

NOVEMBER 2025



NEWSLETTER



ISSUE NO. FIFTEEN

WESTSIDE CATHOLIC SCHOOL

SOAR WITH GOD

In the same way that God was faithful to save the Israelites in the days of Isaiah, He is faithful today to work on our behalf. Hope is being confident, knowing that God's character does not disappoint and He never abandons us. When we lean in and hope in the Lord, it allows Him to breathe new life into our lungs. His Spirit stirs in our hearts and we can begin to imagine how it just might be possible to have a better day ahead. Even when we are powerless, we miraculously find the strength to stand, and then to step forward by His strength and power!

We can tap into that power by doing what Jesus did: spending time with God. In His presence, we are renewed, our strength is restored, and we become more and more like Him. In the presence of His Spirit, He brings order to our chaos.

Spend time with Him, pray to Him, bring your cares and worries and fears. Lay them at His feet and He will give you His perspective and wisdom about what is truly important.

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I can imagine Him whispering in our weakness...

Your power is limited, but mine is infinite.

Your perspective is shortsighted, but I can see the whole big picture in one view—have hope!

Your heart can only take so much, but I am here and can carry it all for you.

I love you infinitely more than you can fathom.

You may stumble and fall but I will pick you back up again. Over and over.

You don’t have to be perfect because I am and my grace/love/favor is enough.

You don’t have to struggle and strive to engineer your future. I know every step you have taken and will take and I have great plans for you.

Stop pushing past your limits. You don’t have to manufacture strength, instead draw near to me and my presence will give you strength and peace.

Spend time with me, learn to recognize my voice and how I move in the world. Get to know me and I can lead you through anything.

Stick close to me, have hope and together we will SOAR.

Summer Shore

weekly menu

Monday

Egg & Sausage Bagel
Uncrustable Kit
Yogurt Kit
Ham & Cheese Wrap
tater tots
fresh veggies
fruit
milk

Tuesday

Papa Johns Pizza
Uncrustable Kit
Yogurt Kit
Ham & Cheese Wrap
green beans
fresh veggies
fruit
milk

Wednesday

Gyro - flatbread, philly beef
Uncrustable Kit
Yogurt Kit
Ham & Cheese Wrap
vegetable
pumpkin fluff dessert
fresh veggies
fruit milk

Thursday

Chicken on the Beach / Scoops
Uncrustable Kit
Yogurt Kit
Ham & Cheese Wrap
roasted broccoli
seasoned black beans
fresh veggies
fruit milk

Friday

BBQ Riblet / Bun
Uncrustable Kit
Yogurt Kit
Ham & Cheese Wrap
baked beans
sweet potato waffle fries
fresh veggies
fruit milk

**JEFF HELFRICH****SEMINARIAN
PARISH INTERN**

STAFF SPOTLIGHT

Jeffrey Helfrich is a West-sider, raised in St. Philip Parish. He is a Mater Dei alumni and studied Veterinary Medicine at Purdue University. After college, Jeff joined the U.S. Army Veterinary Corps where he traveled all around the world caring for our four-legged soldiers and strengthening foreign nation partnerships.

Now that Jeff has left the military to continue discerning the Priesthood in the Seminary, he is now a Vet-Vet! Returning to Evansville after over a decade away, he is excited to be home again and welcomes the opportunity to get reacquainted with the Diocese. Jeff's favorite saint is Saint Francis of Assisi and in his free time enjoys good laughs with friends, watching movies and running with his dog, Millie.

Most of the fliers are “clickable” on the PDF version and will direct you to a larger image of the flier, the associated website, or the forms that are needed.

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Westside Catholic School DANCE

7-9 PM NOV 21

SAINT AGNES SCHOOL
1600 GLENDALE AVE
EVANSVILLE, IN 47712

Concessions Available 7th & 8th Grades \$5 admission

**"Prepare the Way of the Lord":
An Advent Experience**

SAINT AGNES GYM NOVEMBER 19 5:30-6:30

A WAY FOR PARISHIONERS AND SCHOOL FAMILIES TO PREPARE FOR THIS SPECIAL SEASON

ADVENT CHAIN PAPER PLATE WREATH PRAYER BOOK

NAME _____

I PLAN TO ATTEND ☐ NUMBER IN GROUP ☐

WHICH ACTIVITY WILL YOU COMPLETE TOGETHER?
(PLEASE CIRCLE ONE)

ADVENT CHAIN PAPER PLATE WREATH PRAYER BOOK

DR. JIM SCHROEDER PRESENTS:

Left to their own Devices: How the Increasing Pressures of a Digital World Affect our Children's Mental, Physical, and Emotional Health-- and What Parents can do about it.

When: 5:45pm Wednesday, December 3rd
Where: Saint Wendel Catholic School
Who: Any Parents!
Cost: FREE!

PTO SPONSORED EVENT

SKATE WORLD

NOVEMBER 23 FROM 5:00-7:00

PIZZA COOKIES DRINKS FREE!

1300 FAIRFIELD DR, EVANSVILLE, IN 47715

The Importance of Breakfast

ACADEMIC, BEHAVIORAL, AND HEALTH BENEFITS

Improved focus and memory: A nutritious breakfast fuels the brain, leading to better concentration, problem-solving abilities, and memory retention in the classroom.

Higher test scores: Research consistently shows that students who eat breakfast perform better on tests and achieve higher grades compared to those who skip it.

Better behavior and mood: Eating breakfast helps stabilize blood sugar, preventing the energy crashes and irritability that can lead to meltdowns and conflicts with peers.

Increased attendance: Children who regularly eat breakfast have stronger immune systems and may miss fewer school days due to illness.

Better Overall Health: Kids who skip breakfast seem to be more likely to develop metabolic conditions such as high blood sugar, abnormal cholesterol levels, and extra fat in the waist.

TIPS FOR MORNING ROUTINE AND BREAKFAST

- Get up ten minutes earlier
- Have low sugar, ready-to-eat cereals on hand (Cheerios-plain, multi-grain, chocolate/peanut butter; Chex-all varieties, Kix). Cereals should have less than 10-12 grams of added sugar and 3 grams of fiber
- High protein, low sugar yogurts (10 grams or less but the lower the better)
- Fresh fruit
- Hard-boiled eggs
- Toast or Bagels with Peanut Butter
- Homemade egg, sausage and cheese muffins (recipes are abundant online)
- Granola or breakfast bars (Nutrigrain, Kind Bars, Rx Bars, Larabars, Cliff Zbars)

Becoming One **CHRIST**

Encounter HOPE

A Jubilee Year Event
Building Christ-Centered Families

Saturday, December 6th | 8 am - 4 pm (CST)
Opening Mass with Bishop Siegel | St. Benedict Cathedral
Adult Conference Following Mass | Reitz Memorial HS Auditorium

Featured Speakers

Bobby & Jackie Angel Mark Hart Fr. Alex Zenthoefer

Ticket \$50
Limited Seating available.
Scan for more information.
Or visit evdio.org/encounter

Friday Night Bilingual HOLY HOUR | Featuring Tony Melendez
December 5th | 6-7 pm (CST)
St. Benedict Cathedral. No Ticket Required.

**★ WANTED ★
VOLUNTEERS**

REWARD
Help our your child's school!
Get to know other parents, students and the teachers!

There are many opportunities available for help!
Please ensure your CMG Connect Safe Environment training is up to date. If you need assistance, contact either campus.

ALL YOUR HELP IS GREATLY APPRECIATED!

★ **WCS Volunteer Link** ★



Westside Catholic PTO Chocolate Chip Cookie Dough
ORDERS DUE: Monday, December 1
All money is due with the orders.
Make checks payable to Westside Catholic School

Name & Phone	# of Tubs (\$17 each)	Total \$

The dough will come in a 3-pound tub. You can dip the dough into cookie portions and then freeze or freeze the whole tub. Once the whole tub is frozen, you will then need to defrost and use the whole tub at once. Pick up for the food will be **Sunday, December 7 from 4-6 PM at St. Agnes cafeteria, and after school December 8 at St. Agnes.** To bake, heat your oven to 350 degrees, and bake the cookies for 10-12 minutes.

Call Abby Zenthoefer with questions 812-486-7020.

THANKS FOR SUPPORTING WESTSIDE CATHOLIC SCHOOL!

Student Name: _____ Phone: _____

NEW LUNCHROOM POLICY FOR SAINT BONIFACE CAMPUS

As we enter week 13 of the school year, our students have grown more comfortable with one another – which is wonderful to see! However, this is also the time when we often need to revisit and reinforce some basic expectations.

Recently, we’ve noticed a need for improvement in lunchroom behavior. To help students be more successful in this area, Ms. Wargel will be providing additional supervision during lunch periods.

If a student does not respond to a verbal reminder, a detention will be assigned. After two lunchroom detentions, the student will spend one week having a “lonely lunch” – an opportunity to reflect on how to demonstrate appropriate behavior. Once that week is complete, the student may return to the regular lunchroom setting. If the same student receives two more lunchroom detentions, the “lonely lunch” period will extend to four weeks.

Repeat offenses are unnecessary and will not be tolerated. We appreciate your support in reminding your child to practice their best “restaurant manners” during lunch. Together, we can help our students create a respectful and enjoyable dining environment for everyone.

Thank you,
Sister Catherine



**SAINT AGNES
CHURCH**

THURSDAY - 8:00 AM
SATURDAY - 4:30 PM

SCHOOL MASSES



**SAINT BONIFACE
CHURCH**

TUESDAY - 8:00 AM
WEDNESDAY - 5:30 PM
SUNDAY - 10:00 AM

GROTTO

SATURDAY - 8:00 AM



**SACRED HEART
CHURCH**

MONDAY - 7:30 PM
FRIDAY - 7:30 AM
SUNDAY - 7:30 AM

LATIN MASS

SUNDAY - 12:00 PM

ADORATION TIMES

MONDAY - 6:30 PM SACRED HEART
FIRST FRIDAY OF THE MONTH - 8:00
AM - 5:00 PM - SACRED HEART

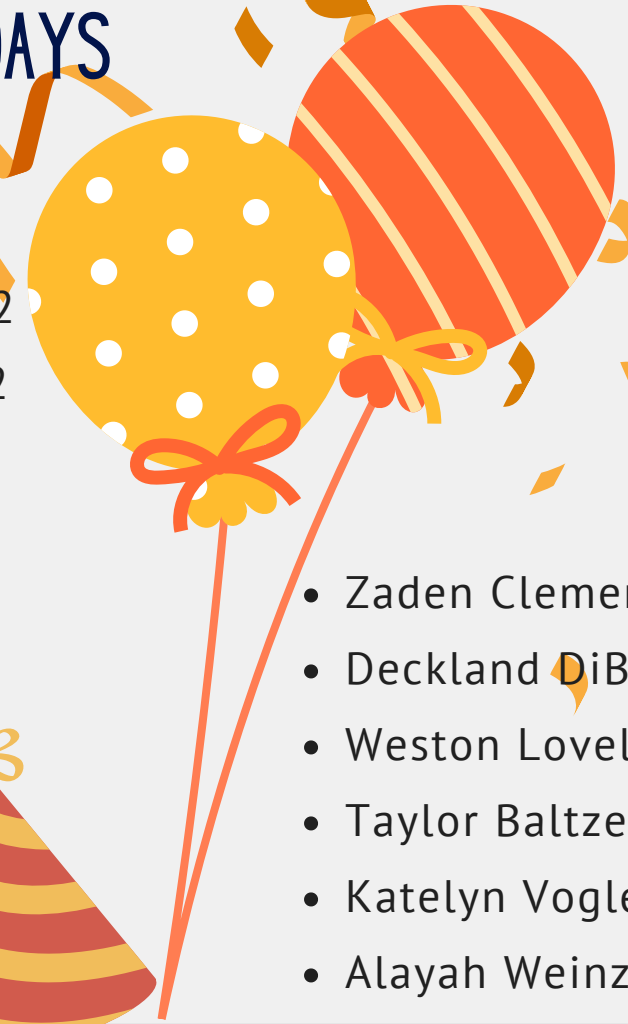
SAINTBONIFACEPARISH.ORG

UPCOMING DATES:

- Change for change mass and advent experience - November 15
- 6th Grade field trip - November 21
- 7th & 8th Grades dance at Saint Agnes- November 21
- PTO Skateworld party - November 23
- Thanksgiving break (no school) - November 26-28

NOVEMBER BIRTHDAYS

- Benson Smith - 7
- Mr. Pate - 8
- Mrs. Vadbunker - 12
- Lillian Niehaus - 12
- Ms. Broyles - 13
- Mason Wilson - 14
- Ms. Phelps - 17
- Zaden Clements - 16
- Deckland DiBiase - 23
- Weston Lovelace - 25
- Taylor Baltzell - 28
- Katelyn Vogler - 28
- Alayah Weinzapfel - 30



ONE FAITH. ONE FAMILY. ONE FUTURE.