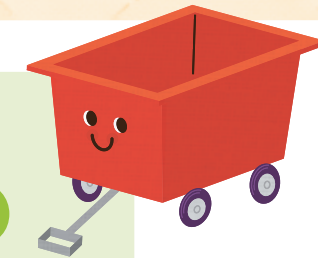


THIS MONTH'S THEME

Things That Go

This month, your baby is exploring *Things That Go*! Through songs, movement and hands-on play, they'll watch balls roll, cars zoom and toys tumble. Every push and roll helps your baby discover that their actions can make things happen. Their eyes will follow the motion, and their curiosity will follow right along with it.

Sing and dance at home with theme-based music!



READ EVERY DAY

Establish a reading routine to bond with your child through stories. Reading to your baby can help establish a predictable daily routine while also promoting brain activity, early literacy skills and language development.

Try this: Point and Name Pictures
Pointing to and naming pictures helps your baby build vocabulary as they connect words with the world around them.

How:

- **Point & Say:** Point to a picture in a book and say its name clearly, encouraging your baby to look where you're pointing.
- **Ask & Wait:** Ask "Where's the ___?" and pause to see if your baby points, looks or reaches toward the picture.
- **Echo Back:** Repeat the picture's name a few times using different tones to keep your baby engaged.

Tip of the Month: Read Anywhere:

Books can be part of everyday moments. Bring one along in the car, during bath time or while waiting at the grocery store.

BOOKS & NURSERY RHYMES



Things That Go Vroom
by Little Hippo Books

Baby Touch and Feel Things That Go
by DK

ROW, ROW, ROW YOUR BOAT

Row, row, row your boat
Gently down the stream,
Merrily, merrily, merrily, merrily,
Life is but a dream.

Play & Learn at Home

Encourage different types of play with objects you can find at home or in nature. Below are three activities you can try at home related to the same type of play.



Stack & Nest

Does your baby notice what happens when a stack of cups wobbles or falls?

Young Infant

During tummy time, place a small stack of nesting cups within your baby's view. Gently shake the blanket underneath to make the stack wobble. Say, "Wobble, wobble!" Watch how they react as you change the speed.

Older Infant

Hold one edge of a blanket while your child holds the other, with a few stacking cups in the middle. Raise and lower the blanket together and watch them balance as the cups shift. Shake the blanket to knock the cups off and see if your child notices.

Young Toddler

Lay a blanket on the floor and stack a few cups in the middle. Invite your child to shake it with you and watch the stack tumble. Talk about "on" and "off" as you restack the cups together.

Does your baby enjoy picking up toys and placing them in a line or stack?

Young Infant

Line up a few blocks on the floor. Hold your baby tummy-down on your arm and "fly" them slowly over the blocks so they can reach out and touch each one. If they grab one, fly them to a nearby box to drop it in.

Older Infant

Make a masking tape line on the floor and set a box nearby. Place blocks along the line and encourage your child to grab them and drop them in the box.

Young Toddler

Make a masking tape line and fill a box with blocks nearby. Encourage your child to bring blocks one at a time and line them up along the tape. Work together to put the blocks back in the box when you're done.

Does your baby crawl toward the cups or reach out to grab and stack them?

Young Infant

While your baby is on their tummy, stack three paper cups within reach. Watch to see if they reach for the cups, then knock them over and say "Uh-oh!" Stack them again and repeat.

Older Infant

Sit across from your child and stack cups together. Roll a toy car into the tower to knock it over and clap when it tumbles. Hand your child a cup and ask them to add it to the stack.

Young Toddler

Scatter cups around the floor with a toy car hidden under one. Encourage your child to gather the cups and help you build a tower. See how they react when they find the hidden car.



FAMILY NEWSLETTER



On The Go

FEATURED CONCEPTS

Letters & Sounds:



Shape & Color:

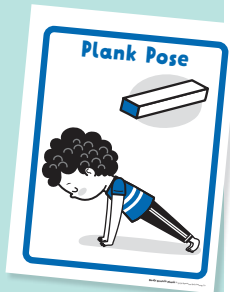


Character Trait:

Generous

Body Stretch:

Plank Pose



Number:



Sign Language:



This month, your child will explore the *On the Go* theme. Through hands-on play, movement and imaginative exploration, they will discover the many ways people and animals travel from place to place. They will investigate roads, vehicles and different modes of transportation while exploring how things move on land, in the air and on the water. Along the way, they will build spatial awareness, curiosity and an understanding of how transportation helps connect people and places every day.

Down the Road: Discover roads, signs and simple maps while building early spatial awareness.

On Land: Explore wheels, ramps and the many ways people and animals travel on land.

In the Air & Water: Discover vehicles that move through the air and across the water.

Public Transportation: Learn about buses, trains and other ways communities travel together.

Beep, beep! Choo, choo! Off we go! So many ways to travel, did you know?





Find the Car!

WHAT?	HOW?	WHY?
In the story of the week, your child hunted for different types of vehicles pictured on the page. Play hide and seek with them this week.	Hide a toy car somewhere in your home and invite your child to help you find it.	This game encourages your child to remember where objects might be and keep looking even when they can't see them. These early problem-solving skills grow through playful experiences.



Truck Race

WHAT?	HOW?	WHY?
In the story of the week, your child watched Duck encounter many types of transportation until he finally discovered a truck. Set up a truck race with your child.	Invite your child to get inside a laundry basket and pull them around the room. Pretend the laundry basket is a truck. Encourage them to pull the laundry basket with their favorite doll or stuffed animal.	This activity supports gross motor skills by encouraging the children to strengthen large muscles and practice coordination by pulling a laundry basket around the room.



Sharing Dinner

WHAT?	HOW?	WHY?
In the story of the week, your child heard about a bird that collects many berries. When she realizes her forest friends have none, she shares hers with them. Host a sharing dinner with your family this week.	Give each person at the table one serving bowl, then take turns sharing with others. For example, invite your child to give each family member one scoop of vegetables. Have another family member give everyone a piece of another food item and so on.	This activity helps your child practice generosity by taking turns and sharing with others. These simple family moments help the children begin to understand kindness, cooperation and caring for others.

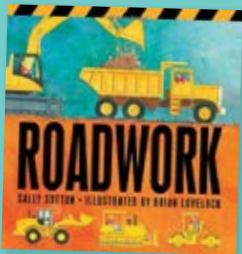


Road Rally

WHAT?	HOW?	WHY?
In the story of the week, your child followed paths on a page to discover different types of transportation with wheels. Make roads, then push toy cars on them this week.	Cut paper strips or old cardboard into strips and work with your child to line up the strips to make a curvy road. Push toy cars or trucks along the road.	As you build the road together, your child explores how pieces fit together and where vehicles can travel. Working together also encourages cooperation and creative play.

READ
WITH
ME

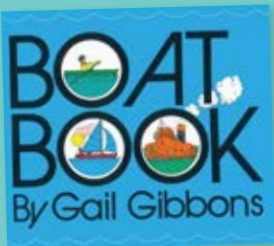
Roadwork
by Sally Sutton



The Busy Little Tractor
by Little Hippo Books



Boat Book
by Gail Gibbons



The Pigeon Loves Things That Go!
by Mo Willems



Family Newsletter



THIS MONTH'S THEME

On the Go

This month, your child will explore the exciting world of transportation. They will design a road, traffic signal and bridge. Your child will explore flight in an airplane, a hot air balloon and a helicopter. Then they'll make a boat and test it in water. They'll count dollars and buy a ticket on the ferry. There are so many ways to go; which one is your family's favorite?



Look for the daily notes about your child's art projects!

Today I made a car.

I gathered nature items, then glued them onto my green car and attached the wheels. I explored rolling my car on different surfaces, then built a town with blocks! I like to pretend to drive!



Today I made a tool box.

A tool box holds things like screws, hammers and nails. I used my creativity to decorate a tool box. I can carry it around by its handle and pretend to fix things.



ASK ME: What do you want to put inside your tool box? Did you fix something today?

preschool

Learning Through Play

The value of play for children

What is your child's favorite way to play? Whether they're building with blocks, pretending to drive a bus or racing toy cars across the floor, every playful moment helps them learn and grow. Through play, children build friendships, solve problems, express their ideas and discover more about the world around them. Here are just a few of the many ways play supports your child's development:

- Play helps children practice sharing, taking turns and working together.
- As children talk, pretend and imagine, they build language and communication skills.
- Play encourages children to solve problems, think creatively and try new ideas.
- Active play, like climbing, running and jumping, helps children build strength, coordination and confidence.
- Free play gives children opportunities to make choices, follow their interests and explore their creativity.





RECOMMENDED READS

Cuddle Up WITH A GOOD BOOK

Rosie's Walk
by Pat Hutchins

Inventors Who Changed the World
by Heidi Poelman

I Went Walking
by Sue Williams

Canoe Days
by Gary Paulsen

Transportation in My Neighborhood
by Shelley Lypons

Mabel Takes the Ferry
by Emily Chetkowski



Family Activities

Go! Go! Go!

Take a ride around your community together. Find a local map and drive (or ride) down roads that you haven't yet explored. Talk about how it is similar to and different from the roads you use every day. Look for traffic signs and hunt for the letters of the alphabet.

Driving Along

(Sing to the tune of "Skip to My Lou")

Create more verses together by replacing the action word and type of transportation, then let your child decide where it is going.

**Drive, drive, drive the car,
Drive, drive, drive the car,
Drive, drive, drive the car,
To the supermarket.**

**Fly, fly, fly the plane,
Fly, fly, fly the plane,
Fly, fly, fly the plane,
Fly across the sky.**

