers are required on all uniforms (front and back numbers preferred).
- No two players can share the same number (except in league play).
- Please bring your own practice balls.
- Teams may be required to supply a game ball.

6.) Fouls/Free Throws

- Teams will shoot double-bonus (2 free throws) starting at the 7th team foul in a half.
- Team fouls reset at half-time. Team fouls carry over into overtime & do not reset at end of game.
- The FT line for 3rd grade boys & girls and 4th girls will be at 12 feet. 4th boys and 5th boys & girls will be allowed to go over the FT line when shooting (no violation).

7.) Scoring

- 3 pointers will only be counted for 6th and 7th boys and girls.
- In other divisions, all field goals will be worth 2 points.

8.) Defense:

- **Man-to-man defense ONLY in all divisions.** Proper help defense should be taught but then get back to your man when player that was beat recovers. No going to double team the person dribbling.
- **Stealing off dribble - For 4th grade divisions (both boys & girls) stealing off the dribble is only allowed inside the 3-point line.** Passes can be stolen anywhere past half court. If a team is up by 20 points or more, then stealing off the dribble is no longer allowed by that team.
- **Pressing - Will be allowed the last 2 minutes of the game in 6th & 7th grade divisions if the game is within 10 points.** Will be man to man pressing only. Prior to that teams need to fall back to half-court when the defense gets possession of the basketball.