

A Review of Corneal Dystrophies and Degenerations

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1

Financial Disclosures For Marc R Bloomenstein, OD, FAAO

- Allergan-Speaker/Consultant
- Avellino-Consultant
- Azura-Consultant
- Bausch & Lomb-Speaker/Consultant
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All financial relationships have been mitigated.

2



3

Corneal Dystrophies

- Group of corneal diseases that are genetically determined and have been traditionally classified with respect to the corneal layer affected
- Defined as a corneal opacity or alteration, which is most often bilateral and progressive and centrally located
- Tend to be avascular and involve all the areas of the cornea
- New Classification system describes old name, new name, defective gene, inheritance pattern, phenotype of disorder and typical complications.

4

GENETICS IN
**REFRACTIVE
SURGERY**
WHAT TO
KNOW
BEFORE YOU
CUT THE
CORNEA

5

GENETIC DATA **CAN HELP US...**

PERFORM THE **RIGHT** REFRACTIVE SURGERY PROCEDURE ON THE **RIGHT** PATIENT.

6

7

9

10

11

12

13



17

NGS TECHNOLOGY

NEXT GENERATION SEQUENCING

Variants indicating a risk for Keratoconus:

Gene	Variant Position	Variation	Zygosity	AA Change	Buildings*	Relative Risk
ABCB8	chr7:g.30793113A>G	missense_variant	Heterozygous	p.Asn732Dfs	29.07	High Risk
ADAMTS1	chr3:g.39941913_T>C	frameshift_variant	Heterozygous	del	N/A	N/A
COL3A1	chr13:g.48109150C>T	missense_variant	Heterozygous	p.Gly177Ser	5.94	Low Risk
SLIT1	chr17:g.5410186C>T	missense_variant	Heterozygous	p.Val133Ile	20.18	High Risk
PRDM5	chr16:g.11213545A>T	missense_variant	Heterozygous	p.Ser190Ile	3.00	Low Risk

*Risk Scores were calculated from an HWE Scoring Model

Other Variants:

Gene	Variant Position	Variation	Zygosity	AA Change
LRN1	chr2:g.38873301T>G	missense_variant	Heterozygous	p.Ser125Arg

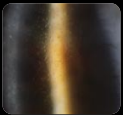
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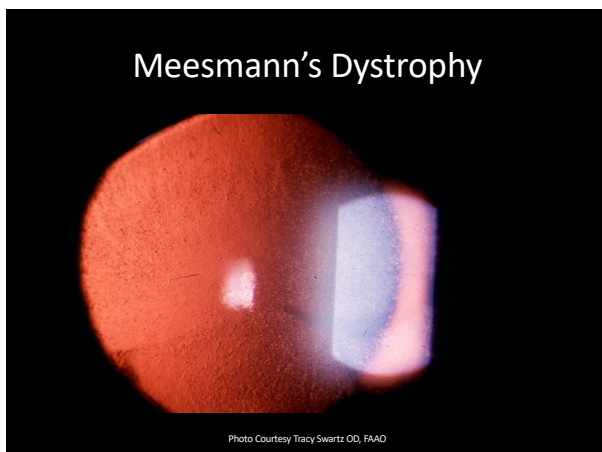
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Meesmann's Dystrophy

- **Autosomal dominantly**
- **Symptoms**
 - Foreign body sensation due to epithelial erosion
 - Decreased visual acuity is usually minimal
- **Signs:**
 - Myriads of tiny intraepithelial cysts that are most prominently seen in the interpalpebral zone
 - Slowly progressive
 - Bilateral, symmetric
 - Develops in the first 1 or 2 years of life
- **Treatment:**
 - Superficial corneal debridement
 - PTK



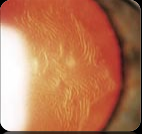
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22

Epithelial Basement Dystrophy (EBMD)

- Abnormal corneal epithelial regeneration and maturation
- Abnormal basement membrane
- Very common dystrophy
- Considered age related
 - Prevalence increases with age
 - Onset is around 40-70 y.o.
 - Late onset supports degeneration vs. dystrophy



23

EBMD

- 10-69% of patients are symptomatic
- Symptoms
 - Foreign body sensation
 - Worse in dry weather
 - Wind
 - Air conditioning
 - Blurred vision
 - Dry eye
 - Increased TBUT
 - Discomfort
 - 10% experience RCE's

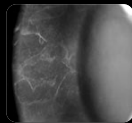
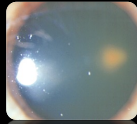


Photo Courtesy Tracy Swartz OD, FAAO

24

EBMD

- Appears as a map, dot or fingerprint
 - Chalky patches
 - Intraepithelial microcysts
 - Fine lines within central 2/3rd of cornea
- Bilateral and asymmetric
- Females > Males
- Negative staining is a good indicator

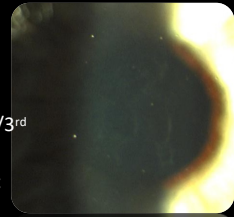


Photo Courtesy Tracy Swartz OD, FAAO

25

EBMD

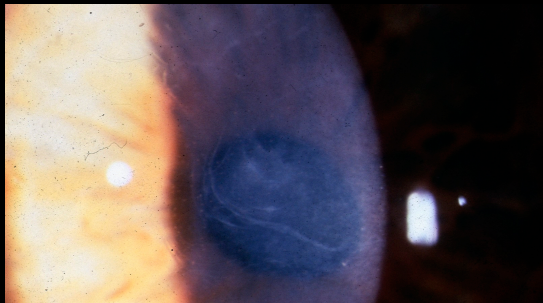
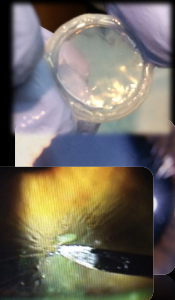


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26

EBMD

- Treatment of EBMD
 - Monitoring cornea for any RCE-OLD SCHOOL!
 - Azasite qhs or oral doxycycline (50 mg/QD)
 - Loteprednol etabonate
 - Copious Artificial tears
 - Fresh Kote
 - Cyclosporine bid
 - Bandage contact lens while active (1M)
 - Punctal plugs
 - Consider humidifier
 - Amniotic Membrane
 - Surgery may be needed
 - PTK
 - Puncture
 - Monitor for changes in visual acuity or comfort



Melton and Thomas

Photo Courtesy Tracy Swartz OD, FAAO

27

EBMD POST-PTK

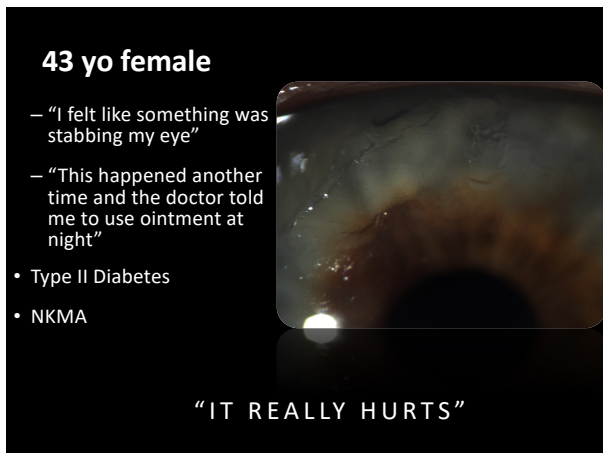


Photo Courtesy Tracy Swartz OD, FAAO

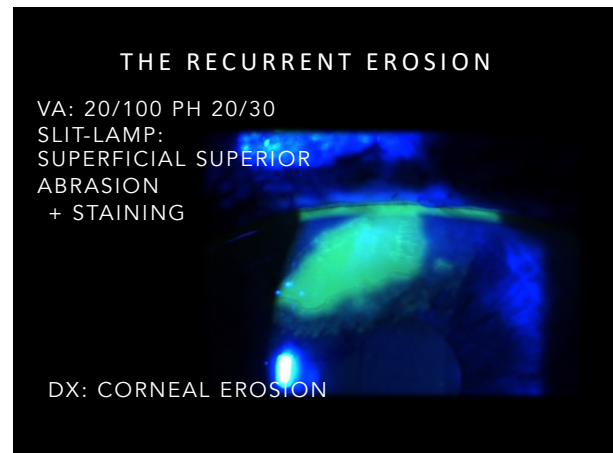
28

THE "PREVENTED"
CORNEAL EROSION

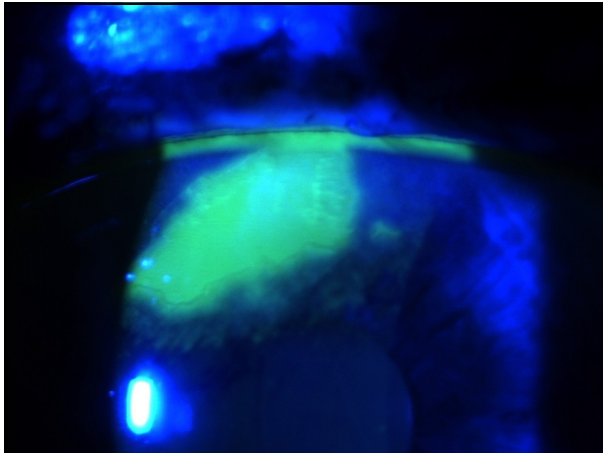
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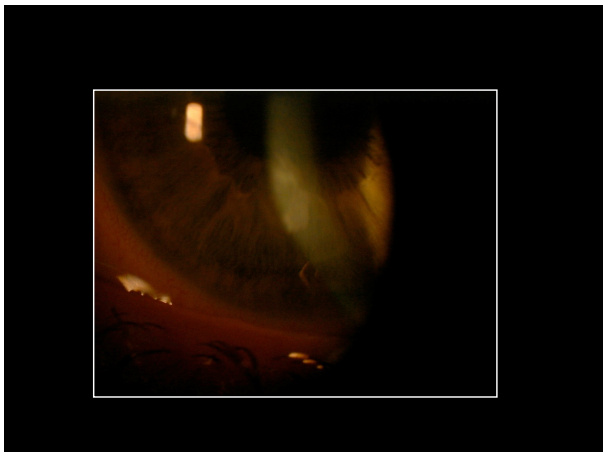
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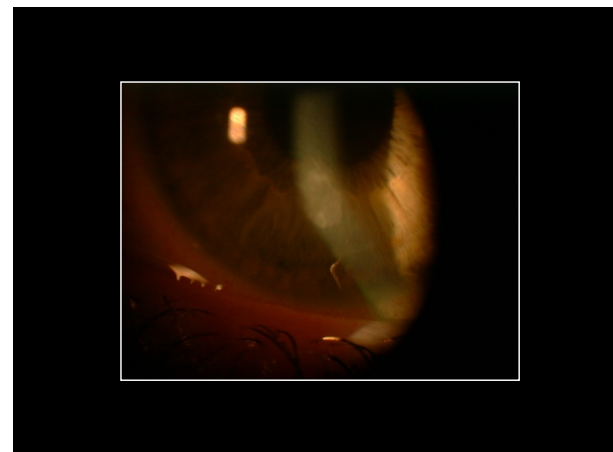
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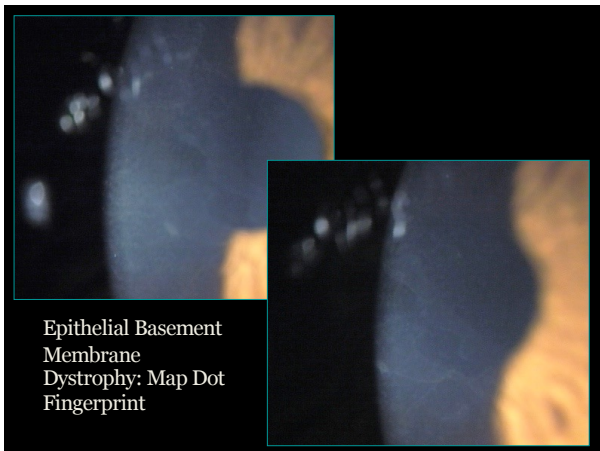
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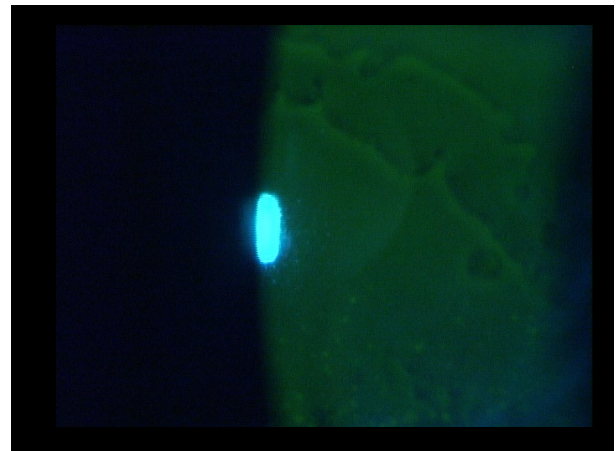
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35



36



37

87% of all RCE occurs in
what part of the cornea?

Inferior Cornea

Reidy JJ, Pauli MP et al. *Cornea* 2000
Nov.

38

46% of all patients in this study
had EBMD

- James Reidy et al. Recurrent erosions of the cornea: epidemiology and treatment. *Cornea* 2000 Nov; 19(6):767-71
- The remainder had trauma induced causes
 - *Fingernail*
 - *Paper cut, etc.*

39

Diagnosis:

- **Recurrent Corneal Erosion**
- **EBMD**

40

Treatment:

- **What medications should be avoided?**
- **Bland Artificial Tear Ointments**

Eke T, et al. Recurrent symptoms following traumatic corneal abrasion. *Eye* 1999 June.

41

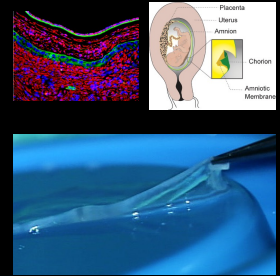
Prokera

NON-HEALING ABRASION

42

The Amniotic Membrane

- The amniotic membrane is the innermost lining of the placenta (amnion)
- Amniotic membrane shares the same cell origin as the fetus
 - Stem cell behavior
- Structural similarity to all human tissue



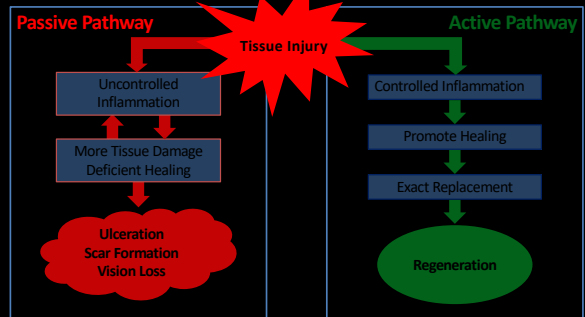
43

Inflammation's Effect on Healing

- **Inflammation:** the first sign of wound healing & is also the hallmark symptom of all ocular surface diseases
- Uncontrolled inflammation leads to:
 - Chronic pain and discomfort/irritation
 - Delayed healing, more tissue damage
 - Vision-threatening complication, e.g., scar/haze
- Effective control of inflammation is an important strategy to promote healing and minimize the risk of scar/haze

**Controlling Inflammation is Key to Preventing Tissue Damage!**

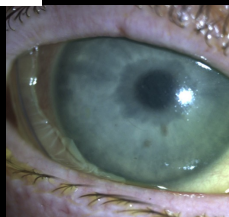
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Clinical Study
Corneal Nerve Regeneration after Self-Retained Cryopreserved Amniotic Membrane in Dry Eye Disease

CAM vs. conventional DE Tx	
Reduction in VAS	*7.1 to 2.2
Reduction in SPEED	*21.8 to 5.9
Increase in CND/CNL	*Baseline: 12,241 +/- 5083 um/mm ² *8 mo: 18,827 +/- 5453 um/mm ²
Improvement in TEUT	*8.3 +/- 2.5 to 13.9 +/- 2.2
Control group showed no change in all parameters	



46

The CRYOTEK™ Method

- Patented and proprietary cryopreservation
- Ensures key active components of the Extracellular Matrix (ECM) are retained
- The **only** method that retains both:
 - The integrity of the tissue structure
 - The key active (ECM) components
- Safe and effective
 - Supported by over 300 peer-reviewed articles
 - Over 100,000 implanted
- Bio-Tissue Cryopreserved Amniotic Membrane is the **ONLY** AM granted wound healing indication by the FDA.



biotissue

47

PROKERA®: BIOLOGIC CORNEAL BANDAGE

PROKERA® utilizes the proprietary CryoTek™ cryopreservation process that maintains the active extracellular matrix of the amniotic membrane which uniquely allows for regenerative healing.

PROKERA® is the only FDA-cleared therapeutic device that both reduces inflammation and promotes scar less healing

PROKERA® can be used for a wide number of ocular surface diseases with severity ranging from mild, moderate, to severe

Photo Courtesy Tracy Swartz OD, FAAO

48

Acellular Amniotic Membrane

ACELLFX

- HCT/P (human cells, tissue, and cellular-based product)
- Nutrient rich
- Collagen III, IV, and V
- Fibronectin
- Lamin
- Proteoglycans
- Thea Pharmaceuticals



Human amniotic membrane sourced from Cesarean donors

Processed without chemicals, cross-linking agents, germicides or antibiotics

Air dried

Sterilized

49

Acellular Amniotic Membrane

- Ready to use immediately
 - No thawing
 - No rinsing
- No up/Down orientation
- Flexible membrane with no ring
- Allows for multiple applications
- Convenient storage at room temperature for 5 years
- WOO-WOO

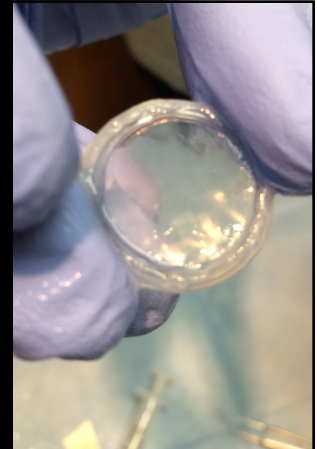


50

TREATMENT

STANDARD PROTOCOL:

- BCL
- ANTI-BIOTIC
- ANTI-INFLAMMATORY
- RTC
- NEW REGIMENT
 - PROKERA
 - LATERAL TAPE TARSORAPHY
 - PATIENT EDUCATION
 - RTC 5 DAYS



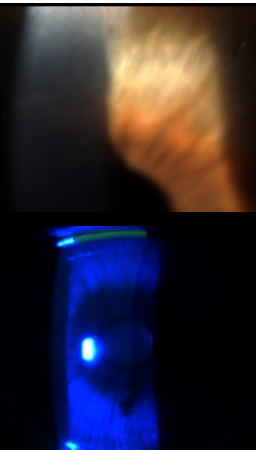
51

5 DAY FOLLOW-UP

"THE PAIN IS GONE"
• REMOVED PROKERA
• VASC: 20/15

SLIT-LAMP:
CORNEAL CLEAR

TX: RESTASIS BID
RTC 4-6 WEEKS



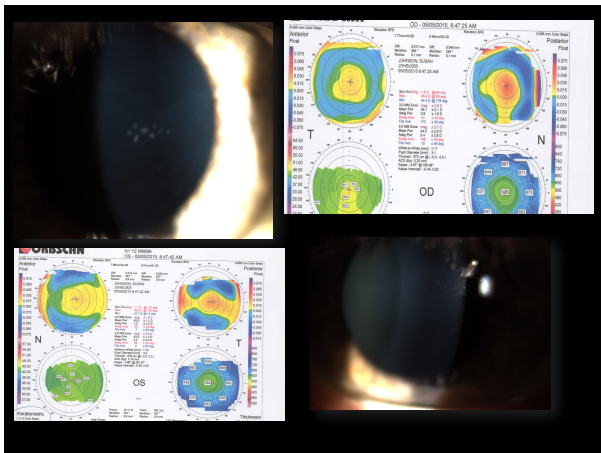
52

3 MONTH FOLLOW-UP

- "MY EYE FEELS GREAT"
- VASC: 20/15
- SLIT-LAMP: CLEAR CORNEA
- DX:

PCE (PREVENTED CORNEAL EROSION)
TX: CPM(RESTASIS)

53



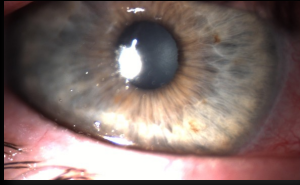
57

Hx of RCE

- Plan: RTC in 3 days/Debride Cornea/Insert Prokera Slim
- Plan:
 - Tape tarsoraphy
 - Zymaxid qid/Prolensa qd/Pred Forte qid
 - RTC:
 - 6 days

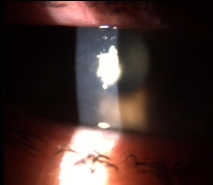


58



CPAM Removed

- Vasc 20/100
- “My eye feels great”
- Follow-up in 2 weeks
 - Cyclosporine BID
 - Retaine MGD q1h



59

My Vision is blurry...like a lot.

60

“Can I do my other eye first?”

- 72 yo Male
 - Cataracts in both eyes
 - Scheduled for surgery in left eye
 - Starting using drops pre-op
 - “I may have hit my eye with the tip of the drop”
 - “My vision is way worse now”
 - VaSC
 - 20/200 ph 20/70 OD
 - 20/CF ph 20/200 OS
 - Slex:
 - OD-Corneal Clear, NSC/ASC
 - OS-

61



62

Testing corneal sensitivity IS IMPORTANT TO DIAGNOSING NK

QUALITATIVE

COTTON THREAD

- When the cotton thread gently touches the cornea, normal subjects show a blink reaction and can describe the sensation of touch
- Patients with a loss of corneal sensitivity DO NOT react

QUANTITATIVE

COCHET-BONNET AESTHESIOMETER

- Commonly used
- Quantifies corneal sensitivity by a nylon filament of different lengths touching the cornea to elicit a blink or patient response
- Each quadrant of the cornea can be tested separately

Sacchetti M, Lambiase A. Diagnosis and management of neurotrophic keratitis. Clin Ophthalmol. 2014;8:571-579.

63

“It is still blurry...”

Used a BCL, AB

- RTC 1wk
- NO IMPROVEMENT
- BCL-missing...however the patient stated “it feels fine!”
- “Can I do surgery on the other eye?”
- Cotton-tip sensation:
 - OD-5/10
 - OS- 0/10

Prokera Slim inserted

Rx'd Oxervate

64

Mackie Classification

NK is a Degenerative Disease¹

The Mackie Classification Represents One Way to Assess NK Progression^{1,2}

STAGE 1 (Mild)
Punctate keratitis


STAGE 2 (Moderate)
Persistent epithelial defect (PED)

STAGE 3 (Severe)
Corneal ulcer


- Some vision loss can potentially be seen in all stages of NK³
- If untreated, moderate NK progresses to severe disease with associated risks of profound vision loss resulting from scarring and corneal perforation³

65


Mackie Classification

STAGE 1 Mild

- Improve epithelial quality and transparency
- Avoid epithelial breakdown¹

STAGE 2 Moderate

- Prevent stromal involvement and corneal ulcer formation







STAGE 3 Severe

- Stop stromal melting
- Prevent perforation that could lead to permanent vision loss

Neurotrophic keratitis: current challenges and future prospects. Eye Brain. 2018;10:37-45. 2. Dua HS, Srid DG, Messmer EM, et al. Neurotrophic keratopathy. Prog Retin Eye Res. 2018;66:107-131.

66

NK Study Group 7 Step Staging

Stage	Clinical Features	Imaging	Stage	Clinical Features	Imaging
1	Altered sensation without keratopathy		Stage 4 (severe)	Persistent or recurrent epithelial defect and stromal scarring without corneal ulceration	
1 (mild)	Epitheliopathy without stromal haze		Stage 5 (severe)	Persistent or recurrent epithelial defect with corneal ulceration	
2 (moderate)	Epitheliopathy with stromal haze		Stage 6 (severe)	Corneal perforation	
Stage 3 (severe)	Persistent or recurrent epithelial defects				

67

Systemic

Diabetes

Multiple sclerosis

Vitamin A deficiency

Leprosy

Amyloidosis

Photo Courtesy Tracy Swartz OD, FAAO

68

Central nervous system

- Aneurysms
- Stroke
- Degenerative disorders of the CNS
- Post-neurosurgical procedures

Photo Courtesy Tracy Swartz OD, FAAO

69

Genetic

Riley-Day syndrome

Goldenhar-Gorlin syndrome

Mobius syndrome

Familial corneal hypoesthesia

70

Ocular Conditions for NK

- Post-herpes keratitis
- Chemical and physical burns
- Abuse of topical anesthetics
- Drug toxicity (eg, BAK)
- Chronic ocular surface injury

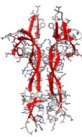
- Ocular surgery (eg, LASIK, cataract surgery)
- Contact lens wear
- Orbital neoplasia
- Corneal dystrophies
- Chronic DED

71


Only FDA Approved for NK

72

Active ingredient structurally identical to human nerve growth factor produced in ocular tissues



- Naturally occurring neurotrophin is responsible for differentiation, growth, and maintenance of neurons¹
- The regenerative potential of nerve growth factor (NGF) was discovered by Nobel-prize winning scientists in the early 1950s²
- Cenegeimin-bbbj, a novel recombinant human nerve growth factor (rhNGF), is **STRUCTURALLY IDENTICAL** to the NGF protein³



73

FDA APPROVAL WAS BASED ON COMPLETE CORNEAL HEALING DEFINED AS ABSENCE OF STAINING OF THE CORNEAL LESION AND NO PERSISTENT STAINING IN THE REST OF THE CORNEA AFTER 8 WEEKS OF TREATMENT.

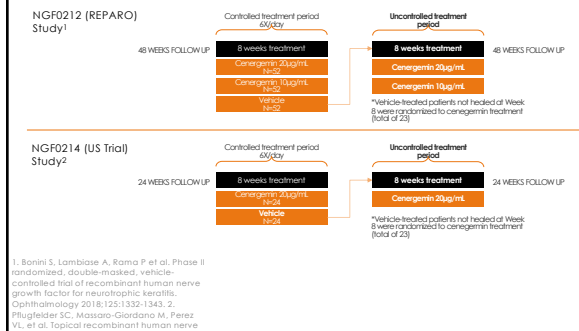
CENEGERMIN CLINICAL TRIALS: STUDY OVERVIEW

	NGF0212 (REPARO) (n=156)	NGF0214 (n=46)
Geography	Europe & Countries (Italy, Germany, UK, France, Spain, Poland) 32 Clinical Centers	USA 11 Clinical Centers
Design	3 treatment arms: (vehicle, cenegeimin 10 mcg/mL, cenegeimin 20 mcg/mL)	2 treatment arms: (vehicle, cenegeimin 20 mcg/mL)
Vehicle & cenegeimin composition	Without antioxidant	With antioxidant (methionine)
Duration of follow up	48 weeks	24 weeks
Uni/bilateral disease	Unilateral	Unilateral and bilateral
Endpoints	Week 8 (based on a post-hoc analysis) Complete corneal healing (defined as 0.0 mm maximum diameter of fluorescein staining in the lesion area)	Week 8 Complete corneal healing (defined as 0.0 mm maximum diameter of fluorescein staining in the lesion area)

1. Bonini S, Lambiase A, et al. Phase I randomized, double-masked, vehicle-controlled study of a novel recombinant human nerve growth factor for neurotrophic keratopathy. *Invest Ophthalmol Vis Sci*. 2018;59(12):3321-3332. 2. Pfeufferer SC, Massaro-Giordano M, Faria-VL, et al. Topical recombinant human nerve growth factor (cenegeimin) for neurotrophic keratopathy: a multicenter randomized vehicle-controlled pivotal trial. *Ophthalmology*. 2020;127(1):14-26.

74

CENEGERMIN CLINICAL TRIALS: STUDY DESIGN



75

CENEGERMIN CLINICAL TRIALS: INCLUSION AND EXCLUSION CRITERIA

MAIN INCLUSION CRITERIA

- Adult NK patients with stage 2 or 3 NK
- Unilateral or bilateral NK permitted in NGF0214
- Evidence of decreased corneal sensitivity (<40mm by Cochet-Bonnet aesthesiometer) within the area of the PED or corneal ulcer and outside of the area of the defect, in at least 1 corneal quadrant
- Refractory to ≥1 nonsurgical treatment
- No improvement in 2 weeks prior to enrollment

MAIN EXCLUSION CRITERIA

- Infection, inflammation, other ocular disease requiring topical treatment
- Glaucoma patients were switched to systemic meds during the study
- Severe blepharitis or MGD
- Prior surgical treatment for NK
- Exception for AMT performed >6 weeks prior or membrane disappeared >2 weeks prior
- Stromal involvement in posterior third, corneal melting, or perforation in study eye

¹ Bonini S, Lambiase A, Rama P et al. Phase II randomized, double-masked, vehicle-controlled trial of recombinant human nerve growth factor for neurotrophic keratitis. *Ophthalmology* 2018;125:1332-1343. 2. Flüggefelder SC, Massaro-Giordano M, Perez VL, et al. Topical recombinant human nerve growth factor (cenegermin) for neurotrophic keratopathy: a multicenter randomized vehicle-controlled pivotal trial.

76

CENEGERMIN CLINICAL TRIALS: BASELINE DEMOGRAPHICS

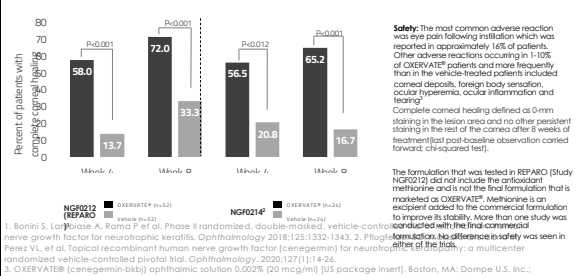
	NGF0212 (REPARO) Study ¹	NGF0214 (US Trial) Study 2,3
	Oxervate® (n=52)	Vehicle (n=52)
PRIMARY NK DIAGNOSIS, NO. (%)		
Stage 2 (moderate)	27 (51.9%)	28 (53.8%)
Stage 3 (severe)	25 (48.1%)	24 (46.2%)
Underlying cause, no. (%)		
Herpetic eye disease	11 (21.2%)	18 (34.6%)
Neurosurgical procedure	8 (15.3%)	7 (13.4%)
Ocular surgery or procedure	5 (9.6%)	7 (13.4%)
Dry eye disease	6 (11.5%)	5 (9.6%)
Ocular surface injury/inflammation	5 (9.6%)	3 (5.8%)
Other	5 (9.6%)	3 (5.8%)
Topical medication (glaucoma)	1 (1.9%)	1 (1.9%)
Stroke	2 (3.8%)	0
Unknown origin	1 (1.9%)	0
Systemic medication	0	0

The formulation that was tested in REPARO (Study NGF0212) did not include the antioxidant methionine and is not the final formulation that is marketed as OXERVATE®. Methionine is an excipient added to the commercial formulation to improve its stability. More than one study was conducted with the final commercial formulation. No difference in safety was seen in either of the trials.

¹ Bonini S, Lambiase A, Rama P et al. Phase II randomized, double-masked, vehicle-controlled trial of recombinant human nerve growth factor for neurotrophic keratitis. *Ophthalmology* 2018;125:1332-1343. 2. Flüggefelder SC, Massaro-Giordano M, Perez VL, et al. Topical recombinant human nerve growth factor (cenegermin) for neurotrophic keratopathy: a multicenter randomized vehicle-controlled pivotal trial. *Ophthalmology*. 2020;127(1):14-26. 3. Accessdata.fda.gov. Drug approval package: OXERVATE® (Cenegermin-bbb). https://www.accessdata.fda.gov/drugattda_docs/nda/2019/741094Orig1s0005umR.pdf. Published 2018. Accessed November 13, 2018.

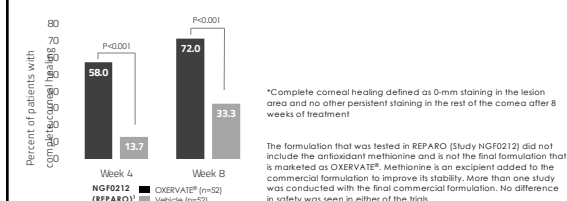
77

CENEGERMIN CLINICAL TRIALS: RESULTS



78

CENEGERMIN CLINICAL TRIALS: NGF0212 1-YEAR FOLLOW-UP DATA



Safety: The most common adverse reaction was eye pain following instillation which was reported in approximately 16% of patients. Other adverse reactions occurring in 1-10% of OXERVATE® patients and more frequently than in the vehicle-treated patients included corneal deposits, foreign body sensation, ocular hyperemia, ocular inflammation and tearing.¹

¹ Bonini S, Lambiase A, Rama P et al. Phase II randomized, double-masked, vehicle-controlled trial of recombinant human nerve growth factor for neurotrophic keratitis. *Ophthalmology* 2018;125:1332-1343. 2. Data on file. Clinical study report. Study NGF0212. Boston, MA: Dome U.S. Inc.; 2016. 3. OXERVATE® (cenegermin-bbb) ophthalmic solution 0.002% (20 mcg/ml) [US package insert]. Boston, MA: Dome U.S. Inc.; 2019.

79

CENEGERMIN CLINICAL TRIALS: SAFETY RESULTS

- No serious adverse reactions related to the treatment occurred in any clinical trials^{1,2}
- The majority of adverse reactions were mild and transient ocular reactions that did not require treatment discontinuation or corrective treatment^{1,2}

The most common adverse reaction was eye pain (16%) following instillation, which was reported in approximately 16% of patients.¹

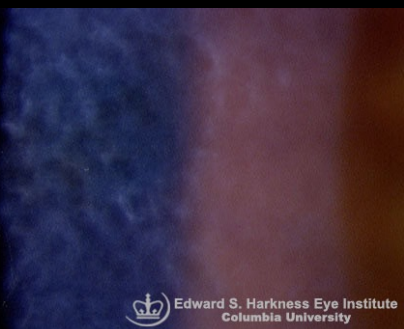
12/75 = 16%
 7/21 = 33.3% (US Trial)
 5/32 = 15.6% (REPARO)

Other adverse reactions occurring in 1%-10% of patients taking OXERVATE® and more frequently than in the vehicle-treated patients included corneal deposits, foreign body sensation, ocular hyperemia, ocular inflammation, and tearing.²

¹ Bonini S, Lambiase A, Rama P et al. Phase II randomized, double-masked, vehicle-controlled trial of recombinant human nerve growth factor for neurotrophic keratitis. *Ophthalmology* 2018;125:1332-1343. 2. Flüggefelder SC, Massaro-Giordano M, Perez VL, et al. Topical recombinant human nerve growth factor (cenegermin) for neurotrophic keratopathy: a multicenter randomized vehicle-controlled pivotal trial. *Ophthalmology*. 2020;127(1):14-26. 3. OXERVATE® (cenegermin-bbb) ophthalmic solution 0.002% (20 mcg/ml) [US package insert]. Boston, MA: Dome U.S. Inc.; 2019.

80

Thiel-Behnke Dystrophy



Edward S. Harkness Eye Institute
Columbia University

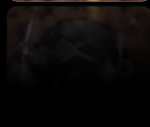
87

STROMAL DYSTROPHIES

88

Granular Dystrophy (Groenouw Type I)

- Discrete white granular opacities in central anterior corneal stroma
- Increasing number, density, size and depth as age
- RCE's are commonly associated with pain
- Sub-epithelial scarring/dense stromal deposits reduce visual acuity
- PKP if disease progresses



89

GRANULAR DYSTROPHY

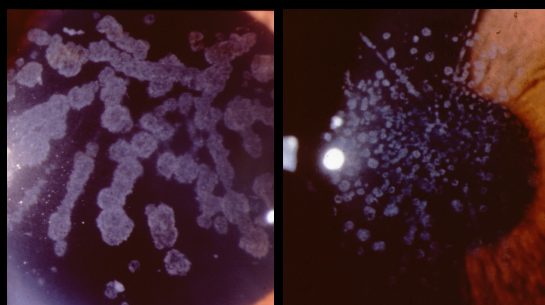


Photo Courtesy Tracy Swartz OD, FAAO

90

GRANULAR DYSTROPHY

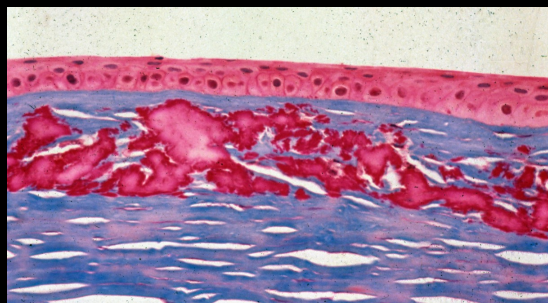


Photo Courtesy Tracy Swartz OD, FAAO

91

Granular Dystrophy

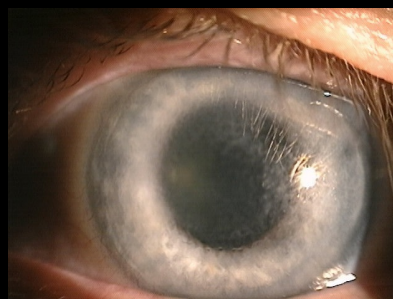


Photo Courtesy Tracy Swartz OD, FAAO

92

GRANULAR DYSTROPHY

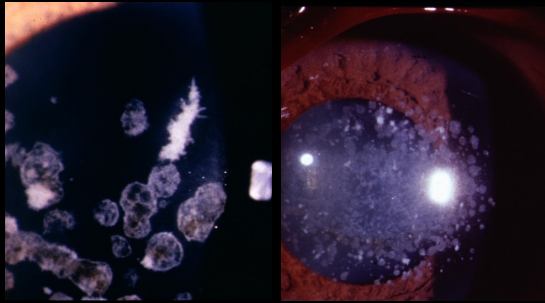


Photo Courtesy Tracy Swartz OD, FAAO

93

GRANULAR DYSTROPHY

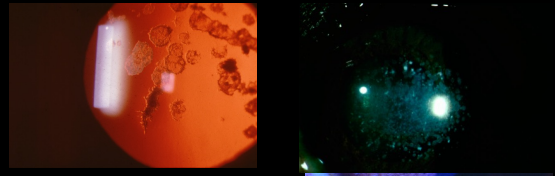


Photo Courtesy Tracy Swartz OD, FAAO

94

Macular Dystrophy (Groenouw Type II)

- Grayish opacities with indistinct edges in superficial stroma
- Over time
 - Extends into deeper stromal layers
 - Intervening stroma becomes hazy
 - CORNEA THINS
 - Visual acuity is decreased
 - Light sensitivity and pain
- Surgery is expected by 20-30 years old



95

Macular Dystrophy

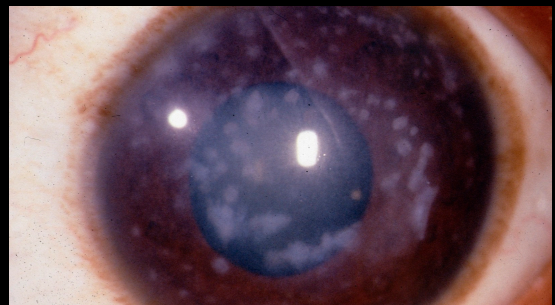


Photo Courtesy Tracy Swartz OD, FAAO

96

Macular Dystrophy

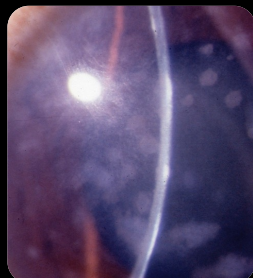
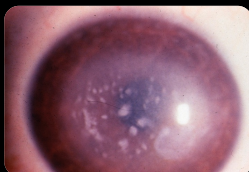


Photo Courtesy Tracy Swartz OD, FAAO

97

Lattice Dystrophy (Type I)

- Clinically appears
 - Linear, refractive branching deposits within the anterior stroma
- Central cornea becomes opaque and scars decreasing the visual acuity
- Autosomal Dominant
- 1st Decade
 - > 4th decade decrease VA
- RCE's are associated with Lattice
- Surgical intervention recommended with decreased acuity



98

Lattice Dystrophy

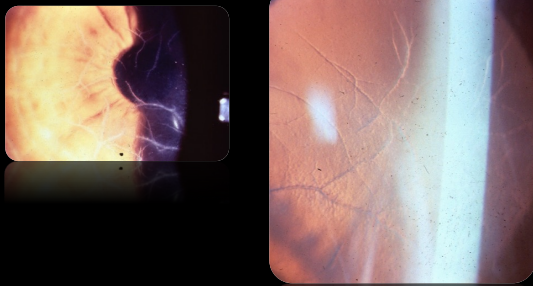


Photo Courtesy Tracy Swartz OD, FAAO

99

Lattice Dystrophy

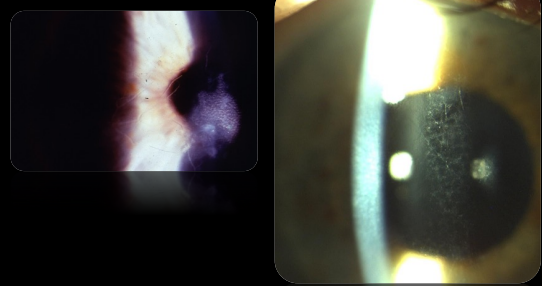


Photo Courtesy Tracy Swartz OD, FAAO

100

Schnyder Corneal Dystrophy (SCD)

- Central discoid opacification posterior to Bowman's membrane in anterior stroma
- Formerly thought crystals were in all opacities
 - 50-54% present
- Opacities can consist of:
 - Small needle shaped refractile crystals
 - White
 - Polychromatic
 - May extend into deeper stroma-avoiding epithelium
- Vision is relatively unaffected
- Associated with familial hypercholesterolemia



101

Schnyder's Corneal Dystrophy

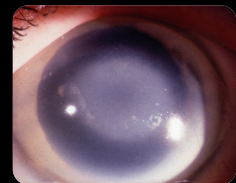
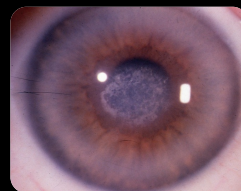
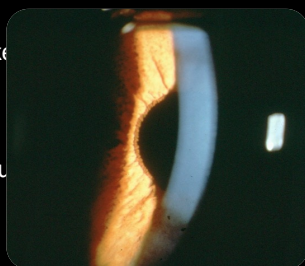


Photo Courtesy Tracy Swartz OD, FAAO

102

Other Stromal Dystrophies

- Avellino
- Gelatinous Drop Like
- Fleck
- Central Cloudy
- Posterior Amorphous



Posterior Amorphous

Photo Courtesy Tracy Swartz OD, FAAO

103

POSTERIOR MEMBRANE DYSTROPHIES

104

Posterior Polymorphous

- Autosomal dominant
- Teens to 20's
- Vesicles at Descemet's/Endothelium
- Signs
 - Vesicle bands
 - Diffuse opacities
 - Edema
 - Corneal steepening
 - Increase IOP

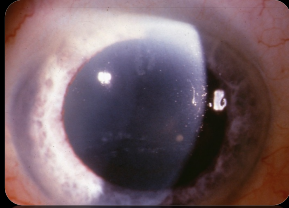
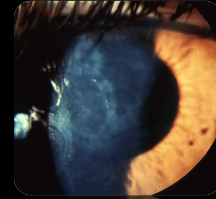


Photo Courtesy Tracy Swartz OD, FAAO

105

Posterior Polymorphous (PPMD)

- Vesicles are hallmark of PPMD
- Bilateral
- Trabecular meshwork can become covered with epithelial cells and basement membrane
- Synechiae can be present



106

Fuch's Dystrophy

- Autosomal dominant inheritance
- Bilateral / Asymmetry
- Late onset > 50 y.o.
- Females affected 3 times more than males
 - 5.7 % develop edema
- Characterized
 - Corneal guttata
 - Excessive accumulation of abnormal endothelial secretions
 - Appears in 30-40th year of life

Photo Courtesy Tracy Swartz OD, FAAO

107

Fuch's Dystrophy

- Characterized
 - Corneal Guttata
 - Small refractile "drops" on corneal endothelium
 - Affects the "pump" action of the endothelium
 - Edema
 - Greater in the AM
 - Desiccates as day goes on
 - Long standing edema may lead to corneal scarring
 - RCE's common

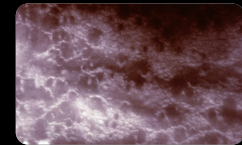


Photo Courtesy Tracy Swartz OD, FAAO

108

Fuch's Dystrophy

- Symptoms vary with degree of guttata and compromise of the endothelial tissue
- Moderate guttata
 - May affect visual function
 - May induce mild-moderate edema
 - Halos around lights
 - Hazy vision > a.m.
- Severe guttata
 - Vision decreases
 - Possible bullous develops

109

FUCH'S DYSTROPHY

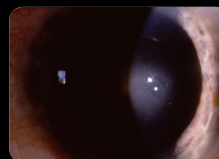


Photo Courtesy Tracy Swartz OD, FAAO

110

Fuch's Dystrophy

- Treatment
 - Early stages of disease
 - Increase artificial tears
 - Hyperosmotics qhs
 - BCL used if Bullous is present
 - EDUCATION!
 - Visual function is significantly compromised
 - Penetrating keratoplasty
 - Deep Lamellar endothelial keratoplasty (DLEK)
 - Descemet stripping automated endothelial keratoplasty (DSAEK)

111

Fuch's Dystrophy



Photo Courtesy Tracy Swartz OD, FAAO

112

Fuch's Dystrophy

- DLEK
 - Recipient cornea is stripped of Descemet's membrane and endothelium
 - Transplantation of donor cornea through small incision
 - Results in
 - Improves endothelial function, corneal clarity and restores vision
 - Minimally affects refraction
 - Can provide rapid visual recovery
 - Maintains structural integrity of the cornea

113

Congenital Hereditary Endothelium Dystrophy (CHED)

- Rare congenital dystrophy
 - First weeks-6 months old
- Bilateral-symmetric
- Non-inflammatory clouding
- Signs
 - Opacification extending to limbus with clear zones
 - Thickening
 - No neo/No extra tissue
 - No increase in IOP

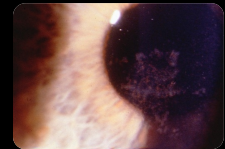


Photo Courtesy Tracy Swartz OD, FAAO

114

Congenital Hereditary Endothelium Dystrophy

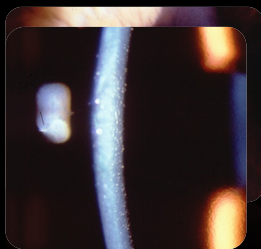


Photo Courtesy Tracy Swartz OD, FAAO

- Nystagmus is present
- VA can be as low as 20/100
- No neo/No extra tissue
- No increase in IOP
- Diagnosis of exclusion

115

Congenital Hereditary Endothelium Dystrophy

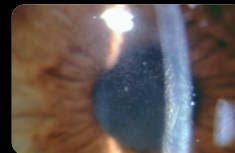


Photo Courtesy Tracy Swartz OD, FAAO

116

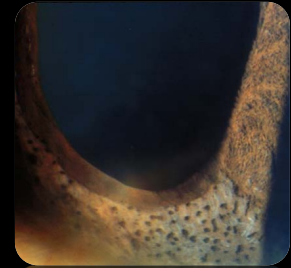
Iridocorneal Endothelial Syndrome

ICE

117

ICE

- F>M
- Diagnosed 3rd to 5th Decade
- 3 Main features
 - Iris changes
 - Corneal swelling
 - Glaucoma
- Unknown etiology



118

ICE

- Abnormal endothelium
- Irido-corneal adhesions
- 80-100% develop glaucoma
 - Increase IOP
 - Edema
- Iris
 - Mild to severe atrophy
 - Nodules may be present
 - Glassy membrane on iris
- Condition can be relentless and difficult to treat



119

CORNEAL DEGENERATIONS

120

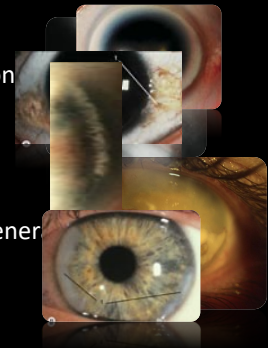
Corneal Degenerations

- Defined as a deterioration or change from a higher to a lower form, especially change of tissue to a lower or less functionally active
- Non-inherited
- Unilateral or bilateral
- Asymmetric
- Develop in later years
- Variable progression
- Systemic disease can be associated

121

Degenerations

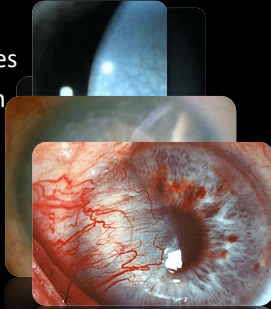
- Arcus
- Spheroidal degeneration
- Amyloid
- Limbal girdle of Vogt
- Band keratopathy
- Salzmann's nodular degeneration



122

Degenerations

- Coats white Ring
- Hassal-Henle bodies
- Crocodile shagreen
- Senile furrow
- Dellen
- Pingueculae
- Pterygium



123

ECTATIC DISORDERS

124

Keratoconus

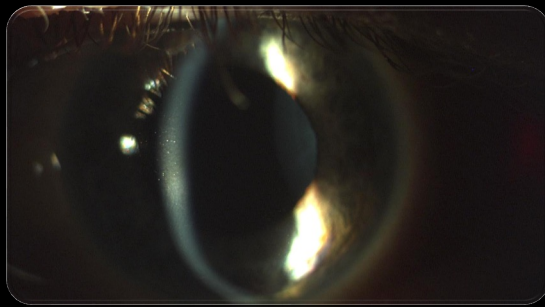


Photo Courtesy Tracy Swartz OD, FAAD

125

Keratoconus

- Ectatic corneal dystrophy
 - Environmental factors influence manifestation
- Bilateral with asymmetry
- Manifests in 20-30'ss
- Most likely a multigenic disease
 - Complex mode of inheritance
- Etiology
 - Increased enzyme activities /decreased levels of enzyme inhibitors= toxicity
 - Destruction of normal corneal matrix results in thinning and scarring

126

Keratoconus

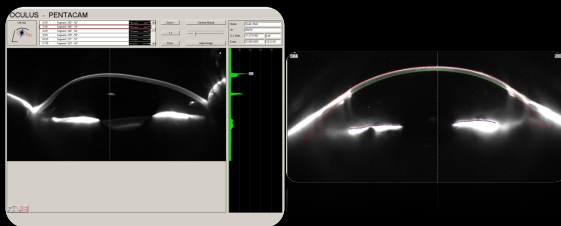
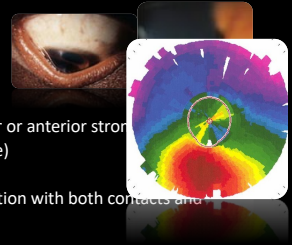


Photo Courtesy Tracy Swartz OD, FAAD

127

Keratoconus

- Diagnosis
 - Slit lamp findings
 - Munson's Sign
 - Central corneal thinning
 - Fleischer's ring
 - Scarring at Bowman's layer or anterior stroma
 - Vogt's striae (vertical striae)
 - Irregular astigmatism
 - Resulting in difficult refraction with both contacts and glasses
 - Topographically
 - Inferior steepening



128

Keratoconus

- Gestates for approximately 10-20 years and then stabilizes
- Severity is variable between patients
- Often asymmetric appearance
- Thinning can be extensive:
 - Resulting in rupture in Descemet's m
 - This results in aqueous infusion into str
 - Hydrops



129

KERATOCONUS DESCEMET'S BREAK

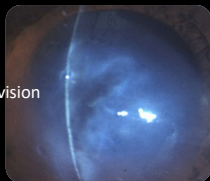


Photo Courtesy Tracy Swartz OD, FAAO

130

Keratoconus

- Hydrops
 - Symptoms
 - Sudden decrease in best corrected vision
 - Foreign body sensation
 - Pain
 - Signs
 - Conjunctival hyperemia/redness
 - Prominent central or inferior corneal edema
 - Clouding
 - Self-limited in 8-10 weeks as endothelial cells regenerate at ruptured Descemet's membrane



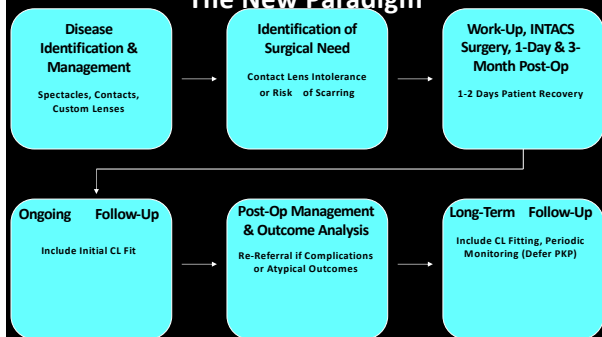
131

Keratoconus

- Treatment
 - Hydrops
 - Hyperosmotics
 - Antibiotics to avoid secondary infection
 - PKP
 - RGP's
 - Bi-Aspheric I-Kone Design Valley Contax
 - Hyrokone
 - SynergEyes High Dk Hybrid

132

Keratoconus Treatment Flow The New Paradigm



133

TREATMENT IS ON THE WAY

LINKING UP..

134

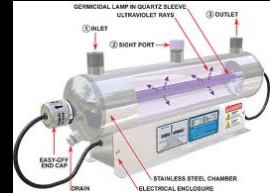
CXL Is Everywhere

We see
Collagen Cross Linking
EVERYWHERE
in our world but
NEVER
pay attention to it



135

Our Water Supply is UV Treated



136

Camelback Water Bottle



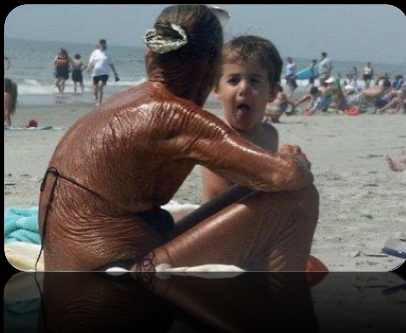
137

Tanning (cross-linking) leather has been
around for over 6000 years.



138

This woman is 6000 years old.
CXL Works!



139

Safe enough for a child



140

Ever Get A Manicure?



141

WHAT'S THE TECHNIQUE?

How do you do it?

142

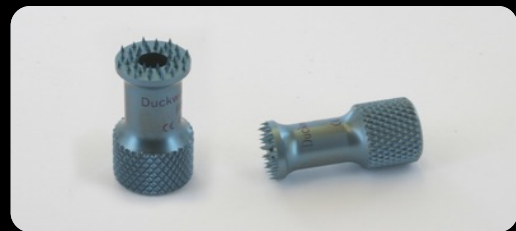
"Dresden" Technique

- Anesthetic drops
- Prepare cornea
- Riboflavin drops for 30 mins
- UV light for 30 mins
- Bandage contact lens
- Postop Course: Similar to PRK



143

Daya Epithelial Disrupter



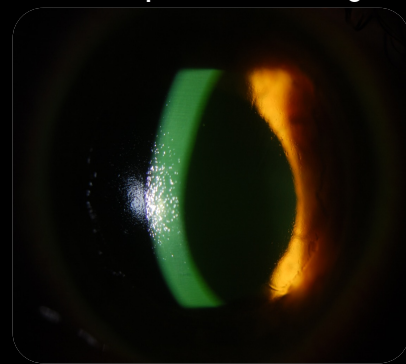
144

Riboflavin 0.1% Drops



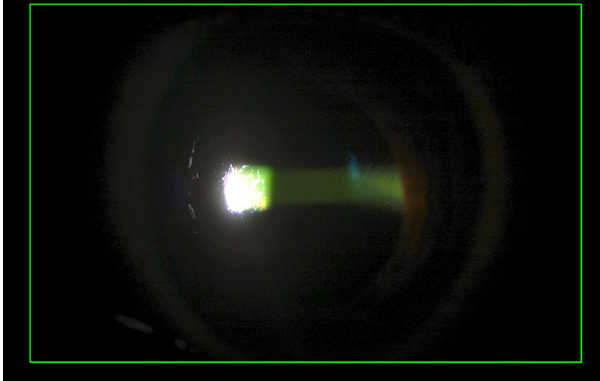
145

Epi Off Loading



146

Epi-Off Flare



147

UV-A Light 370 nanometer wavelength



148

Patient's View of UV Light



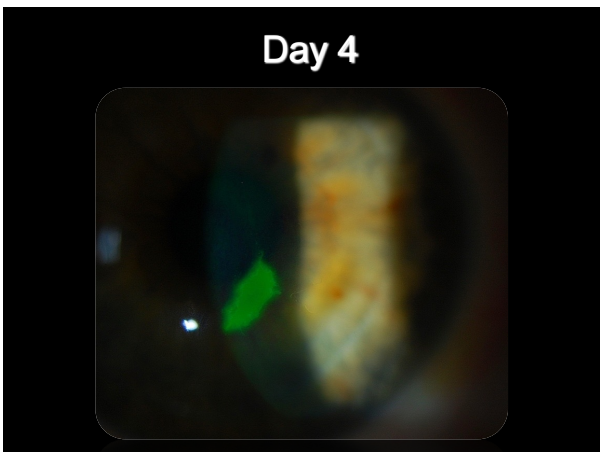
149

Day 2 Epi Off



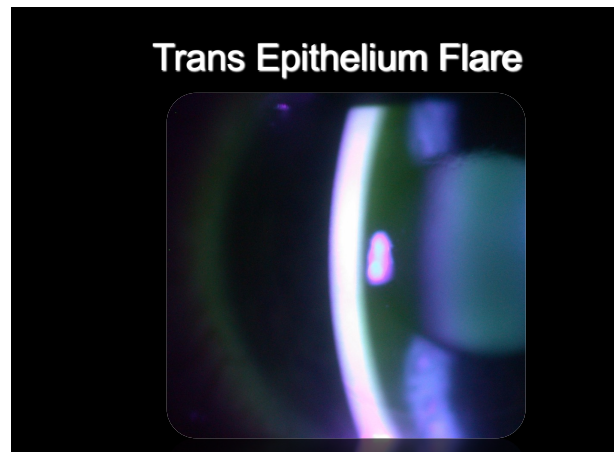
150

Day 4



151

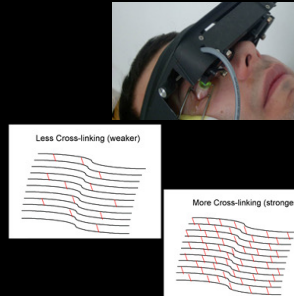
Trans Epithelium Flare



152

Corneal Collagen Cross-Linking with Riboflavin (CXL)

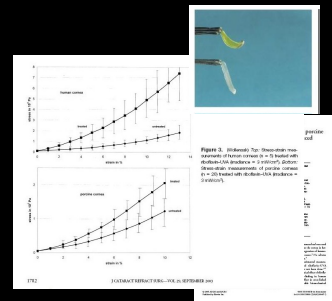
- Increase in cross links
- Strengthens Cornea
- Riboflavin eye drops are applied to the cornea
- The riboflavin is activated by a UV-light



153

Corneal Crosslinking Riboflavin & UVA

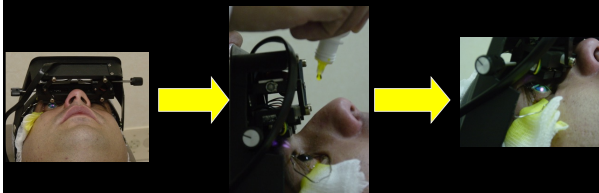
- Increase in corneal rigidity
 - 329% human corneas
- Young's modulus
 - Increased 4.5X in human corneas



Wollensack G, Spoerl E, Siller T. Stress-strain measurements of human and porcine corneas after riboflavin-ultraviolet-A-induced cross-linking. J Cataract Refract Surg 2003; 29:1760-1765

154

Corneal Crosslinking with Riboflavin: CXL



155

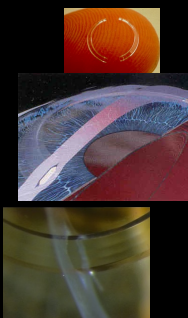
Corneal Crosslinking Clinical Applications

- Keratoconus/Iatrogenic keratectasia
- Corneal stabilization
 - Intacs
 - CK, LTK
 - RK, HK
 - Extended PRK/LASEK
 - CRT/Orthokeratology
- Corneal ulcers
- Myopia control

157

Corneal Crosslinking Clinical Applications Treatment: Corneal Ectasia/Iatrogenic KC

- Intracorneal ring segments
 - FDA approved for nearsightedness 1998
 - FDA approved under HDE 2004
- Provide structural support to thinned peripheral cornea
- Flattens cone
- Pulls cone toward center of cornea
 - Decreases irregular astigmatism



158

Epithelium off- Corneal collagen Crosslinking



159



Use of Photrexa® Viscous & Photrexa® for the treatment of progressive keratoconus or corneal ectasia
(On-label use of a legally marketed drug)

OFF-LABEL
Use of Photrexa Viscous & Photrexa for any indication other than keratoconus or corneal ectasia
(Off-label use of a legally marketed drug)

UNAPPROVED
Use of any other drug or device for cross-linking
(Except as part of an investigational new drug (IND) study)

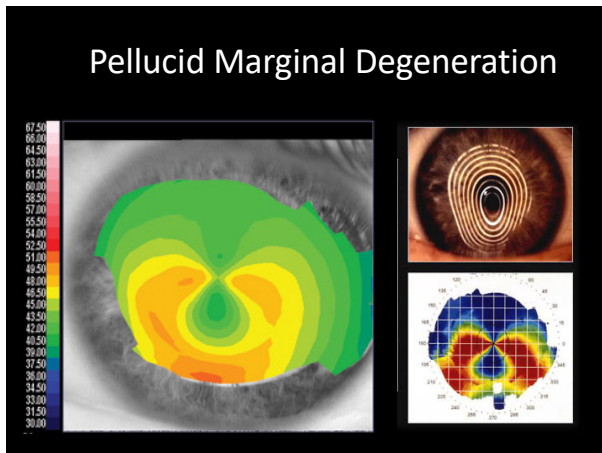
Use of CXL in the US

160

Pellucid Marginal Degeneration (PMD)

- Bilateral thinning of the inferior peripheral cornea
- Thinning occurs 1-2 mm above inferior limbus
 - Separated by an area of uninvolved cornea between limbus and thin zone
- Hydrops may present in the thinner area
- Commonly seen in 2nd to 3rd decade
- Non-hereditary
- M=F

161



162

PMD

- Subjective symptoms
 - Increase in against-the-rule astigmatism
 - Unexplained decrease in visual acuity
- Affected area is clear of lipids or vascularization
- Corneal topography has distinct inferior steepening
 - Crab claw
 - Kissing doves
 - Beard and mustache

163

PMD

- Treatment
 - Glasses
 - Traditionally may be sufficient with PMD
 - Matching astigmatism
 - Contact lens
 - Challenging fits with increase astigmatism (ATR)
 - Asymmetrical astigmatism
 - Surgical intervention
 - PK
 - Inferior lamellar patch graft

164

Terrien's Marginal Degeneration

- Rare bilateral asymmetric disease
- Unknown etiology
- Superior peripheral cornea thins/Ectatic



Photo Courtesy Tracy Swartz OD, FAAO

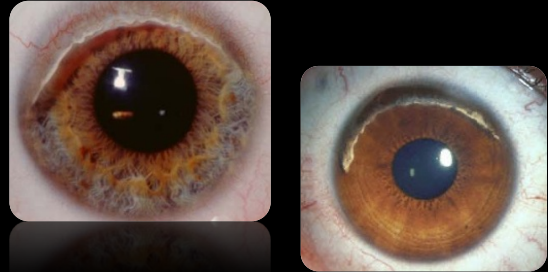
165

Terrien's Marginal Degeneration

- Occurs at any age or sex
 - Although more typical in middle aged males
- No signs of inflammation
 - No injection of conjunctiva
 - No A/C chamber reaction
- Increase in regular and irregular astigmatism
 - Asymptomatic
 - Change in vision may be a prompt

166

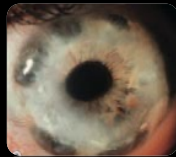
Terrien's Degeneration



167

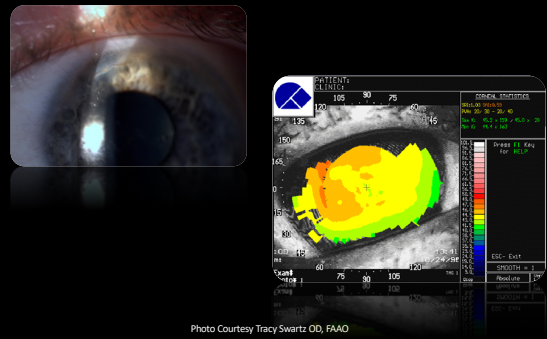
Terrien's Marginal Degeneration

- Circumferential yellow demarcation
 - Lipid and fine pannus
 - Often resembles a pterygium
- Perforation is rare, without trauma
- Hydrops may occur
- Topography
 - Corneal flattening at juncture of furrow
 - Steepening 90 degrees from flat area
 - Spherical and regular central area



168

Terrien's Marginal Degeneration



169

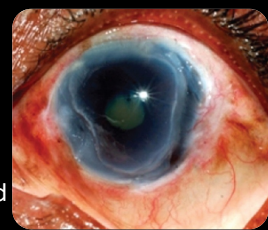
Terrien's Marginal Degeneration

- Management
 - Asymptomatic thus education and supportive
 - Lotemax qid
 - Early refractive treatments
 - Spectacles
 - Contact lenses
 - RGP
 - Piggyback lenses
 - Surgical intervention includes PK

170

Mooren's Ulcer

- Painful relentless chronic ulcerative keratitis
- Initially starts peripherally and progresses circumferentially and centrally
- Idiopathic



171

Mooren's Ulcer

- Divided into 3 distinct variations
 - Unilateral Mooren's
 - Progressive ulceration in elderly
 - Bilateral Aggressive Mooren's
 - Younger patients
 - Circumferentially progresses towards central ulceration
 - Bilateral indolent Mooren's
 - Middle aged patients
 - Progressive peripheral guttering
 - Bilaterally
 - Little inflammation

172

Mooren's Ulcer

- Pathophysiological mechanism unknown
 - Possibly autoimmune
- Presents
 - Redness
 - Tearing
 - Photophobia
 - PAIN
 - Often worse than inflammation indicates
 - Visual disruption-irregular astigmatism
 - Iritis

173

Mooren's Ulcer

- Treatment
 - Steroids
 - Pred Forte q1h
 - Cycloplegia
 - Topical antibiotic
 - 4th generation fluoroquinolone
 - Oral steroids
 - Conjunctival resection
 - Immunosuppressive therapy

174

Let's Put It All Together

"POP QUIZ"

175

Case 1

- 68 y.o. male
- Presents to office for general eye exam
 - Painless
 - Asymptomatic
- Last eye exam was NEVER
- "I hate Dr's you are all crazy-I am here because I need my drivers license"



176

Case 1

- Ocular Marshmallowitis
- Arcus Senilis
- Limbal girdle of Voigt
- Terrien's Marginal Degeneration



177

Case 2

- 53 y.o. nursery school teacher
- "I noticed a white spot in my eye "
 - The kids have been sneezing a lot
 - We play with glue a lot
- + NIDDM; HTN;
- UCVA 20/25 -OU

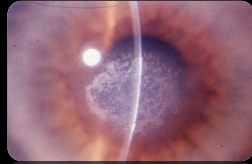


Photo Courtesy Tracy Swartz OD, FAAD

178

Case 2

- Reiss-Buckler's
- Keratoconjunctivitis Sicca
- Schnyder's Corneal Dystrophy
- Avellino Degeneration
- Snot
 - Hardened and gelled over time!

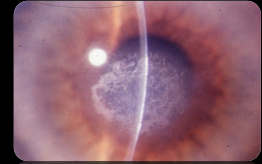
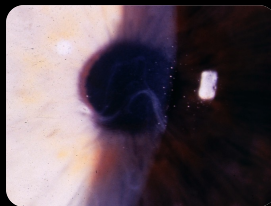


Photo Courtesy Tracy Swartz OD, FAAD

179

Case 3

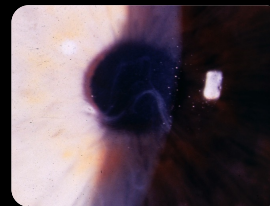


- 63 y.o. Wal-Mart greeter
- "I want LASIK surgery"
- UCVA
 - OD-20/30
 - PL -1.25 X 053
 - OS-20/25
 - .25 -1.00 X 068
- No corneal staining
- Hx of pain eye from time to time in AM

Photo Courtesy Tracy Swartz OD, FAAD

180

Case 3



- Keratoconus
- EBMD
- Pluritis
- Who cares! Can't we just be done with this lecture already-seriously enough of these ridiculous questions. "Bored with this!"

Photo Courtesy Tracy Swartz OD, FAAD

181

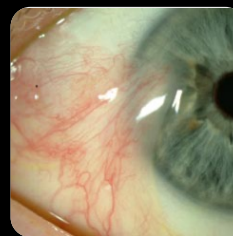
Case 4



- 37 y.o. professional roller-blader
- "My eye is irritated, red and I don't see as well as I used to"
- My girlfriend is a pre-school teacher
- I use Visine!

182

Case 4



- Crocodile Shagreen
- Pterygium
- Macular Dystrophy
- Phlegm
 - More snot!

183

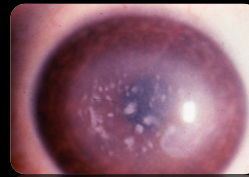
Case 5



- 29 y.o. male
 - Roadie/stylist/agent for an ABBA cover band
 - In town for the county fair
 - Noticed some blurred vision when applying hair spray in the male leads hair
 - “I just wanted to recreate the awesomeness that was and is ABBA”
 - “My eye hurts”

184

Case 5

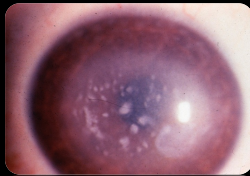


- BCVA
 - OD 20/60
 - OS 20/50
- Pachymetry
 - OD 445μ
 - OS 438μ
- Mild staining noted on the cornea
- Deep scarring more centrally located
- Strong aerosol smell

Photo Courtesy Tracy Swartz OD, FAAD

185

Case 5



- Arcus Inversus
- Lattice Degeneration
- Hair Net Dystrophy
- Macular Dystrophy
- Punishment for bringing ABBA back!

Photo Courtesy Tracy Swartz OD, FAAD

186

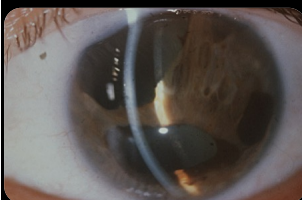
Case 6



- 58 y.o. feline exerciser
- “I have not had an exam in a few years”
- Hx of taking drop with “yellow” top
- Wants a new Rx
 - VA CC 20/400
 - IOP 33 mm Hg

187

Case 6



- PPMD
- WB
- SUV
- CHED
- LOST
- OAT
- GDx
- ICE
 - Too cold, Too cold

188

Thank you

189