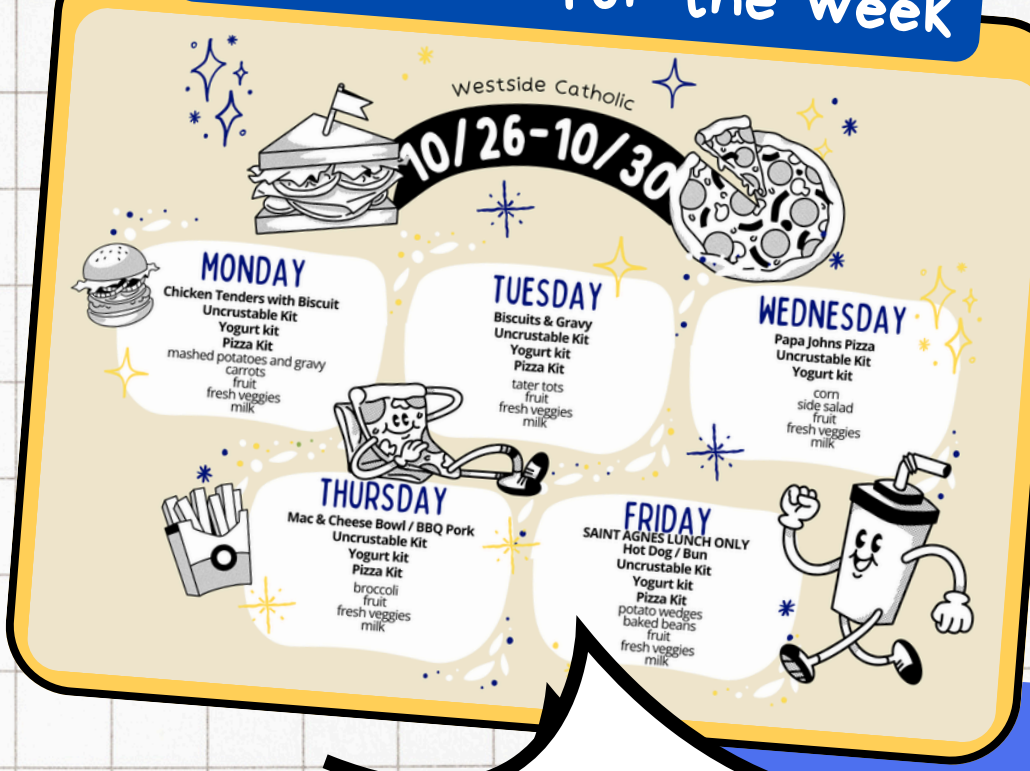
Westside Catholic School

Bobcat News

OCTOBER 23, 2026

No shuttle bus November 5 or 6

Lunch Menu for the Week



CONGRATS!

4th grade on 100% iRead pass rate

Look for report cards to be emailed home today around 10am!

Contact Information

- Saint Agnes Campus
  812-423-9115
- Saint Boniface Campus
  812-422-1014
- www.westsidecatholic.org

Red Ribbon WEEK

Make a Difference, Be a Hero, Stay Drug Free!

October 23-31

Monday
RED OUT

Wear a red top with uniform bottoms or jeans

Tuesday
TALK IT OUT

Wear WCS spirit wear top with uniform bottoms

Wednesday
OUR FUTURE IS BRIGHT

Wear bright, neon colors with sweatpants, jeans, or uniform bottoms. Shorts and leggings are <u>not allowed.</u>

Thursday
HEROES ARE DRUG FREE

8th to MD for PSAT in the morning. Officer Wheeler visits. Students can wear a superhero shirt with uniform bottoms. (8th grade needs to wear uniforms for MD and can change after)

Friday
FESTIVITIES

Annual Kyle Weis Memorial Kickball Tournament for grades 6-8. Halloween parties for grades K-5. Students can wear Halloween/ black & orange shirt with free dress bottoms. Shorts <u>must</u> be fingertip length and no leggings allowed. Grades 6-8 bring team color attire to change into for kickball.

Click graphic below for full size image.

The Architecture of Childhood

By Kevin Stinehart: kevinstinehart.substack.com

THE 9 AREAS CHILDREN NEED TO GROW STRONG • THE INPUTS THAT BUILD THEM • WHAT BLOCKS THEM TODAY

AREA OF DEVELOPMENT (WHAT KIDS NEED TO GROW)	WHAT BUILDS IT (THE ESSENTIAL INPUTS)	HOW IT DEVELOPS (WHAT IT LEADS TO)	WHAT BLOCKS IT TODAY (THE MODERN BARRIERS)
1 **SELF-REGULATION** Managing emotions, impulses & attention	Free play • Unstructured time Movement • Nature • Boredom Predictable routines • Sleep	Emotional control • Focus Stress tolerance • Patience Better decision-making	Screens & constant stimulation Over-scheduling • Helicoptering Pressure • Sleep deprivation
2 **SOCIAL CONNECTION** Building relationships, empathy & belonging	Peer interaction • Cooperative play Conversation • Family meals Community • Mixed-age play	Empathy • Trust • Kindness Communication skills Sense of belonging	Isolation • Screens over peers Adult-planned everything Less neighborhood play
3 **INDEPENDENCE & AGENCY** Making choices, solving problems, trusting themselves	Real choices • Age-appropriate risk Unstructured time • Responsibilities Freedom to explore	Confidence • Initiative Problem-solving • Self-trust Purpose & motivation	Overprotection • Too many rules Constant supervision Fear/liability culture
4 **RESILIENCE & GRIT** Bouncing back, persisting through challenges	Challenges • Failure & recovery Risk • Hard things • Time Support, not rescue	Grit • Perseverance Emotional strength Growth mindset	Instant rescue • Perfectionism Low frustration tolerance Shielding from struggle
5 **CREATIVITY & IMAGINATION** Thinking flexibly, inventing & exploring ideas	Open-ended play • Loose parts Nature • Art • Daydreaming Time & space to wonder	Innovation • Original thinking Curiosity • Adaptability Joy in learning	Scheduled everything Too much direction Screens & passive content
6 **EXECUTIVE FUNCTION** Planning, organizing, remembering & adapting	Unstructured time • Games Planning projects • Responsibilities Movement • Sleep	Organization • Memory Flexible thinking • Self-control Goal setting	Over-scheduling • Rigid routines Multitasking • Sleep loss Over-reliance on adults
7 **PHYSICAL HEALTH & COORDINATION** Strong bodies, motor skills & lifelong habits	Daily active play • Outdoor time Climbing • Running • Sports Nature • Unstructured movement	Strength • Coordination Endurance • Healthy habits Body confidence	Sedentary lifestyles Indoor entertainment Over-scheduling
8 **PURPOSE & MEANING** Understanding who they are & what matters	Trusted roles • Helping others Passions • Freedom to explore Reflection • Mentorship	Sense of purpose • Values Motivation • Life direction Inner strength	Pressure to perform Comparison • External rewards Little voice in their own lives
9 **CONTRIBUTION & RESPONSIBILITY** Caring for others, community & the world	Chores • Service • Community Caring for animals • Teamwork Real-world contributions	Empathy in action • Leadership Civic-mindedness • Gratitude Stronger communities	Consumer culture Entitlement mindset Few real responsibilities

THE COMMON THREAD: RELATIONSHIP, FREEDOM & TIME
Kids thrive when they are known, trusted, connected, and given the time and space to grow.

THE FOUNDATION: PLAY IS THE WORK OF CHILDHOOD
Play is how children build the skills, strengths, and character they need for life. Without it, development is delayed or distorted.

THE COST OF GETTING IT WRONG: A GENERATION AT RISK
Anxious. Over-scheduled. Under-resilient. Disconnected from themselves, others, and the natural world.

CHILDHOOD IS NOT A DRESS REHEARSAL FOR LIFE. IT IS LIFE. OUR JOB IS NOT TO CONTROL IT, BUT TO PROTECT IT.

When children get the right inputs, development doesn't just happen - it FLOURISHES. Schools, families, and communities can make it possible.

PROTECT THE INPUTS. NURTURE THE OUTCOMES. BUILD A BETTER FUTURE.

Sources: Piaget (1952); Erikson (1963); Bowlby/Ainsworth; Vygotsky (1978); Gray (2011, 2013); Skenazy/Let Grow; Haidt (2024); Brown & Vaughan (2009); Yogman et al. (2018); Diamond & Lee (2011); Barker et al. (2014); Brussoni et al. (2015); Barros et al. (2009); CDC; U.S. Surgeon General.

Follow this link for Tax Credit information

Dress Code Reminders

As a reminder, please take a moment to review the uniform dress code above to ensure students are coming to school in accordance with WCS guidelines. We appreciate your help in making sure all students are dressed appropriately and ready to learn!

Girls

- Navy or khaki uniform pants or shorts, or navy, khaki, or plaid skorts, skirts or jumpers
- Shorts, Skorts, Skirts and Jumpers must be fingertip length or longer.
- No brand names visible, no outside pockets, zippers or loops, no outside stitching, or capri length permitted. Pants may have a small flare bottom, must fit properly, and be worn at the natural waistline.
- Navy, red, or white long or short sleeved polo shirt or turtleneck
- Must be solid color and no brand names visible. All shirts must be tucked in at all times.

Boys

- Navy or khaki uniform pants or shorts
- No brand names visible, no outside pockets, zippers or loops, no outside stitching, no cargo pants permitted. Pants and shorts must fit properly and be worn at the natural waistline.
- Navy, red, or white long or short sleeve polo shirt or turtleneck
- Must be solid color and no brand names visible. All shirts must be tucked in at all times.

Belts

- Navy, black or brown - Belts must be solid in color and not have accessories or embellishments.
- In grades 3-8, bottoms with belt loops and a belt must be worn at all times.

Sweaters

- Navy, red, or white cardigan, v-neck or crew neck
- No hoods, no zippers or extra trims or designs. Uniform polo shirt or turtleneck must be worn underneath and collars must be visible.

Fleece Jackets

- Black or navy fleece zipper jackets with the gold WCS logo may be worn (Southwest Grafix) Uniform polo shirt or turtleneck must be worn underneath and collars must be visible.

Socks & Tights

- Socks must be worn at all times and should be visible.
- Girls may also wear solid navy, red or white tights.

Shoes

- Casual or athletic only - Shoestrings must be tied. Boots, CROC's, sandals, clogs, and platform shoes are NOT allowed, toes and heels must always be covered.

Hair

- Hair should be kept clean and properly styled. Hairstyles bordering on the extreme (multiple colors, braids, beads, shaved, mohawks) will not be permitted. Boy's hair may not touch the collar in the back, should not be over the eyes, and should not be below the ear on the sides.

Make-up and Nail Polish

- In grades K-4, no student is allowed to wear make-up.
- In grades 5-8, girls may wear a light foundation.
- Only girls may wear clear fingernail polish and no acrylic nails are allowed.

Jewelry and Accessories

- Jewelry may include a watch, bracelet, necklace, ring, and religious metal.
- Girls may wear one small pair of earrings. No dangles or large hoops.

We consider proper dress and grooming to be a part of the learning process. Proper grooming and styling of hair is required. Styles considered inappropriate for a school are not permitted. These guidelines are subject to some interpretation. The school administration reserves the right to determine what meets these guidelines when there is a question of acceptability or appropriateness.

DRESS CODE VIOLATIONS

Grades 5-8: Students who receive four dress code violations in one grading period will lose their "Free" Dress privilege the following month. A dress code violation notice will be issued for students not in proper dress attire.

SPIRIT WEAR

- Friday of each week is "Spirit Wear Day," to promote our school pride and Catholic heritage. Students may wear any Westside Catholic School or Mater Dei H.S. shirt, T-shirt, or sweatshirt.
- Students may also wear a shirt with the Catholic Diocese logo depicting the school year theme from the current or any previous year.
- Students are to follow the uniform dress code for all other guidelines for dress items: pants, shorts, socks, shoes, etc. (NO jeans or sweatpants).
- Students may wear a regular uniform shirt on Fridays if they choose not to wear a spirit wear top or sweatshirt to school

FREE DRESS - First Friday of each month

- Free dress is scheduled for the first Friday of each month. Periodically throughout the school year, a free dress day may be designated as a reward or incentive.
- All clothing must be appropriately modest and reflective of Christian values. There should be no wording across the seat of the pants.
- Shirts must have standard short sleeves or longer (no sleeveless or tank tops).
- St. Agnes Campus: Jeans and athletic pants may be worn (no pajama pants.) Tops worn with leggings must completely cover one's seat.
- St. Boniface Campus: Jeans or uniform bottoms must be worn.
- The regular uniform policy regarding shoes should be followed with the exception that boots may be worn. Gym shoes and socks must be brought to school for gym class.

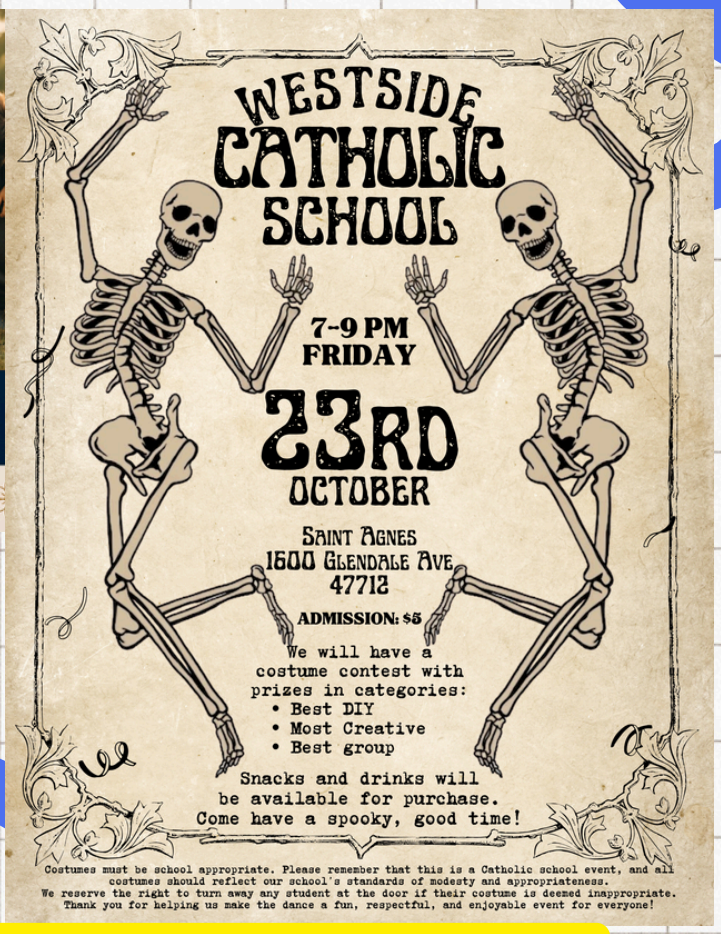
If you have any questions about the dress code or whether an item is permitted, please don't hesitate to contact the school office. We are happy to help clarify any questions or concerns.

Thank you for your cooperation and for helping us uphold the standards and traditions of Westside Catholic School!

Fliers

Below are the fliers for our school, Mater Dei, and the diocese. Almost every flier can be clicked on with the PDF version of the newsletter. You must download the newsletter from the link in the email in order to click on the links. Otherwise, it is a picture of the flier.











Mater Dei Girls Basketball Prep

Tryout Schedule:

Sunday, November 8th @ St. Philip

- 3rd Grade: 12:30 PM – 2:00 PM
- 4th Grade: 2:10 PM – 3:40 PM

Sunday, November 15th @ St. Philip & Mater Dei

- 5th Grade: 12:30 PM – 2:00 PM (St. Philip)
- 6th Grade: 2:10 PM – 3:40 PM (St. Philip)
- 7th Grade: 6:15 PM – 7:45 PM (Mater Dei)
- 8th Grade: 6:15 PM – 7:45 PM (Mater Dei)

If you have any questions please reach out to mtravers@evdio.org

Registration link: https://forms.gle/1tJpvWddrHjCWGEj6

Parish Mass Times



SACRED HEART CHURCH

MONDAY - 7:30 PM
FRIDAY - 7:30 AM
SUNDAY - 7:30 AM

LATIN MASS

SUNDAY - 12:00 PM



SAINT BONIFACE CHURCH

TUESDAY - 8:00 AM
WEDNESDAY - 5:30 PM
SUNDAY - 10:00 AM

GROTTO

SATURDAY - 8:00 AM



SAINT AGNES CHURCH

THURSDAY - 8:00 AM
SATURDAY - 4:30 PM

ADORATION TIMES

MONDAY - 6:30 PM SACRED HEART
FIRST FRIDAY OF THE MONTH - 8:00 AM - 5:00 PM - SACRED HEART

SAINTBONIFACEPARISH.ORG

Upcoming Dates

October 23 - 7th & 8th grade dance at Saint Agnes
October 25 - Open gym at Saint Agnes 3-5
November 5 & 6 - No shuttle bus
November 6 - Picture Retakes
November 15 - Open gym at Saint Agnes 3-5
November 22 & 23 - Change for Change Mass
November 22 - Family Advent Experience
November 23 & 24 - Early dismissal at 12:15, no after care avaiable, & Parent Teacher conferences



Birthdays



- Sister Catherine - 1
- Sawyer Broyles - 3
- Mrs. Leigh Anne Cutrell - 4
- Estelyn Orth - 4
- Mrs. Courtney Harper - 5
- Molly Helfrich - 10
- Finnegan Wilson - 11
- Darwin VanMeter - 11
- Ms. Diana Chaffin - 15
- Mrs. Mary Jo Townsend - 19
- Elliott Blankenberger - 19
- Quinn Kuban - 21
- Mrs. Carrie Mabrey - 25
- Mrs. Lori McIntire - 31
- Axel McDowell - 31
- Patrick Zenthoefer - 31



ONE FAITH. ONE FAMILY. ONE FUTURE.