# Growing Up in North Yorkshire Survey 2022

Every 2 years, we are encouraged to take part in the Growing up in North Yorkshire Survey (although last year it was slightly out of sync due to the pandemic). The children in Years 2 and 6 take part and their answers are completely confidential. This year, the survey took part in June and the results have just been published. I have read through the reports and selected the headlines where our children score significantly differently to the North Yorkshire statistics. They make very encouraging reading.

*Our school are the first set of %, All participating schools in North Yorkshire are the set in brackets*

## KS1

*Dacre Braithwaite 9 children (North Yorkshire 3903 children)*

### Health and Hygiene

89% (78%) of pupils responded that they 'always' wash their hands after visiting the toilet, while 11% (18%) said they 'sometimes' do
0% (4%) of pupils responded that they 'never' wash their hands after visiting the toilet.
89% (68%) of pupils responded that they 'always' use at least one of the prevention methods listed to avoid getting sunburnt.

### Physical Activity

100% (83%) of pupils said they do one or more of the physical activities listed in the questionnaire at least 'twice a week' at school; 100% (65%) said they do so 'most days'.

### School

78% (62%) of pupils responded that they like being at school 'most of the time', while 22% (29%) said they 'sometimes' do.
100% (94%) of pupils said they have had school lessons about how to keep themselves safe and 100% (93%) said they have had lessons about keeping safe online.
89% (48%) of pupils responded that they get the help they want in lessons 'most of the time', while 11% (46%) said they 'sometimes' do.
100% (68%) of pupils responded that they think they are getting better at school work 'most of the time', while 0% (24%) said they think they are 'sometimes'

### Emotional Wellbeing

100% (93%) of pupils said they have an adult they can talk to if they have worries or are upset
89% (60%) of pupils said they are happy being at school 'most of the time' since COVID and lockdown, while 0% (13%) said they aren't happy.
67% (65%) of pupils said they have been getting on with their friends 'most of the time' since COVID and lockdown, while 0% (8%) said they haven't.
22% 67% of pupils responded that they worry about at least one of the issues listed on 'most days'.

## KS2

Dacre Braithwaite Y6 8 boys (North Yorkshire 2223 boys ) Dacre Braithwaite Y6 5 Girls (North Yorkshire 2058 girls)

### Healthy Eating

77% (62%) of pupils responded that they had something to drink for breakfast on the morning of the survey.
92% (88%) of pupils responded that they had something to eat for breakfast on the morning of the survey.
100% (69%) of pupils responded that they have found school lessons about healthy eating 'quite' or 'very' useful, while 0% (4%) found them 'not at all useful' and 0% (5%) couldn't remember any.

### School Food and water

100% (72%) of pupils think school food has healthy options, while 0% (4%) think it doesn't.
100% (97%) of pupils responded that they can get water at school, while 0% (1%) said they can't.

Health and Hygiene

100% (70%) of pupils responded that they washed their hands before lunch on the day before the survey, while 0% (10%) said they are 'not sure' if they did.

0% (9%) of pupils responded that they 'never' do anything to avoid sunburn when it's sunny.

92% (82%) of pupils responded that they got at least eight hours sleep the night before the survey.

Physical Activity

100% (87%) of pupils responded that they at least 'sometimes' play running/skipping games/tag during school outdoor breaktimes, while 92% (75%) said they play ball games like football or netball.

100% (54%) of pupils responded that they do five or more hours of physical activity in a typical week in school.

100% (56%) of pupils responded that they do five or more hours of physical activity in a typical week out of school.

85% (66%) of pupils agreed that they find physical activity and sports easy and 100% (87%) agreed that they know how to get involved in different types of physical activity and sports.

100% (76%) of pupils said they can swim the full longest length of a swimming pool on their own, while 0% (11%) said they can't.

Alcohol, tobacco and drugs

92% (50%) of pupils responded that they have found school lessons about alcohol 'quite' or 'very' useful, while 0% (15%) found them 'not at all useful' and 0% (17%) couldn't remember any.

92% (52%) of pupils responded that they have found school lessons about smoking 'quite' or 'very' useful, while 0% (16%) have found them 'not at all useful' and 0% (17%) couldn't remember any.

92% (54%) of pupils responded that they have found school lessons about medicines and drugs 'quite' or 'very' useful, while 0% (11%) have found them 'not at all useful' and 0% (16%) couldn't remember any

Emotional health, wellbeing and growing up

92% (54%) of pupils responded that they have found school lessons about growing up and body changes 'quite' or 'very' useful, while 0% (10%) have found them 'not at all useful' and 8% (9%) couldn't remember any

54% (86%) of pupils responded that they worry about at least one of the issues listed 'quite' or 'very' often.

31% (43%) of pupils responded that they 'quite' or 'very' often worry about moving on to secondary school; 15% (30%) said they worry about SATs/tests.

100% (64%) of pupils responded that they have found school lessons about feelings, emotional health and wellbeing 'quite' or 'very' useful, while 0% (8%) have found them 'not at all useful' and 0% (6%) couldn't remember any.

100% (76%) of pupils responded that they know an adult they trust who they can talk to if they are worried about something, while 0% (17%) said they 'maybe' do.

92% (50%) of pupils responded that they talk to someone when they have a problem or feel stressed or lonely.

8% (26%) of pupils agreed that they feel more behind in their school work since COVID and lockdown and other restrictions.

Feeling safe and happy

100% (94%) of pupils responded that they 'mostly' or 'always' feel safe at home and 100% (84%) said they 'mostly' or 'always' feel safe at school.

0% (27%) of pupils responded that they were pushed/hit for no reason in the month before the survey, while 0% (10%) said they had belongings taken/broken; 92% (41%) said none of these things happened.

0% (27%) of boys and 0% (41%) of girls responded that they at least 'sometimes' feel afraid of going to school because they may be bullied.

0% (11%) of pupils responded that they think they have been 'picked on' or bullied at or near school because of the way they look, while 0% (10%) think it was because of their size or weight; 92% (56%) said they haven't been bullied.

100% (67%) of pupils responded that they think their school takes bullying seriously, while 0% (10%) think it doesn't take it seriously.

0% (4%) of pupils responded that their school deals with bullying 'badly', while 92% (7%) said that bullying is not a problem in their school.
92% (58%) of pupils responded that they have found school lessons about bullying 'quite' or 'very' useful, while 0% (16%) have found them 'not at all useful' and 0% (8%) couldn't remember any

Enjoying and Achieving

92% (51%) of pupils responded that they have found school lessons about relationships 'quite' or 'very' useful.
100% (86%) of pupils responded that they think it is important to go to school regularly, while 0% (4%) think it isn't important
100% (84%) of pupils responded that their work is marked so they can see how to improve it

Mental Health

54% (23%) of pupils had a high measure of resilience
69% (52%) of pupils responded that when something goes wrong they 'usually' or 'always' learn from the experience for next time.
100% (75%) of pupils had a high pupil perception score
100% (62%) of pupils responded that they have been feeling or thinking that lots of people care about them over the past couple of weeks and 85% (63%) think there are many things they can be proud of.
77% (40%) of pupils had a high or maximum score (24 – 30) on the Stirling Positive Outlook Sub-Scale.
85% (34%) of pupils had a high or maximum score (24 – 30) on the Stirling Positive Emotional State Sub-Scale.
77% (22%) of pupils had a high score (12 – 15) on the Stirling Social Desirability Sub-Scale.
77% (33%) of pupils had a high or maximum score (48 – 60) on the Stirling Children's Wellbeing Scale.
On average, pupils scored 50 (43) on the Stirling Children's Wellbeing Scale.

Home and School

46% (33%) of pupils responded that they have been at two or more schools since their 5th birthday.
92% (61%) of pupils responded that they are asked for their ideas and opinions about what happens in their school, while 0% (8%) feel they are not asked for
85% (63%) of pupils responded that they think the opinions of young people make a difference to decisions about what they learn in school
77% (64%) of pupils responded that they would like to be asked more often for their ideas and opinions about what they learn in school.
100% (53%) of pupils responded that they have found school lessons about 'you and your community' 'quite' or 'very' useful, while 0% (9%) have found them 'not at all useful' and 0% (14%) couldn't remember any.

When you read through all of these results, I hope, like me, you feel really proud of our school and our children who are clearly *"Living Life to the Full"*