



# Join Susan Fox

for an

Extraordinary Class Series

Sacred Art  
Sacred Earth  
Sacred Energy

Heart Centered  
Immersion  
Experience

Building a  
Community of  
Compassion

## Nature and the Art of Self Expression

*A Journey of Connection and Creativity*

March – June 2026

### WHAT TO EXPECT

\*Each participant will receive the class Work Booklet designed to offer continued personal and group creative processing.

\*Bring your own writing journal and Art Journal (also available for purchase at first class)

\*All art supplies will be provided but you are welcome to bring favorites.

\*Light Refreshments /Tea



### CLASS SCHEDULE: March-June 2026

<u>DATES</u>	<u>LOCATION</u>	<u>TIME</u>
<u>Saturday, March 14</u> <u>Sunday, March 22</u> <u>Wednesday, April 1</u>	Wells Farm ZOOM * Wells Farm Labyrinth Meditation/Tea	1:00-3:00pm 7:00-8:00pm TBD
<u>Saturday, April 11</u> <u>Sunday, April 19</u> <u>Wednesday, April 29</u>	Wells Farm ZOOM * Wells Farm Labyrinth Meditation/Tea	1:00-3:00pm 7:00-8:00pm TBD
<u>Saturday, May 9</u> <u>Sunday, May 17</u> <u>Wednesday, May 27</u>	Wells Farm ZOOM * Wells Farm Labyrinth Meditation/Tea	1:00-3:00pm 7:00-8:00pm TBD
<u>Saturday, June 13</u> <u>Sunday, June 28</u> <u>Wednesday, July 1</u>	Wells Farm ZOOM * Wells Farm Labyrinth Meditation/Tea	1:00-3:00pm 7:00-8:00pm TBD

\*Optional

### YOU WILL BE

**~Connecting with Nature through Art**

*Learn three techniques designed to deepen your connection with the world around you and each other.*

**~Immersed in Nature's Gentle Nourishing Wisdom**

*Engage in richly layered experiences within the unique historic landscape of Wells Farm.*

**~Exploring Nature's Creative Intelligence**

*Delve into the creative aspects of "Nature" by considering it as a quantum field of intelligence.*



### To Register:

<https://www.wellsfarmri.org/events-page>

**Cost:** 240/person (includes 4 in-person classes, 4 Zoom sessions, and 4 optional Labyrinth Meditation Teas)

**Have Questions:** Please feel free to contact Susan Fox at [SFoxArt@aol.com](mailto:SFoxArt@aol.com) or call 401-363-6920

**Location:** Wells Farm Arts and Education Center, 634A Barbers Pond Road, West Kingston, RI 02892

**Visit** [www.WellsFarmRI.org](http://www.WellsFarmRI.org) to learn more about Wells Farm or **Contact** Kristi Otterbach/Executive Director at [Kristi@WellsFarmRI.org](mailto:Kristi@WellsFarmRI.org)