

# Clinical Conundrums — Tales From The Exam Room

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# Disclosures for Dr Schmid

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- Dr Schmid is a consultant or advisor for the following

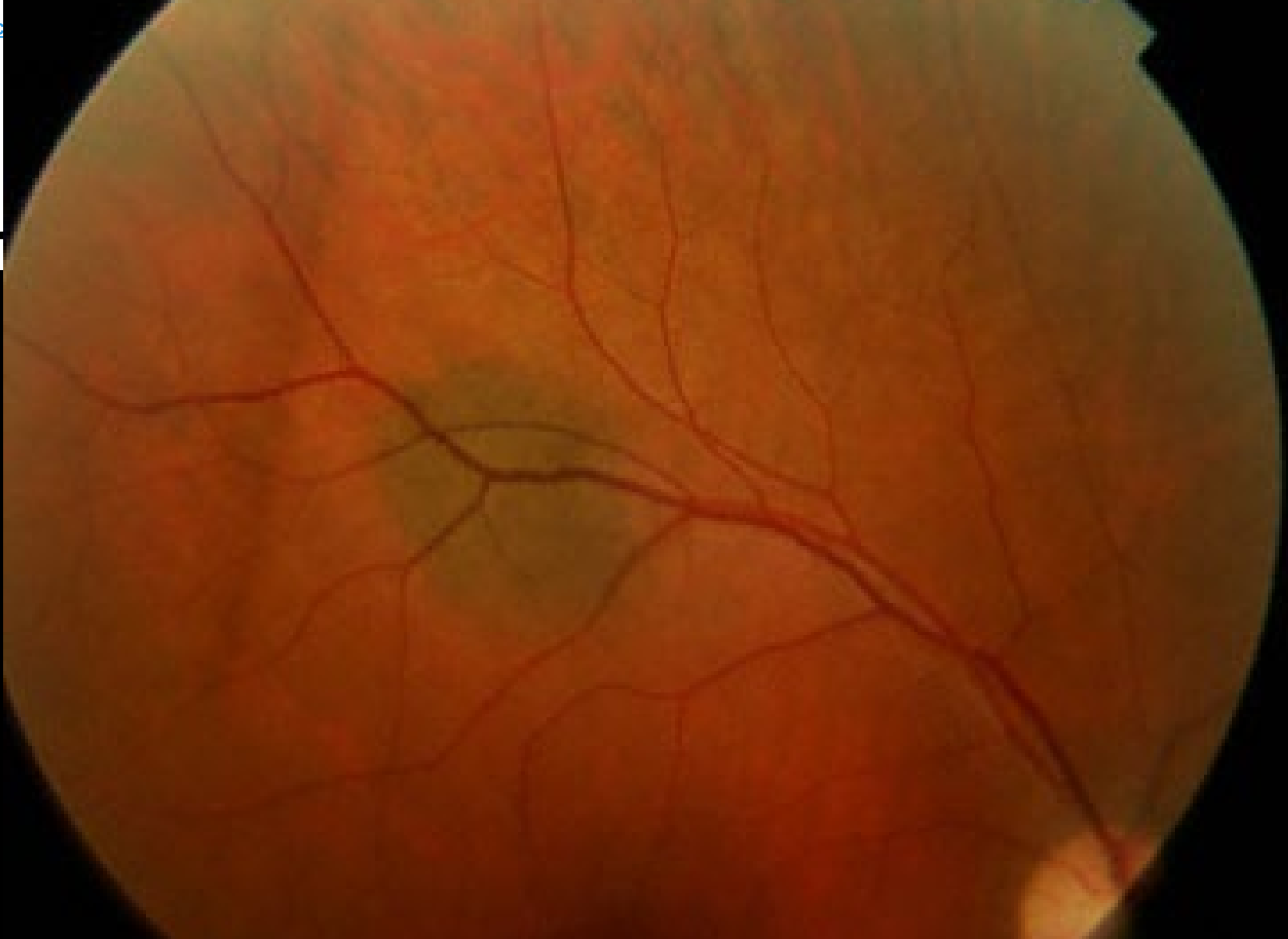
- Eisai
- Allergan
- B&L
- Gal Ziss
- Tocris
- Astra
- Glaxo
- Sanofi Pharmaceuticals

- Teva Pharmaceuticals
- Sclero Science
- Acton
- Apellis
- Sychexis
- Vnus
- Harrow Pharmaceuticals
- Qunetra

- All potential conflicts of interest have been mitigated

Case 1-Choroidal Nevus?? Or not?????

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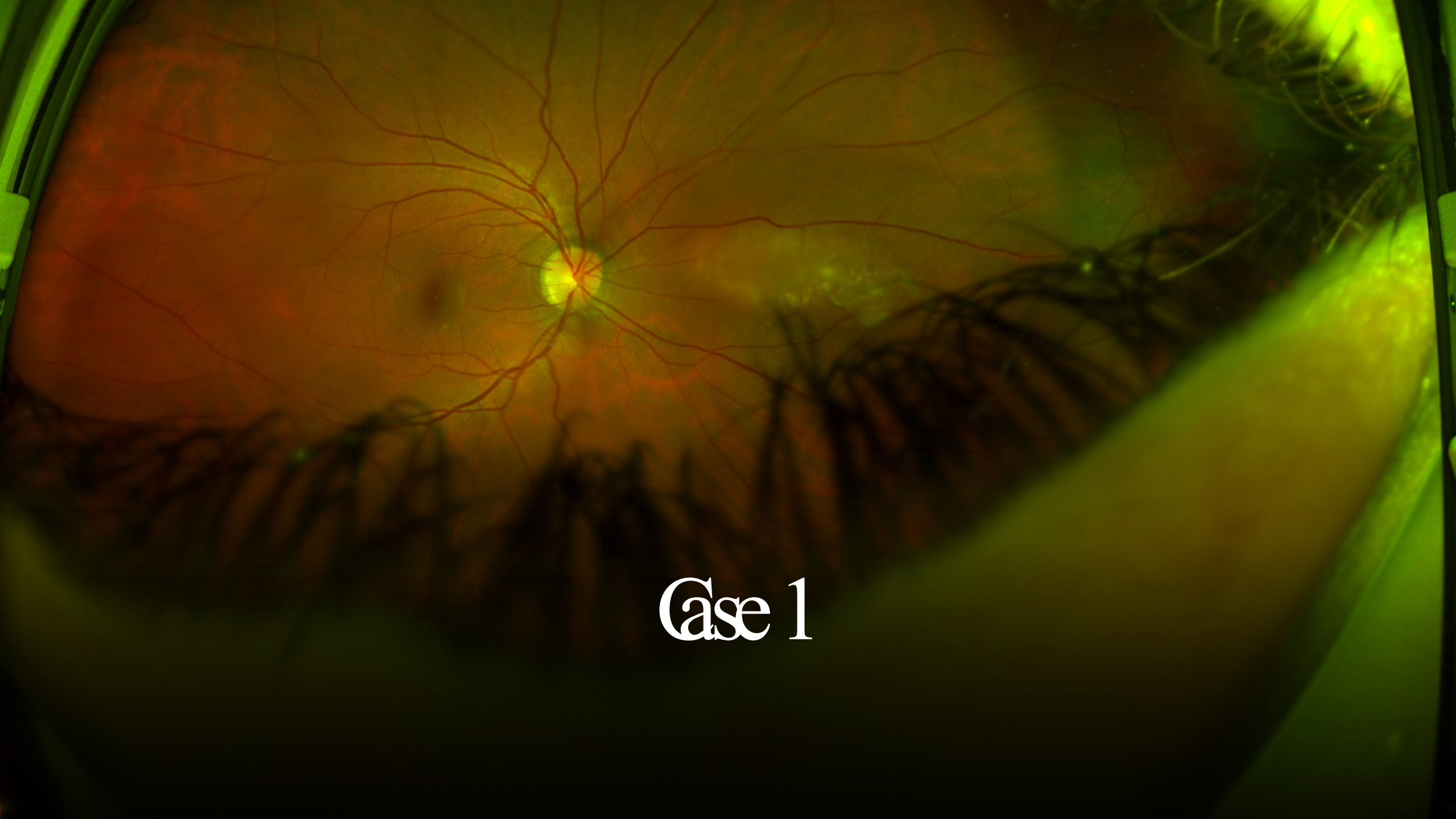




# Choroidal Nevus??

Fig. 2





Case 1

# Choroidal Nevus vs Choroidal Melanoma

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- Nevus

- Well delineated margins (78%)
- No growth
- Flat
- Signs of chronicity (chusen and RPE changes)
- OCT findings—no extension into other tissues, significant choroidal shadowing
- No symptoms

- Melanoma

- Imprecise margins (72%)
- Signs of growth (sometimes rapidly)
- Elevation
- Signs of activity (SR, orange pigmentation)
- OCT findings—less choroidal shadowing SR
- Visual symptoms

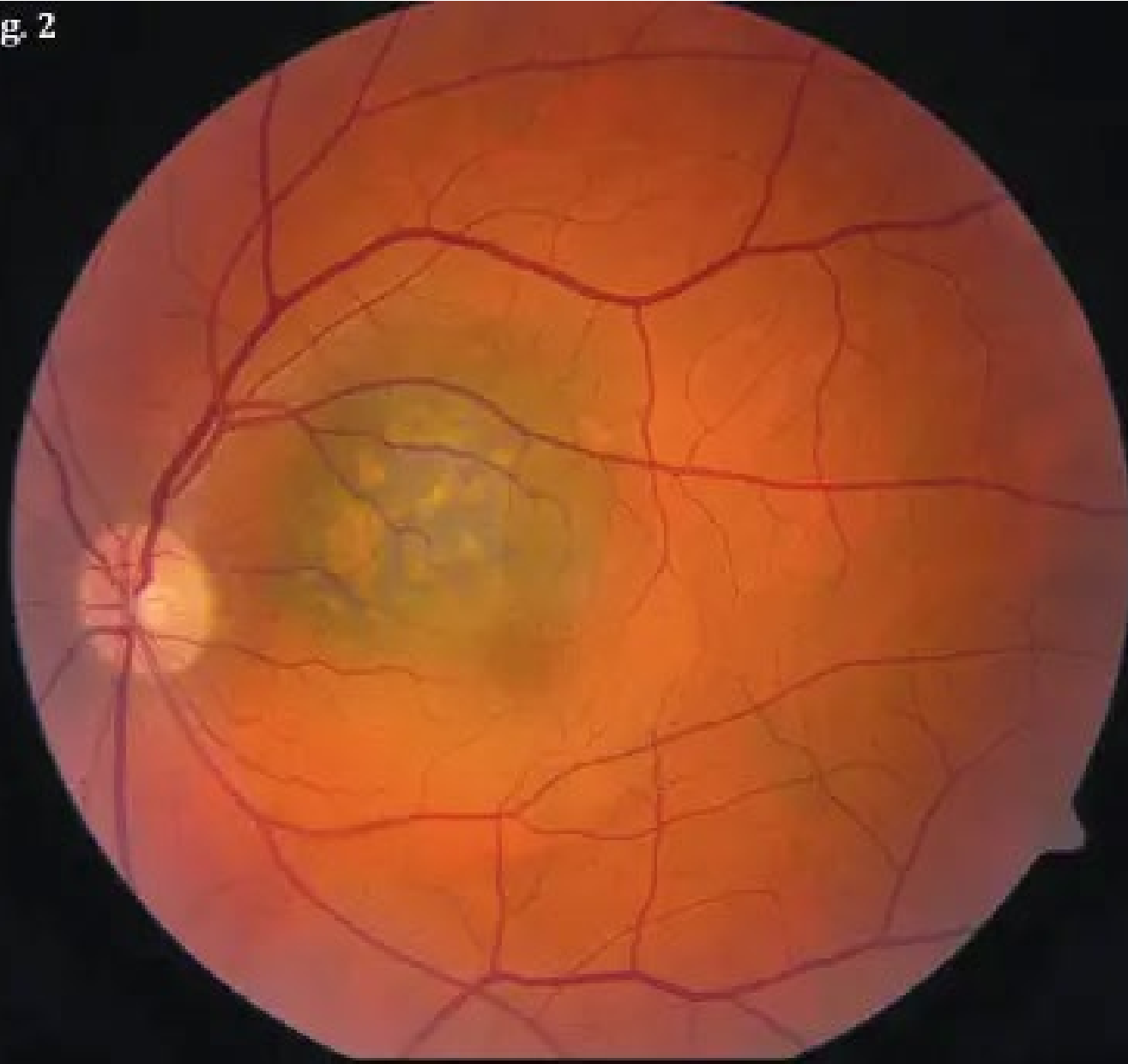
# OA Differences

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- ~~CG~~ Garcia-Aun Fernandez et al – BMC 30:46/19
  - Key differential is thickness of tumor
  - ~~Ne~~ tend to be thinner
  - ~~M~~ tend to be thicker (2-3mm or greater)
- ~~As~~ ~~Ne~~ are hyperechoic, very few vascular areas (17%)
- ~~M~~ are hyperechoic with multiple vascular areas (78%)

# So how do we handle this in our practices??

Fig. 2



# Don't forget about proper billing and coding

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- 92- vs 99-??
- New vs established
- Stable vs changing
- Ancillary testing



# Case 2

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RG OptomapPlus  
Apr 15, 2025 2:40 PM  
Image: 1  
4000  
4000

Laterality: R  
Red: 50%  
Green: 50%



# Case Presentation

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- 75yo Female
- C/C: Felt like something was in her right eye x 1 week
  - Described a grey area in lower part of vision OD that was constantly there
  - Also noticed flashing lights OD
- Meds: Ambien, Vit D
- Any pertinent negatives??



# Clinical Exam

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- VA 20/40 OD, 20/30 OS
- Refractive no?
- Pupils ???
- SE - No A reaction, No R, MF, IO, LO normal exam
- DE - normal CS
- Anything else ??

# Differential diagnosis

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- ION
  - ~~NON~~ vs AON
    - How do we know?
    - Can we make that determination?
    - Why is that important?
    - Should we tell her please!!!!

~~BRACRACRAC?~~

What was the key to your correct diagnosis?

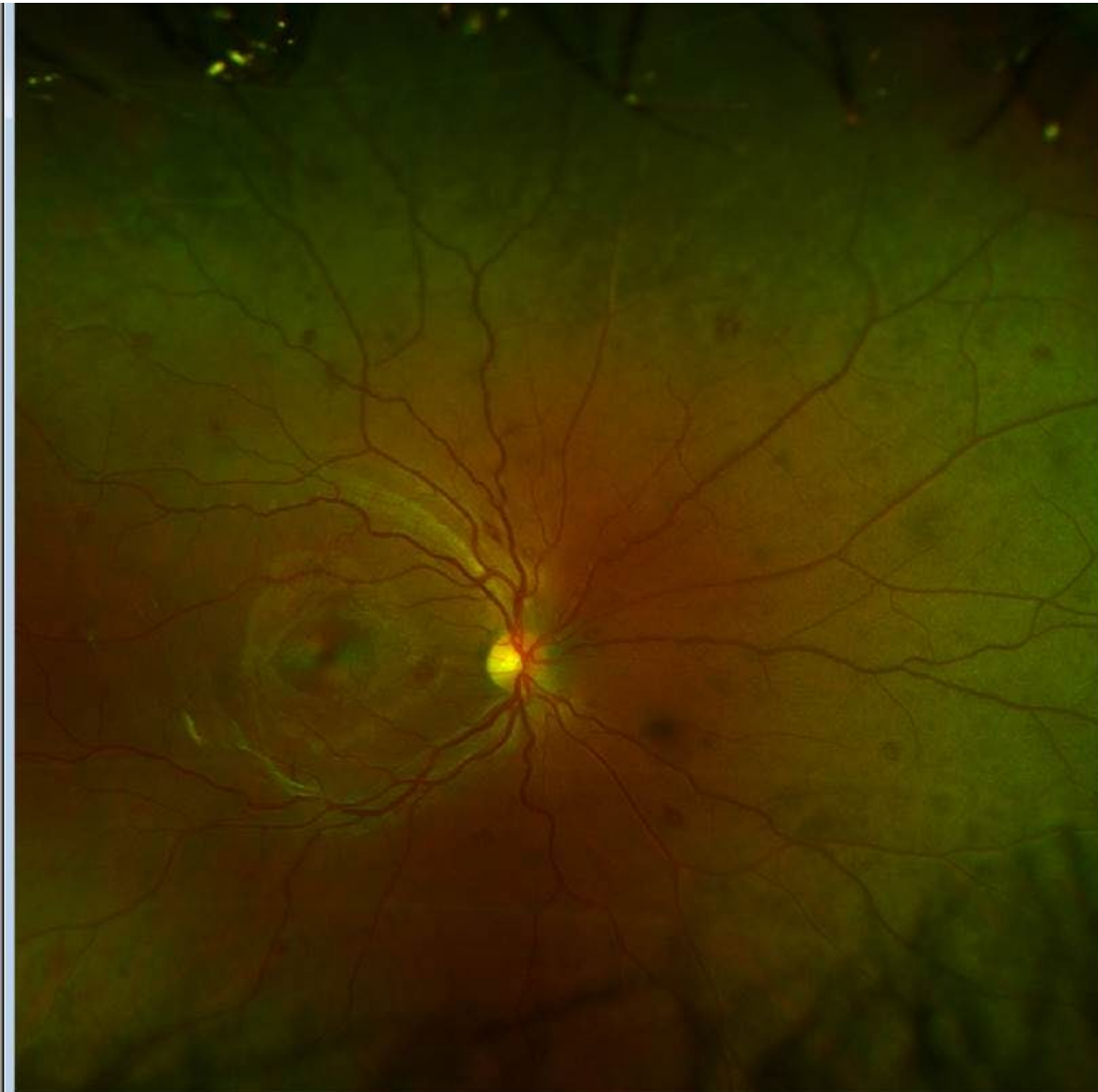


# How do you know? What should I do??

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- Additional testing
- Refer or Treat??
- If ESR was elevated, does that change the referral?

# Case 3



Contrast x1.00  
Brightness +0  
Gamma 1.00

Optimize

Restore

Green Balance

Contrast x1.00

Brightness +0

Captured By:  
Stephanie Gregorio

Automated View



# The Exam

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- 24 y/o male
- Scheduled for 'routine exam'
- No significant complaints, just a little blurrier than usual
- Remainder of exam was normal
- Verdictable to 20/20 OU
- Sooooo ...

# Any other testing that day?

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- If so, what and why?
- How do we best manage (treat) this patient?
- Is this an emergency? Or an urgency?

# What actually took place

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- Patient was referred to his PCP (not urgent care or ER)
- Bloodwork ordered - Concern for Leukemia arose
- Pt was hospitalized and is now being treated for Leukemia
- Both patient and retina are getting better



# Case 4 The case of the suspicious disk

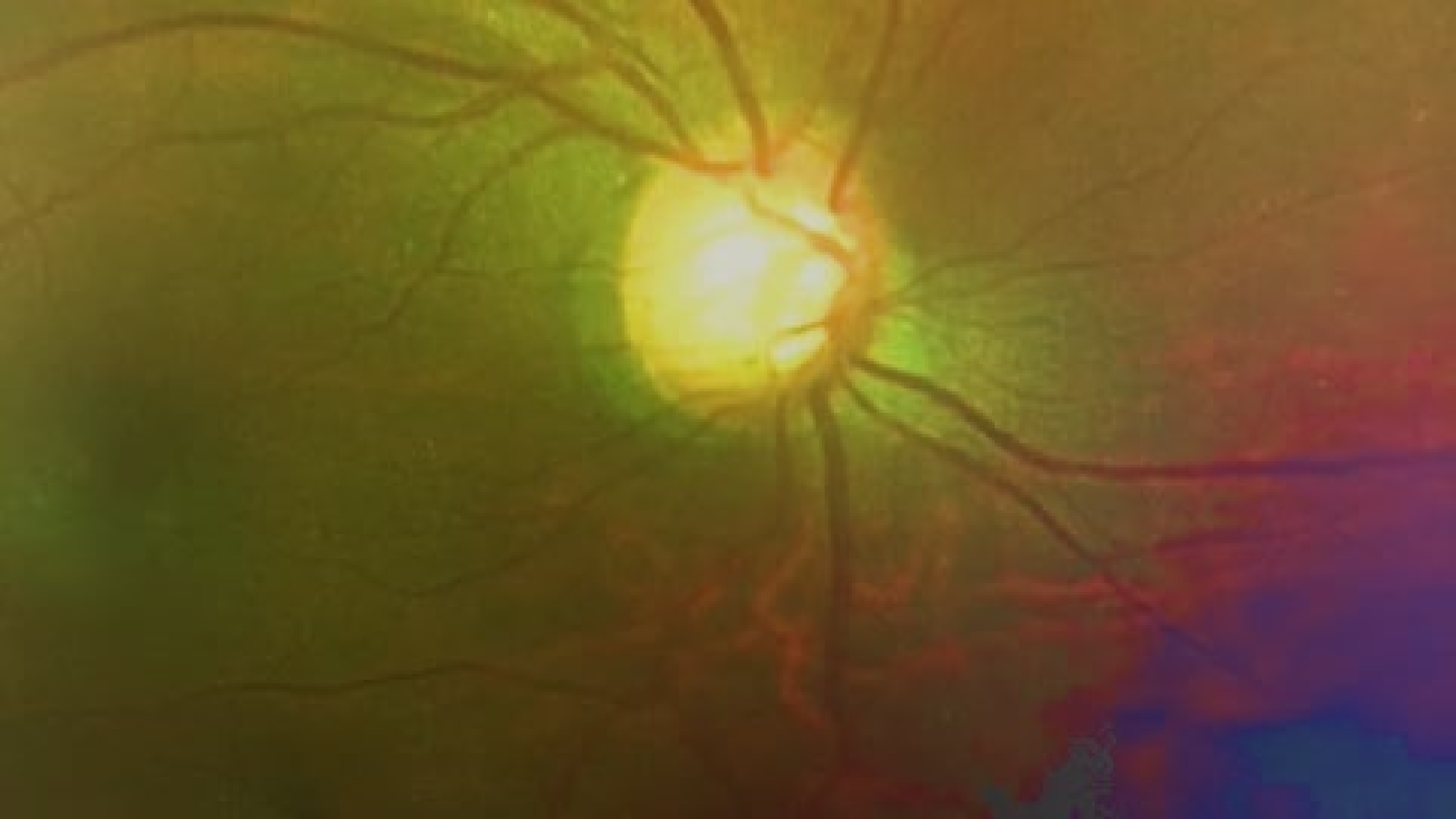
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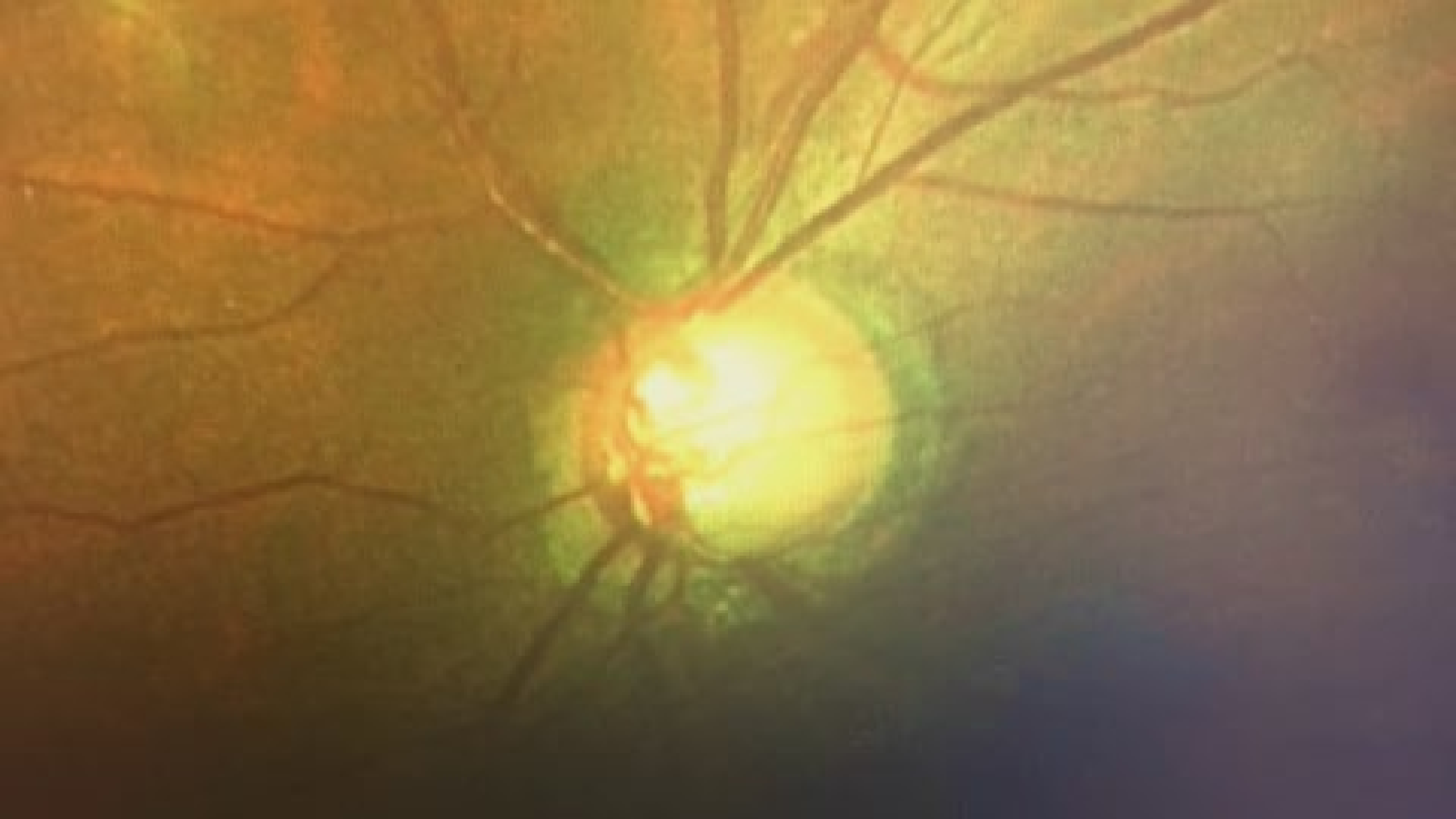
- 46yo WF
- No complaints
- Post Lasikx 12 yrs- stable RE
- Was reading glasses only

# Examspecifics

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- VA—20/20 OCS w/out RX
- Sit lamp exam—Vell apposed LASIK flaps OU
- Grio—Gr4 360 degrees OU
- IOP—14mmHg O, 18mmHg S
- Pachymetry— 456 O, 442 S
- Normal Fundus Exam—Except for...



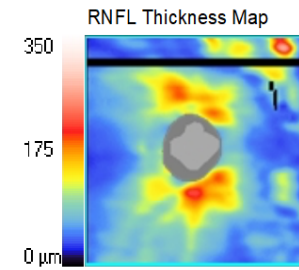


# What are the biggest ‘pertinents’ in this case?

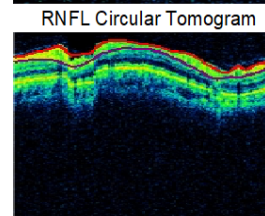
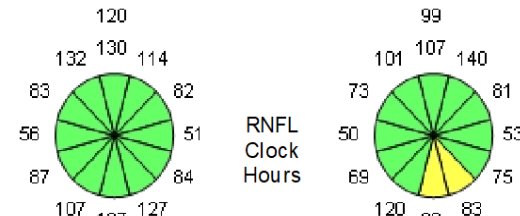
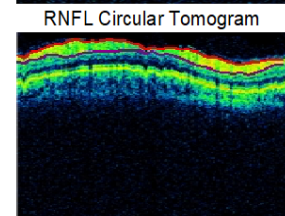
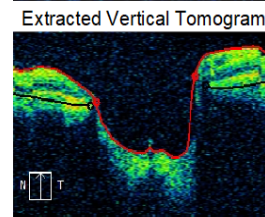
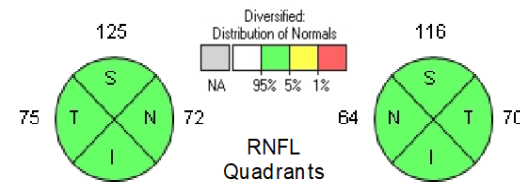
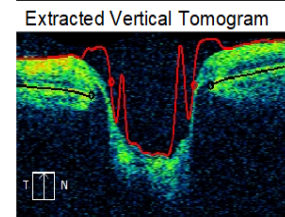
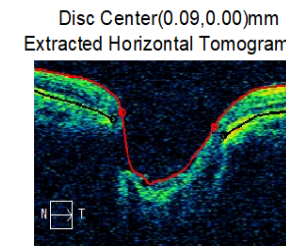
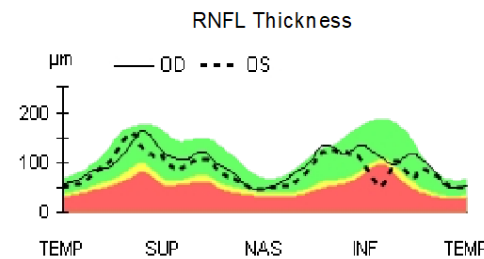
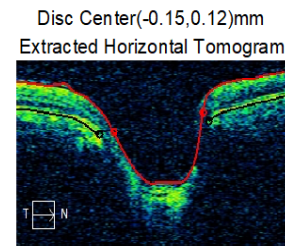
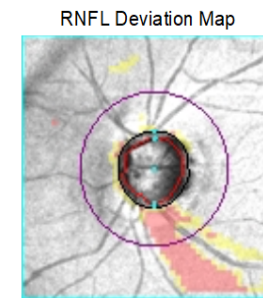
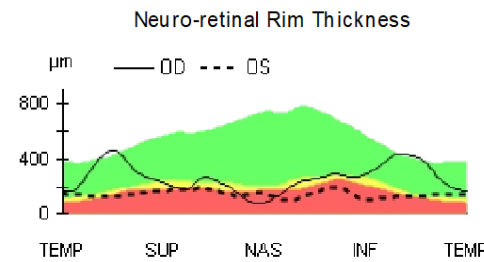
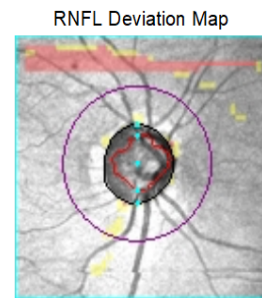
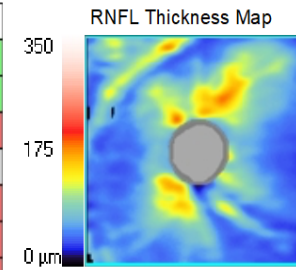
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- Optic Nerves?
- OCP?
- Pachymetry?

ONH and RNFL OU Analysis: Optic Disc Cube 200x200      OD ●      ● OS



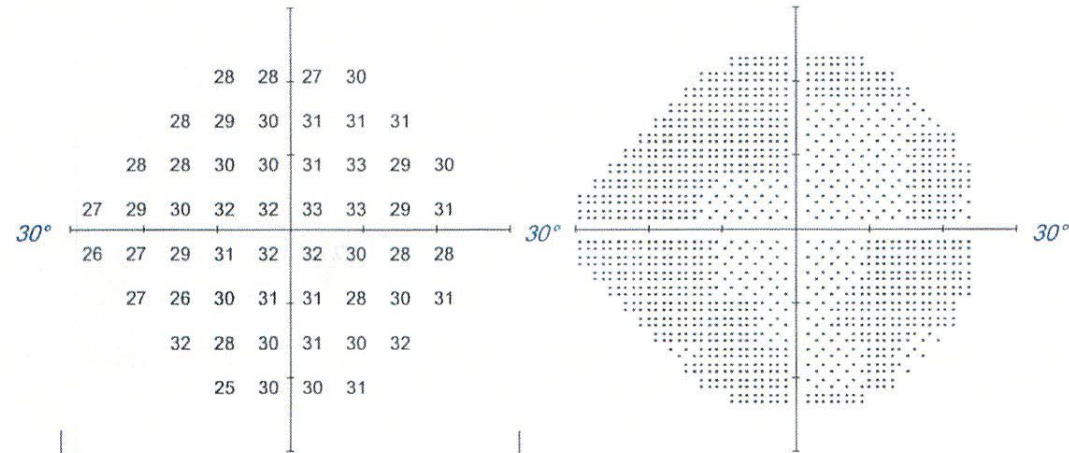
	OD	OS
Average RNFL Thickness	98 $\mu\text{m}$	87 $\mu\text{m}$
RNFL Symmetry	85%	
Rim Area	1.18 $\text{mm}^2$	0.72 $\text{mm}^2$
Disc Area	2.22 $\text{mm}^2$	2.26 $\text{mm}^2$
Average C/D Ratio	0.70	0.83
Vertical C/D Ratio	0.73	0.86
Cup Volume	0.606 $\text{mm}^3$	0.956 $\text{mm}^3$



Fixation Monitor: Gaze Monitor  
 Fixation Target: Central  
 Fixation Losses: 0/0  
 False POS Errors: 0%  
 False NEG Errors: 0%  
 Test Duration: 02:07  
 Fovea: Off

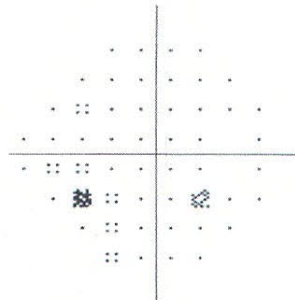
Stimulus: III, White  
 Background: 31.5 asb  
 Strategy: SITA Faster  
 Pupil Diameter: 5.3 mm \*  
 Visual Acuity: Rx: +1.75 DS

Date: Dec 12, 2022  
 Time: 4:27 PM  
 Age: 52



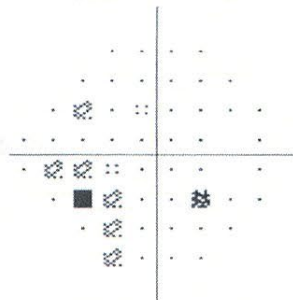
0	0	0	3
-2	-1	0	1 2 2
-2	-3	-2	-2
-1	-2	-2	-1
-2	-3	-3	-2
-2	-6	-3	-1
2	-3	-1	-1
-4	0	0	0

Total Deviation



-1	-1	-1	2
-3	-2	-2	0 0 0
-3	-5	-3	-4
-3	-3	-3	-2
-3	-4	-4	-3
-4	-7	-4	-3
1	-5	-3	-2
-5	-1	-1	-1

Pattern Deviation

GHT: **Borderline**

VFI: 98%  
 MD24-2: -1.10 dB  
 PSD24-2: 1.79 dB P < 10%

:: P < 5%  
 :: P < 2%  
 :: P < 1%  
 ■ P < 0.5%

Fixation Monitor: Gaze Monitor  
 Fixation Target: Central  
 Fixation Losses: 0/0  
 False POS Errors: 0%  
 False NEG Errors: 0%  
 Test Duration: 02:03  
 Fovea: Off

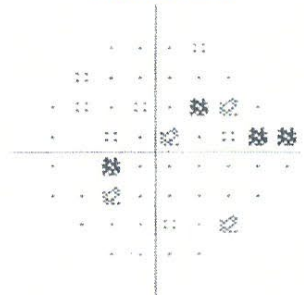
Stimulus: Ill, White  
 Background: 31.5 asb  
 Strategy: SITA Faster  
 Pupil Diameter: 4.8 mm \*  
 Visual Acuity:  
 Rx: +1.75 DS

Date: Dec 12, 2022  
 Time: 4:24 PM  
 Age: 52



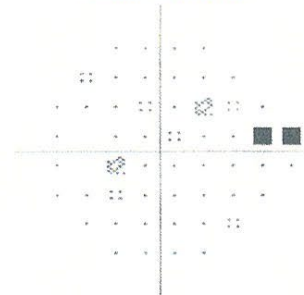
1	-3	1	-4
-5	-2	-2	-1
2	-4	-2	-4
0	-3	-2	-4
0	-5	-2	-1
-1	-1	-4	-2
-2	-2	-1	-3
-1	0	0	1

Total Deviation



1	-2	1	-4
-5	-1	-1	-1
3	-4	-2	-3
0	-3	-2	-4
0	-5	-2	-1
0	-1	-4	-2
-1	-1	-1	-3
-1	0	0	1

Pattern Deviation



GHT: Outside Normal Limits

VFI: 97%

MD24-2: 2.26 dB P < 5%

PSD24-2: 2.20 dB P < 5%

:: P < 5%  
 ■ P < 2%  
 ■ P < 1%  
 ■ P < 0.5%





# So What Now Do Geniuses??

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- Any Questions?
  - Obviously more testing is needed
  - But WTF??
- 
- How do you know if this is glaucoma?
  - How do you know it is NOT glaucoma?
  - Could it just be myopic degeneration?

# So Given The Evidence Before You What Do You Do?

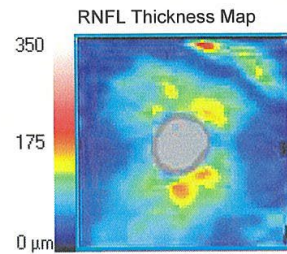
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- Observe
- Additional Testing
- Test
- If so, with what?
- This is a difficult case, am I right?

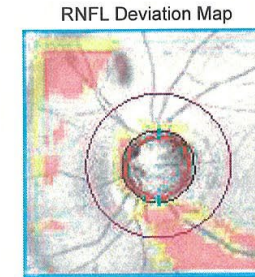
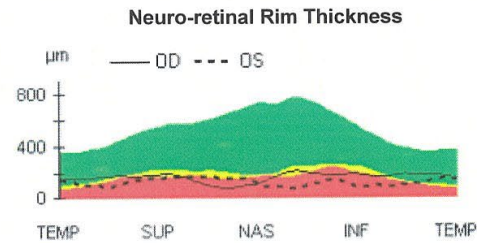
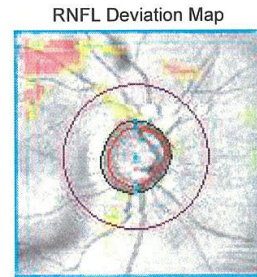
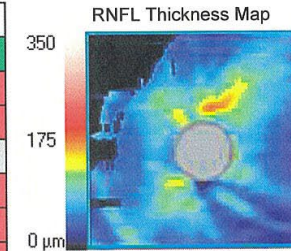
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 DOB: 08/11/1970      Exam Time: 3:38 PM      3:34 PM  
 Gender: Female      Serial Number: 4000-7182      4000-7182  
 Technician: Operator, Cirrus      Signal Strength: 6/10      7/10

## ONH and RNFL OU Analysis: Optic Disc Cube 200x200

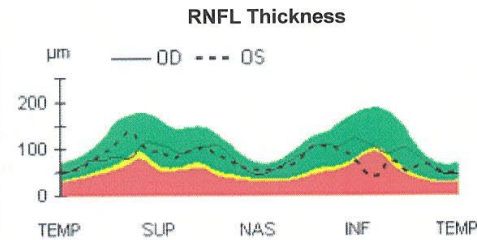
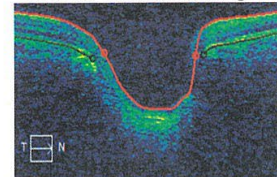
OD ● ● OS



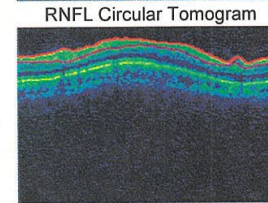
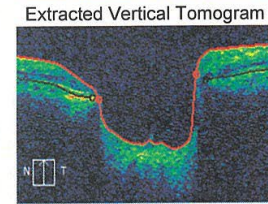
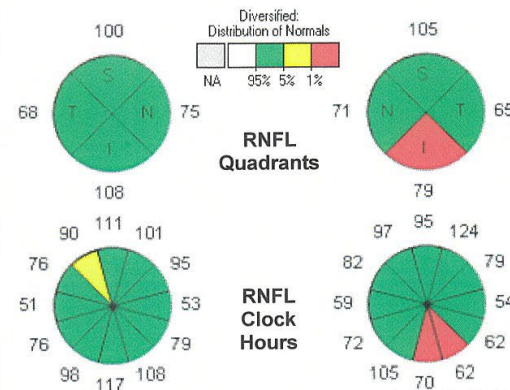
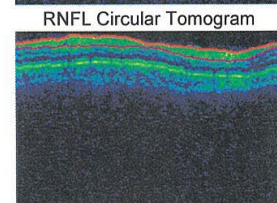
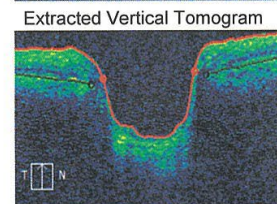
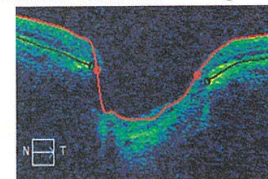
	OD	OS
Average RNFL Thickness	88 μm	80 μm
RNFL Symmetry	51%	
Rim Area	0.79 mm <sup>2</sup>	0.65 mm <sup>2</sup>
Disc Area	2.24 mm <sup>2</sup>	2.37 mm <sup>2</sup>
Average C/D Ratio	0.81	0.66
Vertical C/D Ratio	0.78	0.66
Cup Volume	0.878 mm <sup>3</sup>	1.093 mm <sup>3</sup>



Disc Center(-0.12,-0.03)mm  
 Extracted Horizontal Tomogram



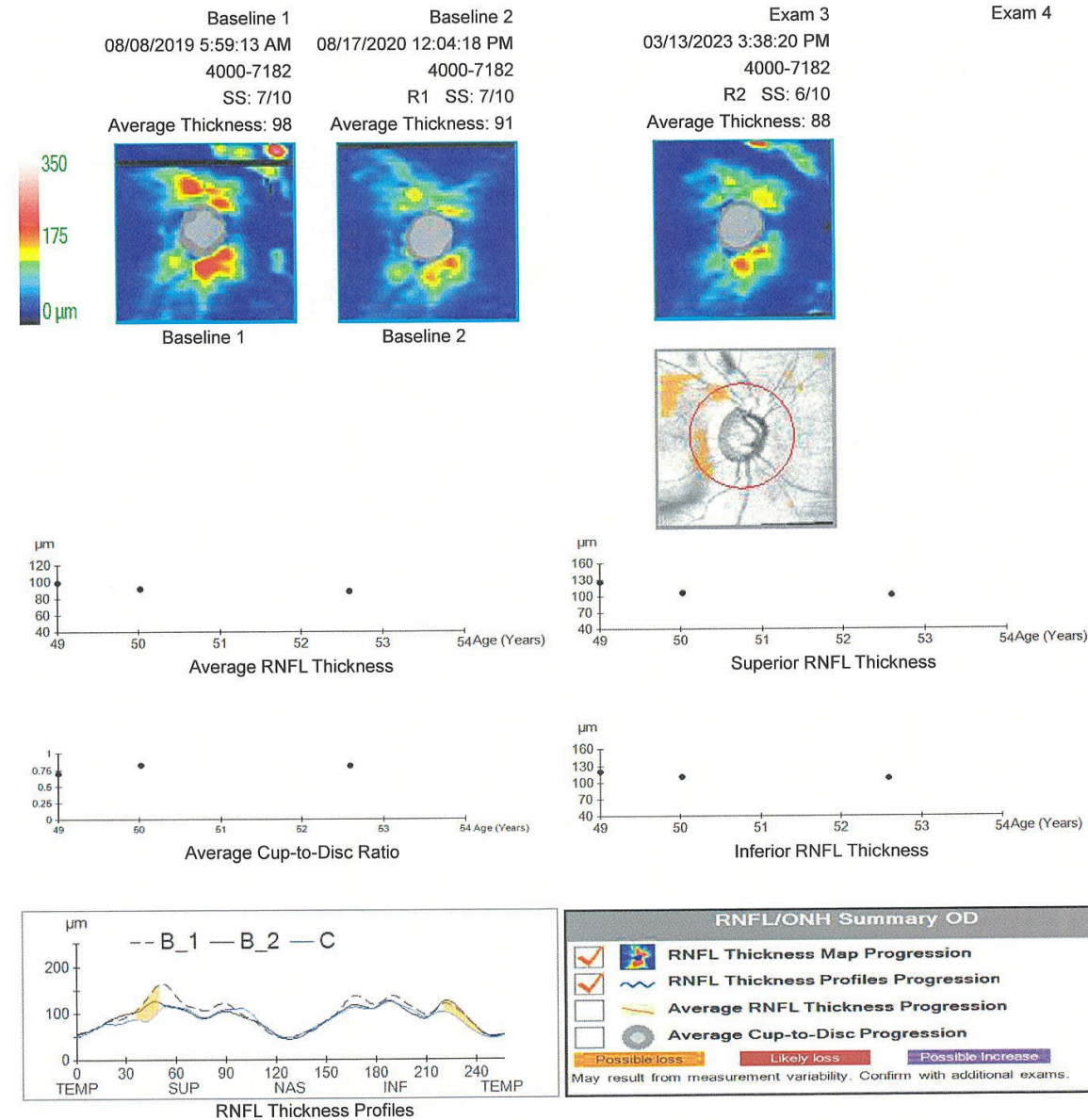
Disc Center(0.21,-0.27)mm  
 Extracted Horizontal Tomogram



ID: CZMI247065527 Exam Date: 08/08/2019 03/13/2023 CZM  
DOB: 08/11/1970 Exam Time: 5:59 AM 3:38 PM  
Gender: Female Serial Number: 4000-7182 4000-7182  
Technician: Operator, Cirrus Signal Strength: 7/10 6/10

## Guided Progression Analysis: (GPA™)

OD ☒ OS ☐





Name: Kern, Maryn

ID: CZMI247065527

DOB: 08/11/1970

Gender: Female

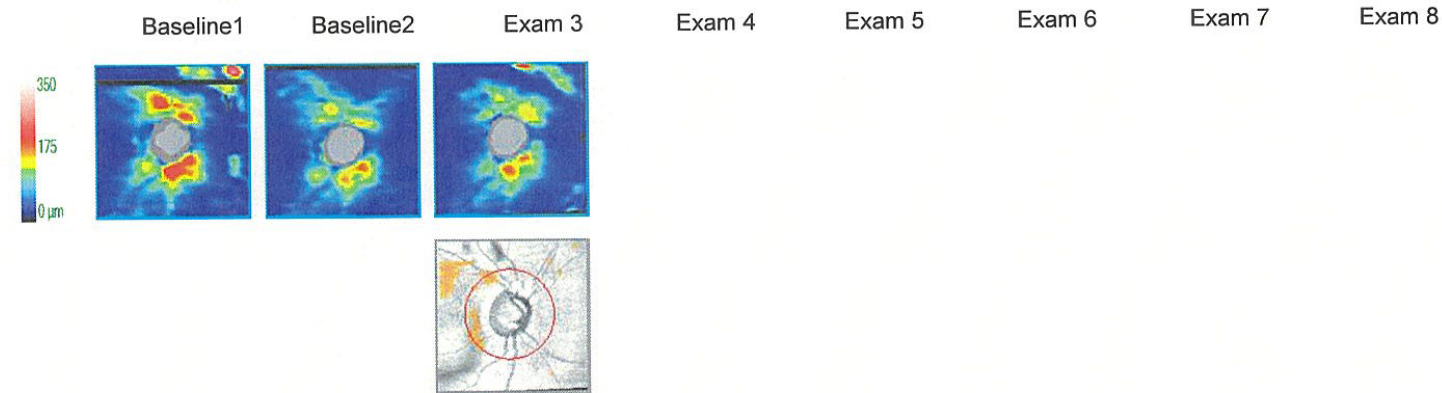
Technician: Operator, Cirrus

Exam Date: 08/08/2019 03/13/2023 CZM

Exam Time: 5:59 AM 3:38 PM

Serial Number: 4000-7182 4000-7182

Signal Strength: 7/10 6/10

**Guided Progression Analysis: (GPA™)****OD** ☒ **OS** ☐

RNFL and ONH Summary Parameters

		Exam Date/Time	Serial Number	Registration Method	SS	Avg RNFL Thickness (µm)	Inf Quadrant RNFL (µm)	Sup Quadrant RNFL (µm)	Rim Area (mm²)	Average Cup-to-Disc Ratio	Vertical Cup-to-Disc Ratio	Cup Volume (mm³)
Baseline1:	1	08/08/2019 5:59:13 AM	4000-7182		7/10	98	120	125	1.18	0.70	0.73	0.606
Baseline2:	2	08/17/2020 12:04:18 PM	4000-7182	R1	7/10	91	111	107	0.72	0.83	0.80	0.931
Current:	3	03/13/2023 3:38:20 PM	4000-7182	R2	6/10	88	108	101	0.79	0.81	0.78	0.878

## Registration Methods

R2 - Registration based on translation and rotation of OCT fundus

R1 - Registration based only on translation of disc center

ID: CZMI247065527

DOB: 08/11/1970

Gender: Female

Technician: Operator, Cirrus

Exam Date: 08/08/2019

Exam Time: 6:27 AM

Serial Number: 4000-7182

Signal Strength: 7/10

03/13/2023

3:34 PM

4000-7182

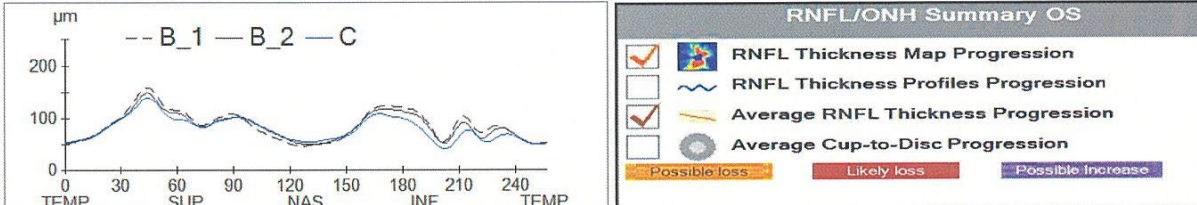
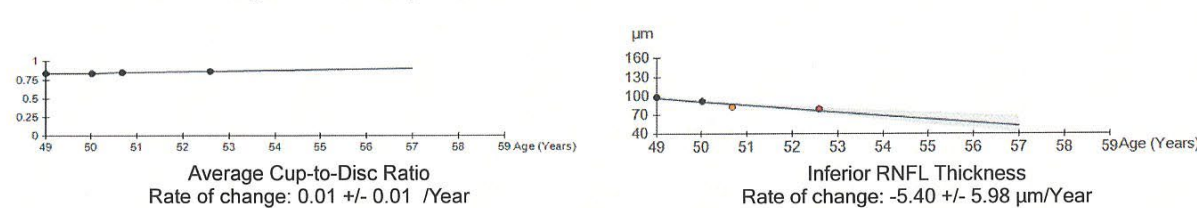
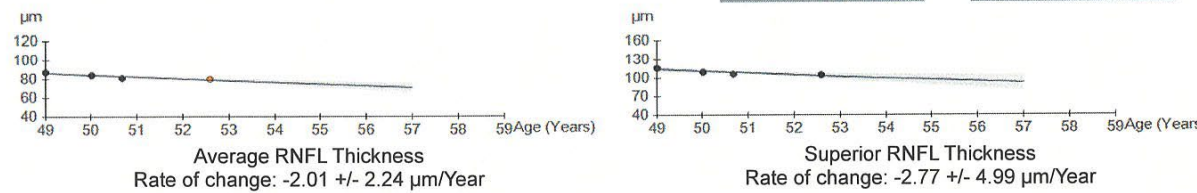
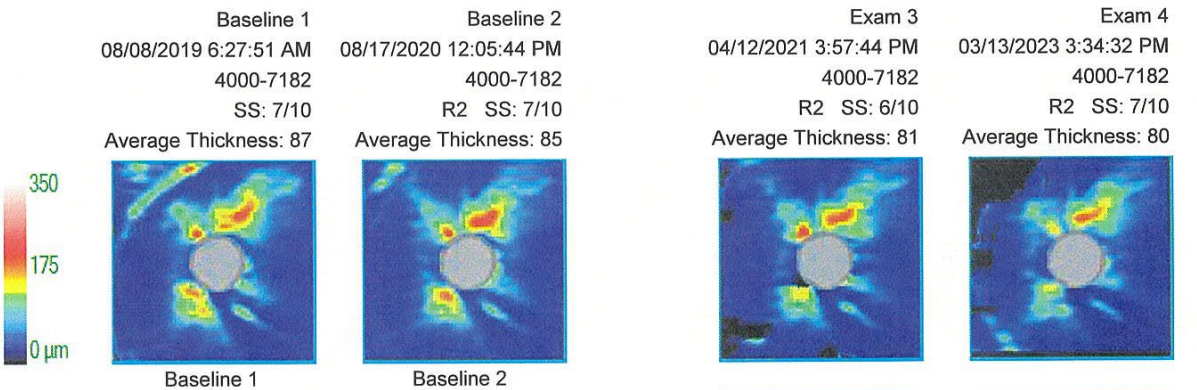
7/10

CZM

Guided Progression Analysis: (GPA™)

OD ☐

OS ☒



# If You decide to treat...

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- What is your Target IP?
- How Low Do You Go? (How do you know?)
- How do you get the IP to that Target?

# Case 5- On A Friday afternoon

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- 21 y/o Female
- Scheduled for a comprehensive exam
- Last exam 3 Years prior
- CC 'Fuzzy Left Eye'- fairly recent onset
- Denies HA

Visual Exam Revealed



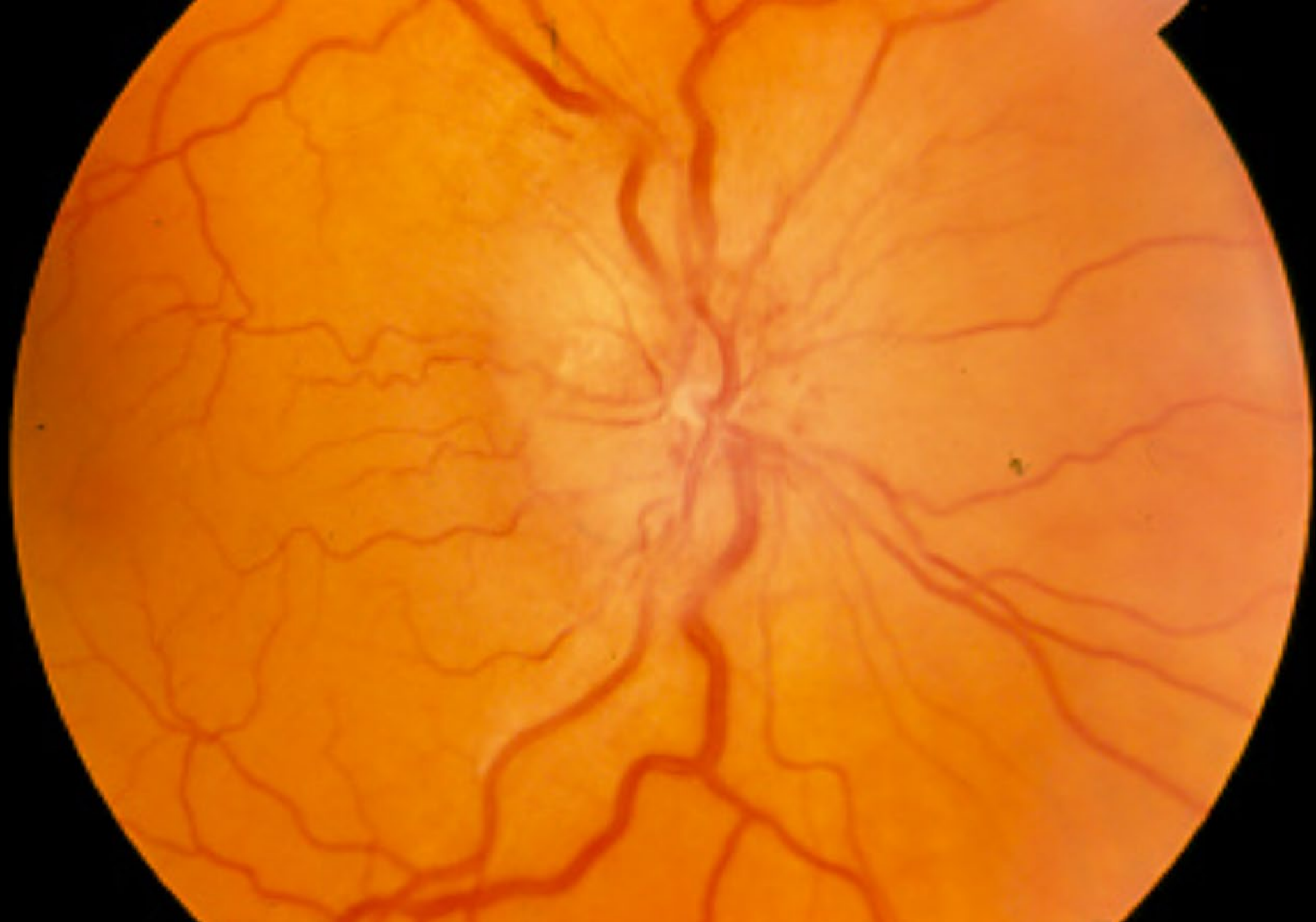
# Case 5

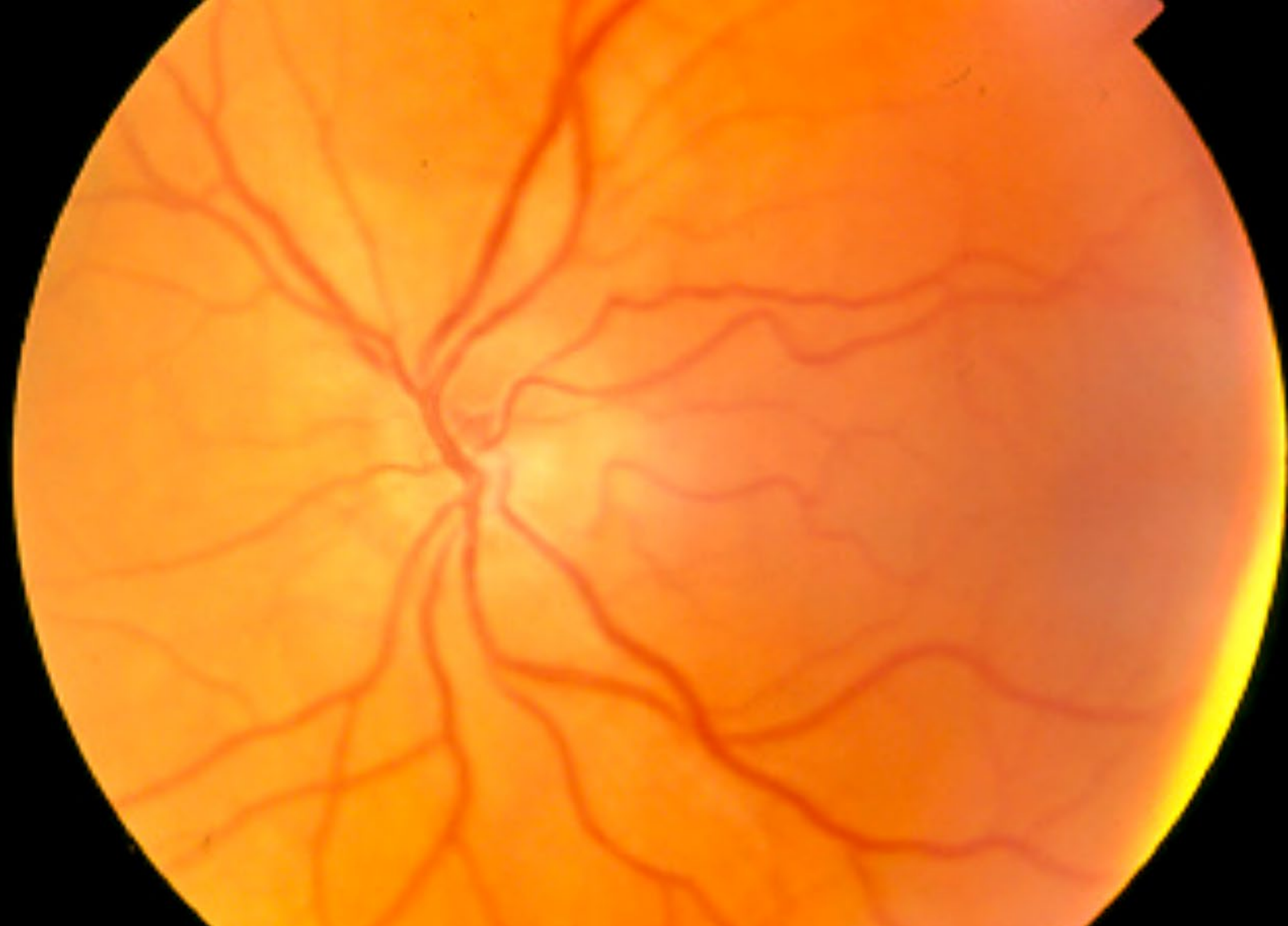


# Clinical Exam

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- Further questioning elicits
  - Smoker
  - No med or supplements
  - HA “usually” and “most of time”- but very vague with her answers
- Refraction- unchanged from 2022
- Slit lamp normal
- IOP- 13 OD, 15 OS
- Pupils?
- Anything else pertinent?





SO WHAT NOW?  
WHAT IS YOUR NEXT STEP?

**Differential  
Diagnosis?**

**What Is It  
Most Likely  
To Be?**



**Humphrey Matrix** with  
Welch Allyn Frequency Doubling Technology

**Humphrey Matrix** *with*  
Welch Allyn Frequency Doubling Technology

WHY IS A VISUAL FIELD SO IMPORTANT?

NOW WHAT???

What is our clinical protocol?



# LISTEN UP!!

- Bilateral disc edema should be considered papilledema until proven otherwise
  - Get CT scan, if normal LP

# PAPILLEDEMA

- Bilateral Optic Disk swelling due to increased intracranial pressure
  - Intracranial masses
  - Meningitis
  - Pseudotumor cerebri



SO WHAT HAPPENED?

How does this story end???

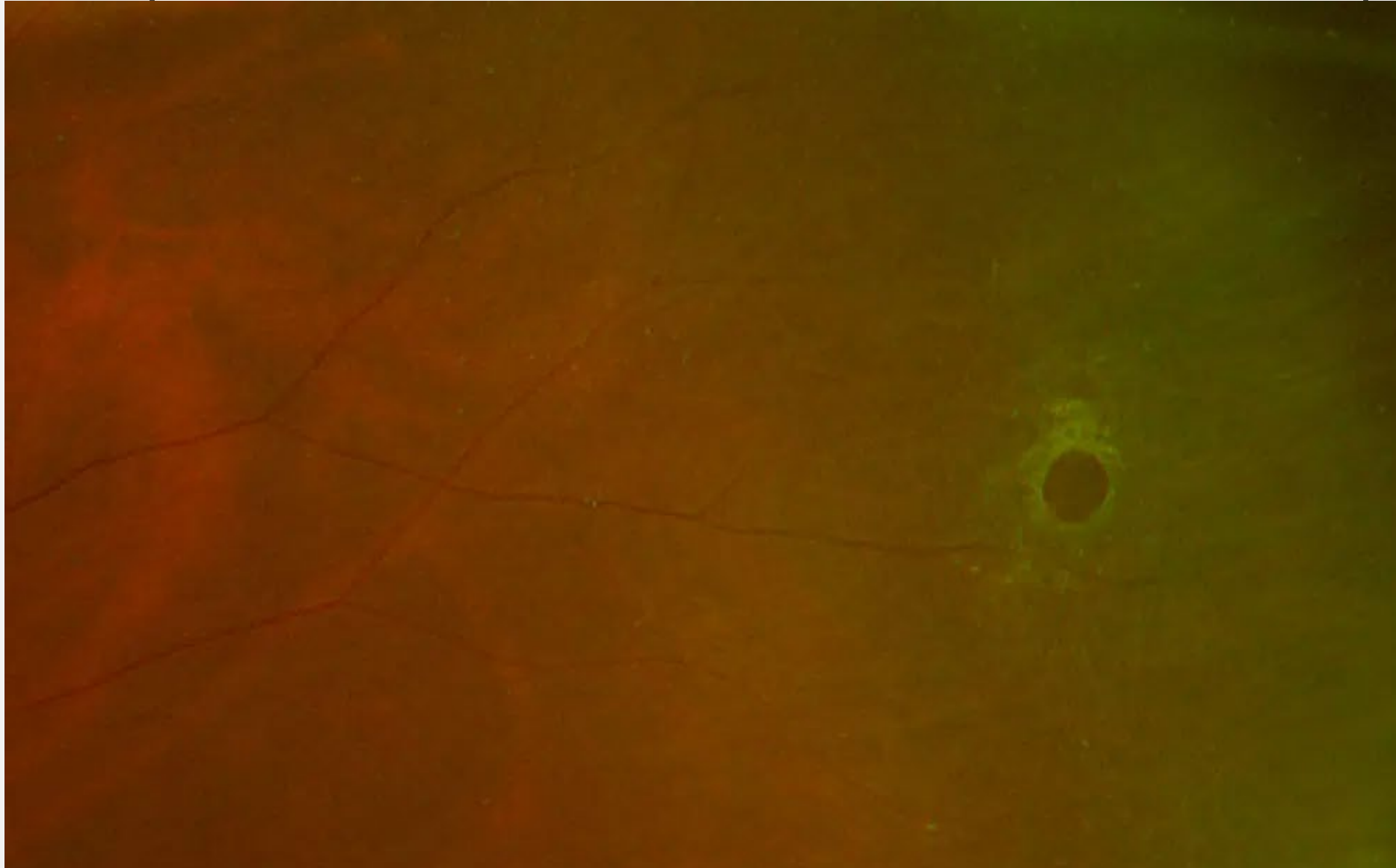
# IDIOPATHIC INTRACRANIAL HYPERTENSION – (BIIH, PTC)

- Papilledema plus-
  - HA, diplopia, and/or TVO
  - Increased CSF (otherwise normal)
  - Normal CT scan
  - Neurologically intact
  - “Classic” patient
- Who best manages these patients?

**NEXT CASE PLEASE**



## CLOSE UP VIEW



## AN OBVIOUS RETINAL HOLE

- Detected in the pretesting of a comprehensive examination
- How is this best handled?
  - Flip to a medical exam?
  - Continue with the full exam?
- Do all Retinal holes need prompt referral?



TIME FOR A STOOP SIT!

# Another Doozy!

65 y/o Male

CC Acute Vision Loss x 2 days OD

spots missing centrally OD

Oh by the way—he also mentioned  
that he had experienced a 'loss of  
vision' 1 week ago

Last eye exam 40 years ago!





# Clinical Exam

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VAD HM CS20/100phN

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Rpils?

---

Px was in MA in th prior – broken vertebrae in neck

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He was supposed to be on BP medication but stopped taking until he got in car accident- he now states that his BP has recently been very low

---

Anterior segment exam is normal except 1+ NSCU

# So what's going on here?

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- Is this a bilateral condition?
- Is the same thing occurring in both eyes?
- Are these two different conditions?
- AND HOW DO WE KNOW?
- Any further testing right now?





# I think you have to start with 1 eye at a time

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- What do we see CD?
- What do we see CS?
- Does it all add up to a bilateral condition or 2 unique problems?
- Let's walk through our thought process here





- **RIGHT EYE**



- **LEI**

# Take me out of my misery O CREATOR!

---

- Tell us what happened?
- What did you do?



Do We Have Time For Another?

# 47y/o CL wearer

Presents for Annual Exam

- Overall he is doing well, but has had to wear readers over CL for past 6 months- 'I hate that!'
- VA20/20 OCS
- Normal exam. No pathology identified
- RX for Vity OQD
- 2 weeks later- 'Tis Vity is the Best!'

3 weeks after  
that...

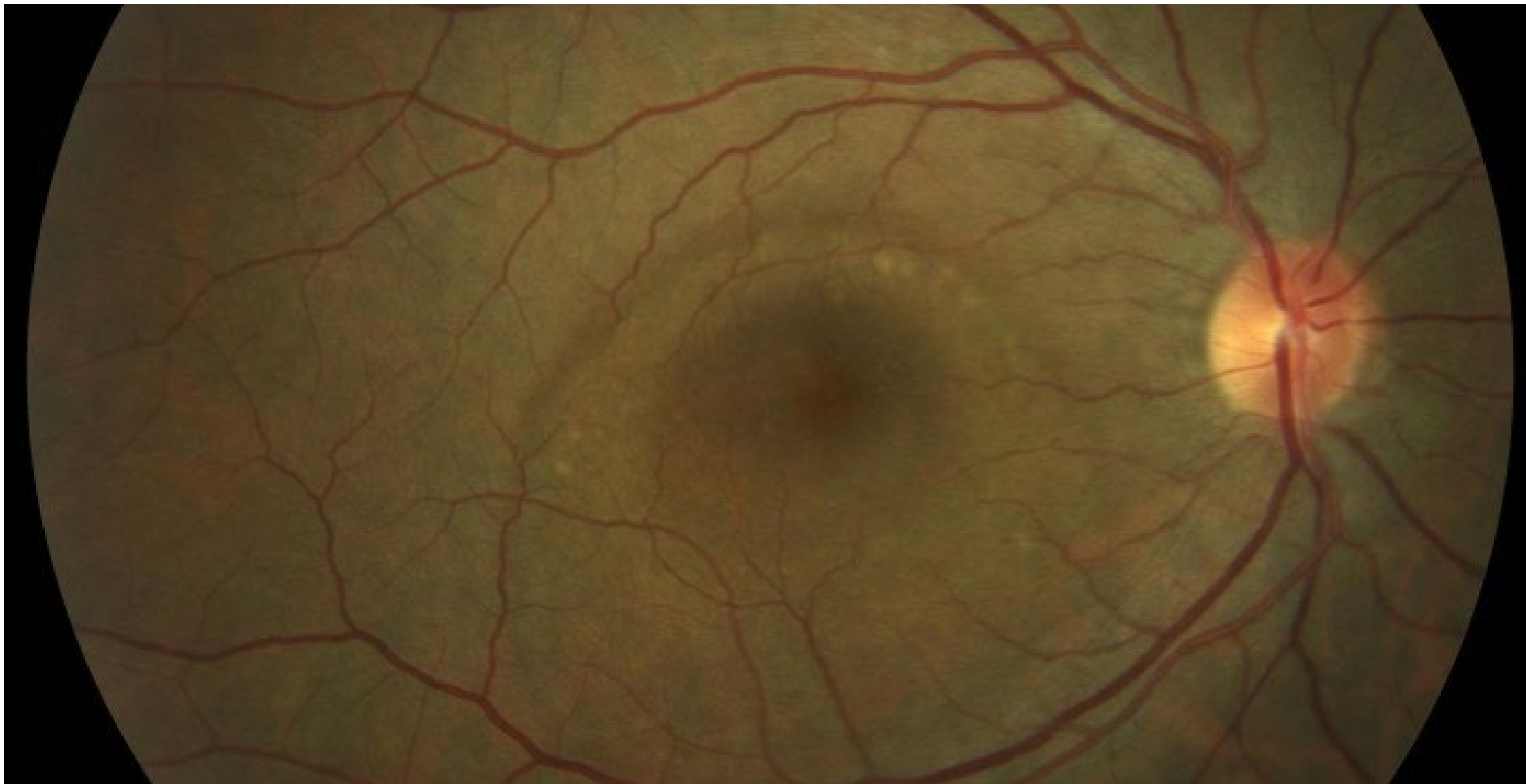
- C.O. has been bothering him for the past 5 days
- No pain
- Sees like there is a smudge over his C
- Tis occurred lately and has not really changed
- Only affecting O, stays present and consistent all day long
- 'Tis Vity is the Vast!

# Exam Findings

No Medications

No changes in health status

- VA- 020/25-2 CS-20/20
- EOM- no restriction, No tropia
- Pupils -, PERRL, (-) AD
- SE- normal. Good Clfit, no staining No cell/flare
- IOP- 19, 16 CS
- DE. (Bt before that)
- Differential Diagnosis??





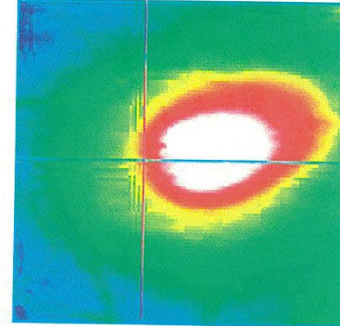
ID: CZMI1794524315      Exam Date: 04/19/2022      04/19/2022      CZM  
 DOB: 09/10/1963      Exam Time: 4:06 PM      4:06 PM  
 Gender: Male      Serial Number: 4000-7182      4000-7182  
 Technician: Operator, Cirrus      Signal Strength: 6/10      6/10



## Macula Thickness OU: Macular Cube 200x200

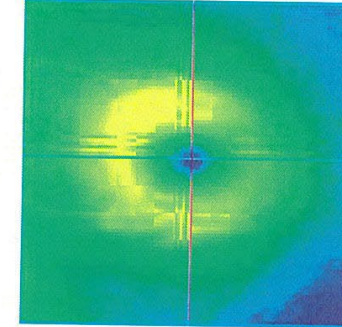
OD ● ● OS

OD ILM-RPE Thickness Map



Fovea: 77, 99

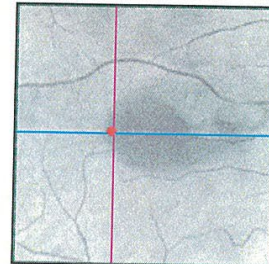
OS ILM-RPE Thickness Map



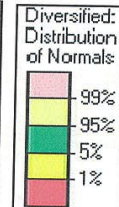
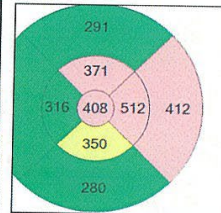
Fovea: 102, 98



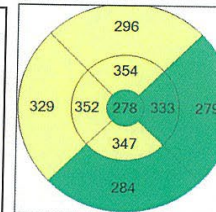
OD OCT Fundus



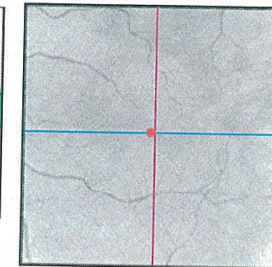
OD ILM-RPE Thickness



OS ILM-RPE Thickness

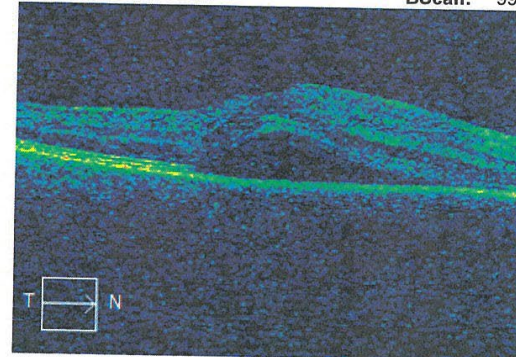


OS OCT Fundus



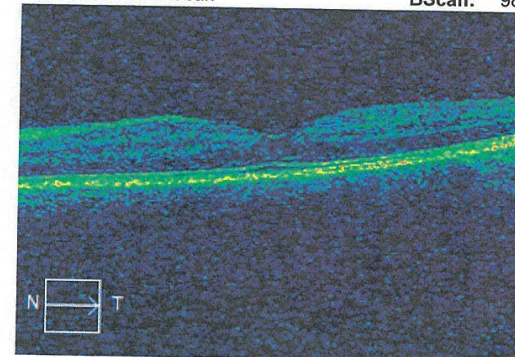
ILM - RPE		OD	OS
Thickness Central Subfield (μm)		408	278
Volume Cube (mm³)		11.8	10.8
Thickness Avg Cube (μm)		327	300

OD Horizontal B-Scan

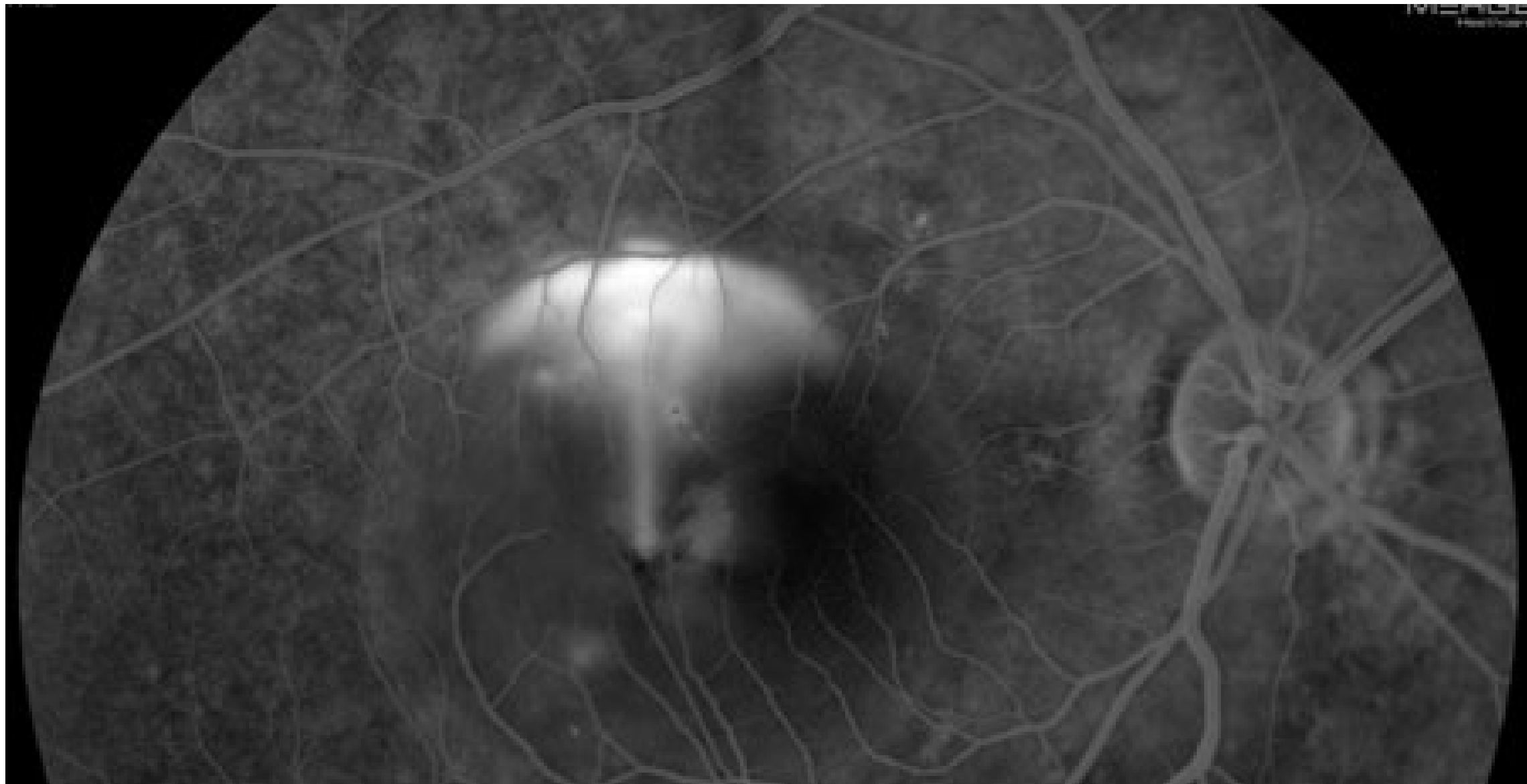


BScan: 99

OS Horizontal B-Scan



BScan: 98



# Central Serous Chorioidopathy

---

Clinical Characteristics

# CSR

- Leaking of serous fluid from underlying choroid
- Idiopathic
- 20-50 y/o Males
- VA 20/20- >20/80
- It is essentially a Pigment Epithelial Detachment (PED)



# CR Outcomes

---

- Generally self resolving(?)
- Anophic changes can occur
- How should we treat?
  - NSAID
  - Close monitoring
  - Laser therapy?
  - Anti-VegF?

# A Tough Inheritance

---

62 y/o BF, (+) fam hx- treated for POAG for 6 years

---

VA 20/20 OD, 20/20 OS

---

Pachs – OD 490, OS 495

---

No systemic meds

---

IOP maintained around 18 OU on Lumigan QHS, AlphaganP OU TID, T<sub>1/2</sub> OU BID

---

Initial IOP 28 OD, 29 OS

---

Condition was stable but px developed hypersensitivity (After patient was switched to Brimonidine 0.15%)

---

IOP 22 OU on Lumigan only

0000



6000





ID: 100105

DOB: 03-02-1941

## CENTRAL 24-2 THRESHOLD TEST

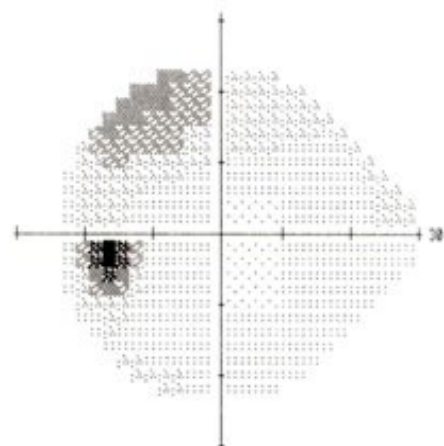
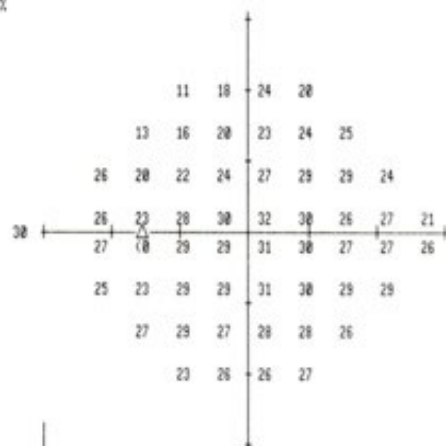
FIXATION MONITOR: GAZE/BLIND SPOT  
 FIXATION TARGET: CENTRAL  
 FIXATION LOSSES: 1/15  
 FALSE POS ERRORS: 2 %  
 FALSE NEG ERRORS: 1 %  
 TEST DURATION: 05:37

FOVER: OFF

STIMULUS: III, WHITE  
 BACKGROUND: 31.5 ASB  
 STRATEGY: SITA-STANDARD

PUPIL DIAMETER:  
 VISUAL ACUITY:  
 RX: +4.75 DS DC X

DATE: 11-08-2016  
 TIME: 9:07 AM  
 AGE: 75



-14	-7	-2	-6
-14	-11	-8	-5
-1	-9	-8	-6
-3	-3	-1	0
-2	-2	-2	-1
-4	-7	-2	-2
-2	0	-3	-2
-6	-3	-3	-1

-14	-7	-1	-5
-13	-11	-8	-5
-1	-8	-7	-5
-2	-2	0	1
-2	-1	-2	0
-3	-6	-1	-1
-2	0	-3	-1
-5	-2	-2	-1

GHT

OUTSIDE NORMAL LIMITS

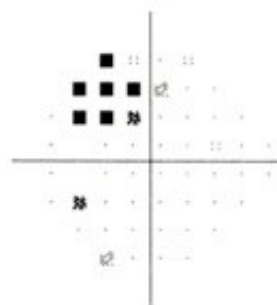
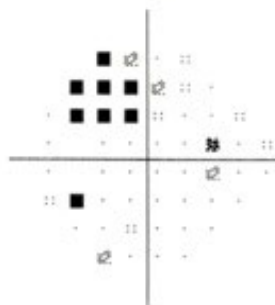
VFI 95%

MD -2.85 DB P &lt; 2%

PSD 3.00 DB P &lt; 2%

TOTAL DEVIATION

PATTERN DEVIATION



11 < 5%  
 12 < 2%  
 13 < 1%  
 14 < 0.5%

BLADEN EYE CENTER  
 ERIC SCHMIDT, O.D., /M. SUTTON SCHILAWSKI  
 489 E. BROAD ST  
 ELIZABETHTOWN NC 28337  
 910.862.4268

ID: 100105

DOB: 03-02-1941

## CENTRAL 24-2 THRESHOLD TEST

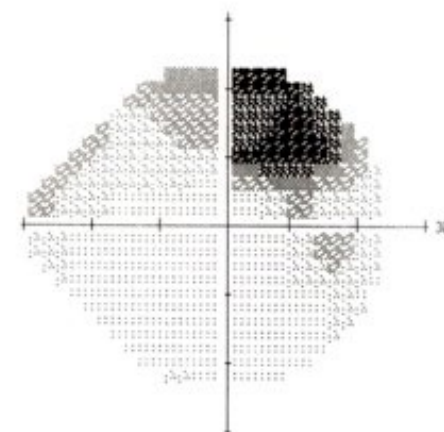
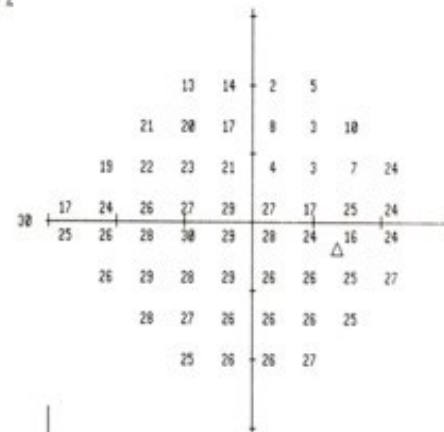
FIXATION MONITOR: GAZE/BLIND SPOT  
 FIXATION TARGET: CENTRAL  
 FIXATION LOSSES: 4/16 XX  
 FALSE POS ERRORS: 1 %  
 FALSE NEG ERRORS: 4 %  
 TEST DURATION: 07:23

FOVER: OFF

STIMULUS: III, WHITE  
 BACKGROUND: 31.5 ASB  
 STRATEGY: SITA-STANDARD

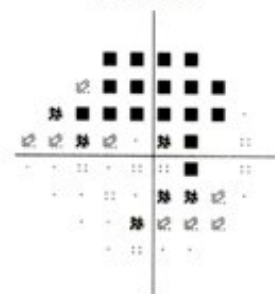
PUPIL DIAMETER:  
 VISUAL ACUITY:  
 RX: +4.00 DS DC X

DATE: 11-08-2016  
 TIME: 0:54 AM  
 AGE: 75



-12	-12	-23	-20
-7	-8	-12	-21
-8	-7	-7	-10
-9	-5	-5	-4
-1	-2	-3	-1
-2	-1	-3	-2
-1	-3	-4	-4
-3	-3	-3	-2

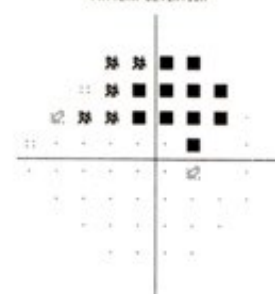
TOTAL DEVIATION



11 < 5%  
 12 < 2%  
 13 < 1%  
 14 < 0.5%

-10	-10	-22	-10
-5	-6	-10	-19
-6	-5	-5	-8
-7	-3	-3	-2
1	0	-1	0
0	1	-1	0
1	-1	-3	-3
-1	-1	-1	0

PATTERN DEVIATION



\*\*\* LOW TEST RELIABILITY \*\*\*

GHT

OUTSIDE NORMAL LIMITS

VFI 94%

MD -6.69 DB P &lt; 0.5%

PSD 7.12 DB P &lt; 0.5%

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 910.862.4268

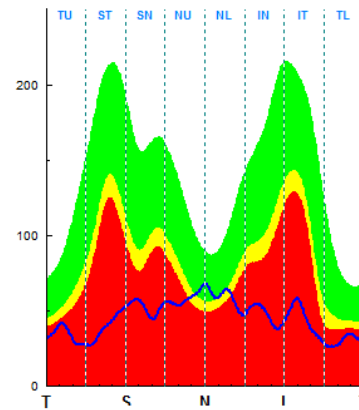
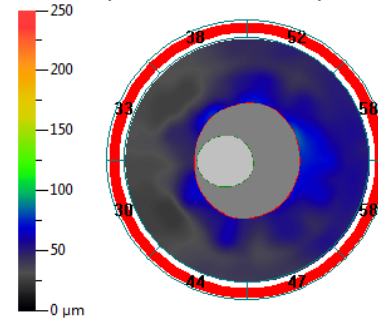
## Right / OD

## Nerve Fiber ONH/GCC OU Report

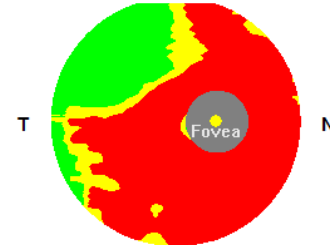
## Left / OS

Exam Date: 2015-12-08 09:49:33

### Optic Nerve Head Map



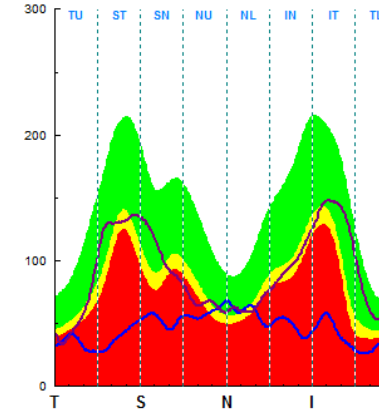
### NDB Reference



Exam Date: 2015-12-08 09:47:18

Good 64 Scan Quality Index Good 60

RNFL Analysis (μm)	OD	OS	Inter Eye Diff
Avg RNFL Thick...	45	89	-44
Avg Superior R...	45	88	-43
Avg Inferior RNFL	45	90	-45
Intra Eye Diff (S...	0	-2	N/A
ONH Analysis	OD	OS	Inter Eye Diff
Area C/D	0.24	0.06	0.18
V. C/D	0.46	0.50	-0.04
H. C/D	0.53	0.12	0.41
Rim Area (mm <sup>2</sup> )	2.97	3.15	-0.18
Disc Area (mm <sup>2</sup> )	3.90	3.36	0.54
Cup Vol (mm <sup>3</sup> )	0.012	0.000	0.012



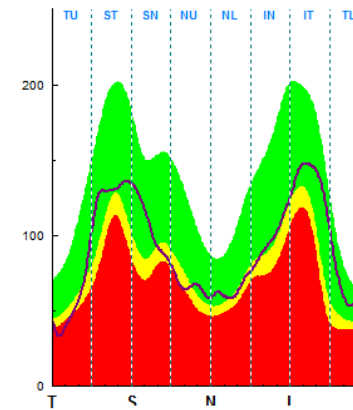
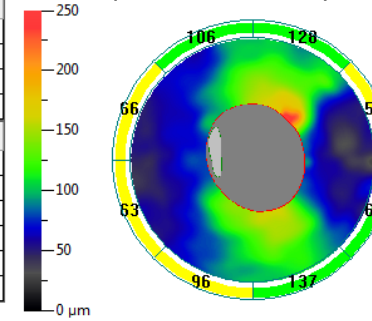
Within Normal  
Borderline  
Outside Normal

GCC Avg Thickness (μm)	OD	OS	Inter Eye Diff
Total	69	52	17
Superior	72	44	28
Inferior	65	61	4
Intra Eye Difference (...)	7	-17	N/A
FLV (%)	6.651	33.2...	-26.596
GLV (%)	25.6...	44.9...	-19.291

Good 76 Scan Quality Index Good 81

Exam Date: 2015-12-08 09:52:58

### Optic Nerve Head Map



### NDB Reference



Exam Date: 2015-12-08 09:52:07

Report Date: Tuesday 09/24/2019 13:58:40

Software Version: 3.2.1.8

Comment:

Signature:

What is the  
target IOP?

~18

~15

~12

How Do You Know??



What would  
you  
recommend?

1. Switch to Rocklatan
2. SLT OU 180
3. Add Azopt OU BID
4. add Timoptic 1/2 OU BID
5. Surgical Procedure
6. d/c Lumigan, try Travatan Z OU QHS
7. Cosopt OU BID
8. Combigan OU BID

SLT OU IOP  
19 OD, 20 OS

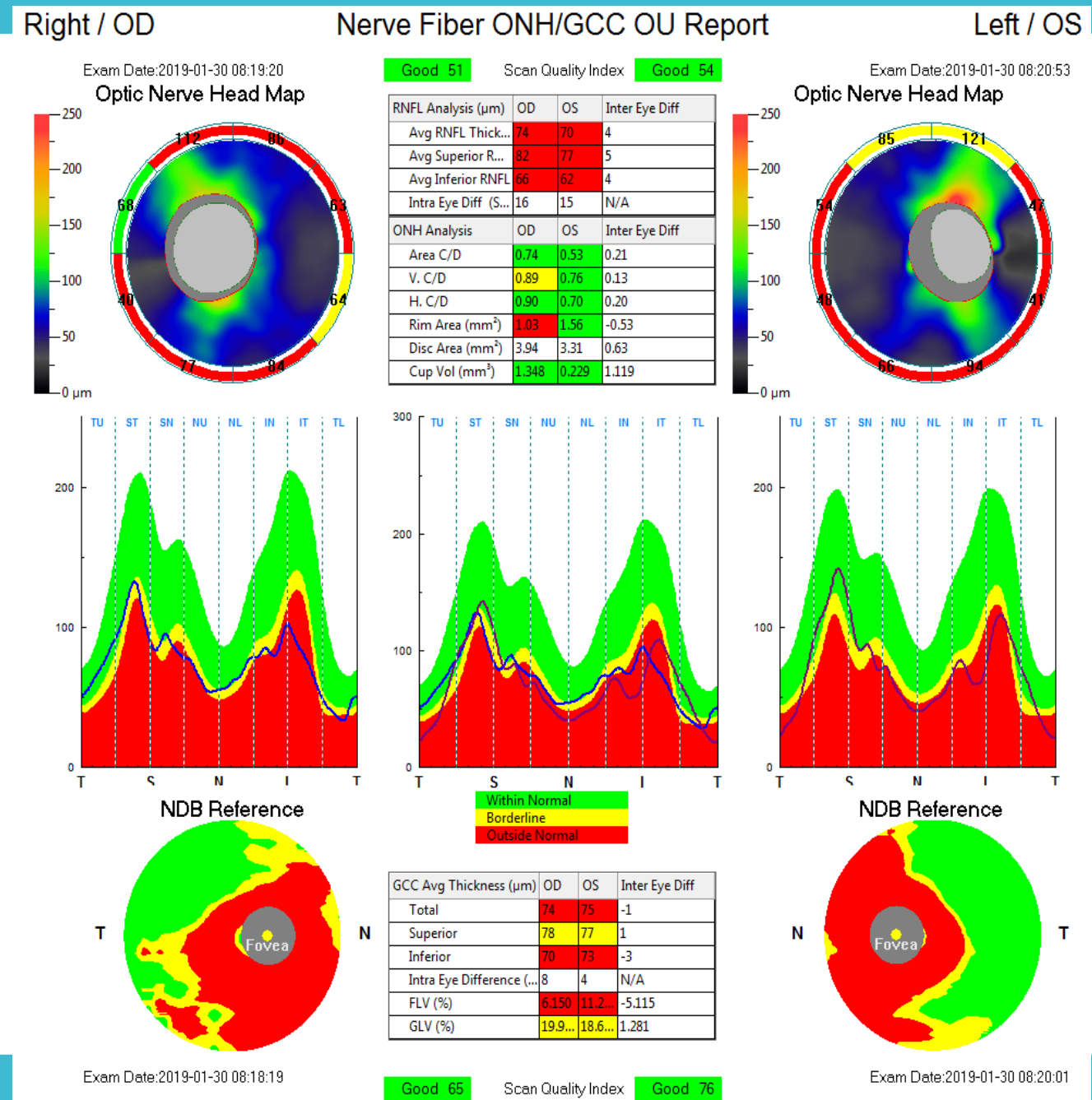
What  
would you  
do now?

How Do You  
Know if the  
IOP needs to  
be lower?

What are the risk factors for progression?

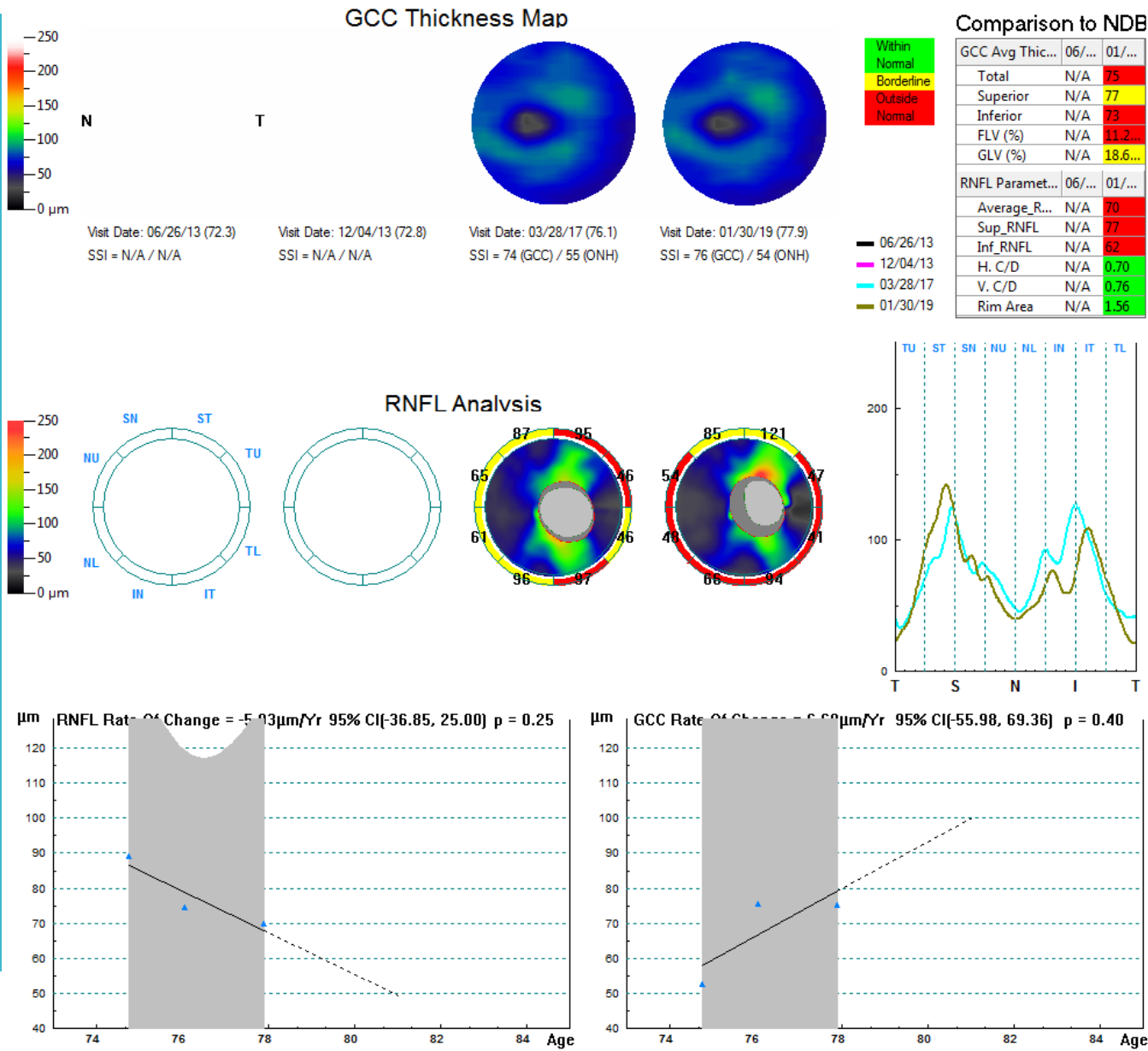
- Age
- IOP at diagnosis
- Neuroretinal rim tissue
- Disk hemes
- Corneal hysteresis

Is she progressing?



Nerve Fiber ONH/GCC Change Analysis

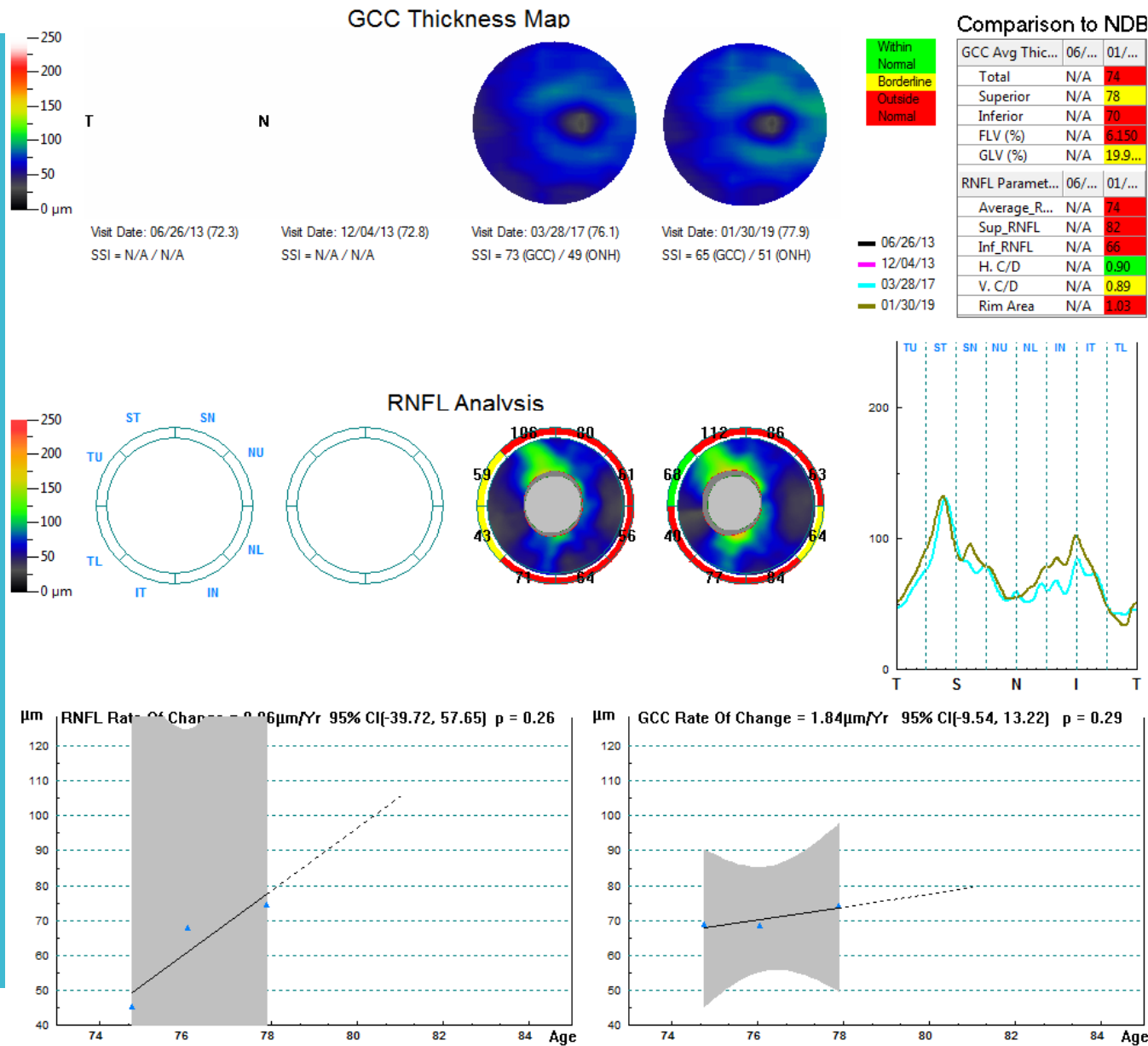
Left / OS





Nerve Fiber ONH/GCC Change Analysis

Right / OD



NAME: MCALLISTER MATTIE  
ID: 100105

DOB: 03-02-1941

CENTRAL 24-2 THRESHOLD TEST

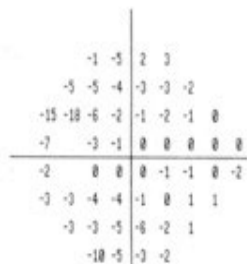
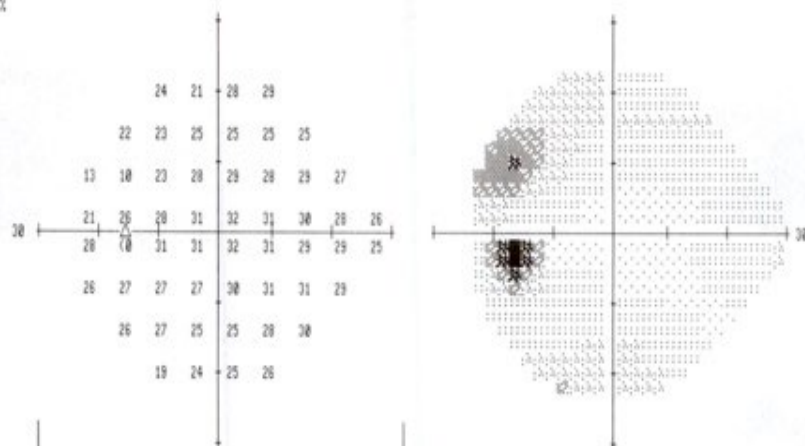
FIXATION MONITOR: BLIND SPOT  
FIXATION TARGET: CENTRAL  
FIXATION LOSSES: 0/10  
FALSE POS ERRORS: 0 %  
FALSE NEG ERRORS: 0 %  
TEST DURATION: 03:32

STIMULUS: III, WHITE  
BACKGROUND: 31.5 ASB  
STRATEGY: SITA-FAST

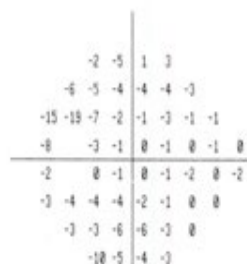
PUPIL DIAMETER:  
VISUAL ACUITY:  
RX: +4.00 DS DC X

DATE: 04-02-2019  
TIME: 9:27 AM  
AGE: 78

FOVER: OFF



TOTAL DEVIATION



PATTERN DEVIATION

GWT  
OUTSIDE NORMAL LIMITS

VF1 94%  
MD -2.38 DB P < 5%  
PSD 3.71 DB P < 0.5%

BLADEN EYE CENTER  
ERIC SCHMIDT, O.D., F.N. SUTTON SCHILAWSKI  
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910.662.4268

NAME: MCALLISTER MATTIE  
ID: 100105

DOB: 03-02-1941

CENTRAL 24-2 THRESHOLD TEST

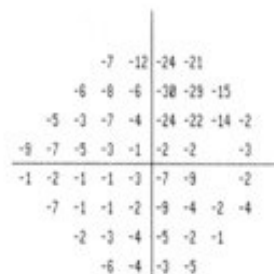
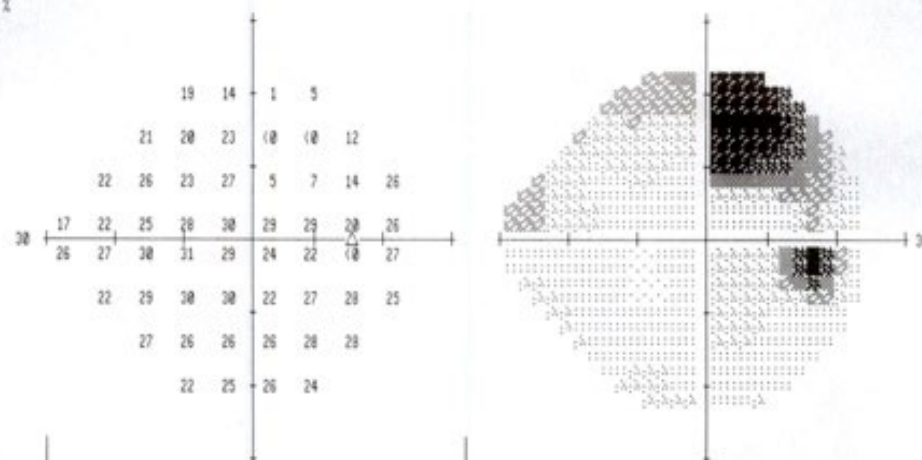
FIXATION MONITOR: GAZE/BLIND SPOT  
FIXATION TARGET: CENTRAL  
FIXATION LOSSES: 4/12 XX  
FALSE POS ERRORS: 0 %  
FALSE NEG ERRORS: 2 %  
TEST DURATION: 04:01

STIMULUS: III, WHITE  
BACKGROUND: 31.5 ASB  
STRATEGY: SITA-FAST

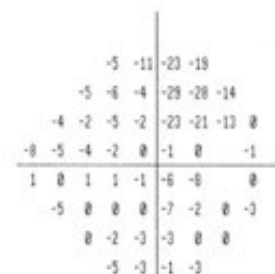
PUPIL DIAMETER:  
VISUAL ACUITY:  
RX: +3.75 DS DC X

DATE: 04-02-2019  
TIME: 9:21 AM  
AGE: 78

FOVER: OFF



TOTAL DEVIATION



PATTERN DEVIATION

\*\*\* LOW TEST RELIABILITY \*\*\*

GWT  
OUTSIDE NORMAL LIMITS

VF1 83%  
MD -6.29 DB P < 0.5%  
PSD 7.33 DB P < 0.5%

BLADEN EYE CENTER  
ERIC SCHMIDT, O.D., F.N. SUTTON SCHILAWSKI  
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ELIZABETHTOWN NC 28327  
910.662.4268

# Estimating the Lead Time Gained by Optical Coherence Tomography in Detecting Glaucoma before Development of Visual Field Defects

---

Tammy M. Kuang, MD,<sup>1,2,3</sup> Chunwei Zhang, MD,<sup>1,4</sup> Linda M. Zangwill, PhD,<sup>1</sup> Robert N. Weinreb, MD,<sup>1</sup>  
Felipe A. Medeiros, MD, PhD<sup>1</sup>

At 95% specificity, up to **35% of eyes had abnormal average RNFL thickness** 4 years before development of visual field loss and **19% of eyes had abnormal results 8 years before field loss**.

**Conclusions:** Assessment of RNFL thickness with OCT was able to detect glaucomatous damage before the appearance of VF defects on SAP. In many subjects, significantly large lead times were seen when applying OCT as an ancillary diagnostic tool.

# When Progression Is Detected, How Do We Know...

- How Low the IOP Should be...
- Which agent(s) should we use...
- When Surgery is Indicated...
- The Rate Of Their Progression...

## 4 Major questions surrounding progression

- 1. Why Do Patients Progress?
- 2. How Do We Best Detect Progression?
- 3. How Can We Improve Compliance?
- 4. Once Progression Occurs, What Is Our Best Strategy?

# Rate Of Progression

- RGC loss in normals  $\sim 0.5\%$  /yr
- RGC loss in Glaucoma –  $3.5\%$  / yr
- RGC loss in treated G –  $1.5\%$ /yr

# Rate of Progression for Various Glaucomas

- NTG- 56% progression at 6 yrs
- POAG -74% progression rate (6 yrs)
- PXG – 93 % - progression rate at 6 yrs
- Pxs older than 68 progressed much faster compared to younger pxs

# How Low should We Go?

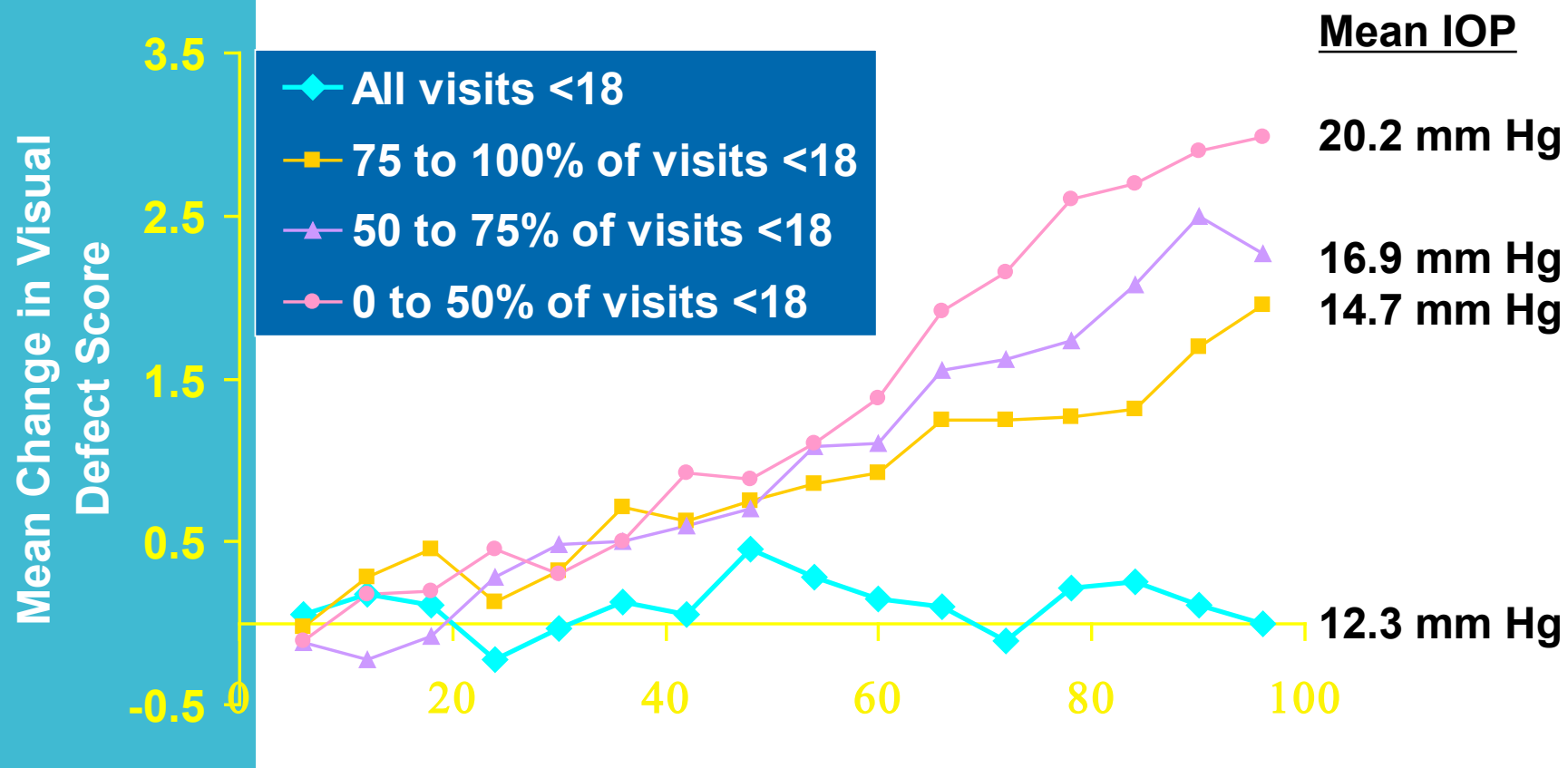
- AAO Preferred Practice Guidelines
  - “Lowering the pretreatment IOP by 25% or more has been shown to slow progression of POAG”
  - Based upon age of px, time of occurrence and other risk factors
    - Prum et al, Ophthalmology. 2016



# AGIS Results

- Diurnal Curve Is Real Important
  - Avg IOP of 15mm with a curve btwn 13mm – 17mm progresses less than if curve is btwn 11mm – 19mm
- The peak IOP is important
- Which tx best affect the diurnal curve?
- Also remember risk/benefit ratio

Consistent



# Progression according to CIGTS

- Seen in 56.7% in 6 years
  - Biggest risk factors
    - Inadequate IOP control
    - Disk hemorrhage
- Proving once again that if you diagnose a px with POAG REALLY treat them!

- For pxs who showed progression of glaucoma despite IOP at acceptable range
  - 3% showed a peak IOP >21mm
  - 35% showed a range of IOP >5mm
    - Collaer, Caprioli, et.al, J Glaucoma 2005;14(3): 196-200
- Underscores the importance of serial tonometry *even in well controlled pxs*