

# Dacre Braithwaite Church of England (VA) Primary School



## Physical Education Policy

### **Vision**

Our school is founded on the principles and practices of the Church of England. Our Vision is that all achieve their full potential and “live life to the full” (John 10:10). We aim to promote our Christian values through sports and positively encourage children to share, respect, support, trust and work together.

At Dacre Braithwaite CE (VA) Primary School we aim for a high quality Physical Education (PE) curriculum. A high-quality PE education provides the foundations for a healthy life and an understanding of why this is so important. Throughout their time in school, children will learn about how to keep their bodies and minds in the best shape possible. We have high quality access to the outdoors for children to engage in physical activity in all lessons. In PE lessons, children are supported to develop their skills and confidence in fitness, balance, coordination and agility. Pupils not only develop their fitness skills, but also their teamwork, cooperation and sportsmanship.

### **Curriculum Aims and Delivery**

We ensure full coverage of the National Curriculum for PE through our use of the Complete PE Scheme, visiting coaches and other resources. Children are taught in mixed-age classes. Skills and knowledge are taught to maximise children’s progress through differentiated activities, partner work and team games.

### **Profile of Physical Education, School Sport and Physical Activity (PESSPA)**

As a school we actively encourage all pupils to celebrate effort and success in PESSPA.

A display in the KS2 corridor is used to emphasise and raise the profile of the subject within school. This includes pictures of children taking part in inter-school competitions, extra-curricular activities and PE lessons. This is also promoted regularly in the weekly school newsletter.

In weekly celebration assemblies, pupils have the opportunity to share achievements and successes in out of school activities (e.g. gymnastics, horse riding, football, rugby union, cross country). These are also shared in a weekly whole-school newsletter.

### **PE in School**

Each class has the opportunity to access the hall for 2 hours per week. We also try to participate in outdoor PE as much as possible.

The playground areas, field and woodland are used to facilitate activities such as: Forest Schools, team games, Sports Day and intra-school competitions.



Teaching staff deliver high quality PE timetabled for 2 hours per week.  
We also engage in Inter Sports Competitions run by Sporting Influence.

### **Swimming**

By the end of KS2, it is expected that all children will be able to swim competently, confidently and proficiently over a distance of at least 25 metres, use a range of strokes effectively and perform safe self-rescue in different water-based situations.

In order to ensure children achieve this, all pupils in KS2 attend swimming lessons for a term each year. Swimming lessons are provided by qualified teachers from Nidderdale Swimming Pool.

### **Extra-Curricular Activities**

Coaches from local sports clubs (such as rugby and cricket) regularly provide additional opportunities for extending the PE curriculum in addition to the weekly sports club run by our coach from Sporting influence.

After school clubs include a weekly VX club led by the founder of VX games.

### **Cross Curricular Opportunities**

Teachers plan and make use of school facilities to incorporate physical activity into different lessons and daily routines. (E.g. active maths, active breaktimes etc.)

### **Assessment**

Teachers assess children in EYFS according to their moving and handling, health and self-care and other objectives based upon the Development Matters Objectives.

In KS1 and KS2, teachers assess children throughout PE lessons and complete a summative assessment for each pupil using the foundation subject assessment grids.

Information on a child's progress in P.E will be communicated to parents in the written report once yearly. Judgements made in previous years are always available to current teachers to ensure continuity and constant progression.

During swimming lessons, distances achieved and National Swim Awards passed are noted and the PE leader informed – Swimming certificates are presented in the weekly celebration assembly.

### **British Values**

At Dacre Braithwaite CE (VA) Primary School, we promote British values to all pupils in a variety of ways within Physical Education.

Through our curriculum, we aim to teach and develop lifelong skills that are applicable not just in PE lessons but in wider society also.



Democracy: Within all lessons children get the opportunity to have their opinions heard amongst their peers when discussing topics and current issues and tactics. Pupils are encouraged to learn about democracy and allow everyone the opportunity to have their say. This is often seen through feedback and peer and self-analysis tasks within lessons.

Rule of Law: A key part of Physical Education lessons is about teaching children about rules, sportsmanship, etiquette and fair play. In every lesson pupils must abide by the rules and regulations, gaining a good understanding of rules of each sport and the importance of infringements such as penalties and red cards. This allows them to understand the consequences of their actions.

Individual Liberty: Within our lessons pupils are taught about self-discipline and that to be successful you must work hard, show resilience and have a growth mind-set that anything can be achieved if you put your mind to it. Leadership is another area that we look to develop within our pupils within lessons and extra-curricular activities

Mutual Respect and Tolerance: Children are also taught about respecting different abilities and also the calls / judgements made by officials during games. Through dance, pupils learn about how to express themselves in different ways. They also look at the expression of different cultures and their styles of dance.

### **Health and Safety**

Each member of staff will check the space for potential health and safety risks prior to the session. Upon entering a space, children will be asked to try and identify these independently to encourage a strong awareness of their own surroundings. These will be discussed as a class.

Pupils are made aware of safe practice and understand the need for safety when undertaking any activity. (e.g. running in the same direction, not lifting hockey sticks higher than their waist etc.)

We ensure that all jewellery and watches are removed during lessons.

### **School Sports Premium**

The PE and Sport Premium is funding designed to help us improve the quality of the PE and sport activities we offer our pupils. The targets we intend to achieve with our current funding are listed below.

- The engagement of all pupils in regular physical activity – kick-starting healthy active lifestyles.
- The profile of P.E and sport is raised across the school as a tool for whole school improvement.



- Increased knowledge, confidence and skills of all staff in teaching PE and sport.
- Broader experience of a range of sports and activities offered to all pupils.
- Increased participation in competitive sports.

### **Monitoring and Evaluation**

The subject leader will oversee the continuity and progression within annual and medium term plans. They will also monitor the quality of teaching and learning through observations.

The leader will support colleagues and share expertise, arrange opportunities for outside agencies to visit the school in order to enhance learning and direct teachers to examples of good practice.

Date of Policy: March 2026