

TRISH'S EASY TORTILLA RECIPE

for wraps, pizza crust, Mexican food, etc.

Ingredients:

3 cups Nutri flour,

$\frac{1}{2}$ cup oil,

$\frac{1}{2}$ cup Greek yogurt,

$\frac{3}{4}$ cup water.

Method

- Mix ingredients,
- Knead for 2-3 minutes,
- Let rest for 30 minutes
- Then roll out in corn flour,
- Fry in slightly oiled pan.

Makes 8 large wraps. Enjoy!

*Robin Hood® Nutri™ Flour Blend is a blend of unbleached flour and ground wheat bran. It tastes like white flour, it provides the same amount of fibre as whole wheat flour and bakes up light and golden!