

<u>Splash – Scout Water sports event - Joining Instructions</u>

21 September 10am-4pm 22 September 10am-4pm

Arrival on site is from 9.30am each day. The event starts at 10am prompt.

Please attend for the day you have booked. Please make sure you check in with us on arrival.

Vehicles are not allowed beyond the car park and on the reservoir dam.

We have very limited parking space so parents will not be able to remain on site during the day.

Please bring a packed lunch, a drink and snacks.

During the event; the InTouch Number will be 07764 162444 (Howard Nelson) please be aware, he may be on the water, and replies may come at the next break time.

Timings

9.30am	Arrival
10am	Morning Activity starts
12.30pm	Lunch
1.30pm	Afternoon activity
3.30pm	Off the Water
4pm	Pick up time

The days will include Sailing for one session and SUPs / paddle sports for the other. The event is designed to have a taste of water sports. You won't be able to take part in the activities without a completed health form and a leader present (for U18).

Please come dressed ready for the activity / go on the water. Please note there are no showers at this venue.

Kit List (By no means comprehensive)

- 2 sets of clothing to go on the water in to get changed if wet
- Bag for wet clothes
- Buoyancy Aids are provided, however, if approved by booking in staff, own may be worn
- Dry Clothing to change into to go home in
- Old Trainers/Wet shoes must have soles. No Crocs/Wellies/Sandals
- Sun Cream
- Sun Hat
- Towel
- Waterproofs
- Wet suit if owned (not necessary)

Directions

Splash is being held at Whitewater Activity Centre Off Racecourse Road Stamford PE9 3JD. The gate can be found at what3words ///cones.fend.oven



From the A1 (Northbound or Southbound):

Leave the A1 at the Stamford (Carpenters Lodge) junction.

If coming from the North, turn right over the A1 towards Stamford.

If coming from the South, turn left towards Stamford.

Follow the B1081 (London Road) into Stamford.

After approx. ½ mile, turn left onto A43 Kettering Road towards Easton on the Hill. Pass by Stamford Junior School, Under the A1 and continue on Kettering Road (A43) until you reach Racecourse Road.



Turn Left onto Racecourse Road and continue along Racecourse Road until you reach the turning for the Whitewater Activity Centre (see picture above).

The entrance gate is located at the what3words address: ///cones.fend.oven.

(You can enter this into the What3Words app or most sat navs for precise location.)

Details of how to get to the car park.



Health information form (for young people and adults)

This form must be completed for every participant and brought with you to handed into check in.

Participants full Name							
First name and Surname							
Date of Birth							
Parent / Carer Name							
Parent / Carer Email							
Parent / Carer phone nu							
Address							
				ı			
Leaders name			Group				
			T				
Date of Birth							
Are you receiving medic	al treatment or ta	ıking					
any medication? If yes g							
A 11	. 20: 1.:1						
Are you allergic to anyth	ling? Give details						
Date of last Tetanus inje							
Name and Address of GI	P, Telephone No c	of GP:					
Emergency contact:			Relationsh	nip:			
Address if different:							
Address if different.							
Home Tel: Mobile Tel:							
I confirm the above deta	ails are correct:						
Signed		Date: _					
	(to be sign	ned by parer	nt or guardian if	under 18	B years of age)		
Laivo my concert for the	Courtor in chara	o of the	activity to a	ian or	my hohalf any form of writter as	ncon	
					my behalf, any form of written co ould be inadvisable by the doctor		
surgeon concerned*.	atment ii the dela	iy to obto	ann my signic	ituic w	round be induvisable by the doctor	O1	
J							
Signed Date:							
	(to be sign	ned by parer	nt or guardian if	under 18	3 years of age)		

*The medical profession take the view that the parent's consent to medical treatment cannot be delegated. The view is explicit in the children's act 1989. Thus the medical consent forms have no legal status and a doctor/nurse insisting upon parents' consent to a particular treatment has the right to do so. For this reason we do not insist on a parent signing the above consent. However, it can be a comfort to medical staff to have general consent in advance or to have the leader on hand to be able to sign forms required by the medical authorities.