

Dear New Patient,

We thank you for your interest in establishing medical care at Yarmouth Medical Center, LLC. At YMC, we offer primary care services in a medical home setting. As a patient here, we welcome you in an environment that is comforting and professional. You will enjoy personalized attention and will have access to medical services even when your normal provider is unavailable. In fact, we encourage you to get to know each of our providers. No matter who you see, you will find us to be a medical office that genuinely cares about your well-being. We are glad you are here with us.

Filling out the enclosed packet is the first step in the new patient process. The packet includes a basic demographic sheet, a health history form and HIPAA compliant release of information. The demographic sheet is obvious and self-explanatory. The health history form provides us with a couple things: Knowledge of your medical issues and medications so we know how to schedule your first appointment. It also lets us know ahead of time if our practice is the appropriate setting for your medical care. Finally, the release of information form (R.O.I) allows us to obtain your previous medical records before your first appointment. Having your medical records on hand is essential to providing you with comprehensive, meaningful medical care.

Once you have returned the new patient packet, we will get you entered into our electronic health record and contact you to schedule an initial appointment. Please be sure to indicate on the health history form if you feel you have an urgent need. We will do our best to expedite your application so you can be seen as soon as possible. Please note that, until you are seen here, we are not able to prescribe medications or process insurance referrals for you. Your previous provider is required to do this for at least thirty days. Also note that providers at Yarmouth Medical Center, LLC do not prescribe chronic pain medication(s).

YMC Staff

Zouhdi A. Hajjaj M.D.

**Thais Tibbetts NP-C** 

21 Aaron's Way, Unit 2, W. Yarmouth, MA 02673

Today's Date:											
		PA	TIEN	Γ INFORMAT	ION						
Last name:		First:			Middl	Middle:			Marital status:		
Is this your legal name?	If not, what i name?	s your legal	For	mer name:		Birth date:			Age:	Sex:	
Address:											
Social Security: Home phone:							Cell	phone:			
Occupation: Employer:		Employer:									
Preferred Provider (note:	Dr. Hajjaj is r	ot accepting new	patien	ts):							
Other family members see		1 3		,							
E-Mail Address:	being al commu your mo online?	nicate with	regardi appoin	e leave messaging test results, tments?							
Primary Language:		,	Race: Black or African American Asian White Hispanic American Indian Other								
Local Pharmacy:	Town:					Phone: Fax:					
Please indicate primary in	surance:										
Subscriber's name: Relationship:		Birth date: Group #: Policy #: Co-pay \$					Co-payment:				
Name of secondary insurance (if applicable):			Subscriber's name: Policy #: Group					Group #:			
Patient's relationship to subscriber:											
IN CASE OF EMERGENCY											
Name of local friend or rel	ative:			Relationship	to patient:	Home	e phor	ne:	Cell pho	one:	

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I hereby give Yarmouth Medical Center and staff my consent for a medical evaluation and treatment. I hereby assign all medical/sur include major medical benefits to which I am entitled including M insurance and other health plans to Yarmouth Medical Center. A assignment is to be considered as valid as original. I understand the responsible for all charges whether or not paid by my insurance. I assign to release all information necessary to secure payment.	gical benefits to edicare, private photocopy of this hat I am financially
Patient/Guardian signature	Date
Assignment of I	nsurance Benefits
I, the undersigned certify I have insurance coverage w	ith
Insurance Company Name	
And assign directly to Yarmouth Medical Center, Zou otherwise payable to me for services rendered. I under not paid by my insurance company. I hereby authorize necessary to secure payment of benefit. I authorize use	stand that I am financially responsible for all charges a Zouhdi A. Hajjaj, M.D. to release all information
Signature	Date

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# **Personal Health History**

NAME (please print):			Date of Birth				
MEDICATIONS							
Please list all medications	you are currently taking:						
T' 11 1' 1' 1	.1 11 '						
List all medication and ot	ther allergies:						
Name of previous primary	care doctor:						
Have you been to the emer	rgency room or an urgent of	care cen	ter recently:				
Please list any specialists y	you see:	oure con	ner recently.	<del></del>			
J 1 J				<del></del>			
Please list any surgeries yo	ou have had:						
Do you see a dentist regula	orly? VES NO If yes de	ntict'e n	lame:				
Do you have regular eye ex	xams? YES NO If yes, del	loctor's	name.				
Do you use tobacco? YES	NO If yes, type of tobac	co and	frequency:	<del> </del>			
Do you or have you used it				<del></del>			
				ek:			
Do you drink alcoholic beverages? YES NO If yes, how many drinks per week:  Do you have a health care proxy? YES NO If yes, please provide us with a copy.							
Do you have an advanced							
	HEALTH IS	SSUES	(circle any that app	oly)			
AIDS/HIV	Fainting	Rheu	matic Fever	Sinus Problems			
Anxiety	Growths (skin)	Radia	tion Treatments	Stroke/TIA			
Osteoarthritis	Hay Fever	Liver	Disease	Thyroid Disease			
Asthma/Emphysema	Heart Attack	Pacer	naker	Tuberculosis			
Artificial Joints	Heart Disease/Murmur	Ulcer	S	Tumors			
Blood Disease	Hepatitis: Type:	Glauc	coma	Vision Problems			
Cancer; Type:	High Blood Pressure	Rheu	matoid Arthritis	Chronic Pain			
Depression	Insomnia	Stoma	ach Issues	Alcoholism			
Diabetes; Type:	Jaundice	Head	Injury	STDs			
Dizziness	Kidney Disease	Menta	al Health Issues	Headaches/Migraines			
Seizures	Respiratory Problems	Other		Other:			
CONTROLLED SUBST	ANCE DISCLOSURE: `	Yarmou	ıth Medical Center	does not prescribe chronic pain			
medication. We also do no	ot prescribe Suboxone or M	Iethado	ne.				
By signing below you indicabove.	cate that you understand th	nis poli	cy and attest to the	truthfulness of the information p	rovided		
Signature:			Date:_				

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## **Family Health History**

NAME (please print): Date of Birth					Date of Birth				
Please circle appropriate responses:									
Were you adopted? YES NO If	yes, any c	ontact	with	biolog	ical family? YES NO				
Father: ALIVE DECEASED If	alive, over	rall he	alth:	EXCE	LLENT GOOD FAIR POOR				
Mother: ALIVE DECEASED I	f alive, ove	erall h	ealth:	EXCE	ELLENT GOOD FAIR POOR				
Siblings: Number of Brothers:indicate brother/sister, cause of d	Nur eath and aş	mber oge at t	of Sis ime o	ters: f death:	Are all alive? YES NO If no,	please	_		
Please use the following legend to Father=F Mother=M Brother=B		any he	ealth i	ssues n	nembers of your family have or have	e had.			
		FA	MIL	Y HEA	LTH ISSUES				
Osteoarthritis	F	M	В	S	Heart Attack	F	M	В	S
Asthma/Emphysema	F	M	В	S	Heart Disease/Murmur	F	M	В	S
Blood Disease	F	M	В	S	Hepatitis; Type:	F	M	В	S
Cancer; Type:	F	M	В	S	High Blood Pressure	F	M	В	S
Cancer; Type:	F	M	В	S	Kidney Disease	F	M	В	S
Diabetes	F	M	В	S	Respiratory Problems	F	M	В	S
Seizures	F	M	В	S	Liver Disease	F	M	В	S
Fainting	F	M	В	S	Ulcers	F	M	В	S
Glaucoma	F	M	В	S	Rheumatoid Arthritis	F	M	В	S
Mental Health Issues	F	M	В	S	Stroke/TIA	F	M	В	S
Thyroid Disease	F	M	В	S	Tumors	F	M	В	S
Alcoholism	F	M	В	S	Headaches/Migraines	F	M	В	S
Other:	F	M	В	S	Other:	F	M	В	S
Signature:					Date:				

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		(Previous Docto	r's Name, City/State	, Phone Number)		
	nt Information					
Last Name M.I. Street Address		First Name			Date of Birth	
		City	State	:	Zip	
Hom	e Phone		Cell I	hone		
	Please mail	or fax recor	ds pertaining to	the patient identified	d to:	
1. 2. 3.	rdance the Health Insurance Portability and This authorization may include discl TREATMENT, except psychotherapy rappropriate line in Item 2. In the event the line on the box in Item 2, I specifically as If I am authorizing the release of HIV-refrom redisclosing such information with right to request a list of people who may I have the right to revoke this authorization except to the extent that act I understand that signing this authorization benefits will not be conditioned upon my Information disclosed under this authorization disclosed under this authorization.	osure of informates, and CON the health information in the health in	rmation relating FIDENTIAL HI mation described to of such information drug treatment, ation unless perm my HIV-related in me by writing to be been taken based by My treatment, of disclosure.	to ALCOHOL and I V* RELATED INFORM below includes any of the ion to the person indicate or mental health treatmented to do so under federate formation without authon Yarmouth Medical Certon this authorization.	MATION only it nese types of info ed. ent information, t al or state law. In rization hter. I understand	f I place my initials on the formation, and I initial the the recipient is prohibite understand that I have the did that I may revoke the lical Center, or eligibilities.
5. Sneci	no longer be protected by federal or state					
Speci			range, indicate he	re: from (insert date)	to (inse	ert date)
Specific f you on the image of	no longer be protected by federal or state fic Information to be released:	n a certain date including pat lts, bone dens	cient histories, of sity, colonoscop	ffice & consult notes, y, hospitalizations, C	, test results, r CT's, MRI, EK ialing)	adiology studies,
Specif f you o \[ \ldot\ \frac{N}{\text{ilms,}}	no longer be protected by federal or state fic Information to be released: only wish to release Medical Records within Medical Record dating back 2 years, labs, mammograms, pap smear resunization history providers.	n a certain date including pat lts, bone dens	ient histories, (sity, colonoscop	ffice & consult notes y, hospitalizations, C  ude: (Indicate by Init  Alcohol/Drug T	, test results, r CT's, MRI, Ek ialing) Freatment	adiology studies,
Specification of the second se	no longer be protected by federal or state fic Information to be released: only wish to release Medical Records within Medical Record dating back 2 years, labs, mammograms, pap smear resunization history providers.	n a certain date including pat lts, bone dens	ient histories, (sity, colonoscop	ffice & consult notes, y, hospitalizations, C  ude: (Indicate by Init  Alcohol/Drug T  Mental Health I	, test results, r CT's, MRI, Ek ialing) Creatment Information	adiology studies,
Specification of the second se	no longer be protected by federal or state fic Information to be released: only wish to release Medical Records within Medical Record dating back 2 years, labs, mammograms, pap smear resunization history providers.	n a certain date including pat lts, bone dens	ient histories, osity, colonoscop  Incl	ffice & consult notes y, hospitalizations, C  ude: (Indicate by Init  Alcohol/Drug T	, test results, r CT's, MRI, Ek ialing) Treatment Information formation in effect for on	radiology studies, KG's &

Date

Signature of patient or representative authorized by law

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## <u>AUTHORIZATION TO DISCLOSE HEALTHCARE INFORMATION TO CERTAIN INDIVIDUALS</u>

PATIENT NAME:(PLEASE I	DATE OF BIRTH: (PLEASE PRINT)					
listed below, if they request it. I understa	nd that when information and no longer considered	tion contained in my medical record to the individual(s) in is disclosed pursuant to this authorization, it may be a protected health information (PHI). I understand that I				
This authorization applies to the indicate	d PHI (check all that ap	ply):				
All Personal Health Information (F	PHI)					
PHI related to the following condit	tions or treatments:					
		dividuals listed cannot receive copies of any information s no one we can communicate with, please write 'no one				
AUTHORIZED INDIVIDUALS:						
Name:	Phone:	_ Relationship:				
Name:	Phone:	Relationship:				
Name:	Phone:	_ Relationship:				
		e, letters, or forms for me at the office. If there is no one, me as above' in the first space provided if individuals are				
Name:	Phone:	_ Relationship:				
Name:	Phone:	_ Relationship:				
Name:	Phone:	Relationship:				
Patient Signature:	T	oday's Date:				

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Thank you for establishing care with Yarmouth Medical Center. To better serve you, we are providing a description of visit "types" to optimally accommodate your medical needs:

**New Patient:** This is a visit to establish care with your new provider. It is an opportunity to get to know each other, discuss your health history and set up a plan for future care. During this visit urgent medial needs may be addressed, but a follow up visit may be necessary for more comprehensive care.

**Annual Physical Exam:** This is a routine check-up that you should have every year. During this visit, your provider will assess your overall health and screen for any issues that need to be addressed. These visits are partially administrative in nature and focus on health maintenance. Please note that if you have a health concern we need to prioritize, your medical team may need to change your visit to an Office Visit to thoroughly address that need.

**Follow-Up:** These are visits to check on the progress of a health issue you have been treated for or are currently being treated for. Your provider will ask you questions, perform an exam and make any necessary adjustments to your treatment plan. Please note, these visits are required every 3 months for any patients who are being prescribed controlled substances.

**Office Visits:** These are for health issues that are not life threatening but still need to be addressed by a provider, ie: a rash or sinus infection. We do our very best to schedule these visits on the same day or closely thereafter. If you are experiencing respiratory (cough, congestion, fever) or gastrointestinal (nausea, vomiting, diarrhea) symptoms, a virtual visit **MAY** be necessary to ensure the safety of our patients and staff.

**Medicare Annual Wellness:** These visits are scheduled 6 months after an Annual Physical exam for those patients on Medicare, per CMS guidelines. During this visit, your provider will review your health history, perform a physical exam and create a personalized prevention plan to help you stay healthy. Please note, a dedicated portion of this visit is administrative and reserved for collection health data for screening.

**Transition of Care:** These visits are for patients who have been discharged from an Emergency Room, Hospital or Nursing Facility to the outpatient community. During this appointment, our provider will review your medical history and any recent test results to make sure they have a complete understanding of your inpatient experience. They will also discuss any ongoing treatments or medication to make sure there are no gaps in your care. These visits are important because they help ensure a smooth and seamless transition in your medical care.

**Chronic Care Management:** Per CMS guidelines, we are required to check in with Medicare patients who are experiencing chronic health issues such as Diabetes and Heart Disease. This is accomplished through monthly phone calls from our off-site colleagues who will inquire about your health status and ask if you have any questions or issues you would like forwarded to the provider. These calls are considered a visit and are billed to Medicare and your secondary insurance. If you do not wish to receive these calls please let our office staff know, however, many patients find them very helpful with managing their chronic issues.

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To provide a safe and healthy environment for staff, visitors, patients and their families, Yarmouth Medical Center expects visitors, patients and accompanying family members to refrain from unacceptable behaviors that are disruptive or pose a threat to the rights or safety of other patients and staff.

As a patient visiting our practice, please consider the following:

- If you have any questions about the care or our unhappy with the service received in our office, please contact our practice manager before you leave our office so that any clarifications about your care or the services you received can be addressed.
- Please communicate all issues that you wish to discuss with the doctor at the time your appointment is scheduled, so that an appropriate amount of time can be allotted. If you do not do this in advance, another visit may be necessary so that the doctor can give all patients the time and quality of care they deserve.
- Questions about your billing can be addressed to APS, see bill for contact information.
- Our practice follows a zero-tolerance policy for aggressive behavior directed by patients against our staff.
- Please be courteous with the use of your cell phone and other electronic devices. When interacting with any of our staff, please put your devices away. Set the ringer to vibrate before storing away.
- Adults are expected to supervise their children.

## The following behaviors are prohibited:

- Possessing firearms or any weapon
- Intimidating or harassing staff or other patients
- Making threats of violence through phone calls, letters, voicemail, email or other forms of written, verbal or electronic communication
- Physically assaulting or threatening to inflict bodily harm
- Making verbal threats to harm another individual or destroy property
- Damaging business equipment or property
- Making menacing or derogatory gestures
- · Making racial or cultural slurs or other derogatory remarks

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If you are subjected to any of these behaviors or witness inappropriate behavior, please report to any staff member. Violators are subject to removal from the facility and/or discharge from the practice.

Patient Name:	_Date:
Patient Signature:	
Staff Initials:	