



CEO's News

By CEO Bill Okwuosa

Greetings, Families!

We would like to share all our center has planned for the autumn season.

I'm happy to welcome all new and returning families who joined our center during the summer. We are grateful for you trusting your beloved children to us and are committed to making their journey at Good Child one full of growth, enjoyment and memories.

We have recently completed our annual inspections with OEC, the Milford DPH and Early Start and had excellent results. We are proud of our administrators and teaching staff who have worked hard to uphold our high standards of care.

Keep an eye on our announcements to join our amazing events to celebrate Halloween, Thanksgiving and all December holidays.

As always, reach out if you have any questions or concerns. We appreciate your partnership!

Best,
Mr. Bill



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Center News

By Director Lana Baumgarten

Dear Families,

Welcome to Fall! This is my personal favorite season, full of celebrations, sweet flavors and warm colors. Our curriculum themes for the next few months will explore Seasons, Weather and Family Units. We're also hosting our famous Annual Halloween Parade and Thanksgiving Feast, so mark your calendars!

I'd like to personally welcome the new families who have joined us this season. We are very lucky to have you as a part of our Good Child family and can't wait to see what all your children will accomplish while under our care. My congratulations to all our friends who have moved up age groups; we are so proud of your growth.

As we celebrate Fall, kindly be reminded that it also comes with downsides: it's the season for viral infections, especially Flu. Make sure your child who is 6 months or older receives their annual flu vaccine by 12/31/2026 to be able to attend in 2027. During this time, we will increase our vigilance regarding the spread of germs and make all possible efforts to mitigate the propagation of illness. With that in mind, please refrain from bringing your children to school if they are having symptoms, including fever, rashes, cough and heavy nasal discharge.

We are looking forward to a season full of crafting, carving pumpkins, celebrating our friends and family and preparing for our holiday recess. Enjoy your autumn!

Kindly,
Miss Lana



REMINDERS

- 1) Please make sure any medications or topical creams are dropped off to the office. Our admin team needs to confirm accurate paperwork before delivering to the classroom.
- 2) Please make sure to update your child's spare clothing in the classroom. Keep in mind every child needs **AT LEAST 2 COMPLETE OUTFITS** in their cubby (including underwear and socks).
- 3) Kindly add a picture to your parent profile on Brightwheel. That eases the checkout process for new families and staff.



Important Dates

- | | |
|--------------------------|--|
| October
12 | INDIGENOUS' PEOPLE DAY
CENTER CLOSED |
| October
19-23 | CAREER WEEK
Sign up on Brightwheel |
| October
30 | HALLOWEEN PARADE
Livestream available at 10am |
| November
2-3 | PICTURE DAY
All ages and siblings |
| November
13 | THANKSGIVING FEAST
All families invited for 12pm |
| November
25 | EARLY DISMISSAL
Center closes at 1pm |
| November
26-27 | THANKSGIVING RECESS
CENTER CLOSED |

Upcoming Events

GCDC Enrichment Programs

CAREER WEEK

SHARE YOUR PROFESSION WITH US!



OCTOBER
19TH TO 23RD

[CLICK
HERE
TO
SIGN UP](#)

GCDC's
ANNUAL
HALLOWEEN
PARADE



Friday
October
30th
at 10am

*Each classroom will have a
Halloween Party at snack time
that parents can attend.
Please refrain from coming in
person for the parade.

Watch on
Livestream*



Upcoming Events

FALL PICTURE DAY

NOVEMBER 2nd AND 3rd

11/2 – Infants, Waddlers & Toddlers

11/3 – Big 3s, Preschool & K-Prep

Sibling pictures available

Good Child Development Center's

THANKSGIVING FEAST

**NOV
13th
12pm**

**Click to
RSVP**



Room 101



Dear Room 101 Families,

Autumn has officially arrived in the infant room! The air is growing crisp, the leaves are turning beautiful vibrant colors, and our classroom is filled with the cozy sights and sounds of the season.

We love watching our littlest learners grow and change right alongside the season. It is incredible to see how much they are discovering each day, from practicing new motor skills on the rug, to taking in the big autumn world around them by touching crinkling fabric leaves, singing seasonal songs, and strolling outside.

We are making the most of the beautiful crisp weather by combining our stroller walk with interactive sensory exploration! As we cruise past the trees, teachers point out the bright changing leaves and the sound of the wind, building early language and vocabulary skills.

Thank you for letting us watch your precious babies learn and grow every day!

Warmly,

Miss Tshiluayi, Miss Angela and Miss Bouchra



Room 102

Happy Fall, 102 Families!

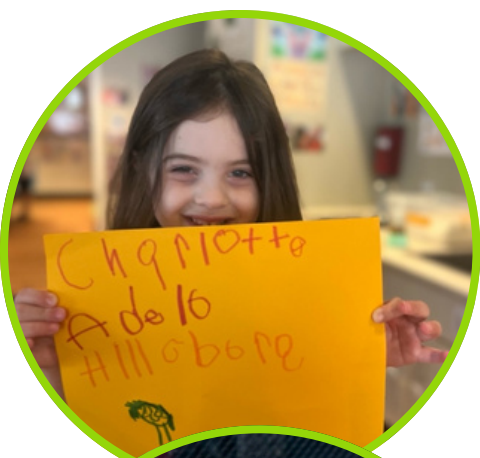
We are so excited to welcome the beautiful fall season into our K-Prep classroom! As the leaves begin to change and the weather gets cooler, we have lots of fun and exciting activities planned for our friends. We will be exploring apples and pumpkins, collecting and observing colorful leaves, enjoying nature walks, exploring acorns and pinecones, creating fun fall artwork and crafts, and enjoying seasonal sensory activities, stories, songs, and games.

We will also have lots of Halloween fun with spooky stories, crafts, and age-appropriate activities, followed by Thanksgiving-themed activities where we will talk about kindness, friendship, helping others, and the things we are thankful for. Through all of our fall activities, our friends will continue practicing important K-Prep skills such as counting, sorting, letter and name recognition, following directions, communicating, sharing, taking turns, making independent choices, and using their creativity and imagination. We would also like to welcome all of our new K-Prep friends!

We are so happy to have you join us and are excited to watch everyone make new friendships, learn new things, and grow together throughout the year. As we welcome the cooler weather, please make sure your child has two spare changes of clothes appropriate for the new season in their cubby, and remember to update their extra clothes as the weather gets colder. We are looking forward to a wonderful fall filled with learning, laughter, friendship, creativity, and lots of fun!

Kindly,

Miss Gabi and Miss Katherine



Room 103



Dear Families,

Room 103 welcomed the fall season with our “All About Me” theme. Throughout September children explored their bodies, families, feelings, interests, and the five senses through books, music, sensory activities, movement, and hands-on play. In October, we will learn more about Weather and Seasons.

Families are reminded that water play has ended, so please take home any swimwear, towels, or water-play items. With cooler weather approaching, please provide warmer clothing, socks, and two complete extra outfit, and remember to label all belongings.

Our next birthdays this fall are:

- Victoria – October 2
- Analeya – October 3

Thank you for your continued partnership and support as we learn, grow, and explore together!

Kindly,

Miss Katie and Miss Nadia



Room 104

Happy Fall, Room 104!

As we welcome the fall season, we're excited for cooler days, colorful leaves, and lots of new classroom adventures! We had such a fun summer, and the children especially loved our water play days, where they enjoyed splashing, pouring, and exploring together.

We also celebrated our August birthdays! Happy Birthday to Zayne and Nora! Please send in warmer clothes for your child as the weather begins to change, including long-sleeve shirts, pants, and socks.

We're looking forward to enjoying all the fun and learning that fall has to offer!

With love,

Miss Rianna and Miss Rosa



Room 105

Happy Fall, Room 105!

We had so much fun this summer and now we are getting ready to welcome Fall with all the fun it comes with. As the weather starts to get chilly please have your child come in with a sweater/jacket as we will keep going outside weather permitting.

Also please bring in weather-appropriate clothes for child's bin to have in case of accidents. We will start to send home summer clothes in your child's book bag. We are sad but happy to have our friends Avery and Amelia move up to Preschool. We wish you the best and will miss you. We are happy to have our new friend Eliel join our classroom.

We will be learning a lot about the seasons changing in the next coming months, and we can't wait for all the fun holidays coming up!

Kindly,
Miss Dani and Miss Lu



Hi Room 106 Families!

Room 106

As the summer sun begins to set and the crisp autumn air moves in, we are excited to transition into a brand-new season of learning. Our waddlers have adapted beautifully to our daily routines, and we are so proud of the milestones they are reaching every single day. Our sensory and art activities will pivot toward natural materials.

Get ready to see projects featuring textured leaf rubbings, finger-painted pumpkins, and sensory bins filled with themed elements from nature.

Please ensure your child has a labeled light jacket or sweater in their cubby, as we head outside for chilly morning playground time and swap out any summer-weight spare clothes in your child's cubby for warmer pants and long sleeves.

We look forward to a wonderful, cozy fall season together!

Warmly,
Miss Gaby and Miss Anny

Room 107

Hi Room 107 Families!

Welcome to a brand new season! We are excited for all the learning, growing, and fun this season will bring! As we enter another season we are preparing for so many fun activities! We would like to continue going outside for as long as the weather permits, so please keep in mind to dress your child appropriately for the cold crispy weather! Our class will also be celebrating Ms Maria's birthday October 11th!

Room 107 will experience different art activities using our natural resources like picking leaves and painting them, acorns, little pumpkins, and even using fall foods like apple slices!

We'd also like to thank Ms. Leandra for joining our 107 team while Ms. Maria recovers from surgery. We love having her around and also can't wait for Ms. Maria to come back in December. Cheers to a great new season!

Kindly,
Miss Jada, Miss Maria and Miss Leandra



Hi 108 Families,

Fall is here!

Room 108

We will be learning all about the changing in seasons! We will learn about Fall weather and fall themed activities like apple picking, leaf collecting, and more! We will also learn about the upcoming holidays of Halloween and Thanksgiving. If there are any holidays or traditions your family celebrates, please let us know so we can incorporate that into our lessons.

As the weather gets chillier, we ask that there are weather appropriate outfits in your child's cubbies. We also ask that you bring in a coat every day as the mornings get colder!

Classroom reminder: no outside toys allowed. Your child may bring in a stuffed animal or baby doll to be used at nap time only. As always, if you ever have any concerns or questions please reach out!

Thank you,
Miss Brittany and Miss Britney



Room 109



Happy Fall, Room 109!

As sad as we are to see summer go, we are as happy to see fall and the cool weather approach.

Please welcome all of our new friends who are either coming from outside of the center or transitioning into Room 109. We are so blessed to have you guys. During summer we said goodbye to the graduates and wished them the best of luck in their next journey.

Now that the cool weather is approaching we will be taking a couple more adventure walks before it gets too cold outside. The children will be learning how to identify and write their names. They will be experts by next year. We have lots of fun and cool curriculum activities coming up that we are excited to share and teach to the kiddos.

We hope you all had a wonderful summer and here is to a great fall season ahead!

Kindly,

Miss Brandy and Miss Cara



Eco-Friendly Practices

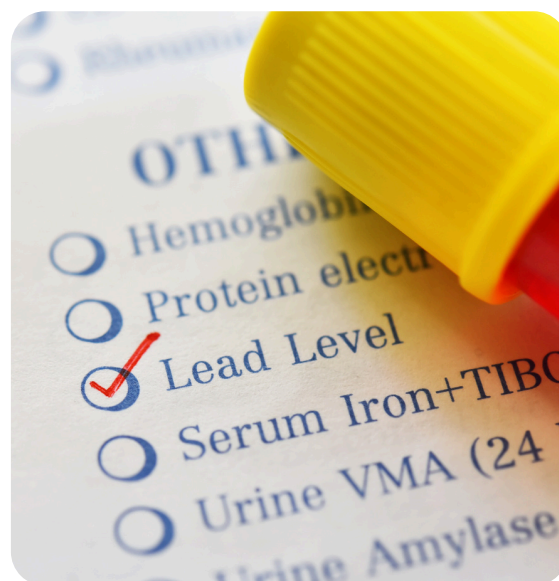
Lead Testing

The Office of Early Childhood and NAEYC require our center to perform annual lead testing for our drinking water sources.

Our most recent test was completed in July by Baron Laboratories and it analyzed samples from our Kitchen and Water Fountains.

Both water sources tested “Not Detected” which means less than 0.002 mg per liter.

Our building is also safe from Lead, as it was built in 2010 and used all non-toxic and child safe materials.



News from the Nurse

By Nurse Consultant Patrice Harrison RN, FNP

Flu Season 2026-2027

Please be reminded that **all children aged 6 months-59 months are required to have the flu vaccine by December 31, 2026.**

Please schedule your child's appointment or provide proof of vaccination from their pediatrician validating the most recent flu shot & vaccine history. Forward documentation to administration upon completion.

This year's flu vaccine is valid beginning July of 2026. All previous flu vaccines are no longer valid. The flu vaccine is mandatory for continued attendance in the year 2027.

Any children who do not receive the vaccine by 12/31 cannot return to the center in 2027 until it's given.



Mental Health Practices

Helping Kids Cope with Change during Fall

Fall mental health can be influenced by much more than changing weather. As summer shifts into fall and autumn routines take shape, many families also face a return to school schedules, earlier mornings, extra housework, extracurricular activities, sports, social demands, work routines, and tighter household schedules.

That shift back into structure can take time to adjust to, especially after the flexibility of summer. Children may suddenly be managing more expectations, less downtime, changing sleep schedules and new social environments. Parents and caregivers are adjusting at the same time as they coordinate school, work, transportation, activities, and responsibilities at home.

Fall does not automatically create a mental health problem. Instead, the transition can reveal where a child or family is having a harder time adapting to changing expectations and demands. The best way to support your child is to understand their stressors and prepare to respond accordingly.

[Click here to read the full article and learn how to help your little one.](#)





News from the Kitchen



Healthy Pumpkin Pancakes

Total Time: Prep: 5 min. | Cook: 15 min. | Total time: 20min. | Yield: 12 servings

Ingredients:

- 1/2 cup pumpkin puree
- 2 large eggs
- 1/2 cup white whole wheat flour
- 2 tsp baking powder
- 1/2 tsp pumpkin pie spice or cinnamon (optional)
- 1/8 tsp salt
- 2-3 tbsp milk
- cooking oil or spray

Directions:

- 1) In a medium bowl, whisk together the pumpkin puree and eggs.
- 2) On top of the wet ingredients, add in the flour, baking powder, pumpkin pie spice and salt and gently stir until incorporated. Add in the milk, one tablespoon at a time if needed.
- 3) Heat a large non-stick skillet on medium heat. Spray or oil skillet. For small pancakes add 1 tablespoon of the batter to the skillet at a time and let cook for 3-4 minutes or until golden on the bottom and bubbles appear along the edges. Flip and let cook for another 2-3 minutes. Repeat with all of the batter.
- 4) Serve and enjoy! They taste great when dipped in apple sauce!

Educational Blog



Apple Stamping Art

Materials:

- 2-3 Apples
- 1-2 Tbsp. Mini Chocolate Chips
- White Paper
- Brown Paper
- Craft Paint
- Twine or String
- Glue Stick
- Scissors
- Paintbrush or Foam Brush

Instructions:

1. With the brown paper, cut 4 long strips and 4 short strips about an inch wide.
2. To make the basket, glue the long strips along the bottom of the white paper, leaving a bit of white showing between each one. Glue the short ones vertically on top of these spread out evenly.
3. Cut the apples in half and cut pieces of twine about an inch in length.
4. Paint the apple halves with one of the paint colors and stamp on the white paper to look like they are sitting in the basket.
5. Repeat painting the apples and stamping on the paper until the basket is filled up.
6. Place 2 or 3 mini chocolate chips on the middle of each painted apple to represent seeds. Then glue on the twine to represent the stem.

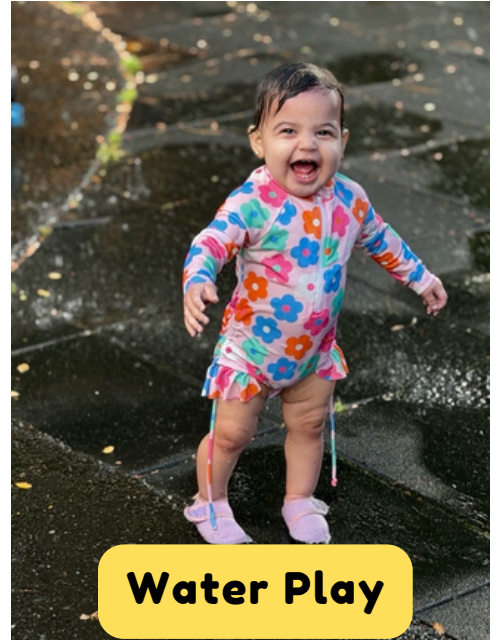
Summer Highlights



Outdoor Play



Paws Book



Water Play



Beach Trips



Preschool Graduates



Summer BDays



Messy Play



Camping Month



Superhero Month