



HOSPICE OF JEFFERSON COUNTY

NEWSLETTER/FALL 2018

5 WAYS TO STAY CONNECTED

Hospice cares for patients and for the whole family. In addition to providing personalized care to patients, we support family members and friends who are caring for and spending time with loved ones in their final days. We continue to support friends and family, who remain a part of our Hospice community, as long as needed. **HERE ARE WAYS TO STAY CONNECTED.**

- 1. Facebook:** Stay engaged and present with Hospice through Facebook. This is a great resource to see what is going on at Hospice; “like” and “share” our page and happenings throughout the community. Share your Hospice story with people on Facebook and in your community. Tell others publicly about the wonderful care a neighbor, a co-worker or a friend received. This can help inform others considering the transition to Hospice care. Become our Hospice Ambassador!
- 2. Bereavement Support Services:** Take advantage of the wide range of bereavement services available to families and friends following the loss of a loved one. Bereavement is a personal experience, one which no two people find the same. We at Hospice are here to assist in whatever way is appropriate for the specific needs of those experiencing a loss.
- 3. Volunteer:** Lend a helping hand and receive the satisfaction of knowing your efforts contribute to individuals in your community who need your help in their final journey. Hospice volunteers are an integral part of our team. They enhance the lives of terminally ill patients and their families. Hospice is not about letting go; it’s about living and loving... Making Every Day Matter.
- 4. Events:** Attend Hospice events and connect you and your family to a network of support. You can honor your loved one, share your appreciation for Hospice, and give back to support our programs. Spread the word about our events and make them a part of your social calendar.
- 5. Donations:** Become a Hospice supporter. We accept donations of any kind from our community. Whether this is a monetary donation, a donation of a needed item or your time. The support of and connection with our community help us to continue our mission every day.

Please contact our office at 315.788.7323 or visit our website jeffersonhospice.org for more information on ways to stay connected with Hospice.

IN THIS ISSUE

- 5 WAYS TO STAY CONNECTED
- A MESSAGE FROM OUR CEO
- A TRUE CONNECTION WITHSTANDS TIME
- VOLUNTEER—A CONNECTION WITH A DIFFERENCE
- MEET JOHNNA
- BEREAVEMENT
- FROM OUR FOUNDATION
- HOSPICE SPONSORS/EVENTS



Diana K. Woodhouse, Ph.D., RN

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A MESSAGE FROM OUR CEO

The window in my office looks out onto the beautiful Hospice grounds, and I often see families walking around the pond, standing on the Bannister Bridge gazing at the fountain, or quietly sitting on the bench that overlooks the Macsherry Reflection Garden. These are special moments for me, especially when I see families posing with their loved one for family photographs. These will be some of the last photos the family will take, and they are taken here at Hospice. I am reassured at these moments that the Hospice mission is critical for our community. Helping people spend last days with family, and supporting families at this challenging time, is why we do what we do and is why it is so important to make sure that access to Hospice care is available to all in need.

We have reached a point in only six years where the rooms at the Hospice Residence are fully occupied more than 90% of the time. Denying admission to those in need breaks my heart and those of all our staff. To address the need for more access, our Board approved an expansion of our current Residence. The Watertown firm BCA Architects and Engineers has designed this addition and fundraising to build it is underway.

We have launched the Residence Expansion Campaign to add an additional eight rooms to our current facility. These new rooms will allow us to serve those who require Residence care when they need it, not just when a room becomes available. Your annual support is needed now more than ever.

You will receive future information on how to directly support the Residence Expansion Campaign. If you wish to speak to me personally to learn more about the planned expansion and how you can be part of this new opportunity, please contact me.

Your gifts will help us continue to make more family memories possible.

Diana

Diana Woodhouse, CEO

dwoodhouse@jeffersonhospice.org

315.788.7323



A TRUE CONNECTION WITHSTANDS TIME

Our mission to provide expert, compassionate, comprehensive care and services to individuals and their loved ones experiencing life-limiting illness and loss keeps us driven to MAKE EVERY DAY MATTER. The families we meet and help sometimes have a bigger effect on us at Hospice than the other way around.

Hospice would like to showcase such families whose connection to Hospice has truly withstood the test of time.

The family and close friends of Dick Guyette have supported Hospice for 18 years, through the Dick Guyette Memorial Golf Tournament. This event raises over \$17,500 annually for Hospice.

The connection this family has with Hospice is stronger than ever as family members have received the personalized Hospice care they've come to know and appreciate throughout the years. Their volunteer force has grown as more members of their community have built a connection with Hospice and now want to give back and show their appreciation.

"A lot of people can't donate money to a place that may have helped them so events like this allow people who want to give and show their appreciation in the smallest of ways but means the biggest of appreciation. So we have people who come to us wanting to help and support. It means something to them to be able to do that." -DeeDee Guyette



Dick Guyette Golf Classic Committee

Penny McCrea presenting Hospice with the check from the Hospice Spring Fling.



"Times have changed, even with the new facility, but Hospice has always included me and my volunteers," said Penny McCrea. McCrea and the Henderson/Henderson Harbor Committee have organized and hosted Hospice events for over 15 years. Those events combined raise between \$15,000 and \$20,000 annually.

They continue to support Hospice and stay connected because according to McCrea, "Hospice tries to help out anyone that needs help when they get to that situation, whether it's in their home or at the facility. To me, giving back to an organization that has helped you get through a difficult time is something [everyone] should look at and consider."

Hospice strives to go above and beyond for each patient and their family in order to continue our mission. Groups like the Henderson/Henderson Harbor Committee give us that opportunity. "Hospice nurses and staff made it very easy and friendly, and that is why I have stayed connected. Your organization is helping me as much as I am helping them, and it has a lot to do with the people running the Hospice organization—they make it easy." Penny McCrea

Many thanks to our board members, volunteers and staff.

1398 Gotham Street, Watertown, NY 13601 - 315.788.7323 - www.jeffersonhospice.org



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Attend one of our events.
Have a good time while
supporting a great
organization!

Save The Date

November 23- December 23-
Memory Tree- Salmon Run Mall by
Dick's Sporting Goods

December 9- Ted Keegan's *I'll Be
Home for Christmas*- Jefferson
Community College Sturtz Theater

February 23- Cinderella Ball-
Thousand Islands Harbor Hotel,
Clayton, NY

A special thank you to Coughlin Printing for donating a portion of the printing cost.

1398 Gotham Street, Watertown, NY 13601 - 315.788.7323 - www.jeffersonhospice.org

FROM OUR FOUNDATION

THANK YOU! Your generosity allows Hospice of Jefferson County to serve patients with a life-limiting illness and their families.



Participants in the 1st Annual Paddle Poker Run during the 2018 Hospice Regatta Weekend.

THANK YOU! We are extremely grateful for the support we receive from our community!

A SPECIAL THANK YOU TO THE
IVES HILL COUNTRY CLUB FOR DONATING
ALL CLUB EXPENSES ASSOCIATED WITH THE
HOSPICE GOLF TOURNAMENT.



The Pike Crusaders heading out for a day of golf at the 2018 Swing for Hospice Golf Tournament.



Congratulations to Team Allegro and Tom Bucci for raising the most money for Hospice!



Junior Division sailors rigging their boats and setting sail for the 2018 Hospice Regatta.

Jodi's Dairy Bar stopping by and treating our patients and staff to ice cream and sundaes.
Thank you to Spectrum for the treat.



Raymour & Flanigan donating from their Paint N' Sip event.

NYSCOPBA giving Hospice their annual donation.



To learn more about our Hospice events or other ways to support our organization and the services we provide to the community contact: Nicole Paratore, Director of Community Relations nparatore@jeffersonhospice.org - 315.788.7323

VOLUNTEER- CONNECTION WITH A DIFFERENCE

Hospice volunteers are an integral part of the team. Understanding the role of hospice volunteers, the ways in which they serve, and the impact they have on the lives of the patient and the patient's family, can better equip those who are interested in volunteering.

Why Hospice Needs Volunteers

The value of Hospice volunteers cannot be overstated. The connection and relationship between a patient, their family, and a Hospice volunteer is immeasurable. Volunteers often connect with patients on a deep, personal level, which provides the Hospice care team with valuable insights concerning the overall level of comfort and care provided.

Hospice is one of the only organizations required to have at least 5% of its total number of patient care hours come from a volunteer.

Types of Hospice Volunteering

- Support for patients
- Respite and support for family members
- Bereavement support programs
- Events
- Fundraising and administrative work
- Special skills and interests



Hospice Volunteers at a meeting on the benefits of music therapy for Hospice

The Impact of Hospice Volunteers

Hospice volunteers help provide patients and families with compassionate care and support during end-of-life. The level of personal connection and support that volunteers provide allows for a superior experience for patients during the Hospice journey.

If you are interested in becoming a Hospice volunteer or want to volunteer at an event.

**Please contact—Nancy Morrow, Director of Volunteers
Nancy@jeffersonhospice.org or 315.788.7323**

MEET JOHNNA , SOCIAL WORKER

I believe every human life is incredibly valuable, and I desire to live in a world where each individual is cherished for the uniqueness and fullness of their being. When I became a social worker, I wanted to assist people in recognizing the significance of their worth. I wanted every person I worked with to know that they had a teammate; someone who would consistently be in their corner, sharing their burdens and cheering them on. As a social worker, I cannot remove the suffering from life, or fix the pain that humans often endure. Rather, I help people in finding the strength that they have always possessed, the ability to say “I know I can do this and I will”. Hospice is a wonderful place to exercise this mission. Our agency is unique in its perspective of end-of-life care. It is a joy to work for an agency that works to bring meaning to the end of life and a renewed sense of peace to our families. I feel so fortunate to be the newest member of the Hospice team and look forward to this new journey!



BEREAVEMENT SERVICES

Hospice of Jefferson County offers a wide range of bereavement services to assist families and friends following the loss of a loved one. Our support groups are open to anyone in the community. Bereavement is a personal experience, which no two people process the same.

Bereavement Evening Support Group- Third Tuesday of every month at Hospice from 5:30PM to 7:00PM.

Bereavement Day Support Group- First Tuesday of every month from 11:00AM to Noon at Hospice.

Left Behind by Suicide Group- Meets monthly at Hospice. Contact our office for more information.

Bereavement Luncheon- The first Tuesday of every month, call Hospice for rotating restaurant location.

Annual Memorial Service- Each year *Hospice of Jefferson County* holds a memorial service remembering loved ones lost in the past year. All family and friends are welcome to attend.

Over the Rainbow Children's Day Camp- Summer day camp for children ages 6-12 involves learning coping skills while having fun with a group of peers.

Holiday Remembrance- Children are invited to come together in honor of their loved one to remember them through various holiday themed activities.

Please contact Hospice:
315.788.7323

*bereavement@jeffersonhospice.org
www.jeffersonhospice.org
for more information on
bereavement services.*