

Reactive Lymphadenopathies in children and young adults and its differential diagnosis with malignant proliferations



20th lymphoma Forum of Ireland Plenary meeting

Leticia Quintanilla-Fend
Institute of Pathology



**Universitätsklinikum
Tübingen**

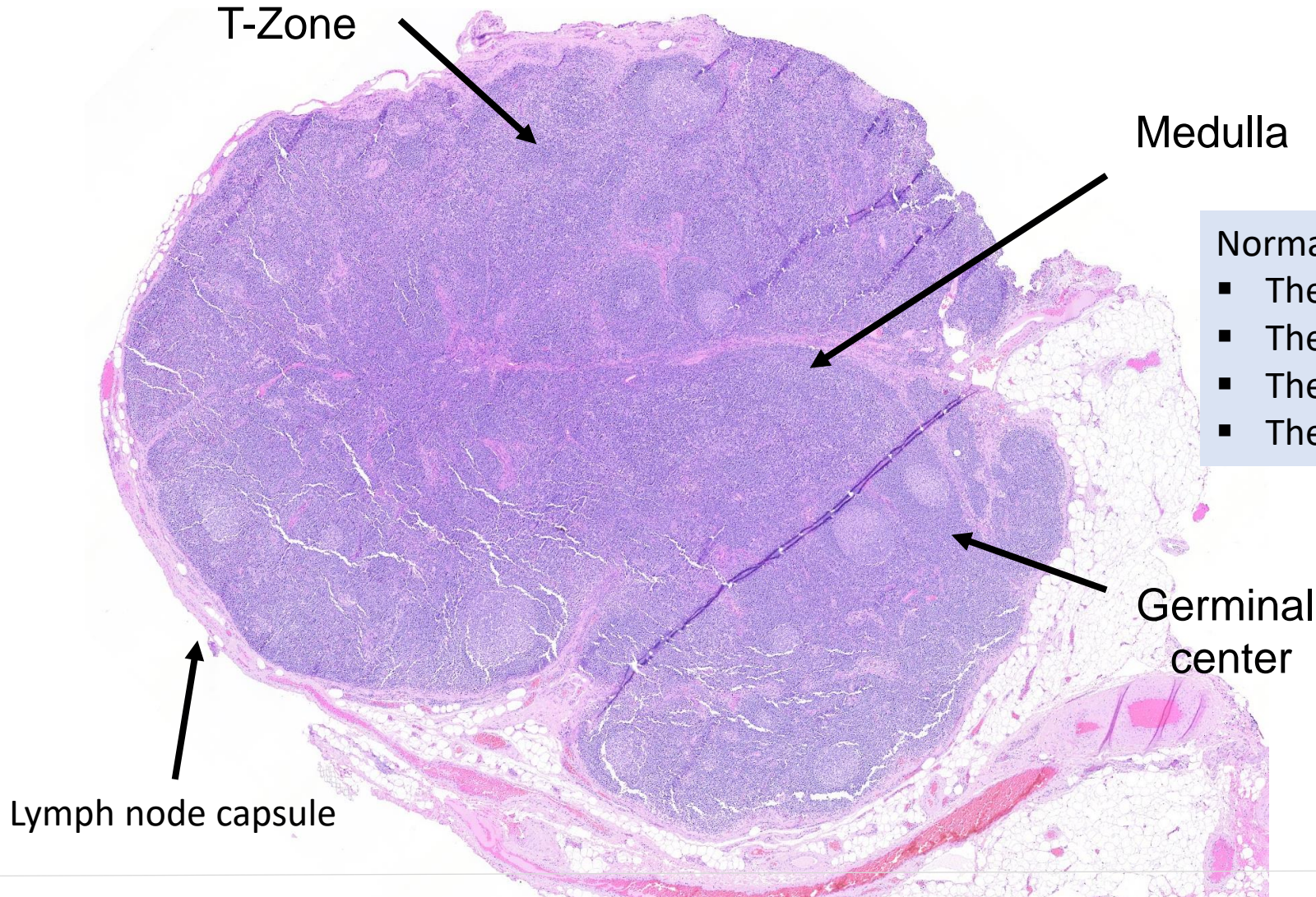
Reactive lymphadenitis and mimics

- Objectives:
- To review the most common lymphadenitis in children and young adults
- To review some differential diagnosis between reactive and malignant proliferations.



LYMPHOMA
Forum of Ireland

Reactive lymphadenitis and mimics



Normal lymph node architecture

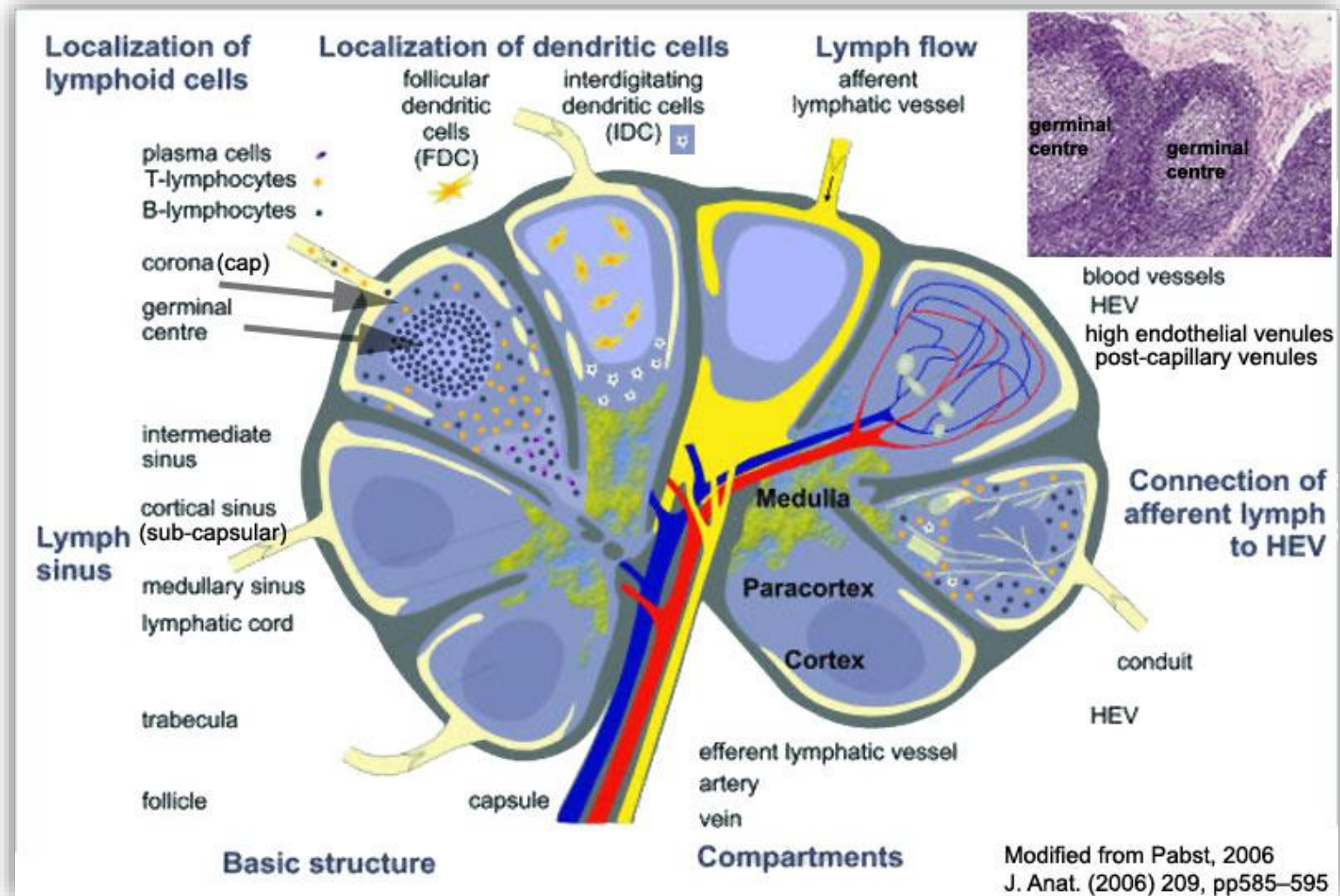
- The capsule is preserved
- The germinal centers are subcapsular
- The interfollicular zone (T-zone) is not expanded
- The sinuses are often (medulla)

Reasons for altered lymph node architecture

- Is there a „normal“ lymph node architecture?
 - Functional states defines the morphology
 - Lack of stimulation – inactive o regressive
 - Immunological activation
 - B-cell activation – follicular hyperplasia
 - T-cell stimulation: T-zone hyperplasia
 - Other: marginal zone/monocytoid B-cell hyperplasia, plasmacytosis and sinus hyperplasia
 - In immunological activation, the basic structure of the lymph node is usually preserved.
- Disruption of the architecture by a reactive process
 - Infectious
 - Non-infectious
 - Disruption by infiltration of malignant process
 - Hematolymphoid
 - other

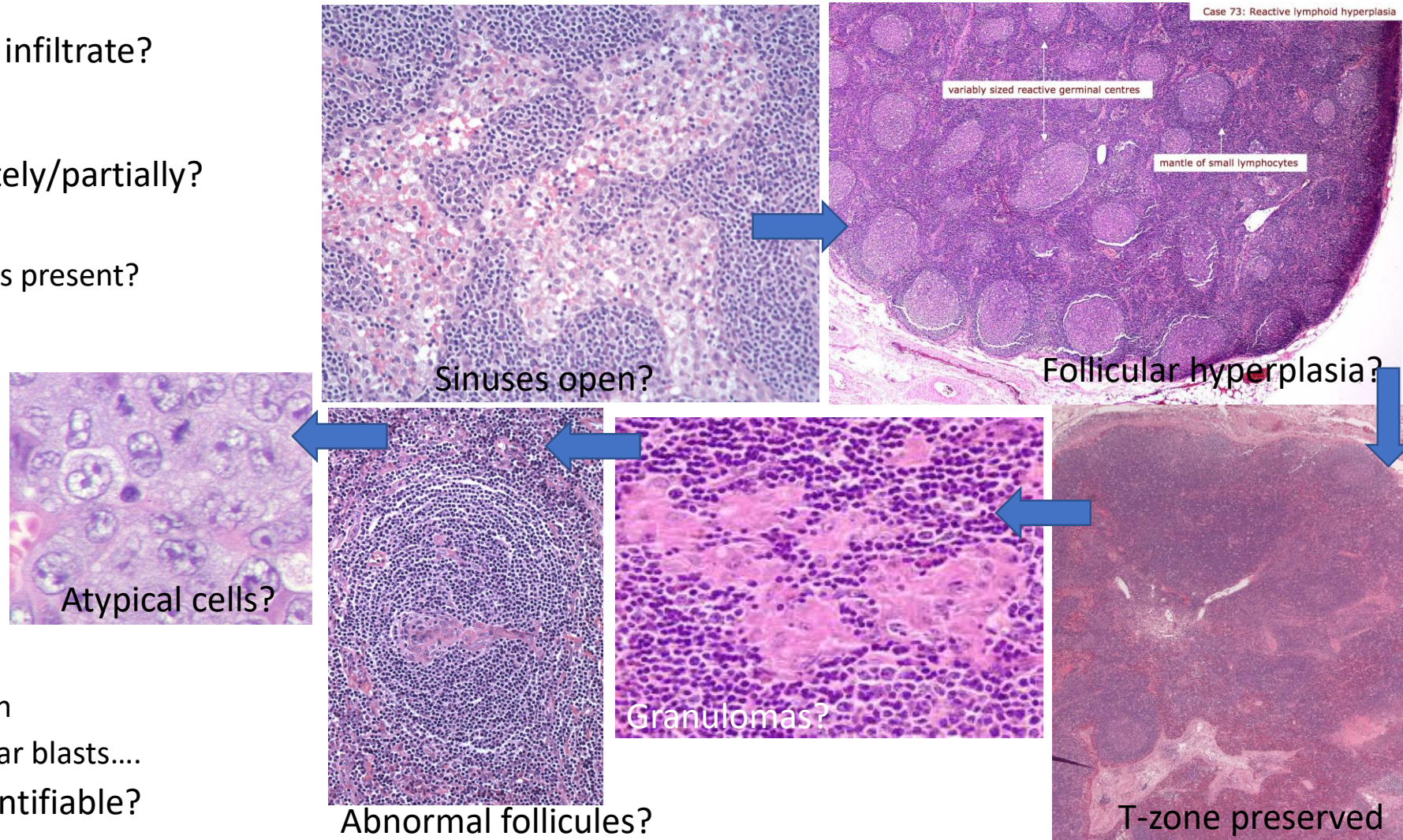
Reactive lymphadenitis and mimics

- **Follicular and nodular patterns**
 - Follicular hyperplasia
 - Autoimmune disorders
 - Systemic Lupus erythematosus
 - Progressive transformation of germinal centers
 - Castleman disease, hyaline vascular type
- **Predominantly sinus pattern**
 - Sinus histiocytosis
 - Hemophagocytic lymphohistiocytosis
- **Interfollicular or mixed patterns**
 - Dermatopathic lymphadenopathy
 - Granulomatous lymphadenitis
 - Toxoplasma lymphadenitis
 - Kikuchi lymphadenitis
- **Diffuse Pattern**
 - Infectious mononucleosis
 - Cytomegalovirus infection
 - Herpes simplex lymphadenitis

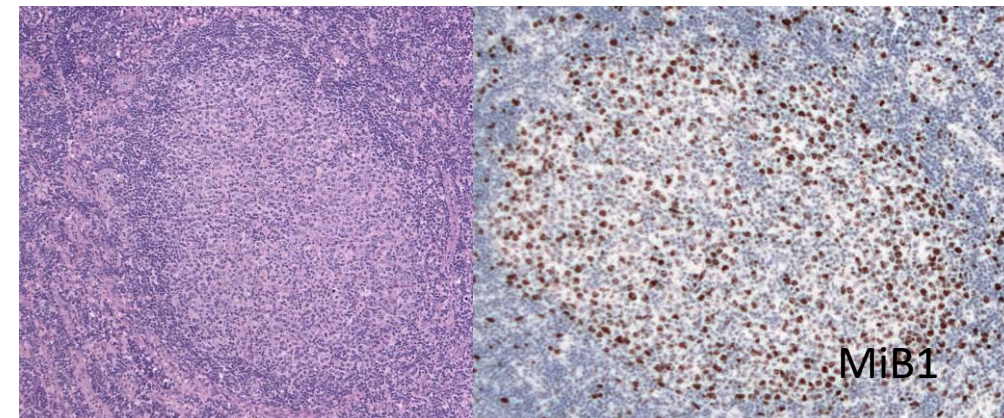
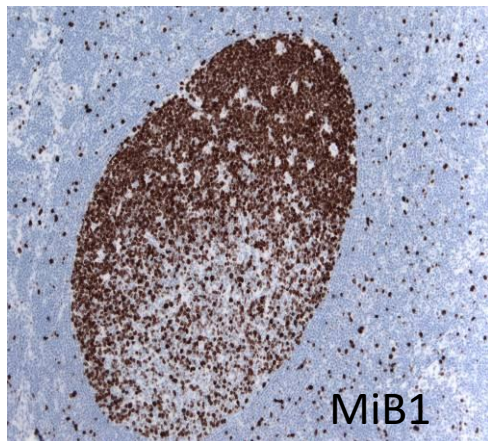
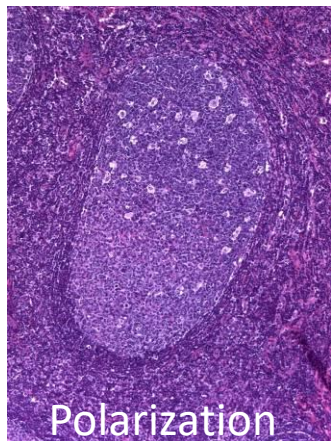
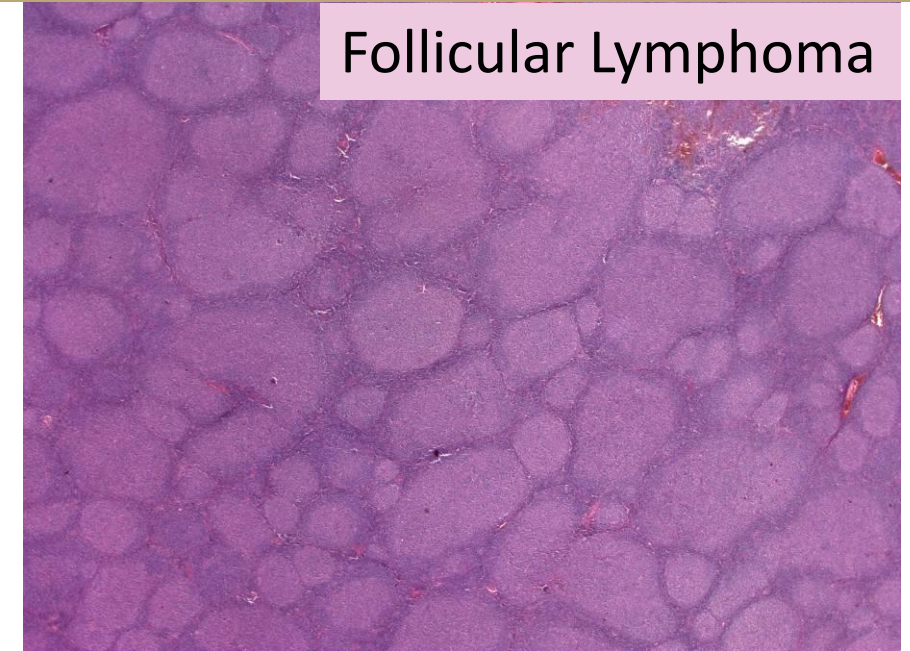
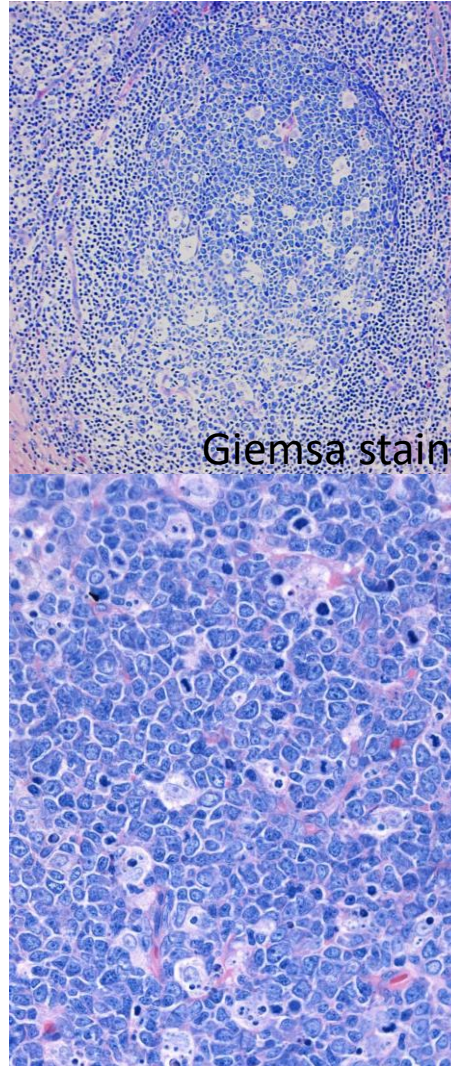
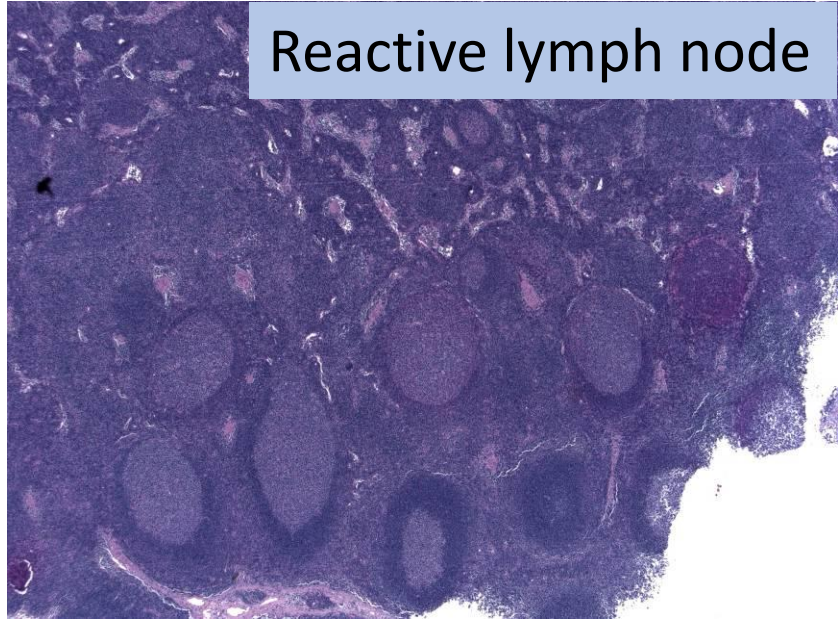


Morphological check-list

- Capsule preserved/extracapsular infiltrate?
- Sinuses open?
- Architecture preserved? Completely/partially?
 - Follicles/germinal centers
 - Primary/secondary follicles present?
 - Correctly located?
 - Starry sky pattern?
 - polarization?
 - T-zone
 - preserved?
 - Activated?
 - Special reaction patterns?
 - Granulomas
 - Monocytoid B-cell reaction
 - Plasmacytosis, interfollicular blasts....
 - Atypical cell populations identifiable?

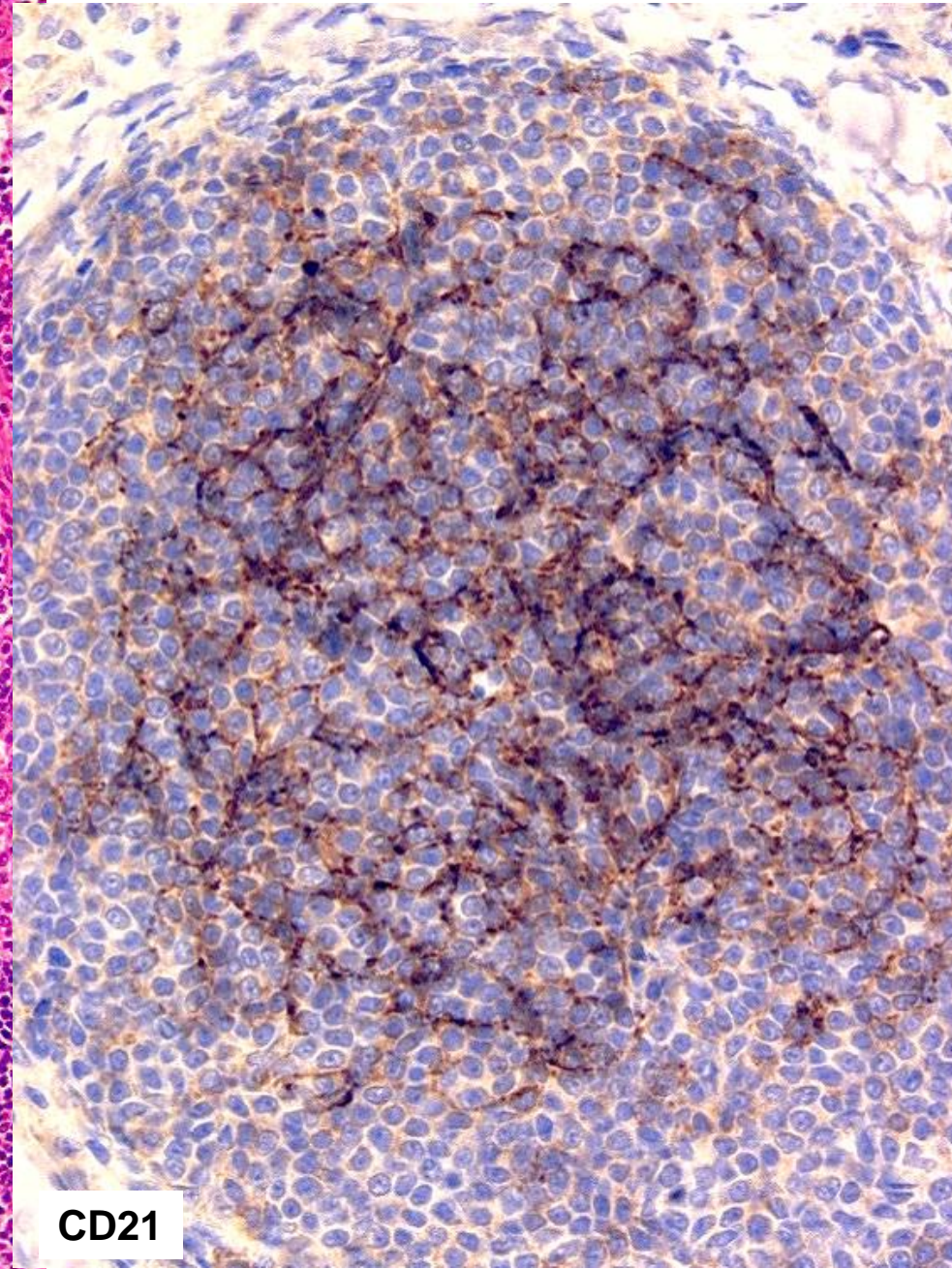
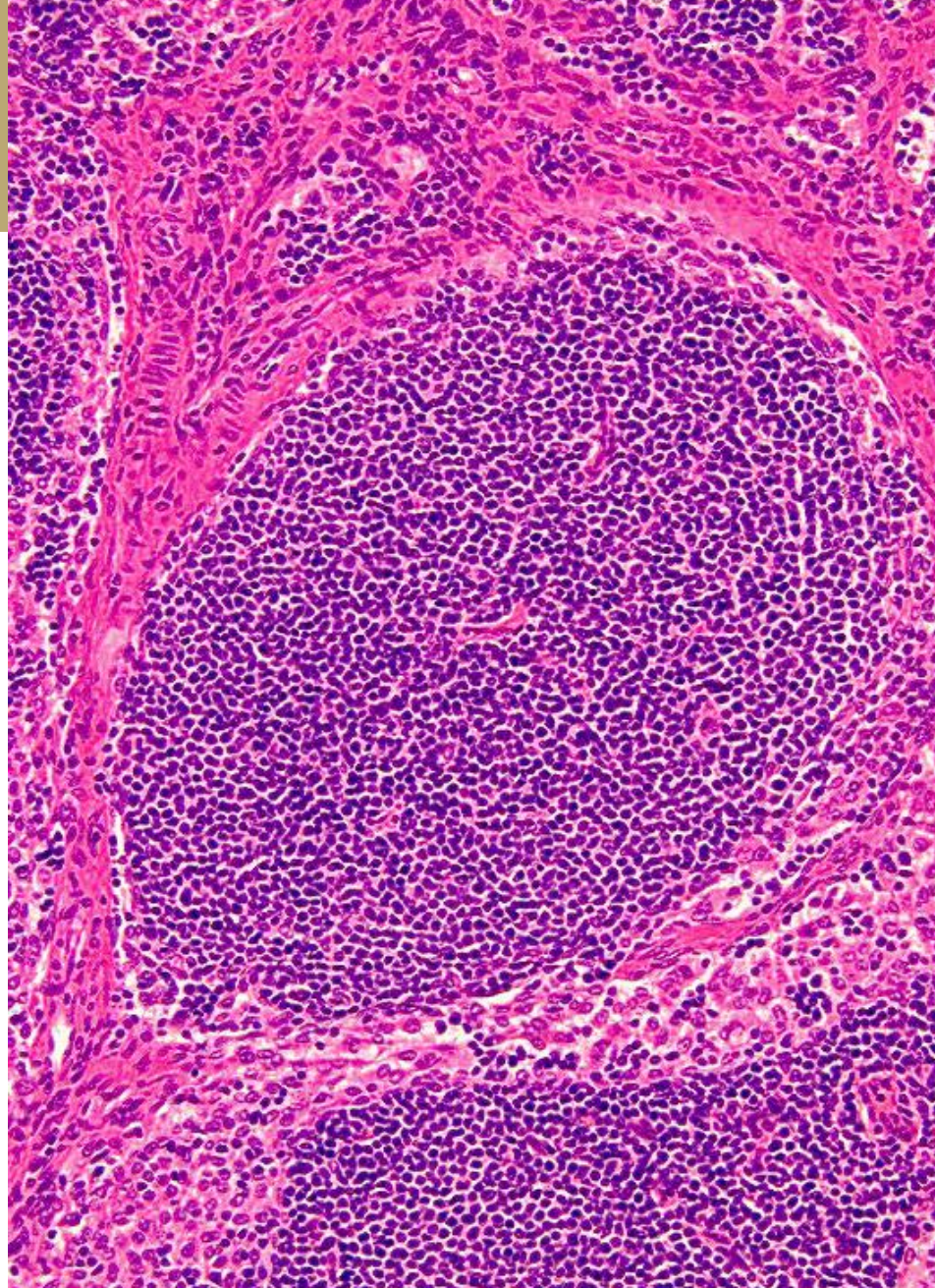


B-cell follicles

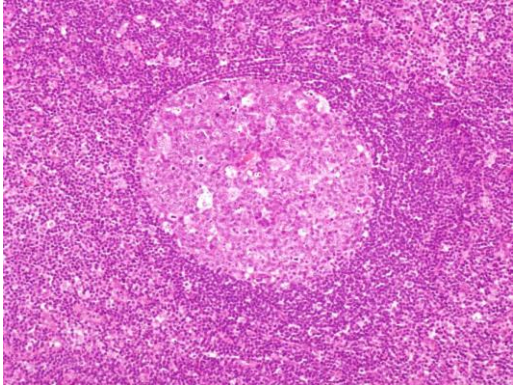


Primary follicles

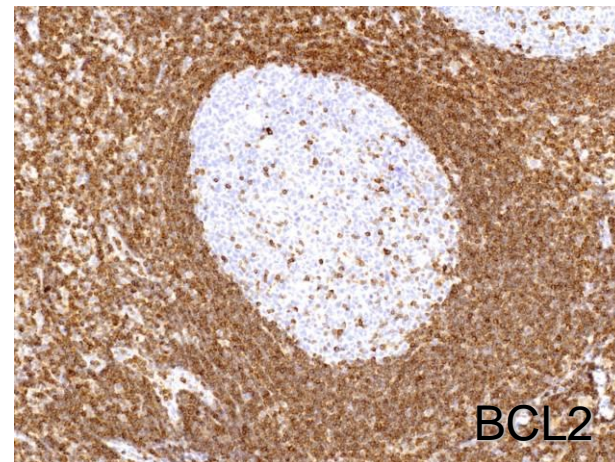
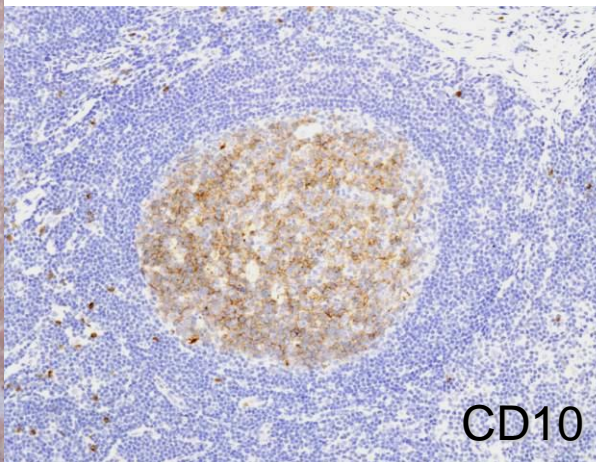
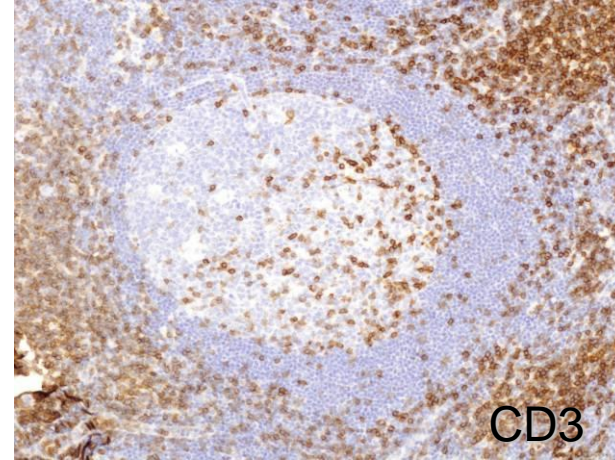
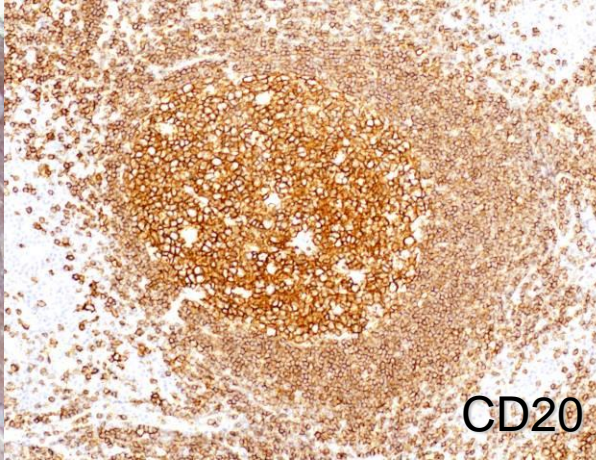
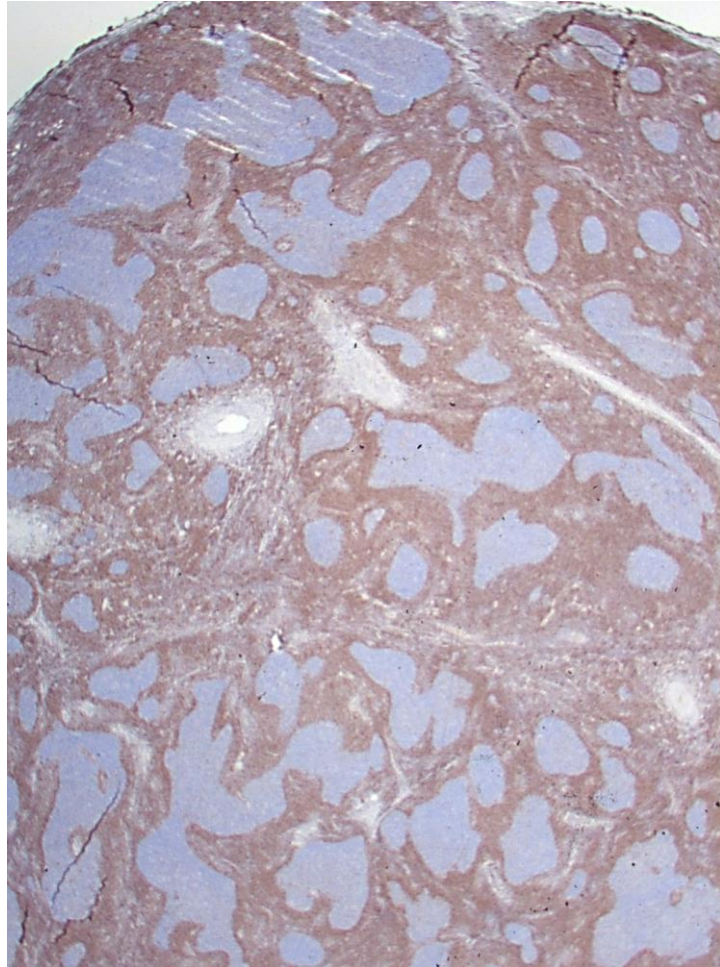
- The cells look monotonous
- Low proliferatio rate
- BCL2+
- IGD+
- CD10-
- BCL6-
- Presence of FDC's



Reactive follicular hyperplasia

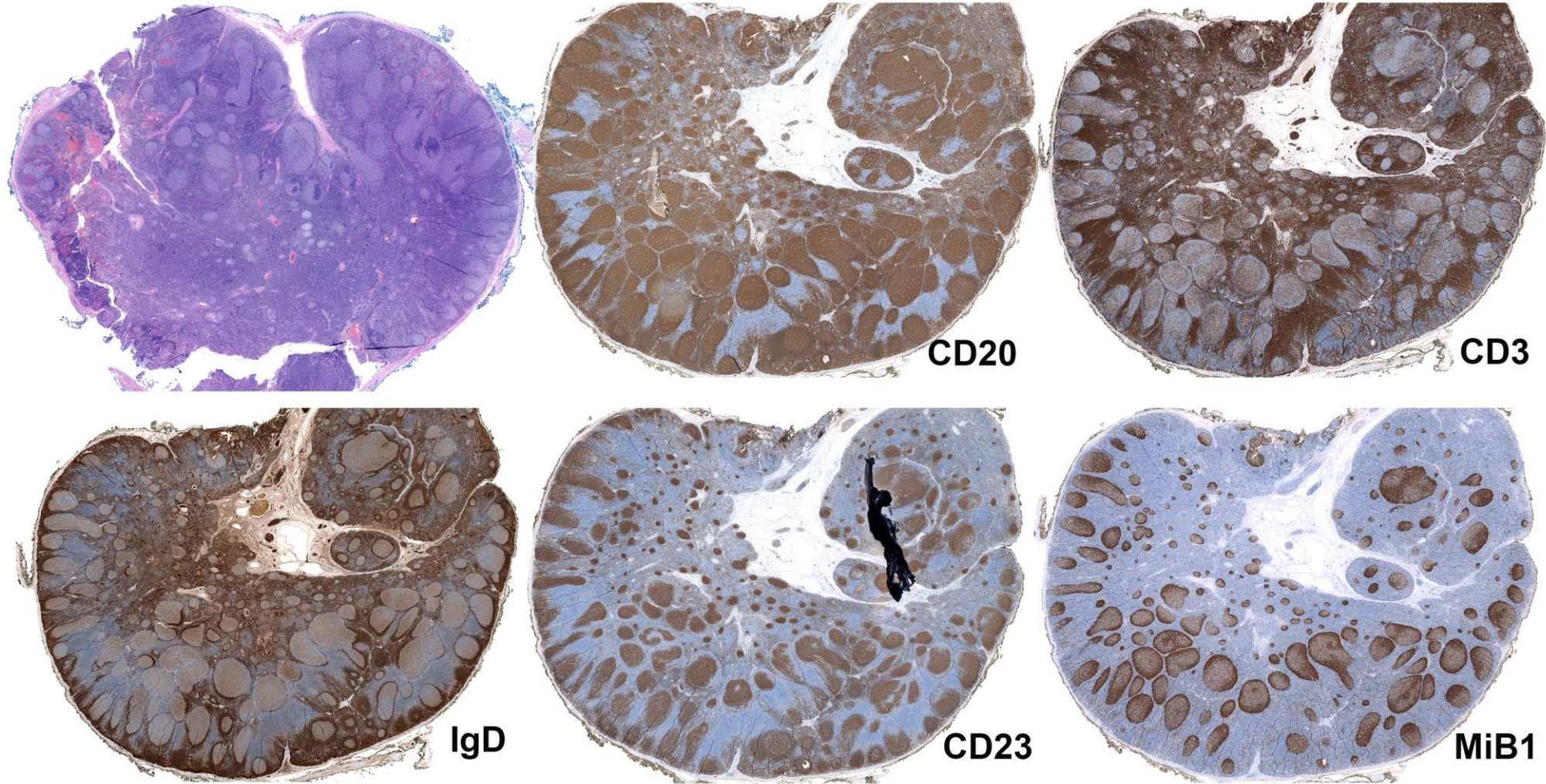


- variable size and shape
- numerous mitoses
- polarization of GC
- numerous centroblasts
- starry sky appearance of GC (tingible body macrophages)
- GC B-cells are BCL2 negative and polytypic



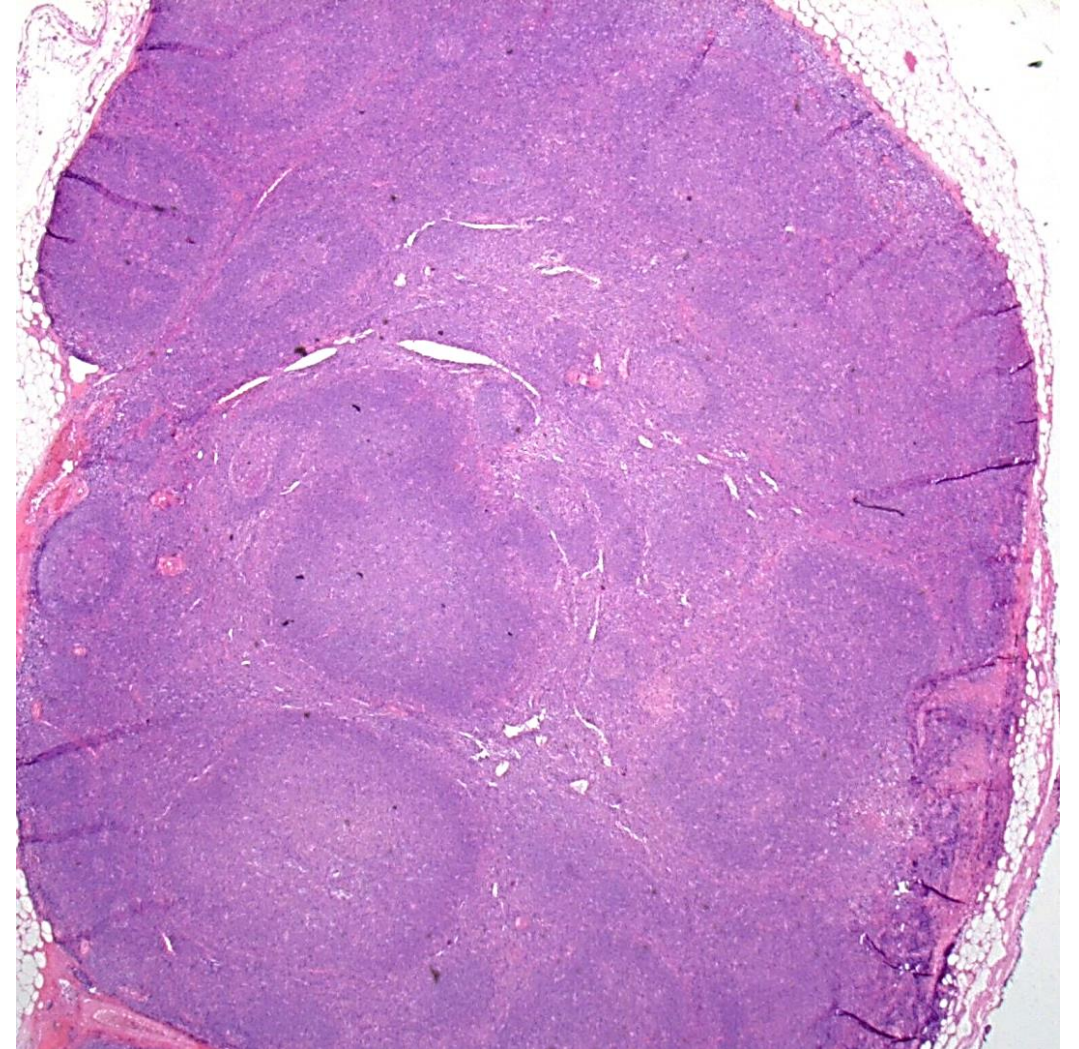
Follicular hyperplasia, non-specific

- 7-year-old boy with a large cervical lymph node
- The patient is known because of Burkitt lymphoma diagnosed in 2022

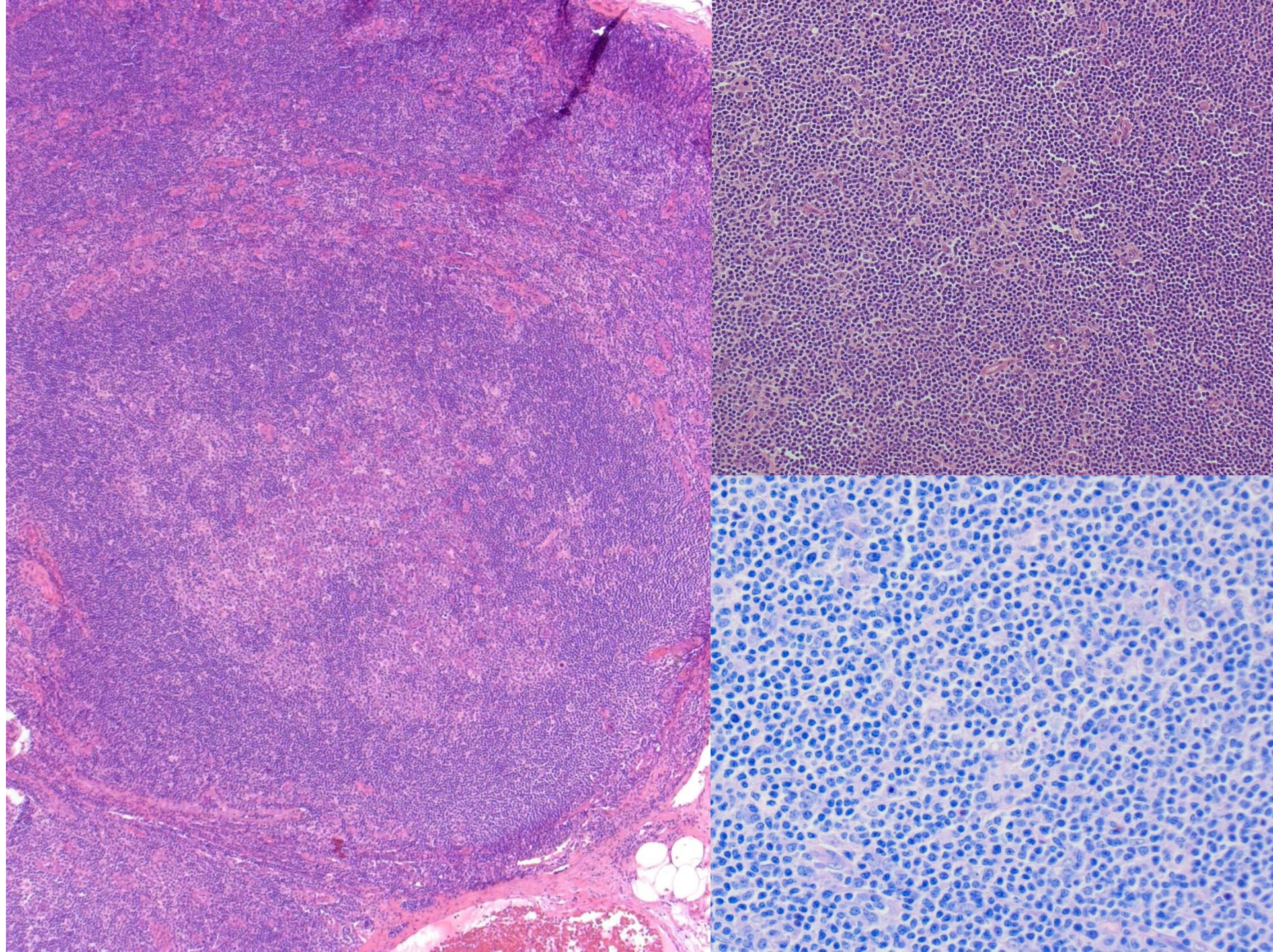


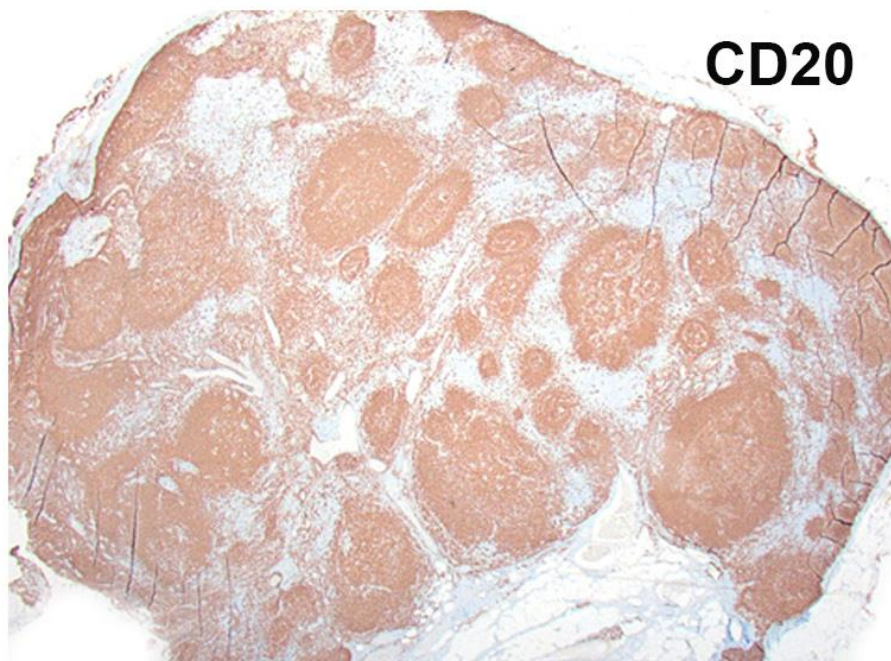
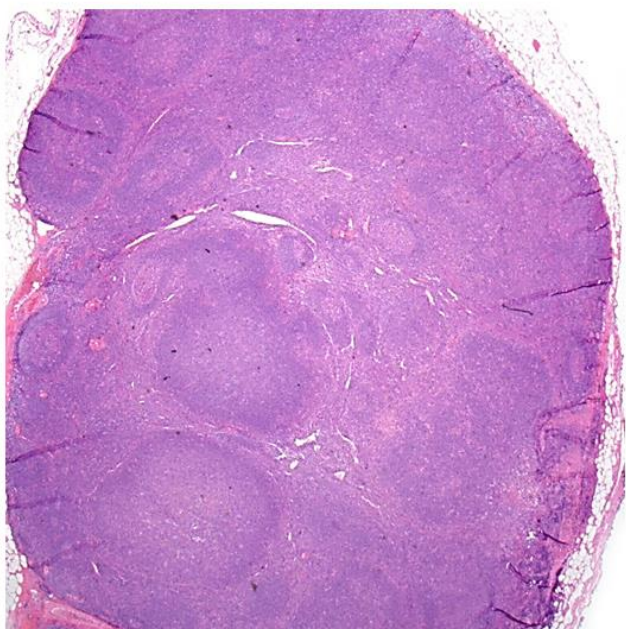
Progressive transformation of germinal centers (PTGC)

12-year-old boy with cervical lymphadenopathy

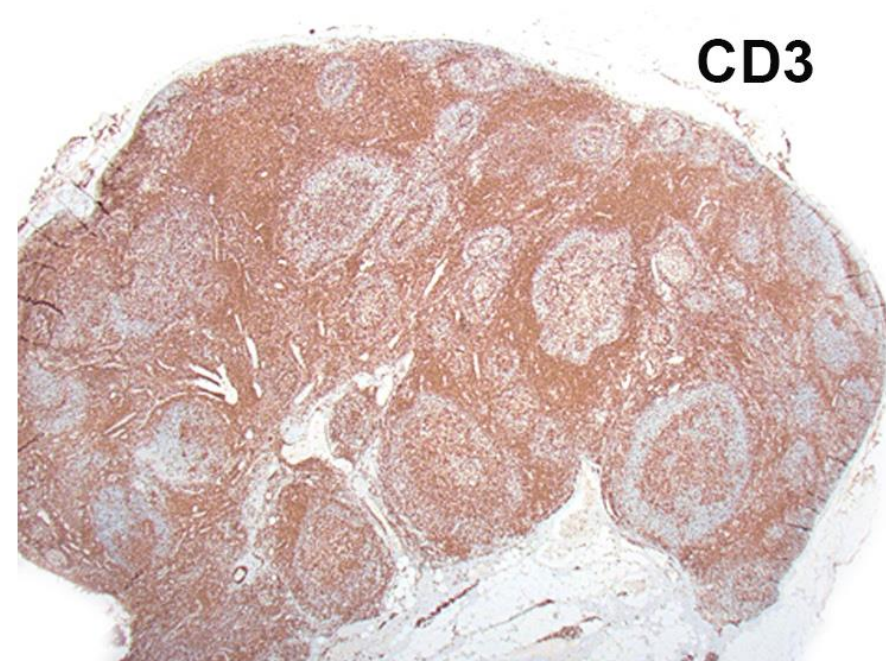


- Reactive change of B-cell follicles
- Usually admixed with normal germinal centres
- Enlarged B-cell nodules with destruction of GC and invasion of mantle cells
- IgD+ lymphocytes, expanded CD23+ FDC meshworks, residual BCL6/CD10+ GC cells
- Many PD1/CD57+ TFH cells

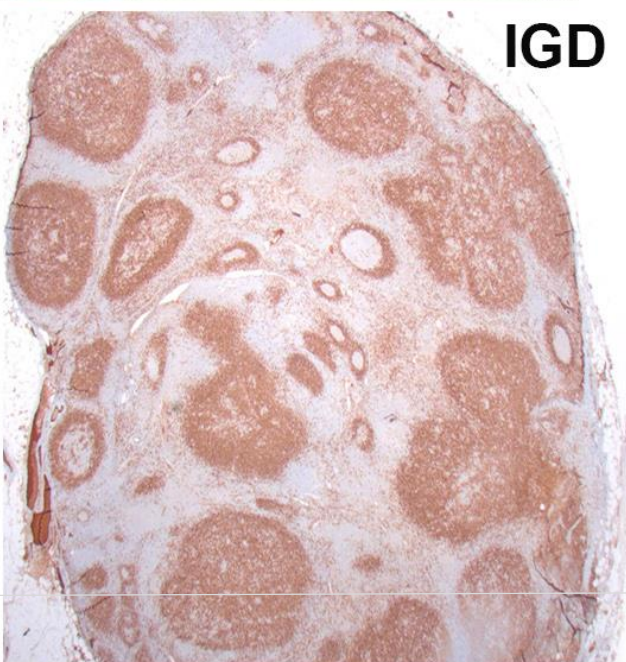




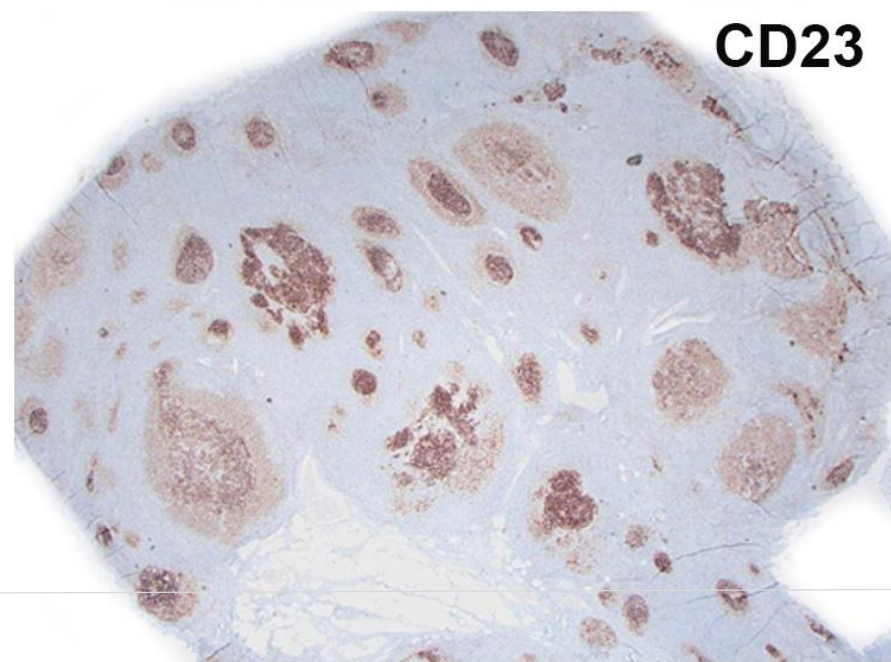
CD20



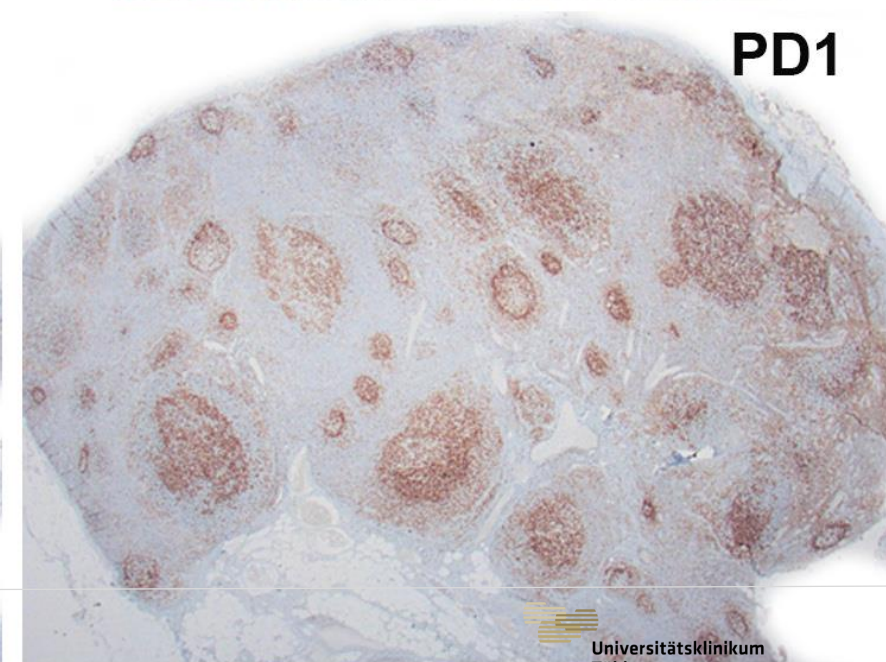
CD3



IGD



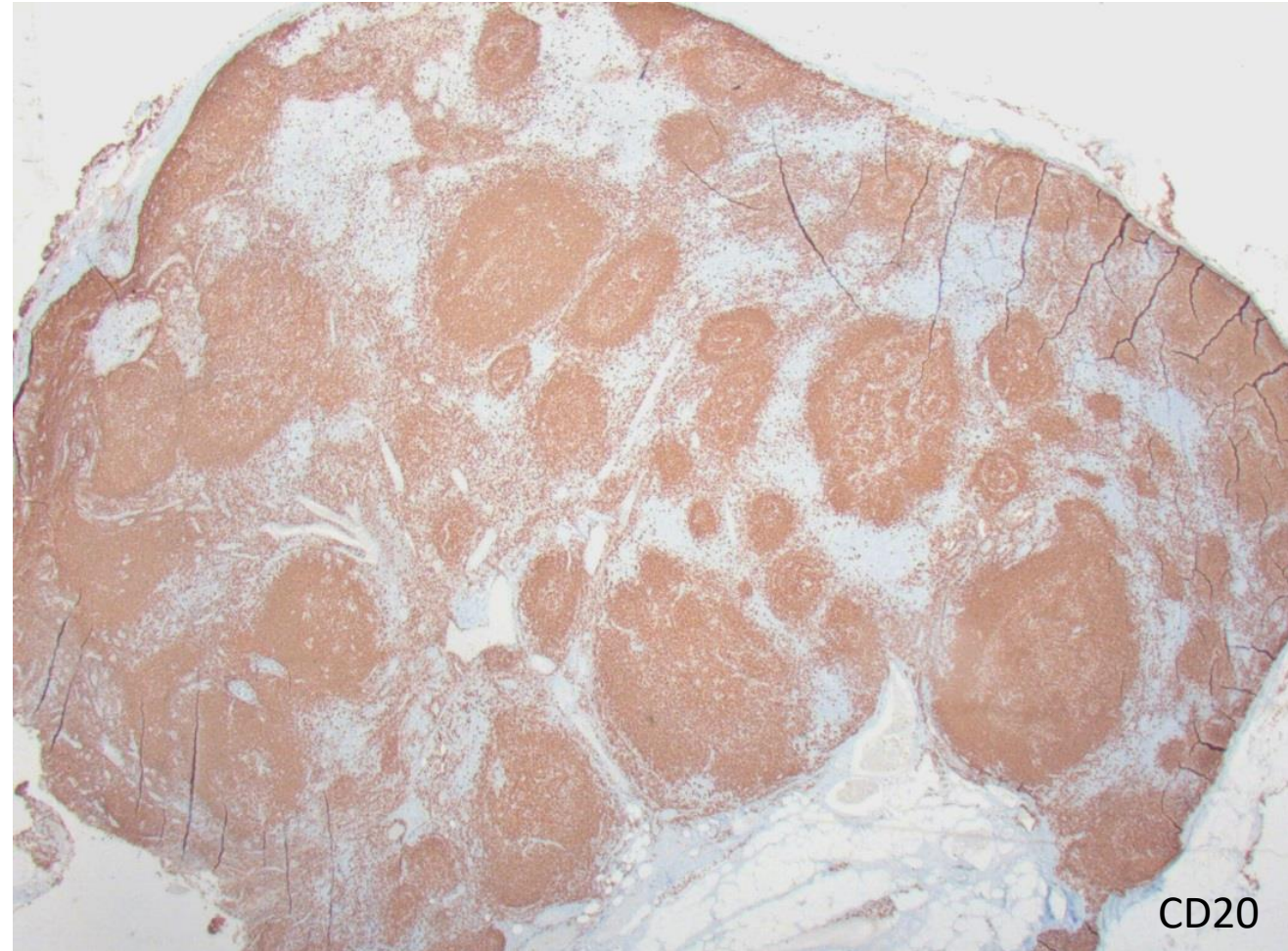
CD23



PD1

Progressive transformation of germinal centers (PTGC)

- PTGC is a pattern of reactive lymphadenopathy
- Usually single enlarged LN in asymptomatic individuals
- Affects children and young adults
- Cervical and axillary LN most commonly involved
- PTGC can also be seen in autoimmune phenomena in pediatric population
- Can precede or follow CHL



Beware of mimics

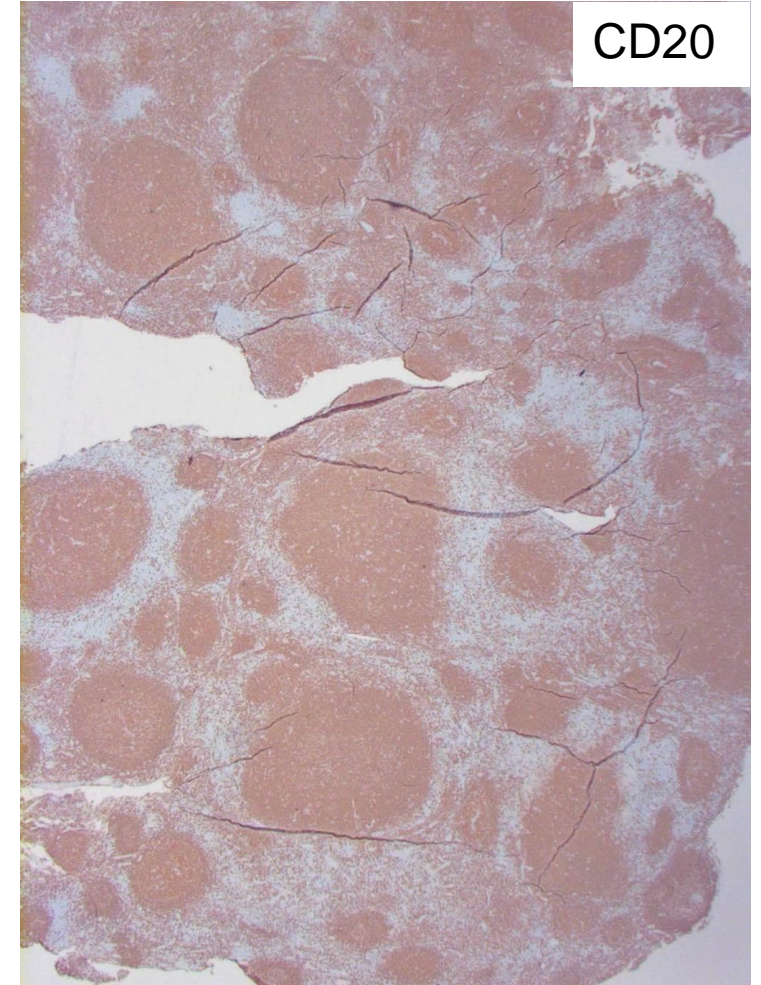
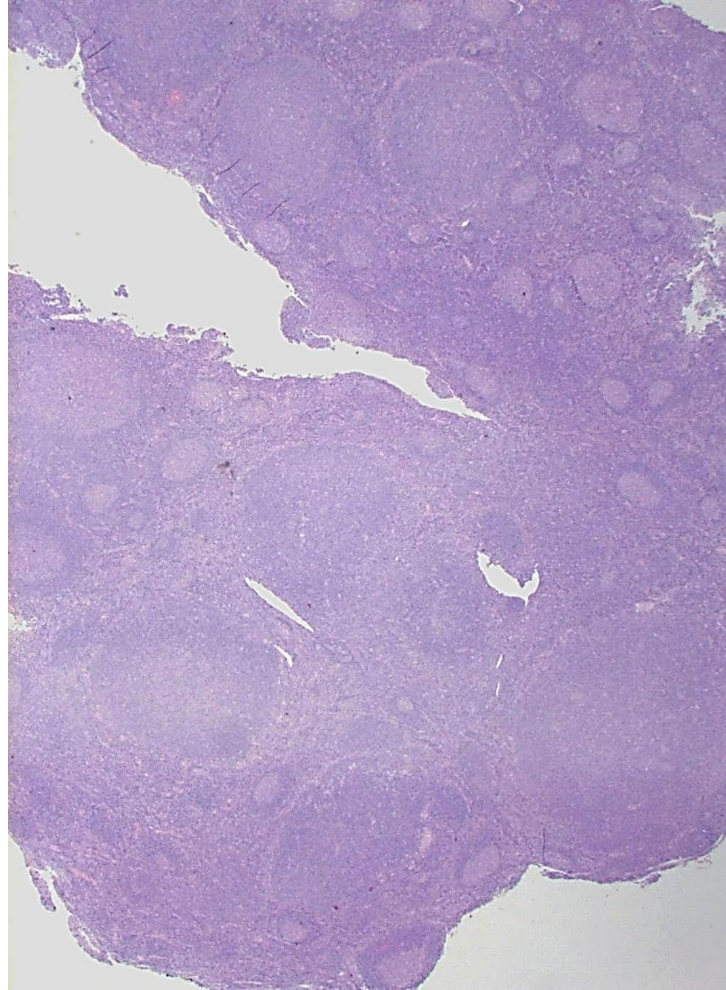
PTGC-like pattern

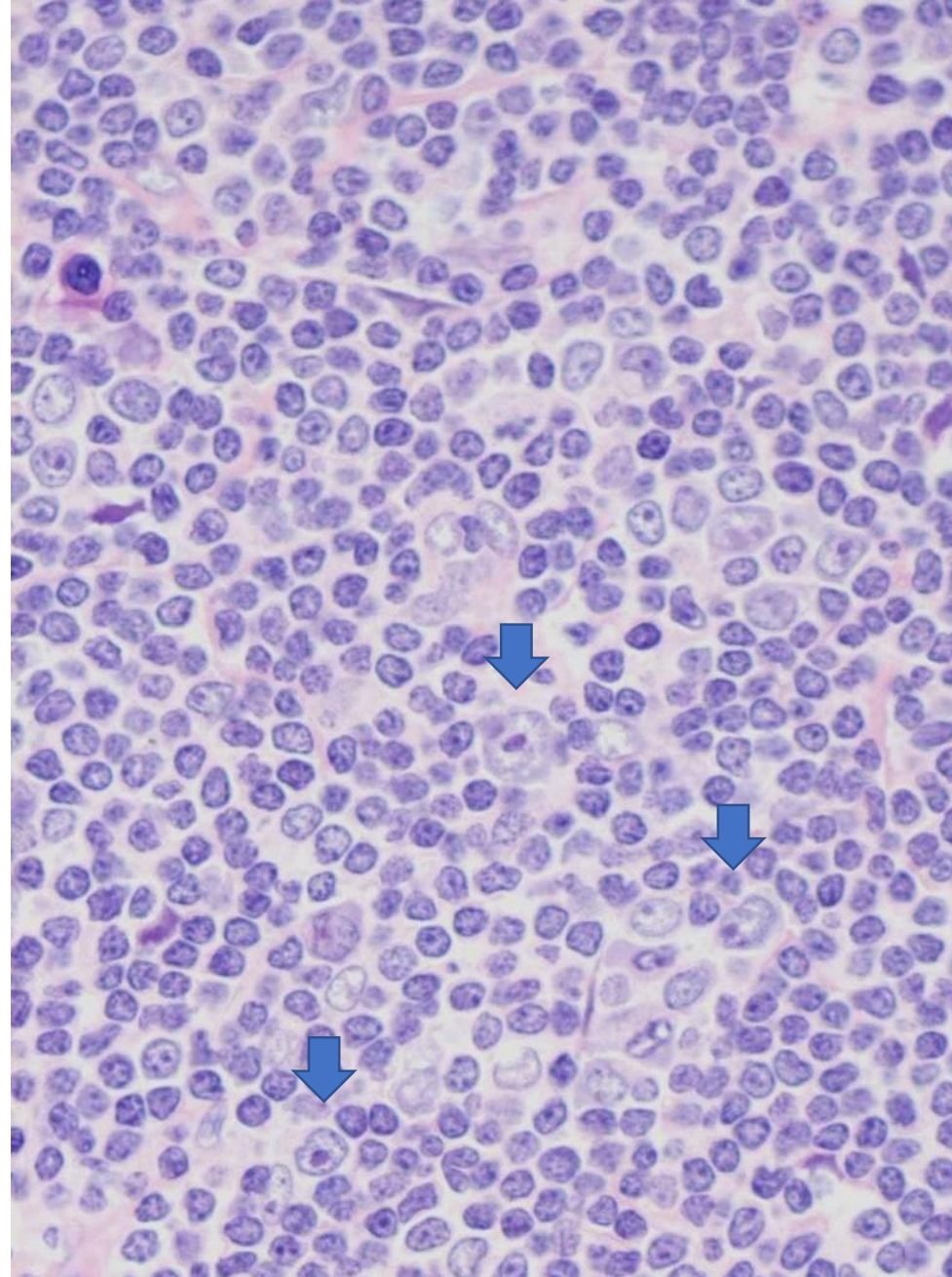
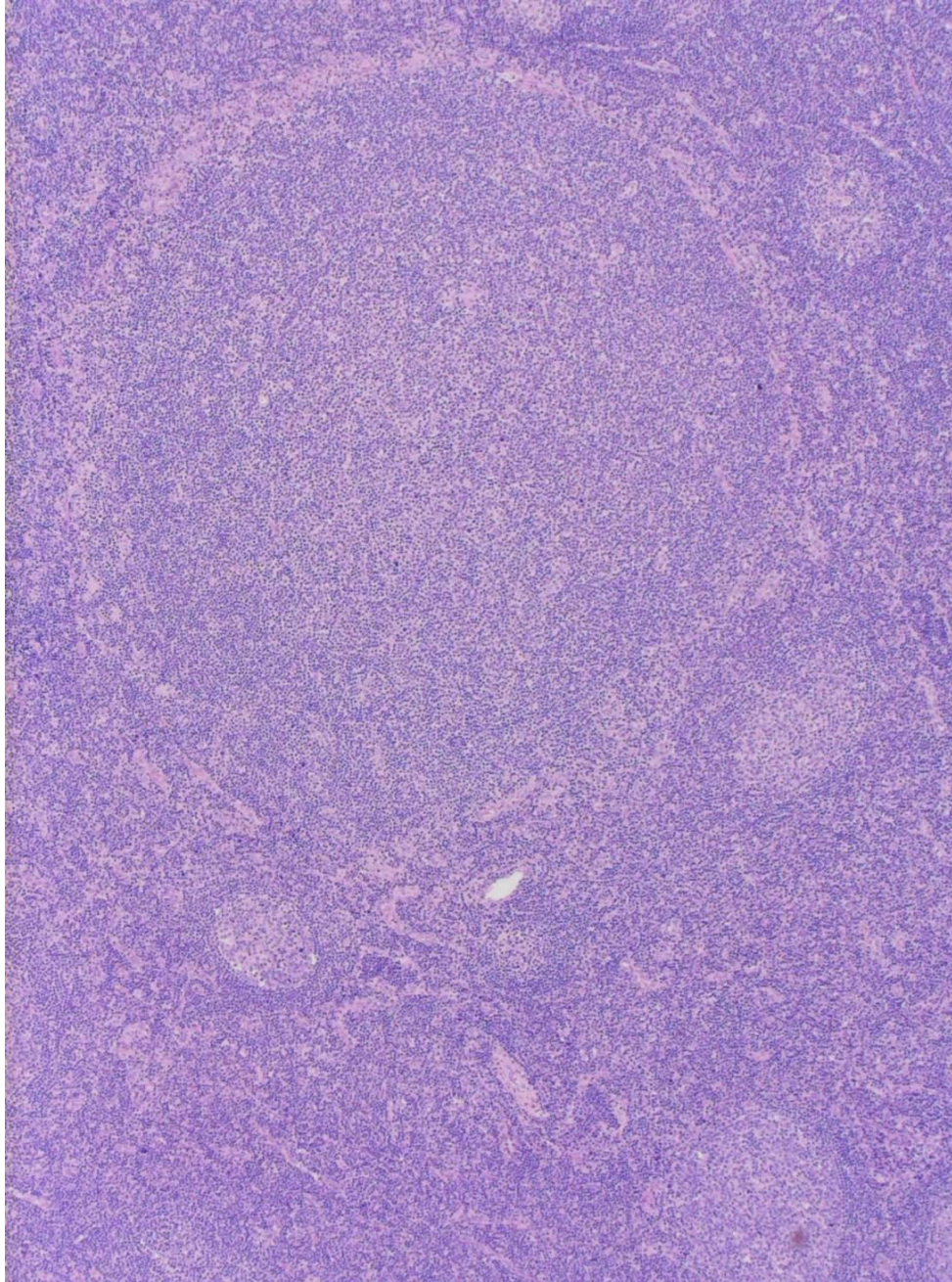
- Nodular lymphocyte predominant B-cell lymphoma (NLP)
- Pediatric-type follicular lymphoma
- *Pediatric nodal marginal zone lymphoma*
- IGG4-related lymphadenopathy
- others



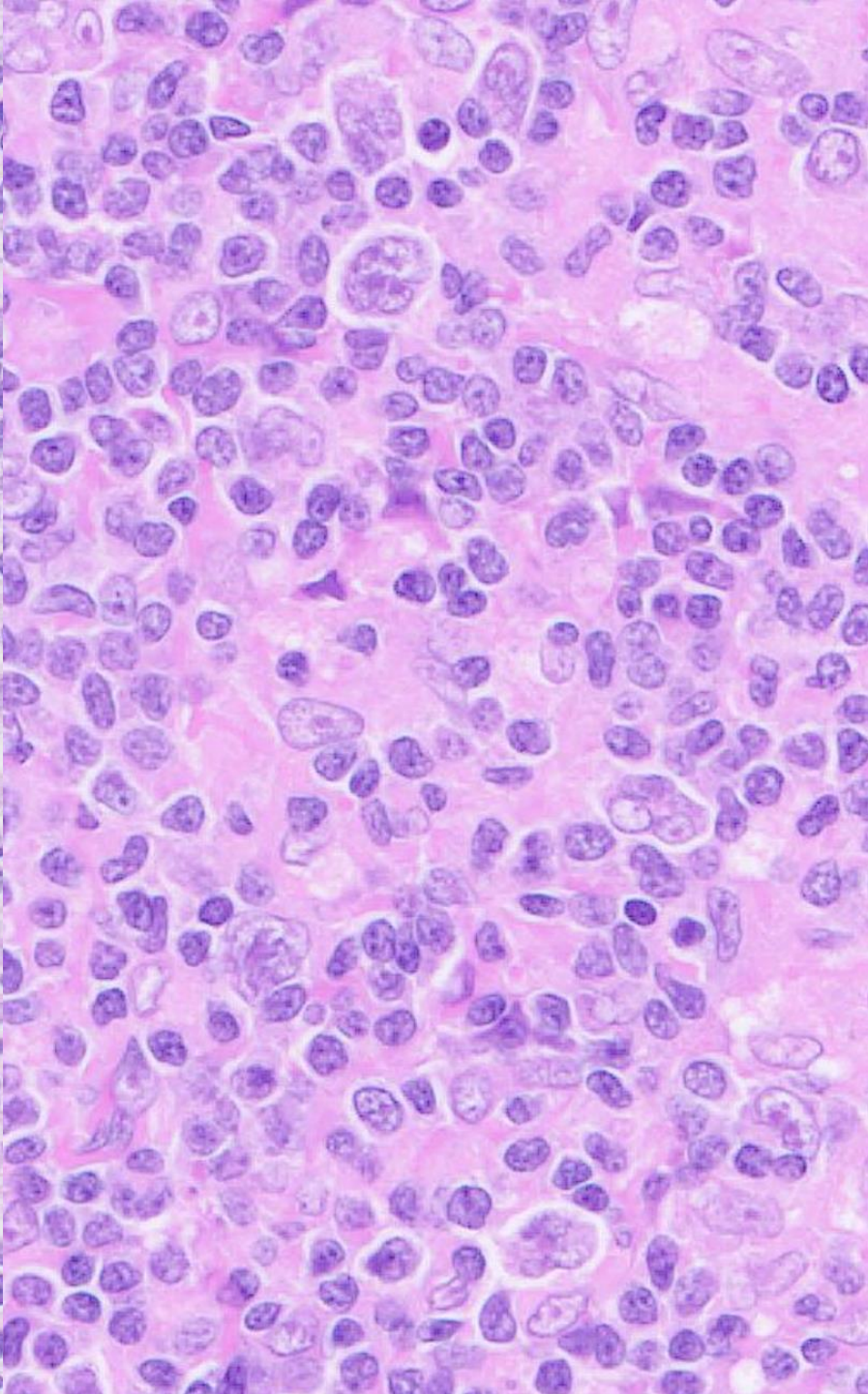
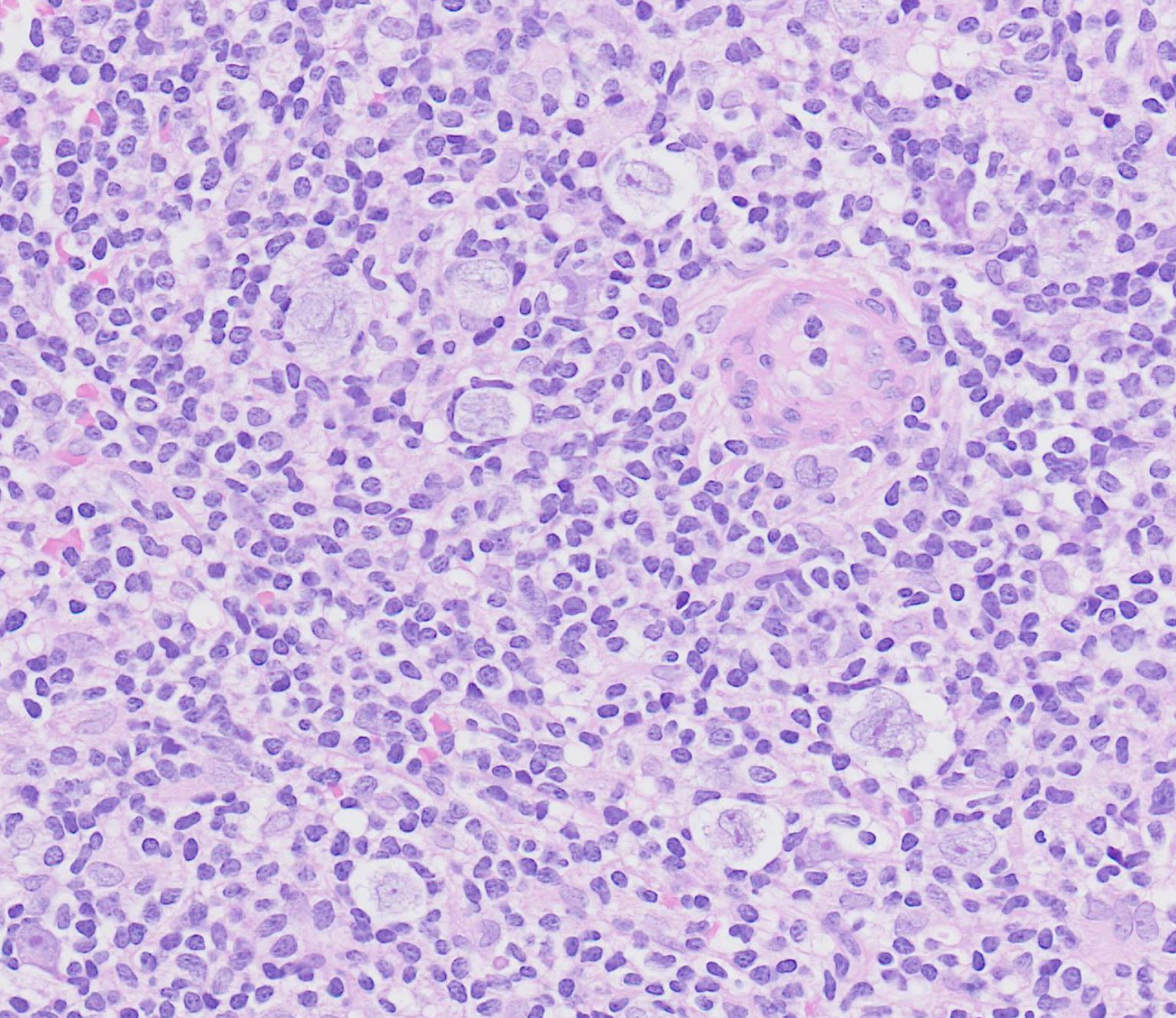
Progressive transformation of germinal centers?

- A 23 year old male, axillary LN, history of lymphoma, 5 years ago





Large cells with open chromatin and usually one or more large eosinophilic nuclei known as „LP“ cells

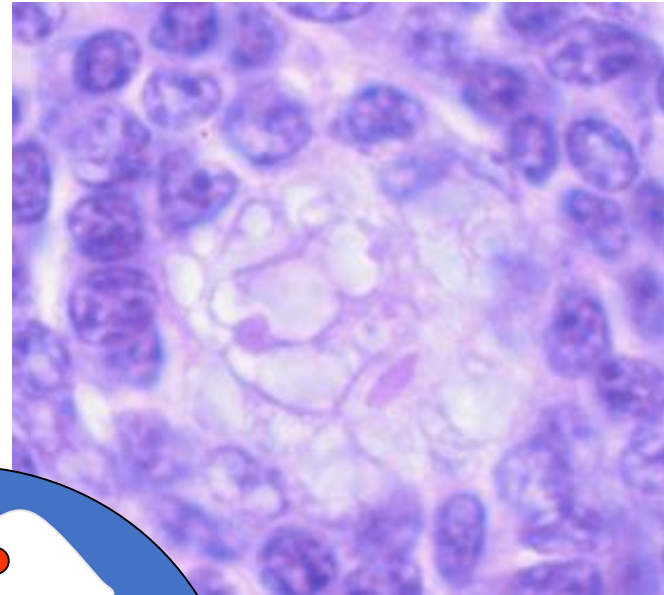


Nodular lymphocyte predominant B-cell lymphoma

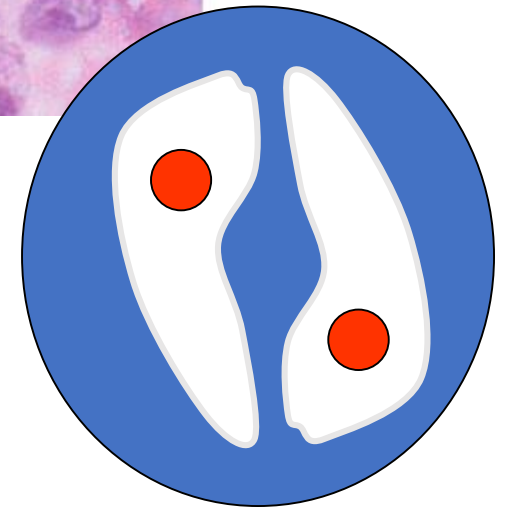
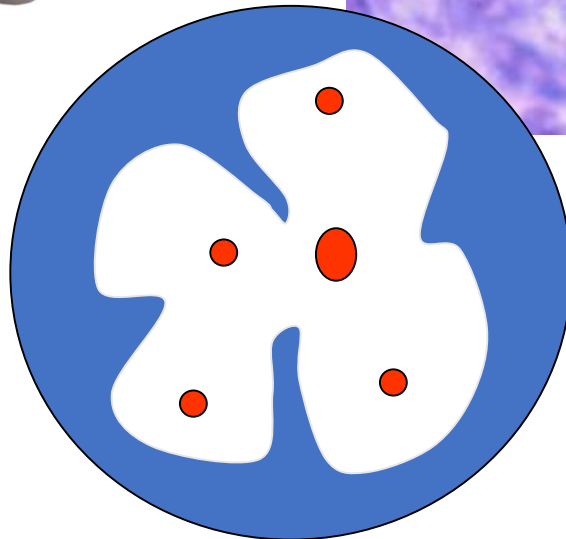
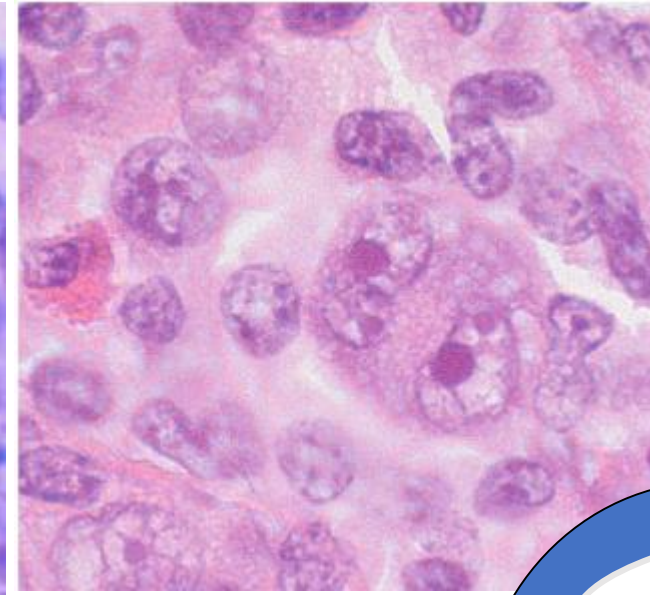
„pop-corn cell“



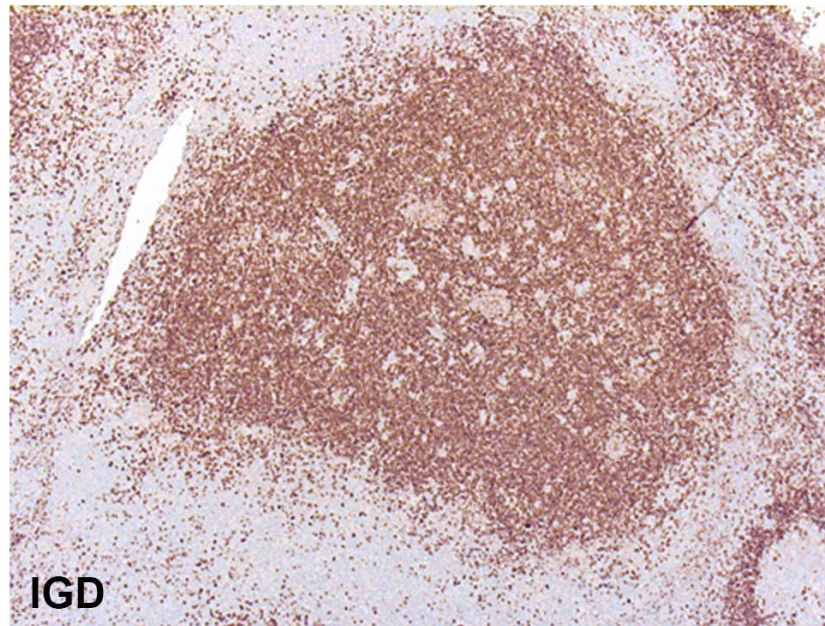
NLPBL



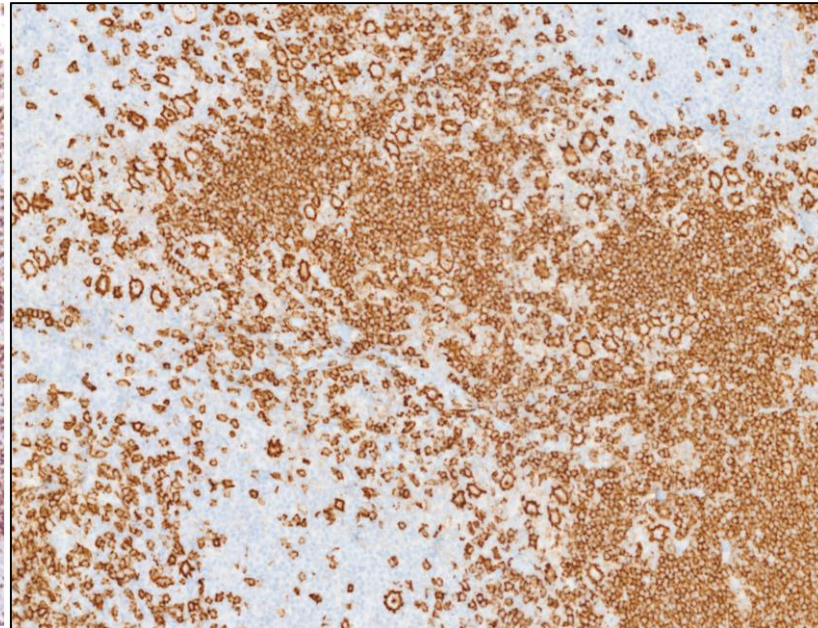
CHL



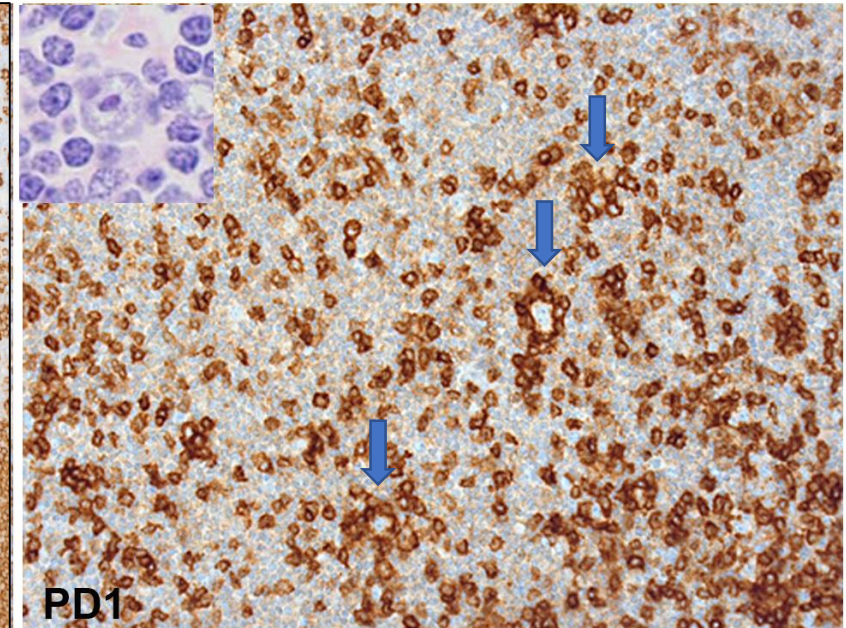
Nodular lymphocyte predominant B-cell lymphoma



PTGC pattern



Large atypical CD20+ B-cells

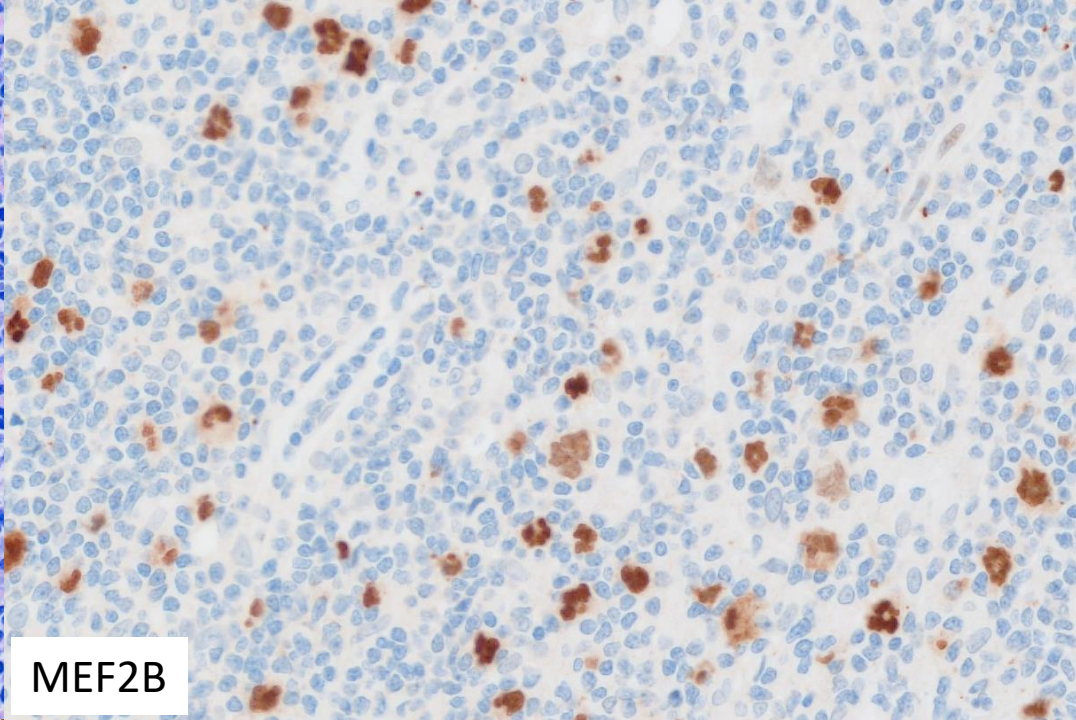
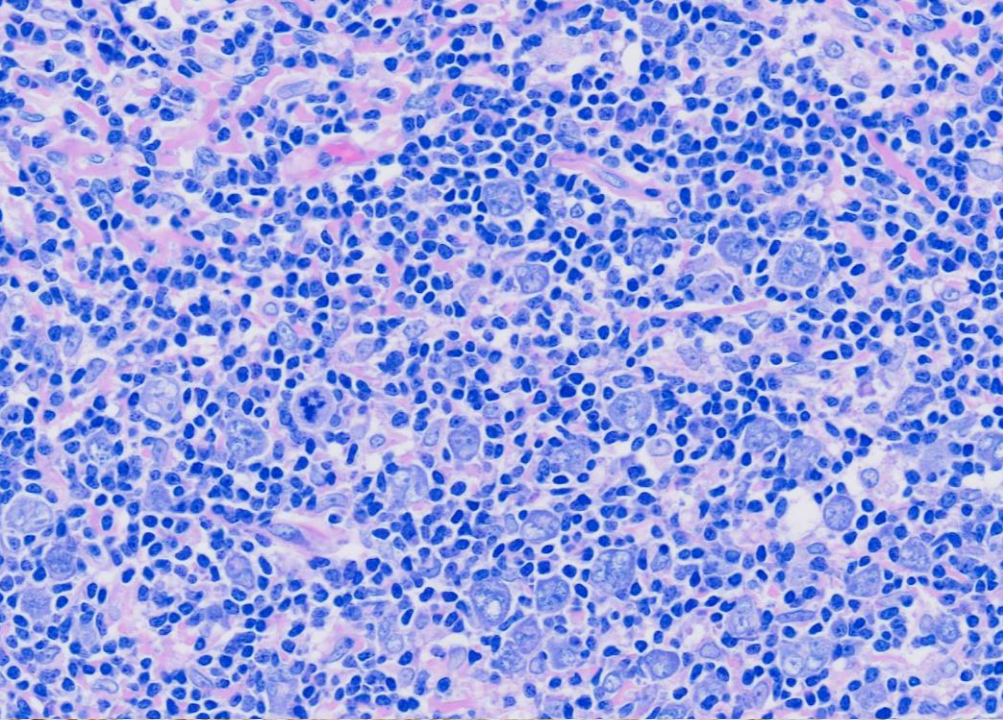


PD1+ rosettes

Diagnosis:

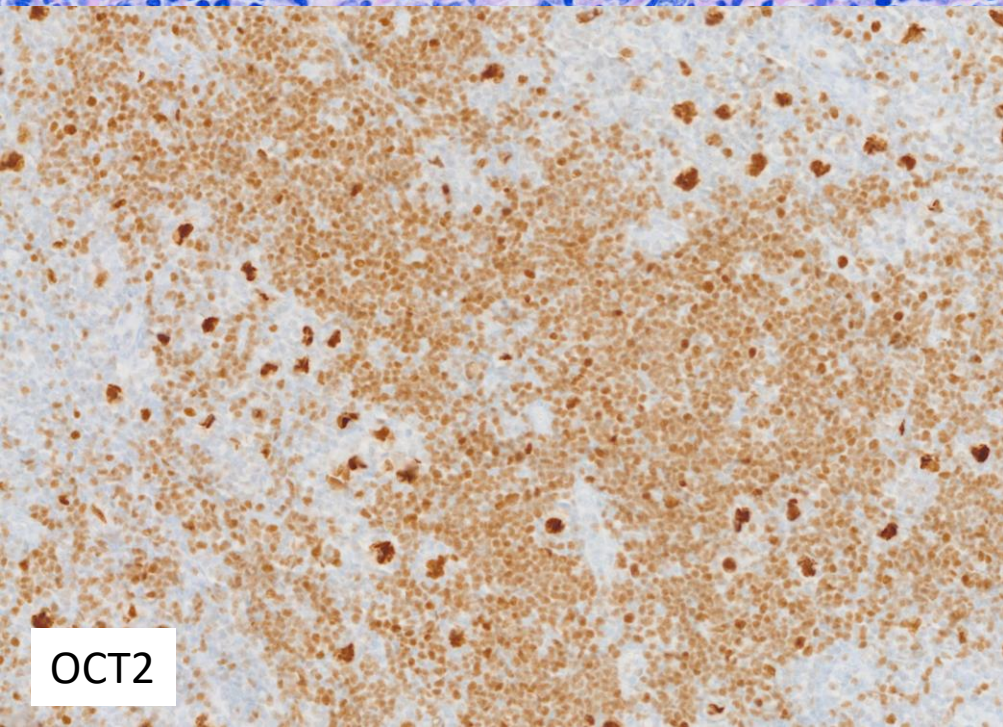
Nodular lymphocyte predominant B-cell lymphoma (nodular paragranuloma or NLPHL) recurrence after 5 years

DD with PTGC relies on demonstration of *bona fide* LP cells (CD20+) and PD1/CD57 rosettes – don't overcall!

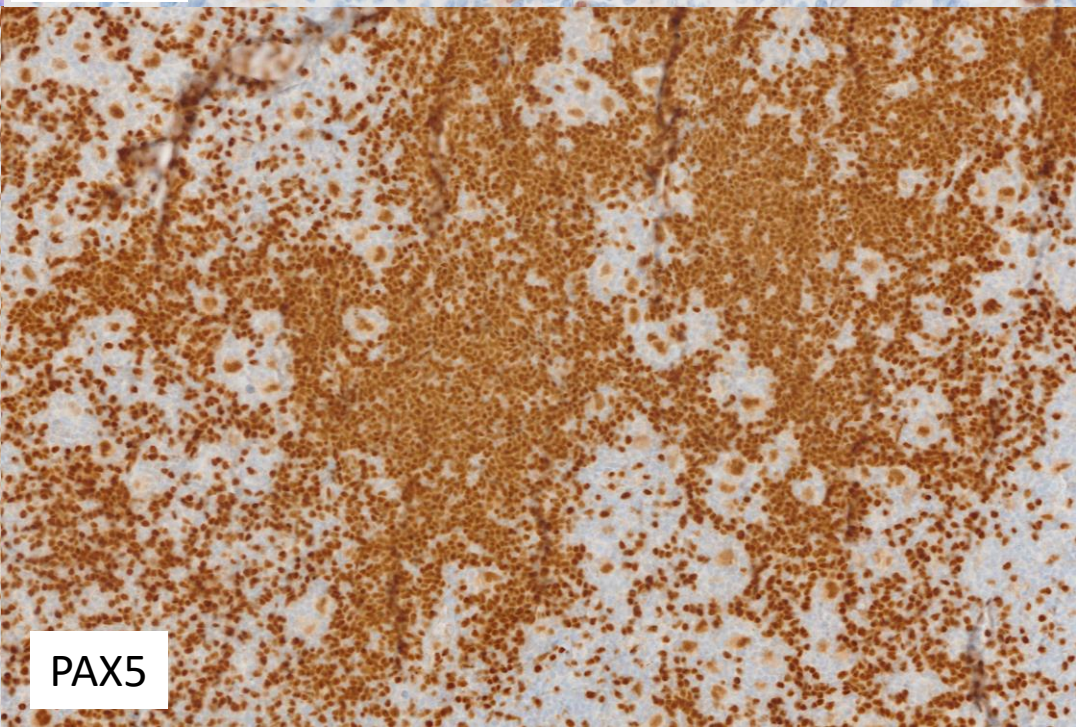


MEF2B

GC marker reliably positive in NLPBL and negative in CHL



OCT2



PAX5

Usually strong expression of B cell TF OCT2 and BOB.1

PAX5 sometimes reduced compared to normal B cells

Reactive follicular hyperplasia or lymphoma?

- Pediatric nodal marginal zone lymphoma
- Pediatric-type follicular lymphoma
- Conventional follicular lymphoma

Pediatric nodal marginal zone lymphoma

- Clinically

- Young males
- head and neck LN
- median age 16 years (2-27)
- M:F ratio 20:1 (<18 years)
- 90% stage I
- Excellent prognosis, low rate of recurrence

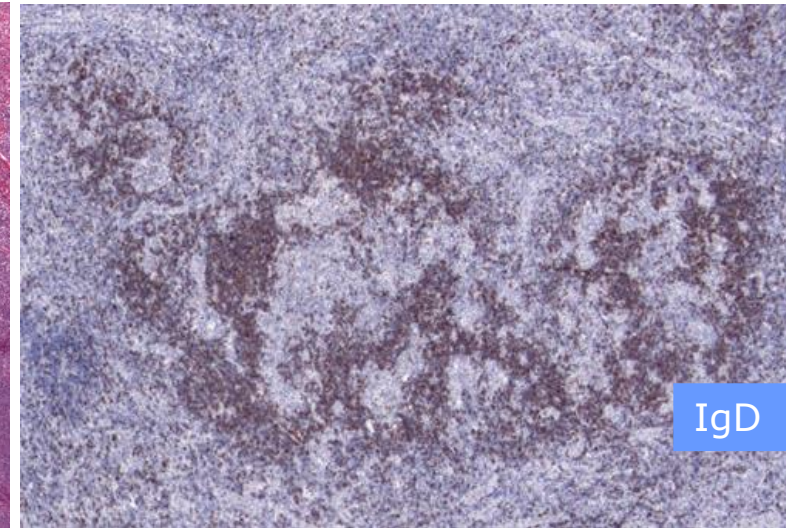
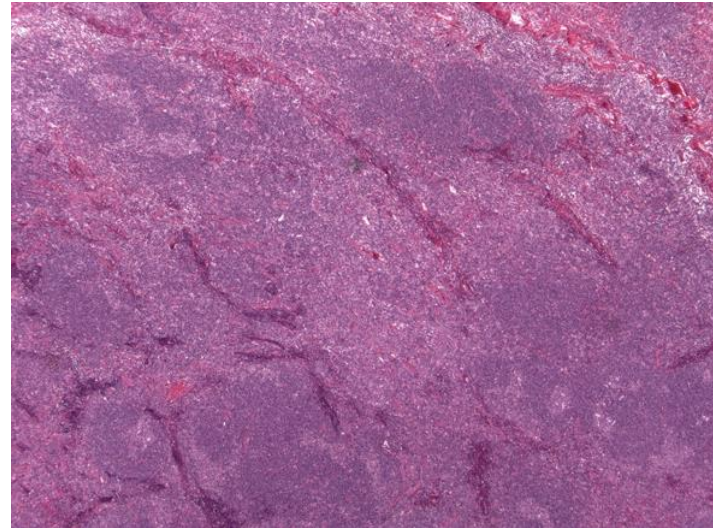
- Morphologically

- PTGC-like features
- Expanded marginal zone (Interfollicular distribution)

- Genetically

- Monoclonal IGH gene

PTGC like features with expanded and disrupted IgD+ mantle zone cells



Taddesse-Heath et al, Am J Surg Pathol 2003;27:522

Pediatric nodal marginal zone lymphoma

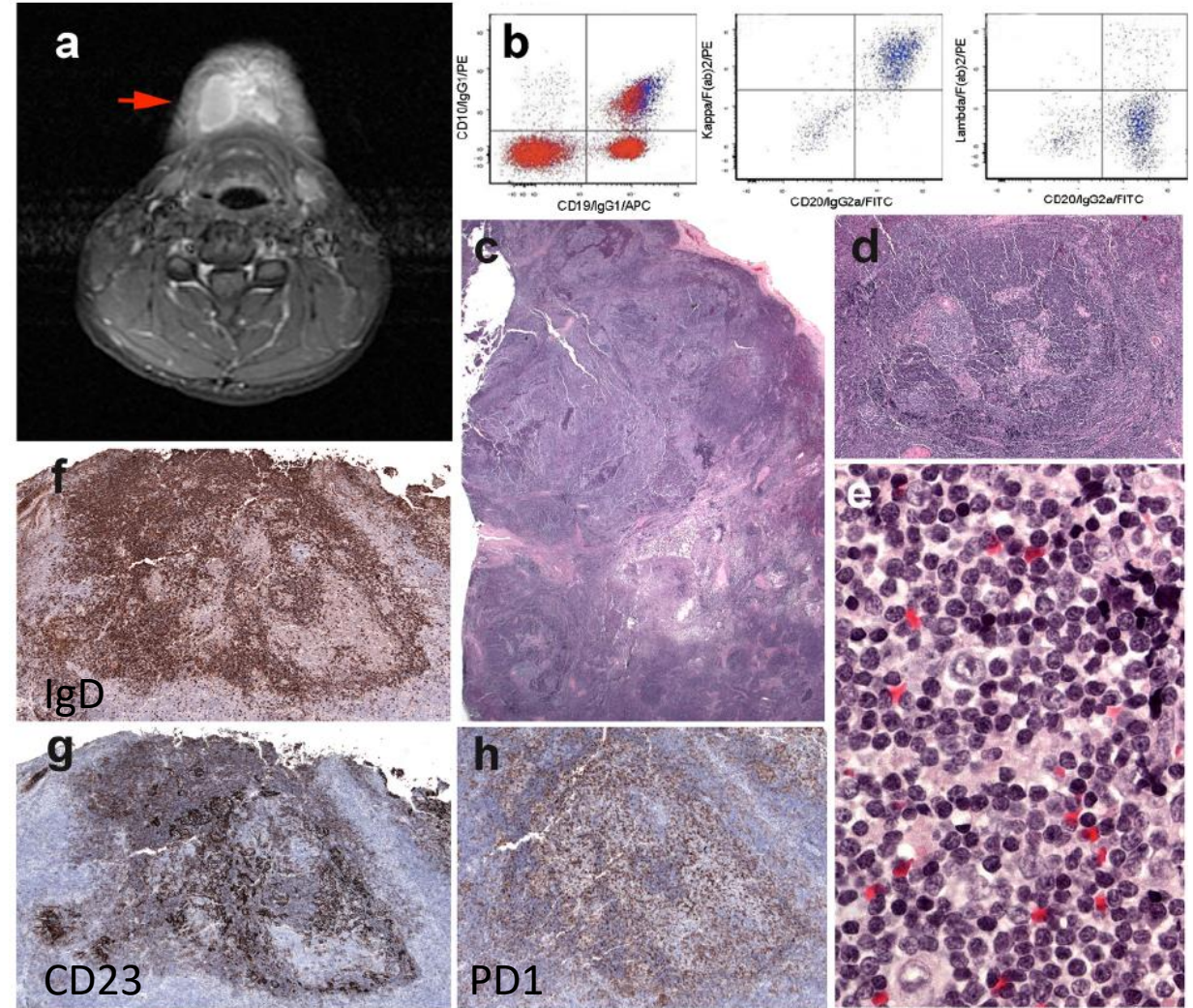
Clinical history: 20-year-old man with a 2.1 cm submental lymph node. Asymptomatic 5 years only with excision.

Flow: 24% CD19+/CD10+/Kappa+ cells

IHC: Interfollicular cells are CD79a+, CD10 -, PTGC-like features and increased PD1+ cells in the follicles.

PTFL or PNMZL: What is your diagnosis ?

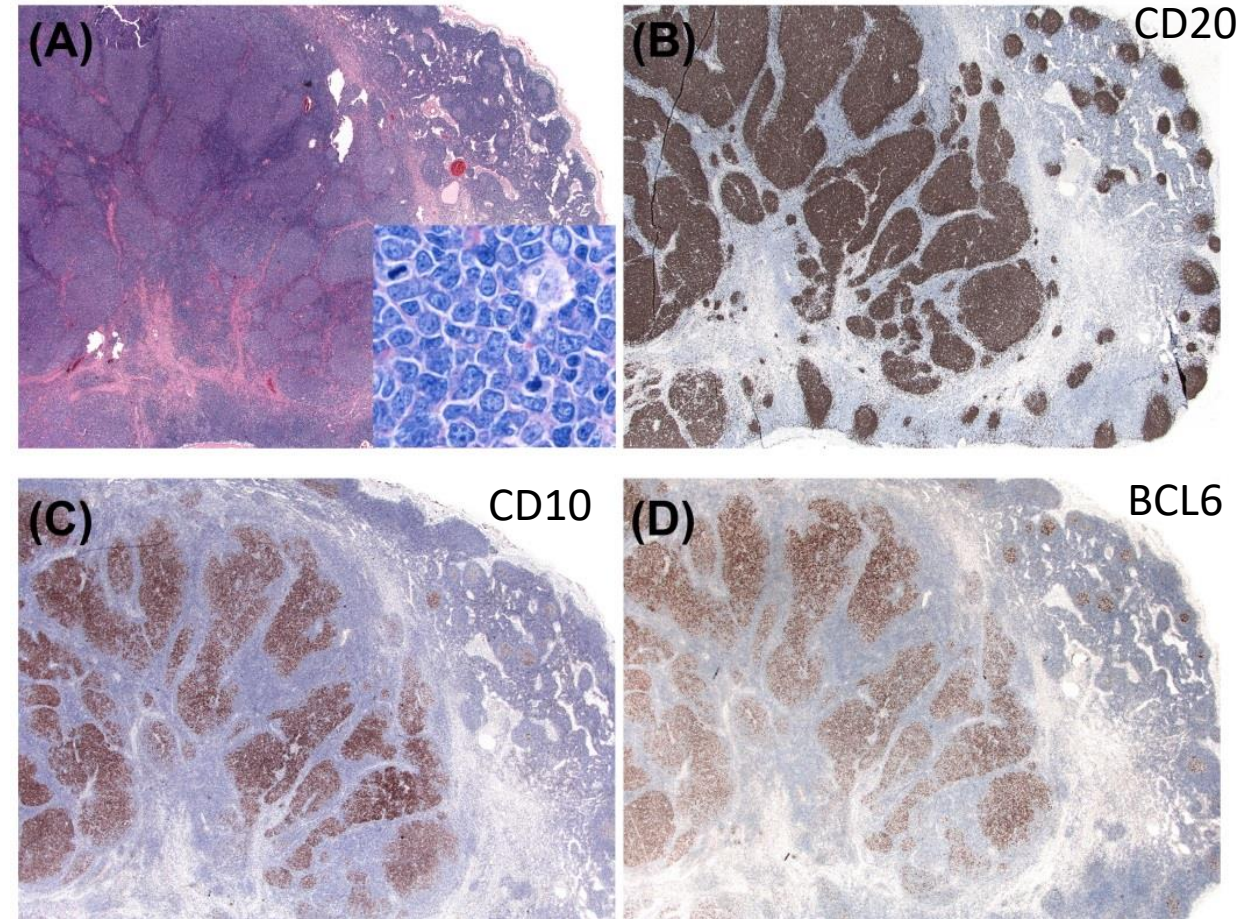
- Pediatric nodal marginal zone lymphoma with aberrant expression of CD10?



Quintanilla-Martinez L et al, Virchow Archiv 2015

Pediatric-type follicular lymphoma

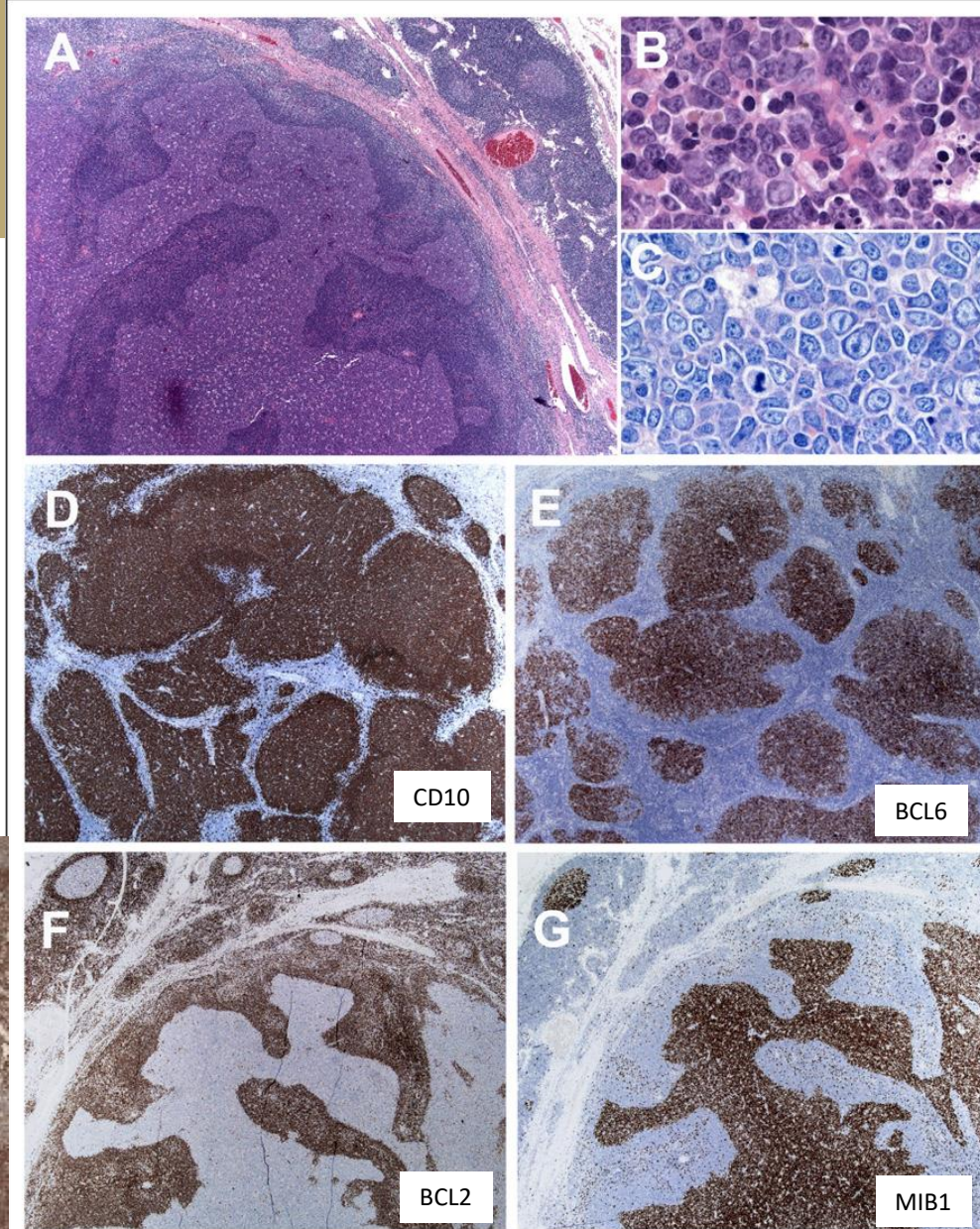
- Clinically:
 - Predominantly in male patients
 - Predilection head/neck LN
 - Early stage disease (I-II)
 - Good prognosis (watch & wait)
- Morphologically:
 - grade 3
 - Large, expansile serpiginous GC follicles
 - Lack of BCL2 expression
- Genetically:
 - no t(14;18)
 - Clonal analysis required!
 - IGH monoclonal



Liu Q et al, Am J Surg Pathol 2013; 37:33

Pediatric-type follicular lymphoma

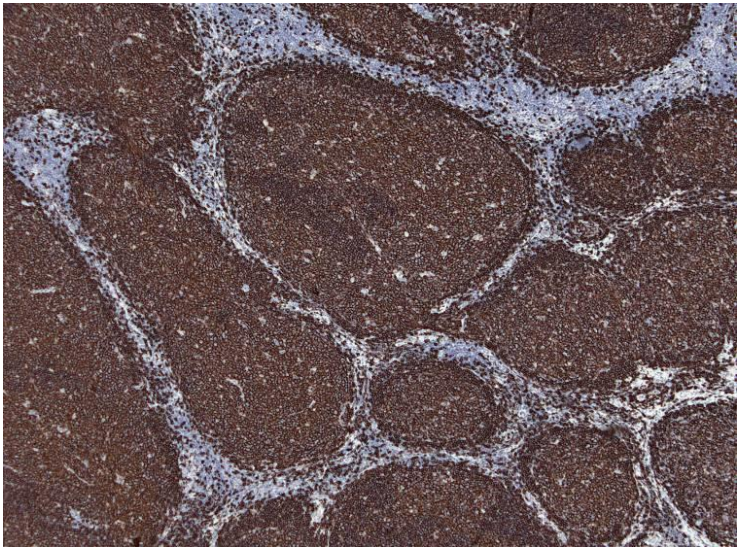
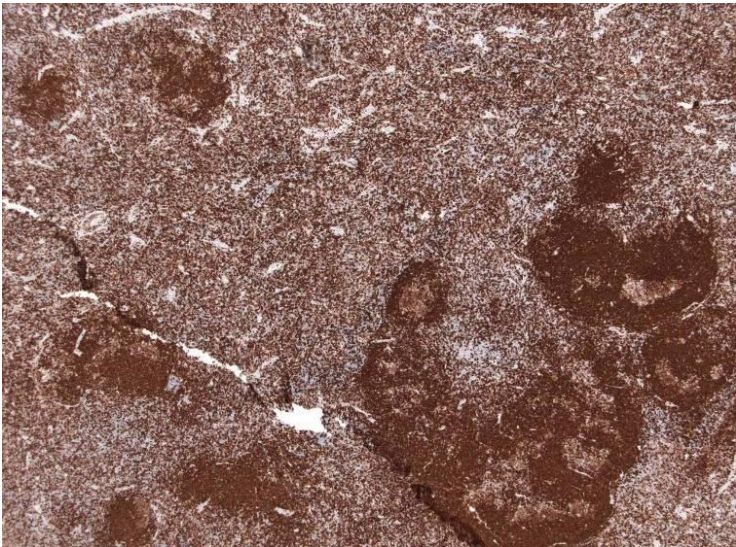
- A „node within a node“ morphology
- High grade cytology with starry sky pattern
- Strong CD10 and BCL6 expression
- BCL2 negative
- MIB1 high proliferation without polarization



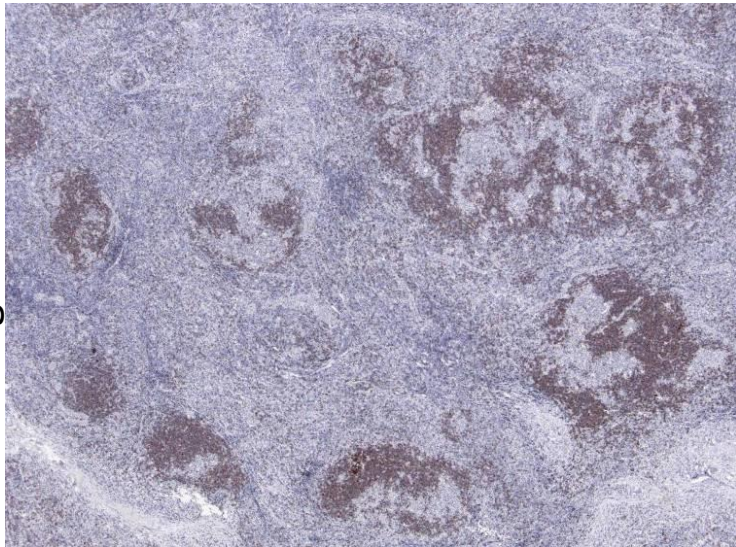
PNMZL

PTFL

CD20 stain



IgD stain



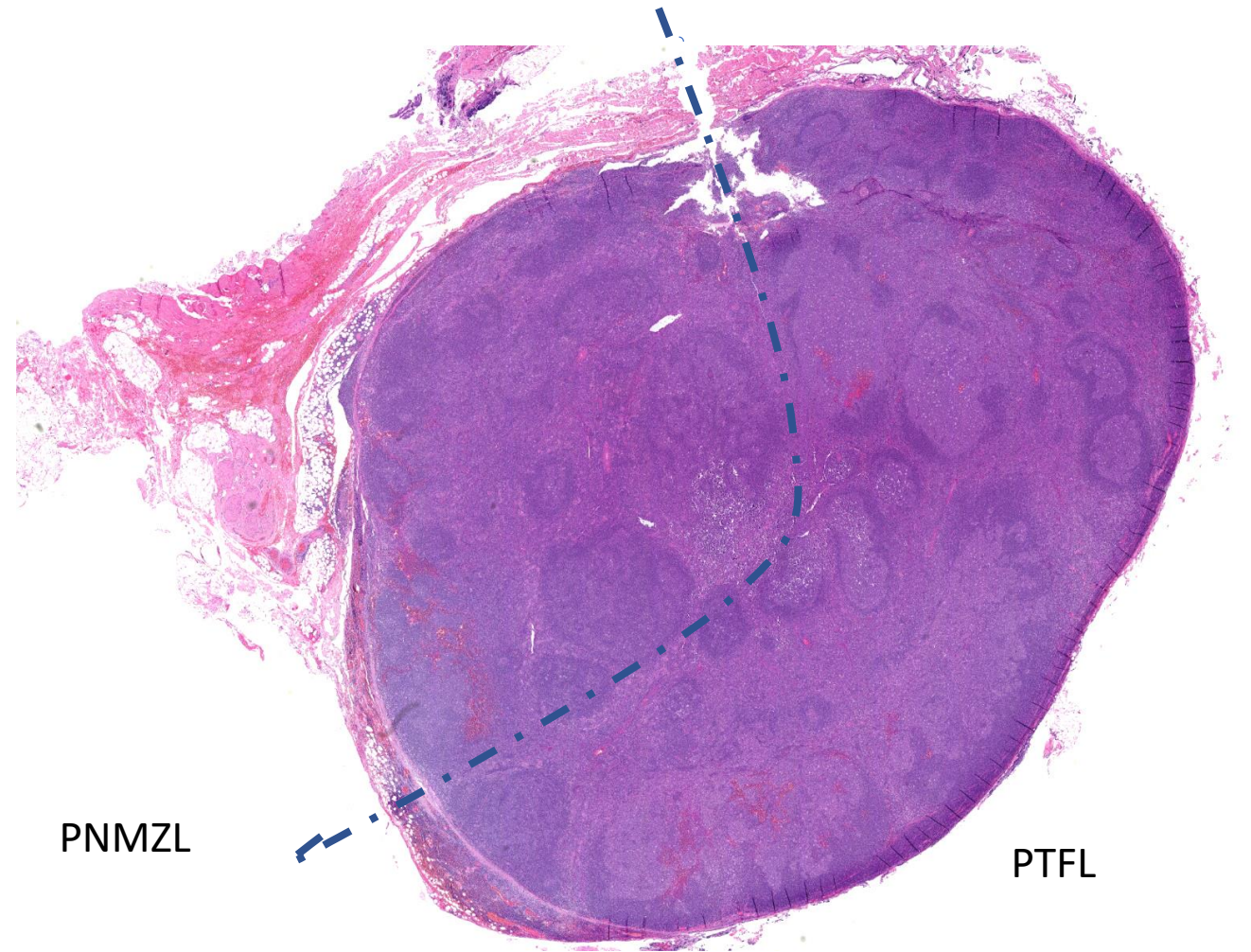
PTGC-like features

Serpigeneous GC with attenuated MZ

	Nodal FL (range)	NMZL (range)
Median age	14 years (5-21)	16 years (6-22)
M:F	20:1	20:1
Stage at presentation	100% localized	100% localized
Head and neck predilection	yes	yes
Diffuse areas	rare	often
PTGC	no	yes
Starry-sky pattern	yes	often
CD20 interfollicular	rare	yes
CD10+	100%	Rare
BCL2+	rare § (18%)	yes §
BCL6+	yes (100%)	No
CD279/PD1+	few/normal	increased

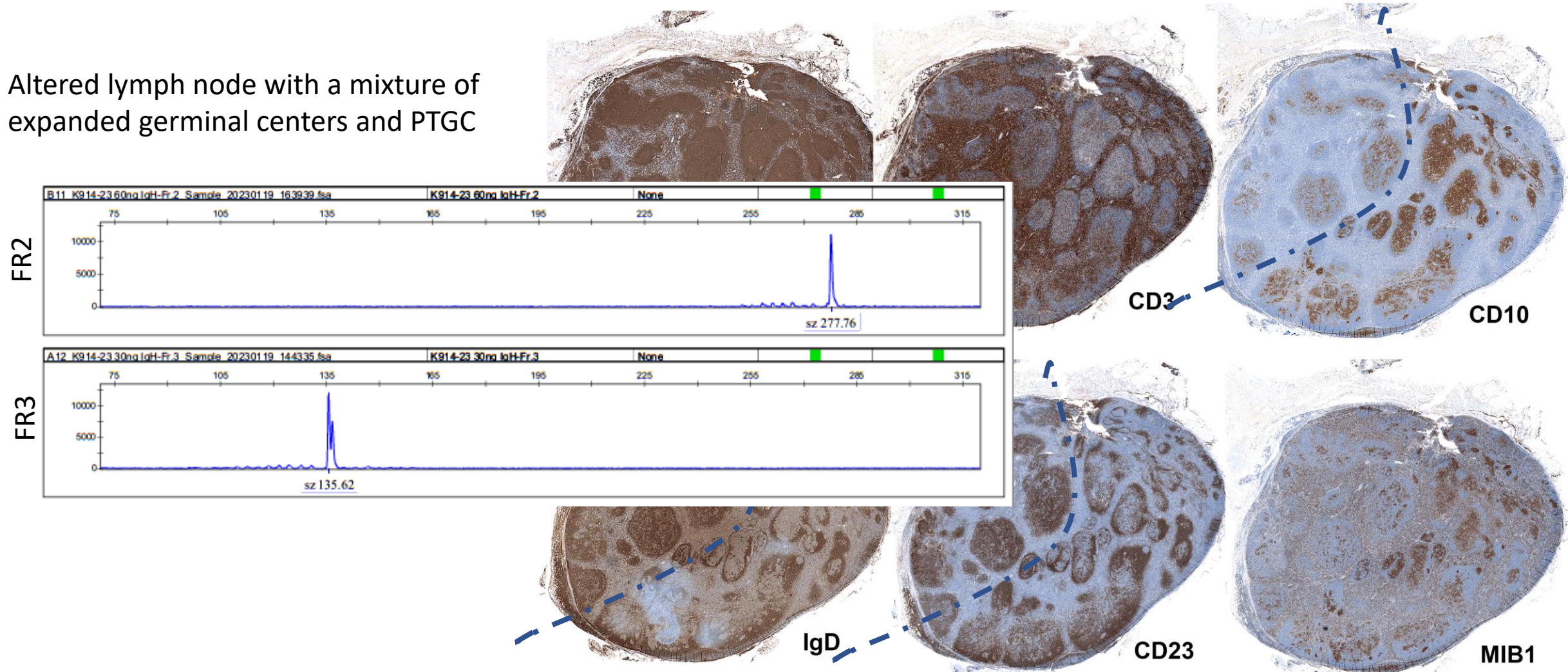
Follicular hyperplasia?, PTGC?

- 17 year-old female patient with enlarged retromandibular lymph node



Pediatric-type follicular lymphoma with marginal zone differentiation

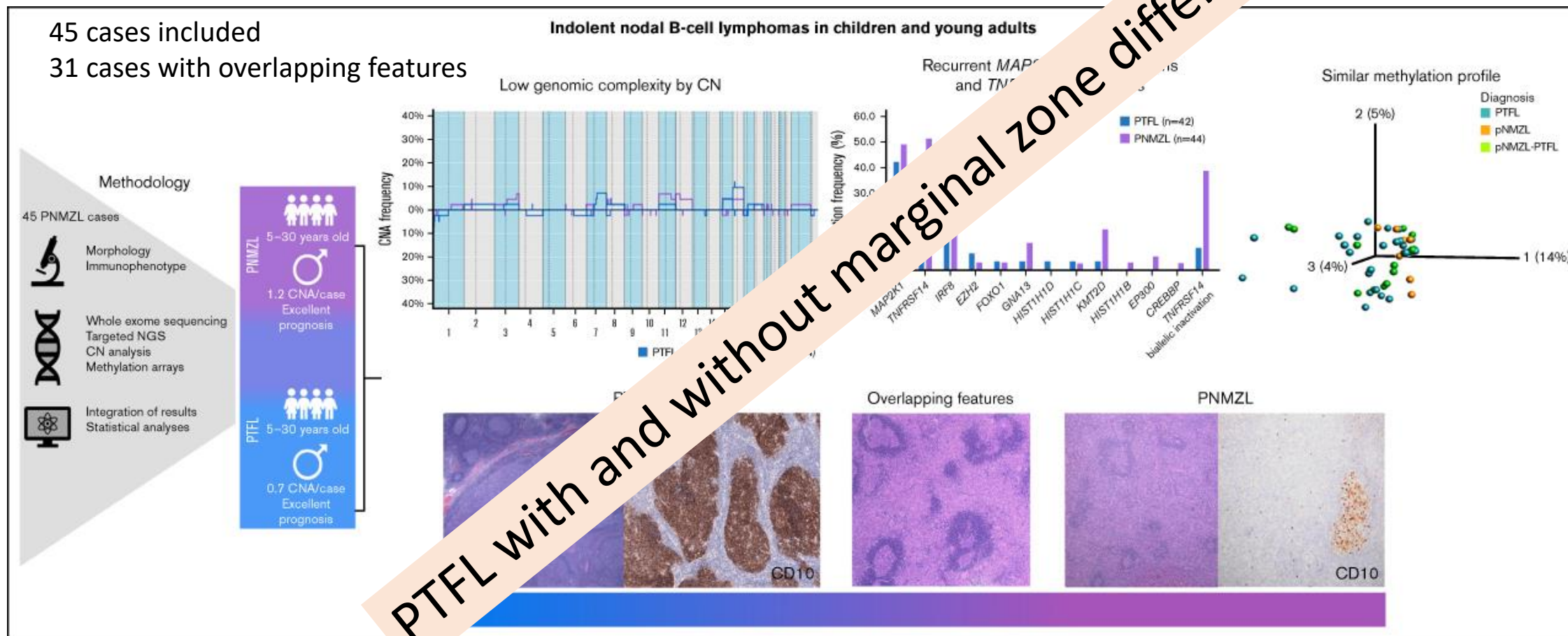
- Altered lymph node with a mixture of expanded germinal centers and PTGC



A unifying hypothesis for PNMZL and PTFL: morphological variants with a common molecular profile

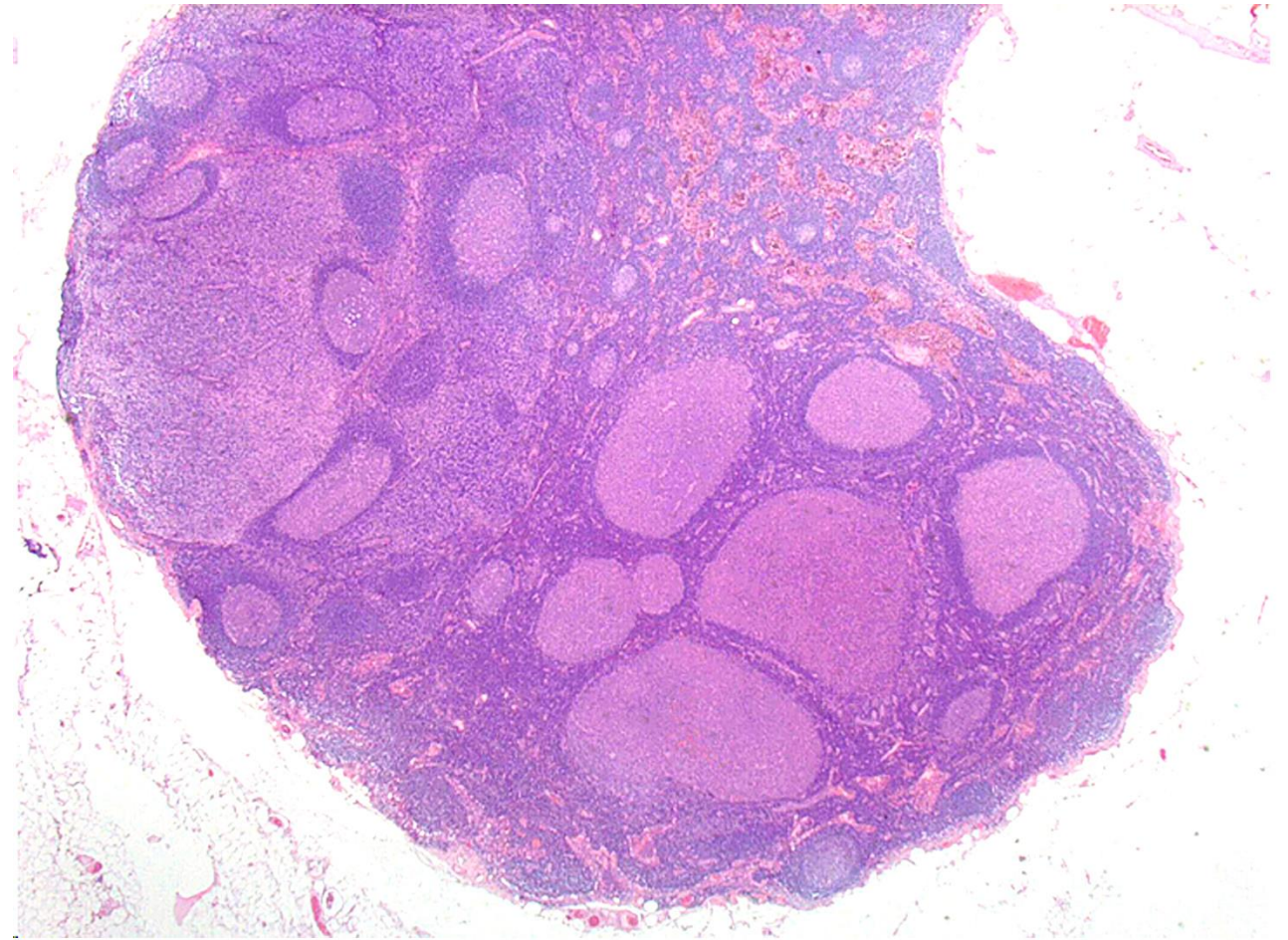
Julia Salmeron-Villalobos,^{1,2,*} Caoimhe Egan,^{3,*} Vanessa Borgmann,^{4,*} Inga Müller,⁴ Blanca Gonzalez-Farre,^{1,2} Joan Enric Ramis-Zaldivar,^{1,2} Dominik Nann,⁴ Olga Balagué,^{1,2} Mónica López-Guerra,^{1,2} Dolors Colomer,^{1,2} Ilse Oschlies,⁵ Wolfram Klapper,⁵ Selina Glaser,⁶ Young Hye Ko,⁷ Irina Bonzheim,⁴ Reiner Siebert,⁶ Falko Fend,⁴ Stefania Pittaluga,³ Elias Campo,^{1,2} Itziar Salaverria,^{1,2,†} Elaine S. Jaffe,^{3,†} and Leticia Quintanilla-Martinez^{4,8,†}

23 AUGUST 2019 | NUMBER 16 | **blood advances**



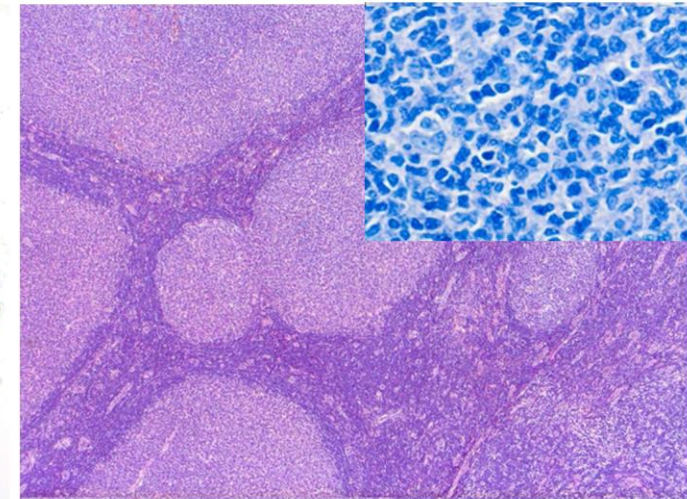
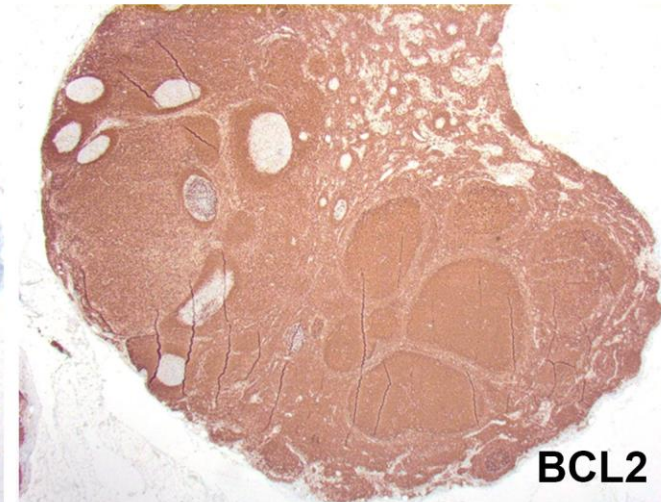
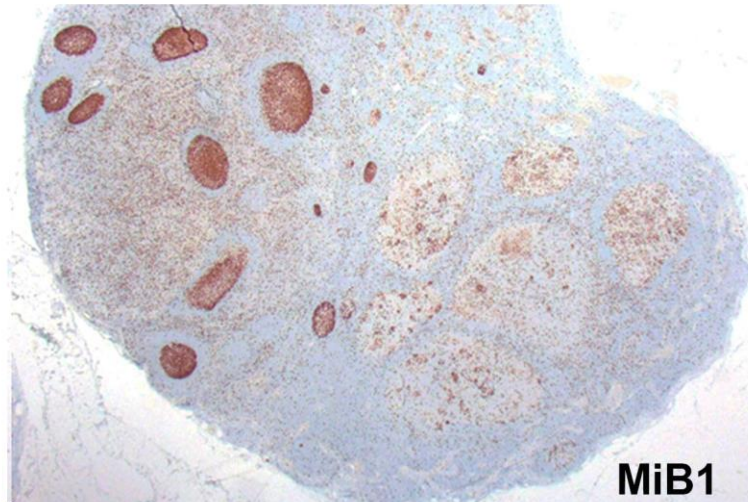
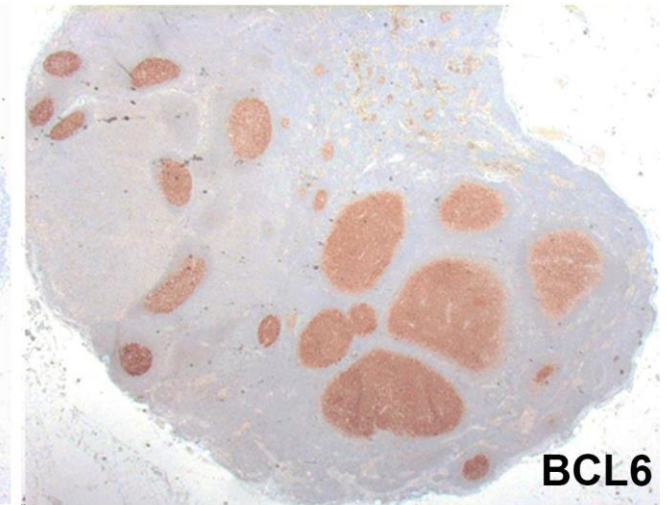
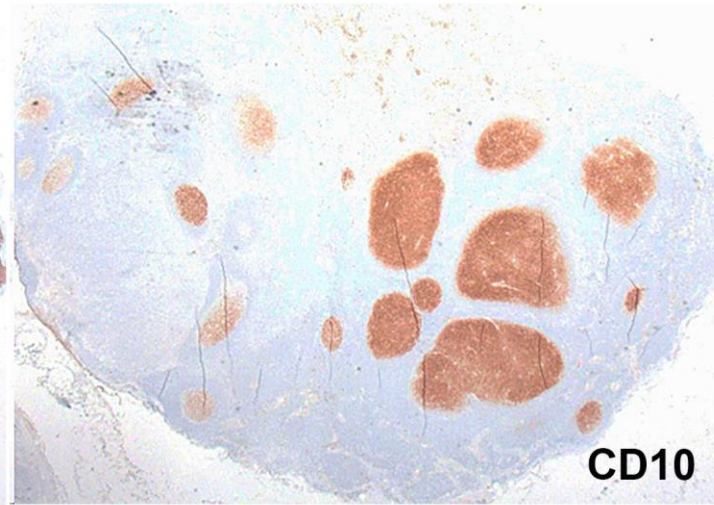
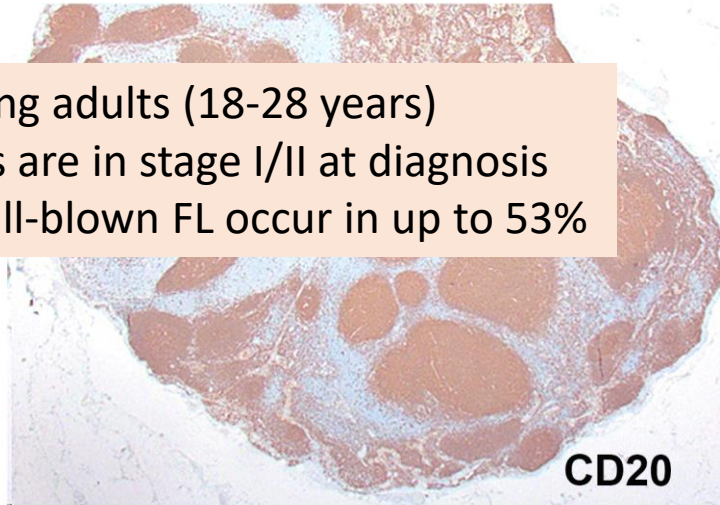
Reactive lymphadenitis?

- 28-year-old female with cervical lymphadenopathy



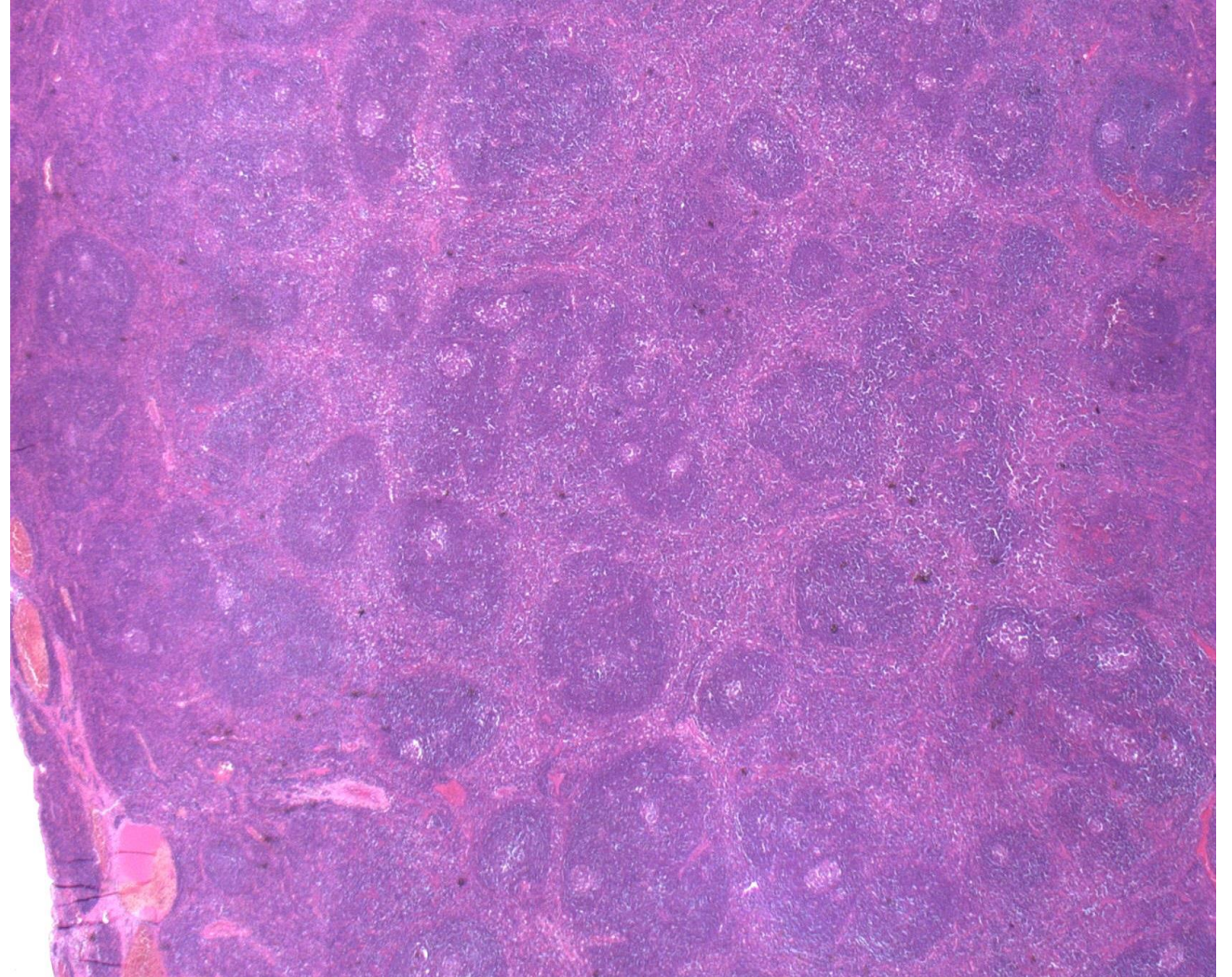
Partial involvement by cFL

cFL do exist in young adults (18-28 years)
85% of these cases are in stage I/II at diagnosis
Progression to a full-blown FL occur in up to 53%



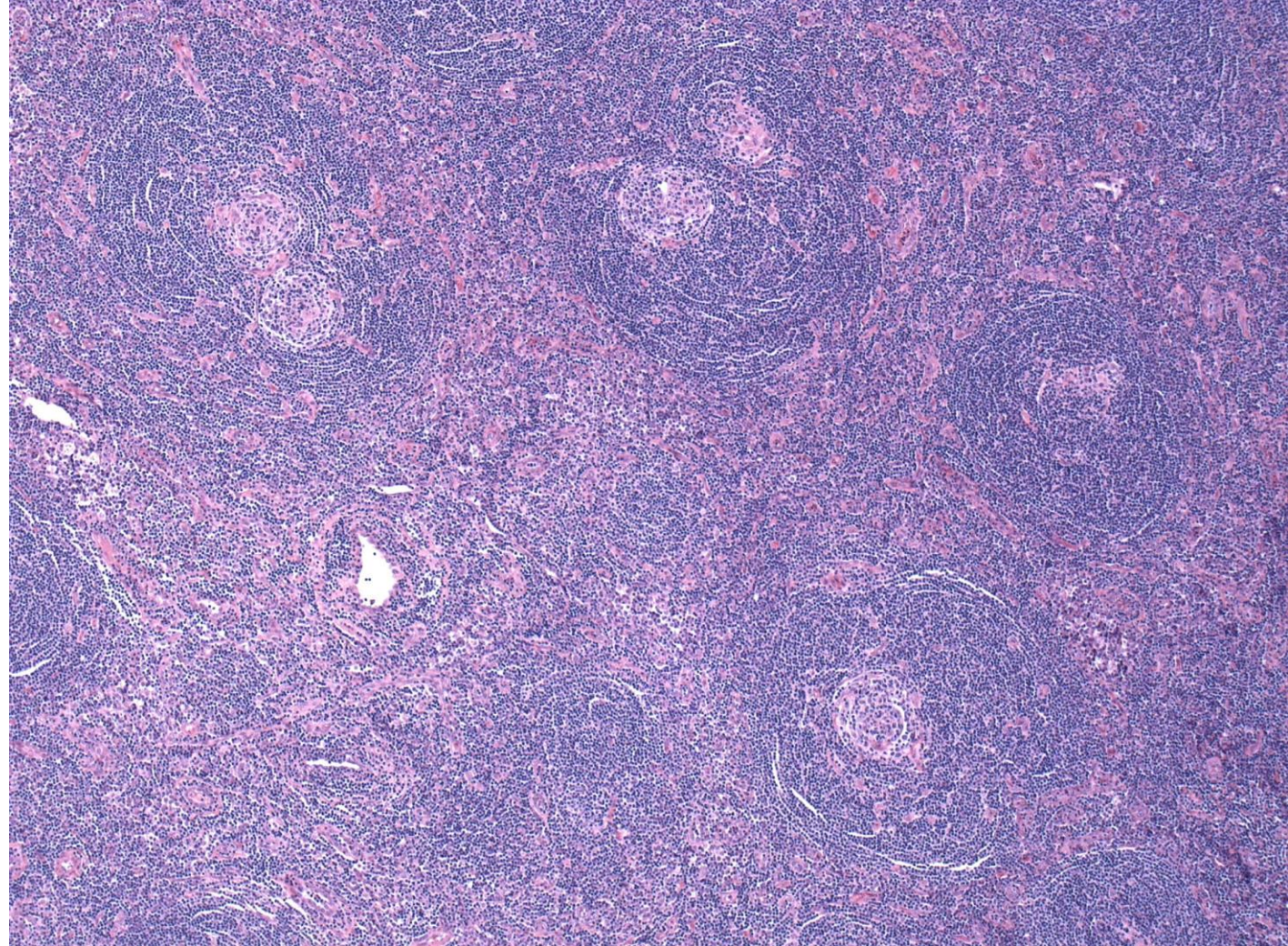
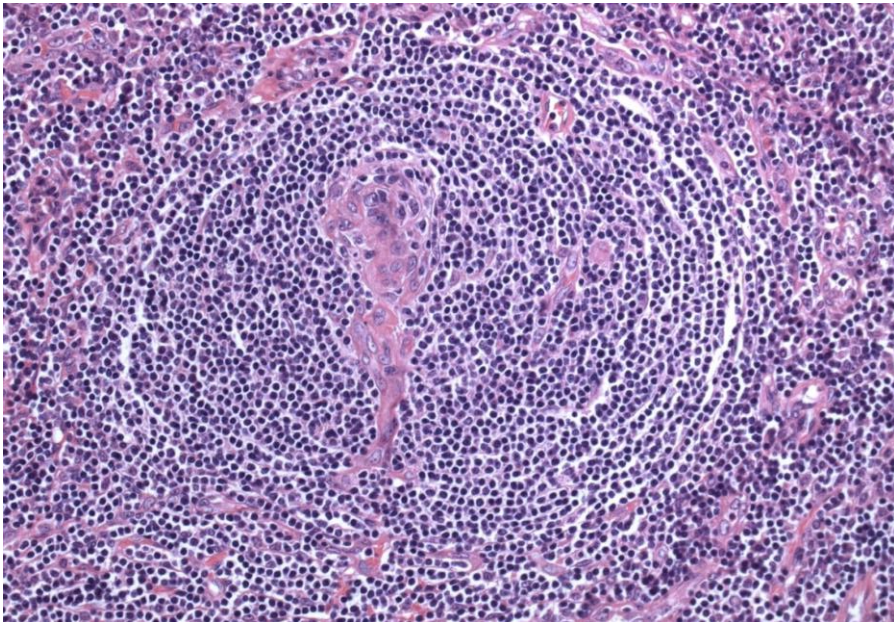
Follicular/nodular pattern

- 20-year-old male
- Increasing cervical lymphadenopathy over the last two years, otherwise healthy
- Status post *Borrelia* infection
- Whole body CAT scan: localized right-sided cervical lymphadenopathy, otherwise normal
- Lab findings: normal PB counts and differential, CRP, liver enzymes, LDH, β 2-MG, total protein, electrolytes, etc. in normal range
- Excision of a cervical node 3.5x2.5 cm



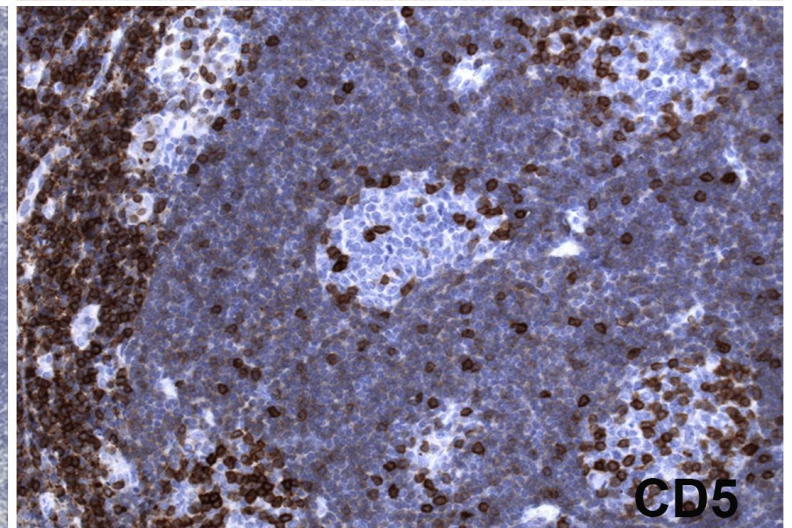
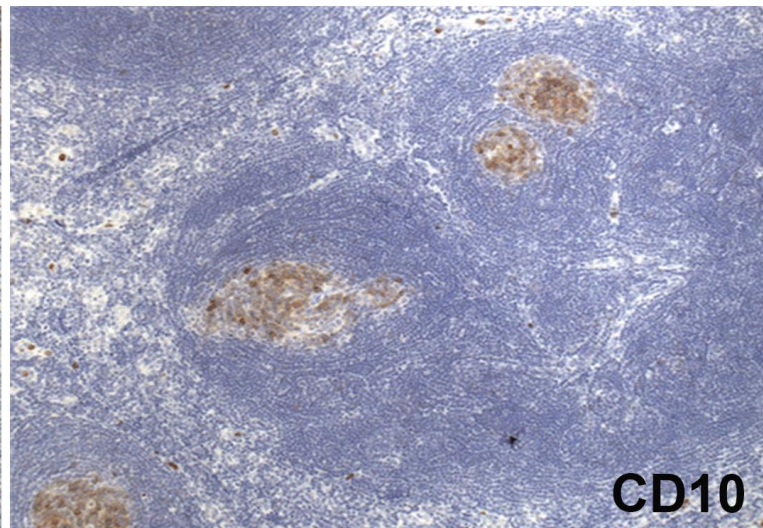
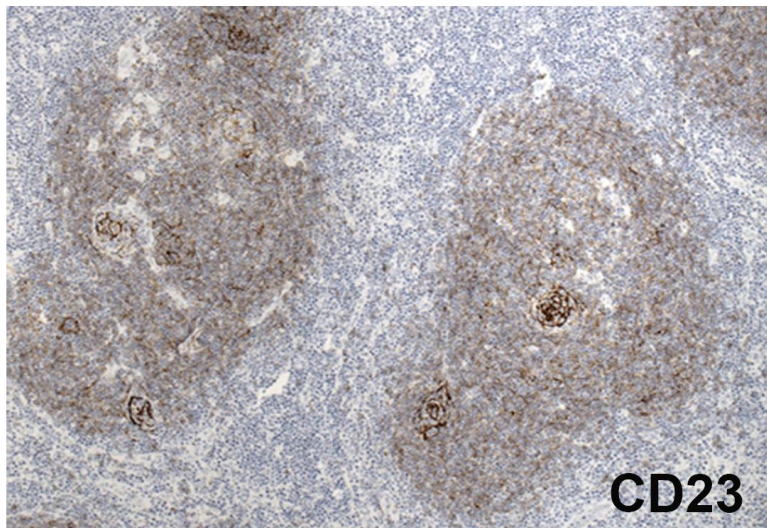
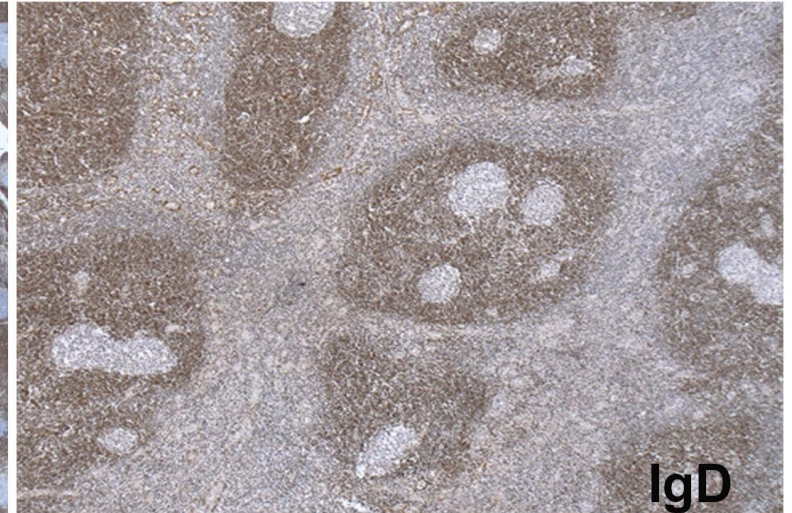
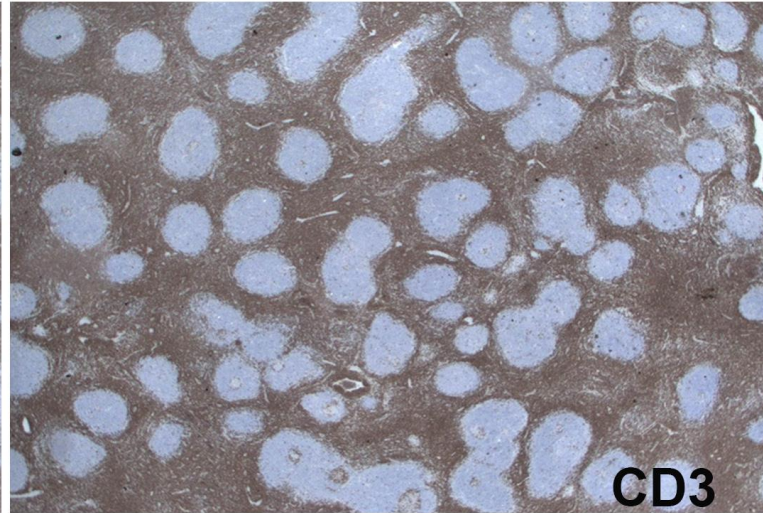
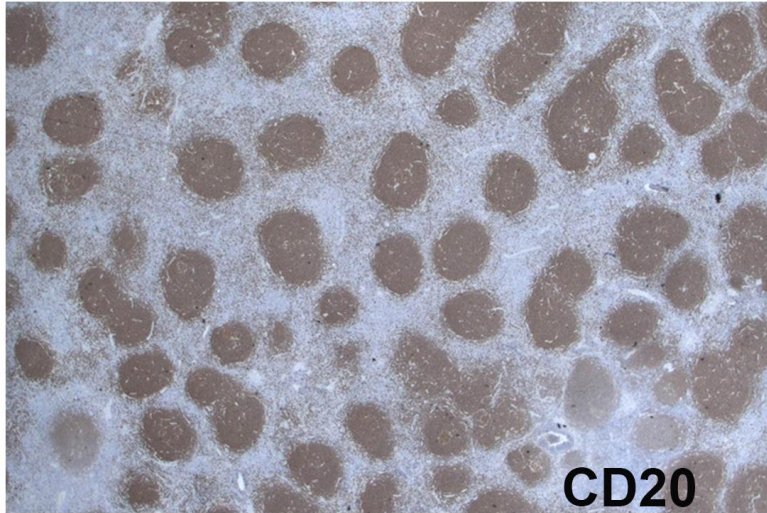
Castleman's disease, Hyaline vascular type

- Increase number of follicles
 - Regressive germinal centers
 - Expanded mantle zone, tend to form concentric rings „onion skin pattern“
 - Blood vessels penetrate the GC „lollipop follicle“
 - Several germinal centers share the mantle zone
- Hypervascular interfollicular region



Castleman's disease, Hyaline vascular type

CD5 expression by follicular mantle cells



Interfollicular hyperplasia

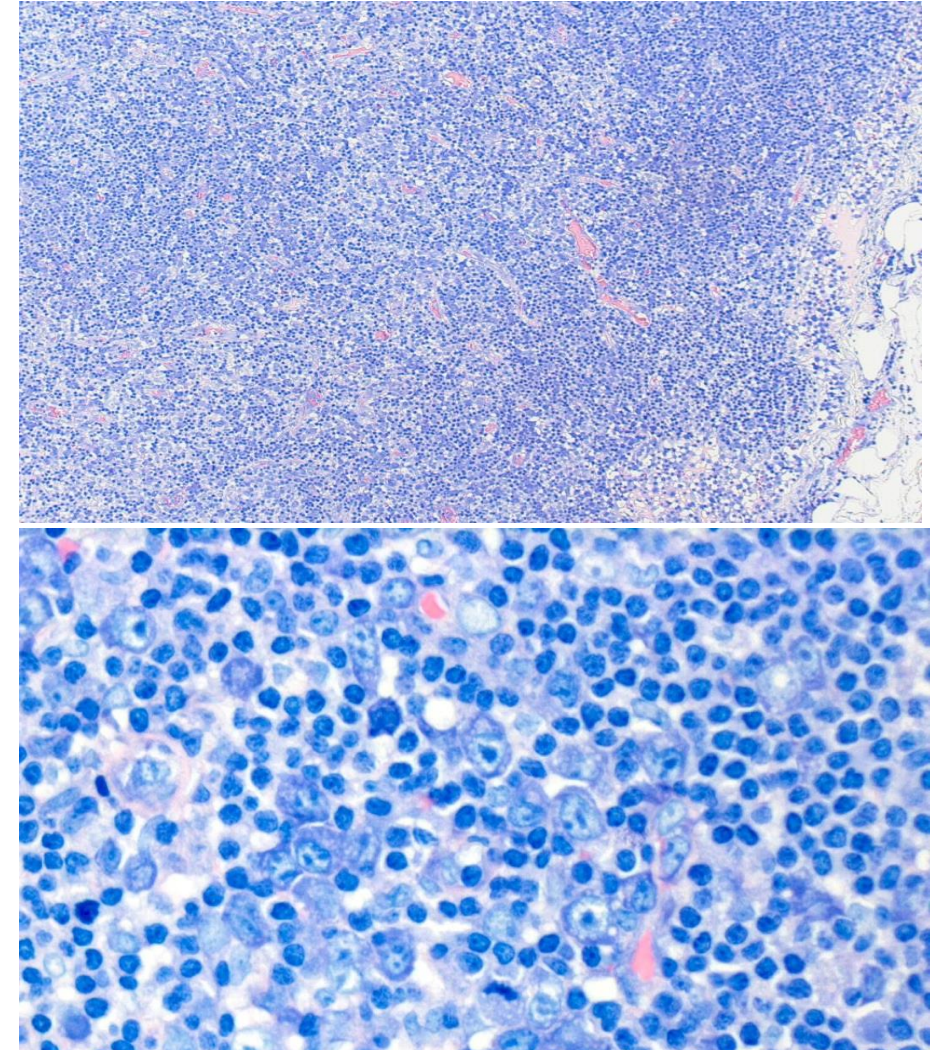
Morphology

- with/without follicular hyperplasia, sometimes follicles reduced/depleted, monomorphic/polymorphic (with plasma cells)

Immunohistochemistry

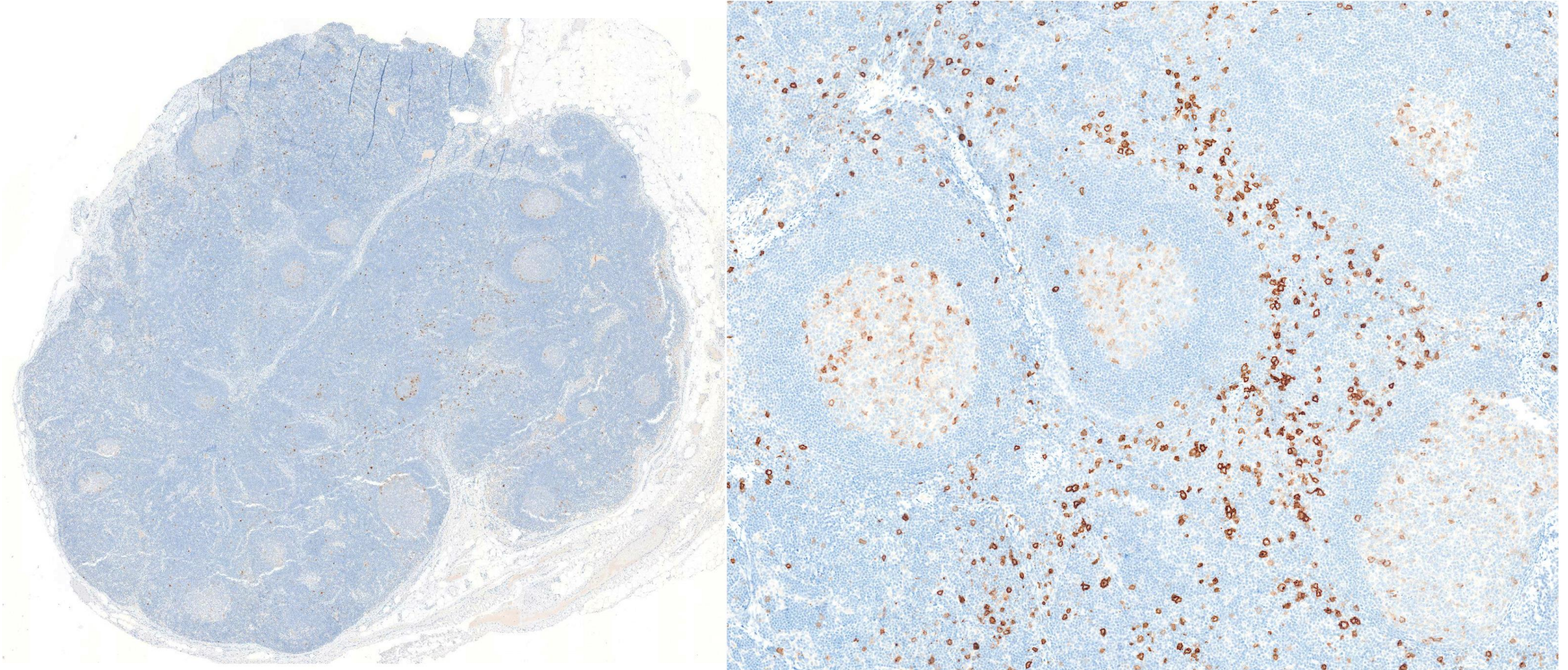
- **B-immunoblasts** (CD20 et CD79a+), usually MUM1+, T-cells, often many **cytotoxic T-cells** CD8+ and TiA-1+, polytypic plasma cells, frequent **CD30+ blasts** with variable intensity

Viral infection, autoimmune disease

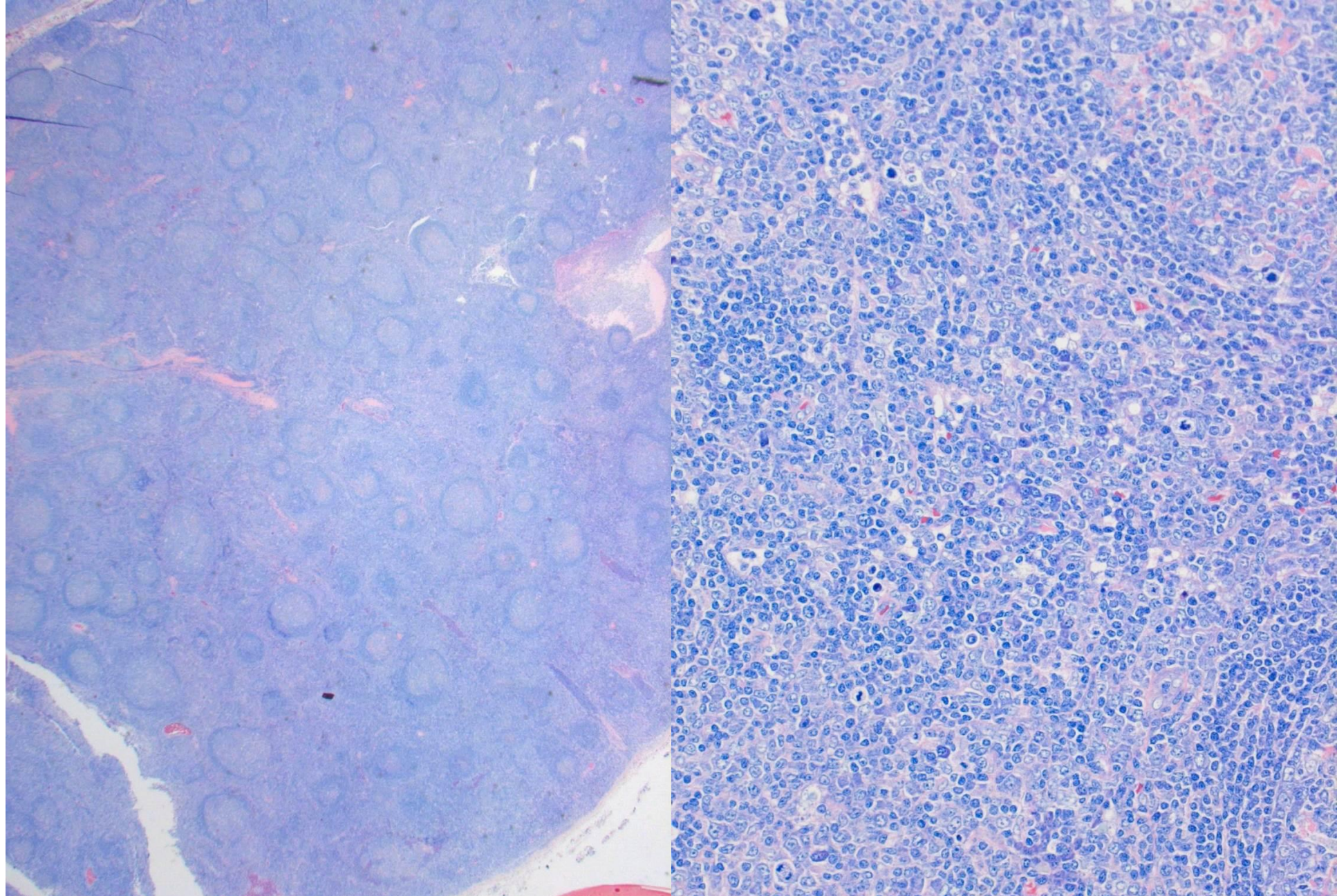


CD30+ reactive cells

Usually intrafollicular and perifollicular

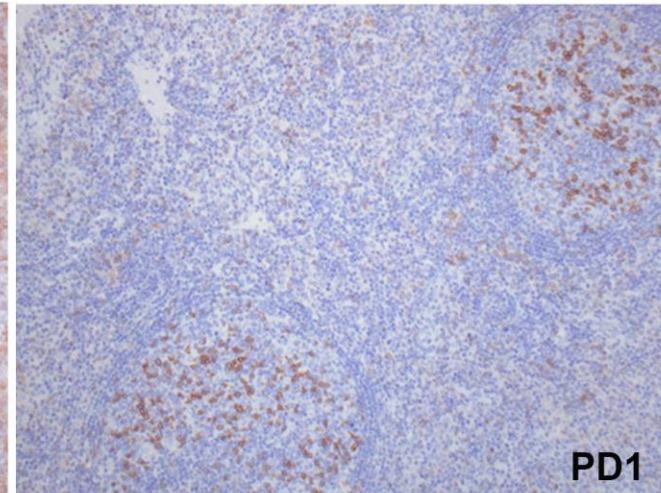
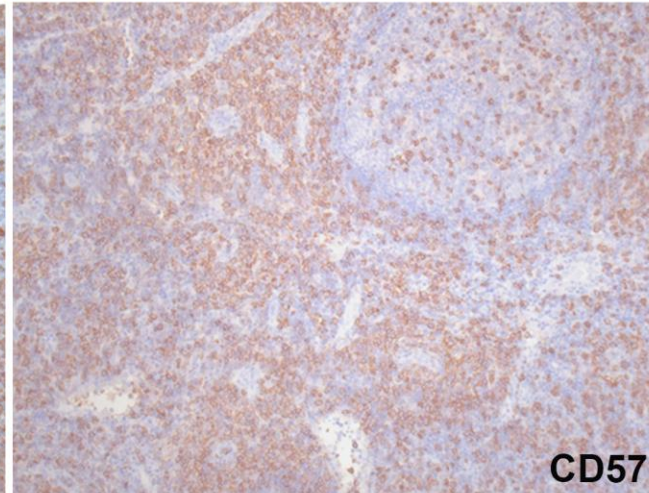
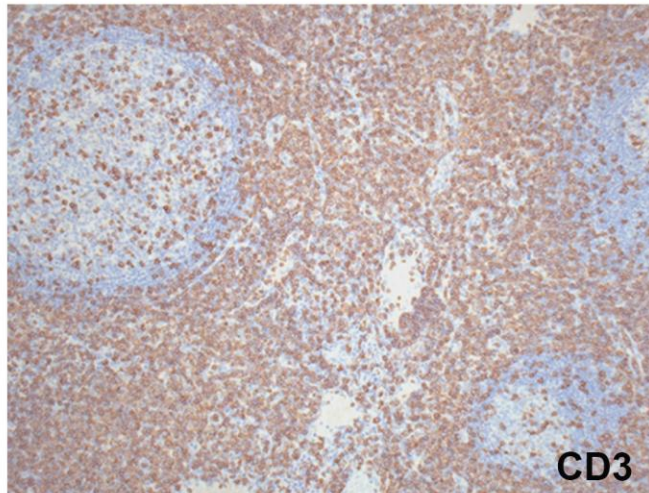
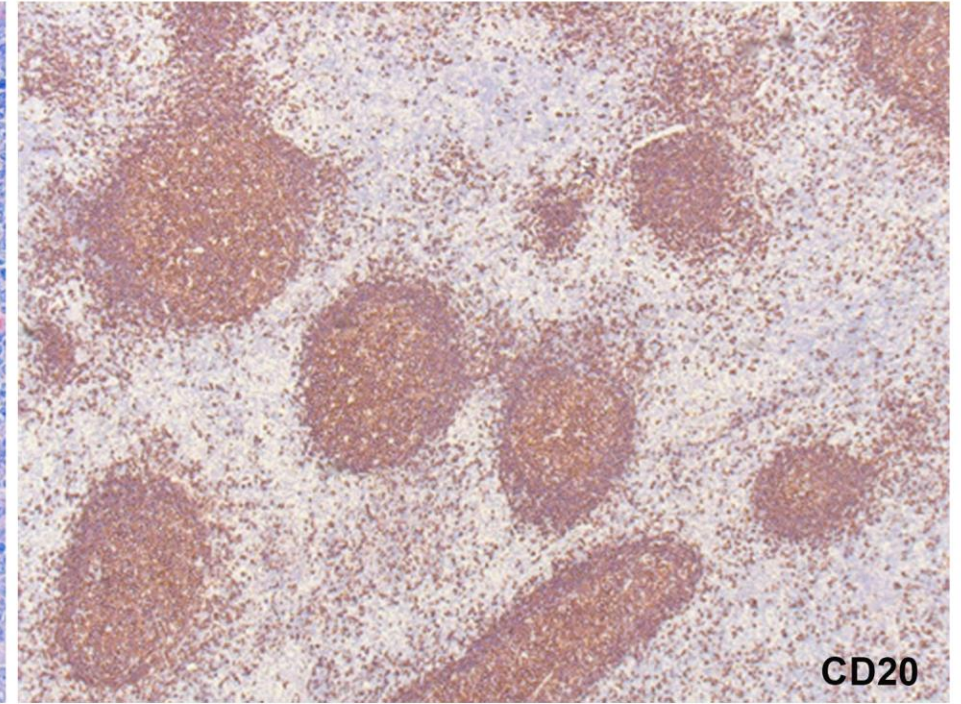
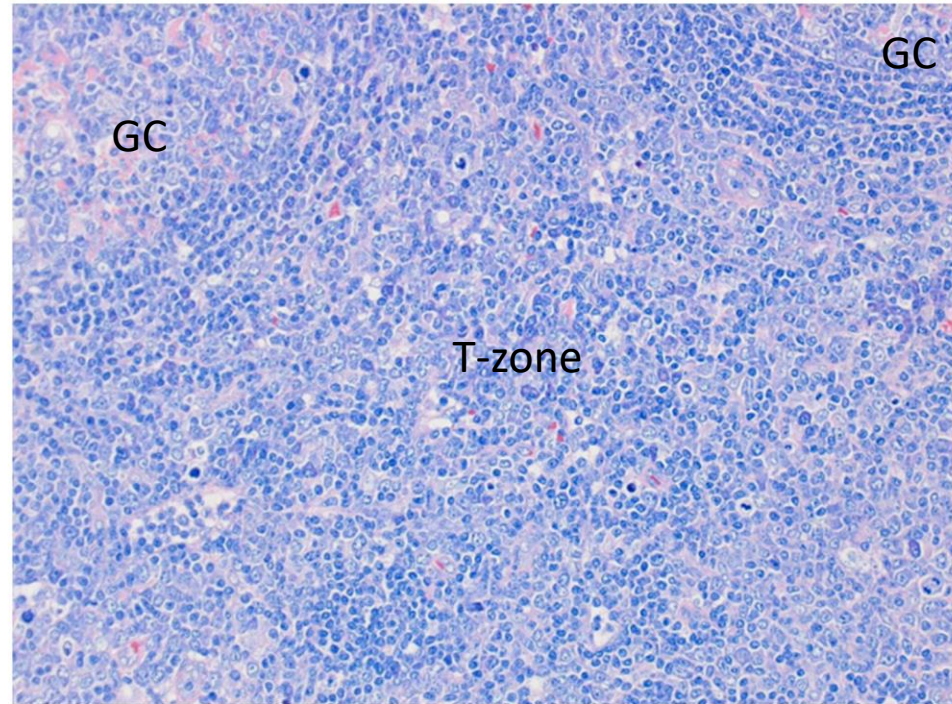


- 11-year-old male, with lymphadenopathy, a lymph node was excised.
- Follicular hyperplasia with relatively small follicles and attenuated mantle zone
- Expanded polymorphic paracortical area



Autoimmune lymphoproliferative syndrome (ALPS)

Double negative
CD4/CD8
CD3+CD57+ cells

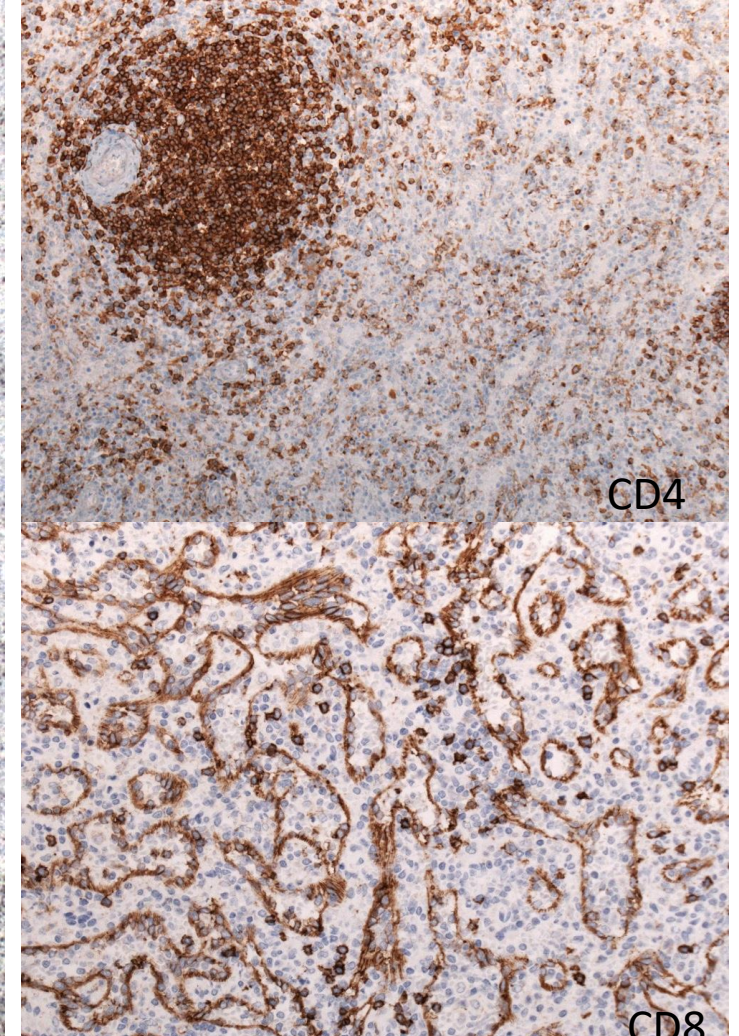
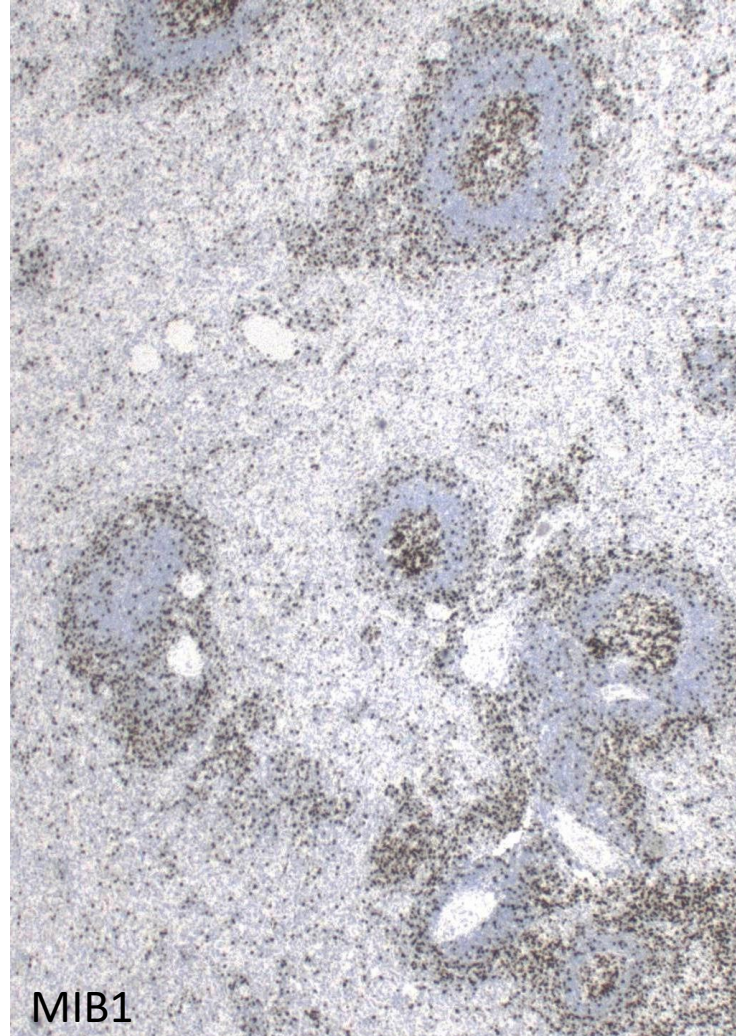


Autoimmune lymphoproliferative syndrome (ALPS)



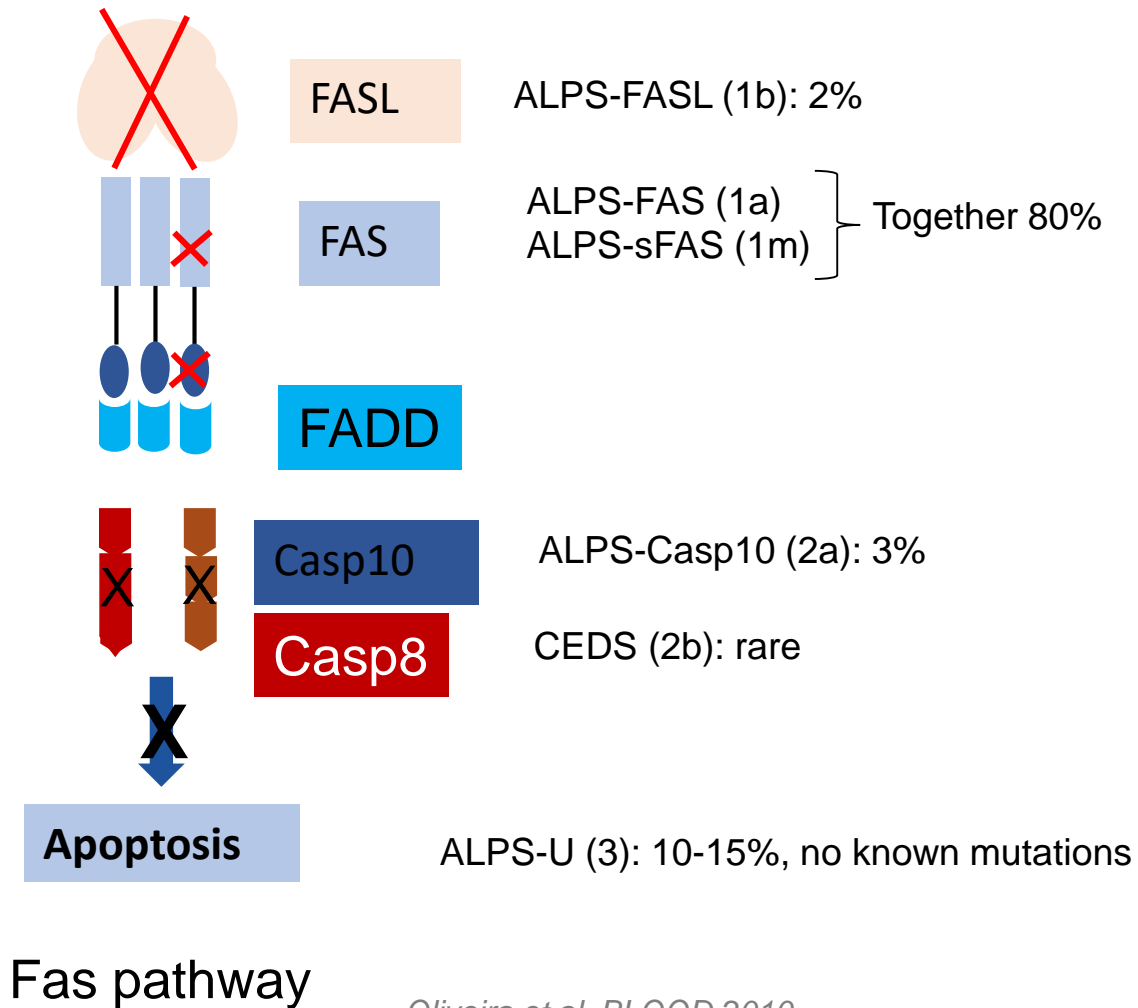
- Lymph nodes
 - Marked paracortical expansion with mixed infiltrate with high proliferation rate and decrease apoptotic bodies
 - Increased in DN T-cells with expression of cytotoxic markers (TIA++, Perforin+) and CD57+, CD45RO-, CD25-
 - CD4+ T-cells mainly in GC (TFH)
 - Florid follicular hyperplasia
 - Usually polyclonal B and T-cell rearrangements
 - Occasional PTGC or Castleman-Like GC

Autoimmune lymphoproliferative syndrome (ALPS) Spleen



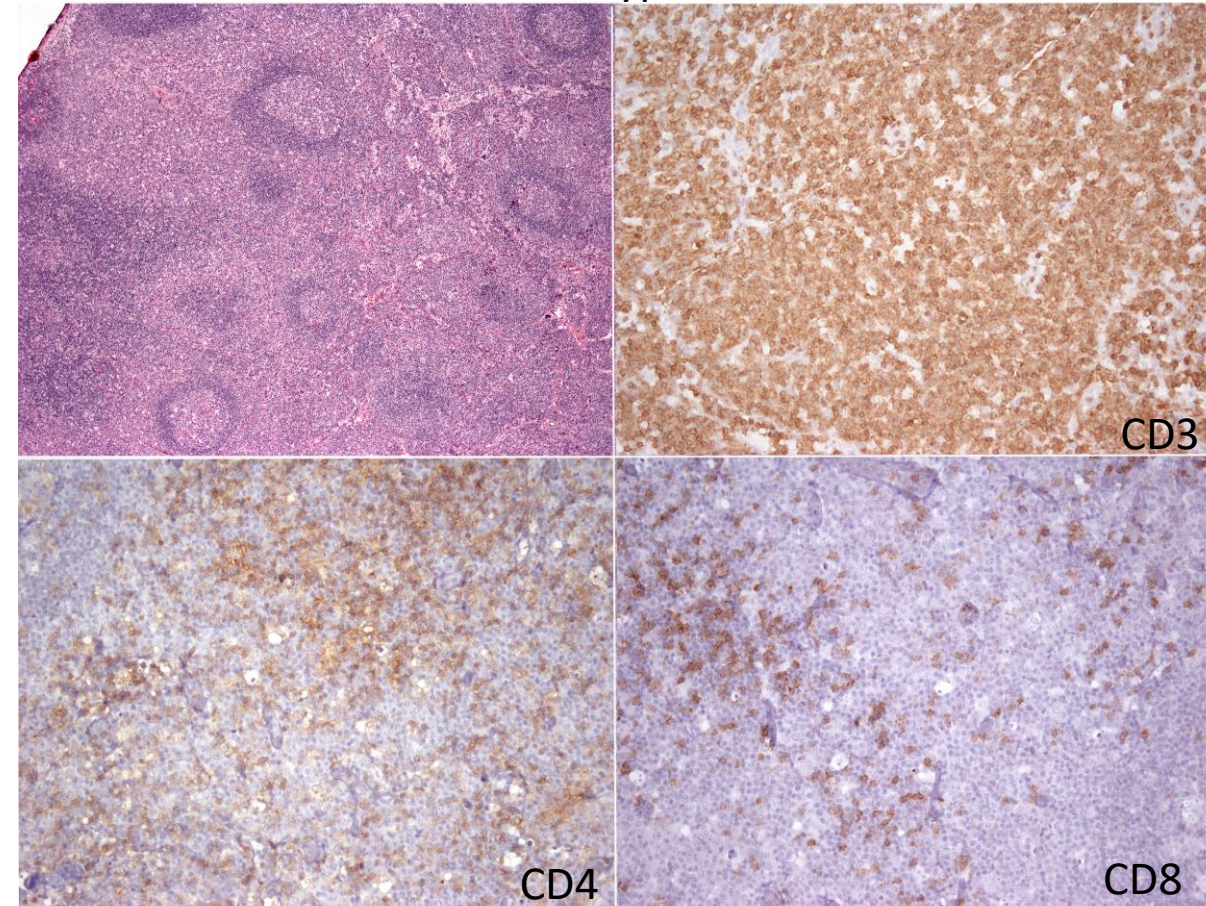
Autoimmune lymphoproliferative syndrome (ALPS)

Genetic basis and classification



Oliveira et al, BLOOD 2010

Atypical paracortical hyperplasia with DN T-cells
ALPS Type IA



Pittaluga S, Hematopathology Book, 2nd edition

Autoimmune lymphoproliferative syndrome (ALPS)

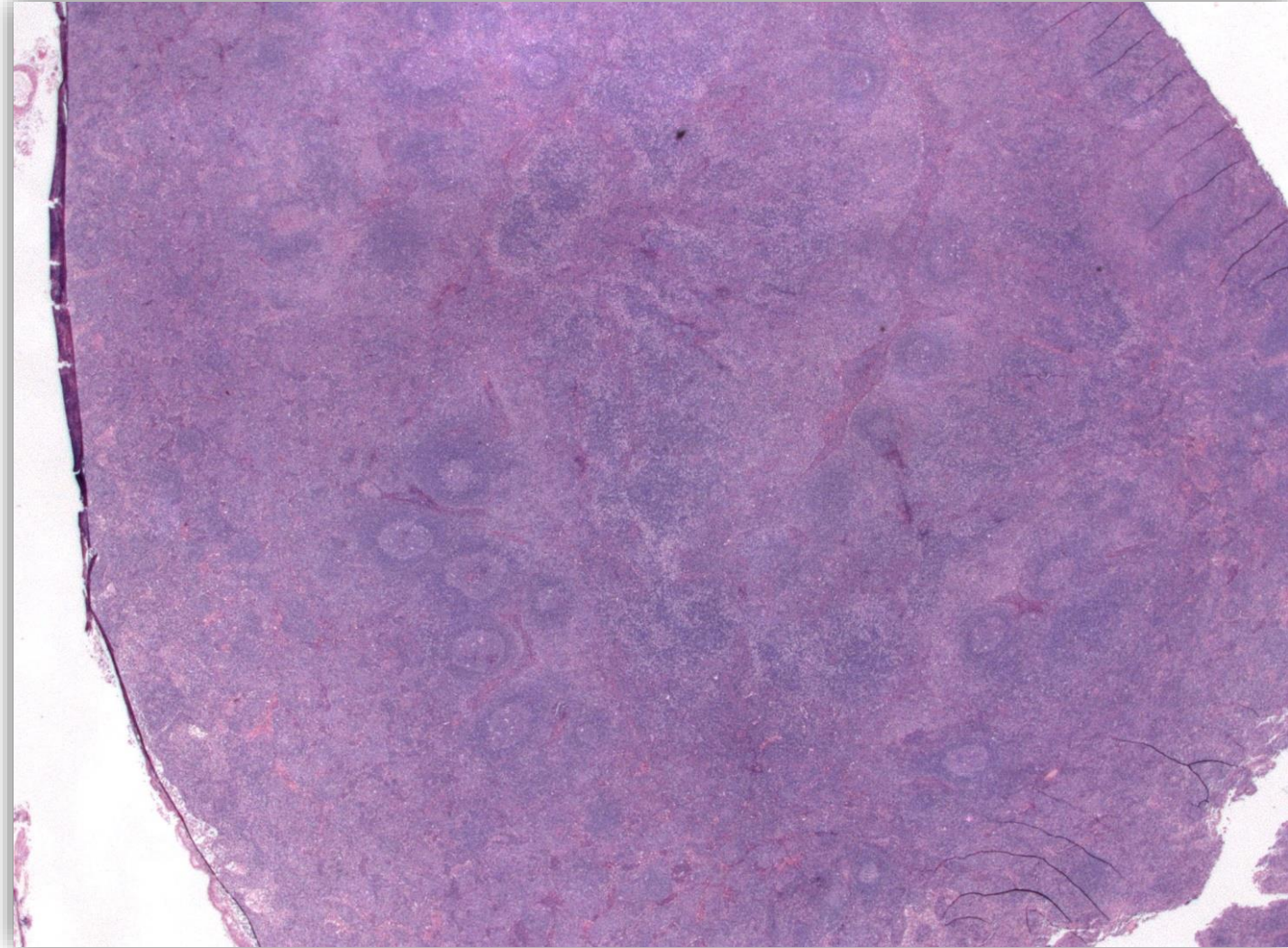
- Rare disorder with autosomal dominant inheritance
 - Usually diagnosed in childhood
- Lymphoid hyperplasia with accumulation of non-neoplastic lymphocytes
 - Generalized lymphadenopathy and hepato and/or splenomegaly
- Autoimmune phenomena
 - Hemolytic anemia, thrombocytopenia
 - hypergammaglobulinemia
- Increase in CD4/CD8 double negative T-cells CD57+
- Significantly increased risk for B-cell NHL and CHL.

- **Required diagnostic criteria**
 - Chronic (>6 months) non-malignant, non-infectious lymphadenopathy or splenomegaly of both
 - Elevated CD3+TCR $\alpha\beta$ +CD4-CD8-DN T-cells (>1.5% or total lymphocytes or >2.5% of CD3+ T-cells) with normal or elevated lymphocytes
- **Accessory diagnostic criteria**
 - Primary
 - Defective lymphocyte apoptosis
 - Germline or somatic pathogenic mutations in FAS, FASL or CASP10
 - Secondary
 - Elevated levels of FASL or IL-10 or Vit B12
 - Typical immunohistological findings
 - Autoimmune cytopenias and IgG levels
 - Family history

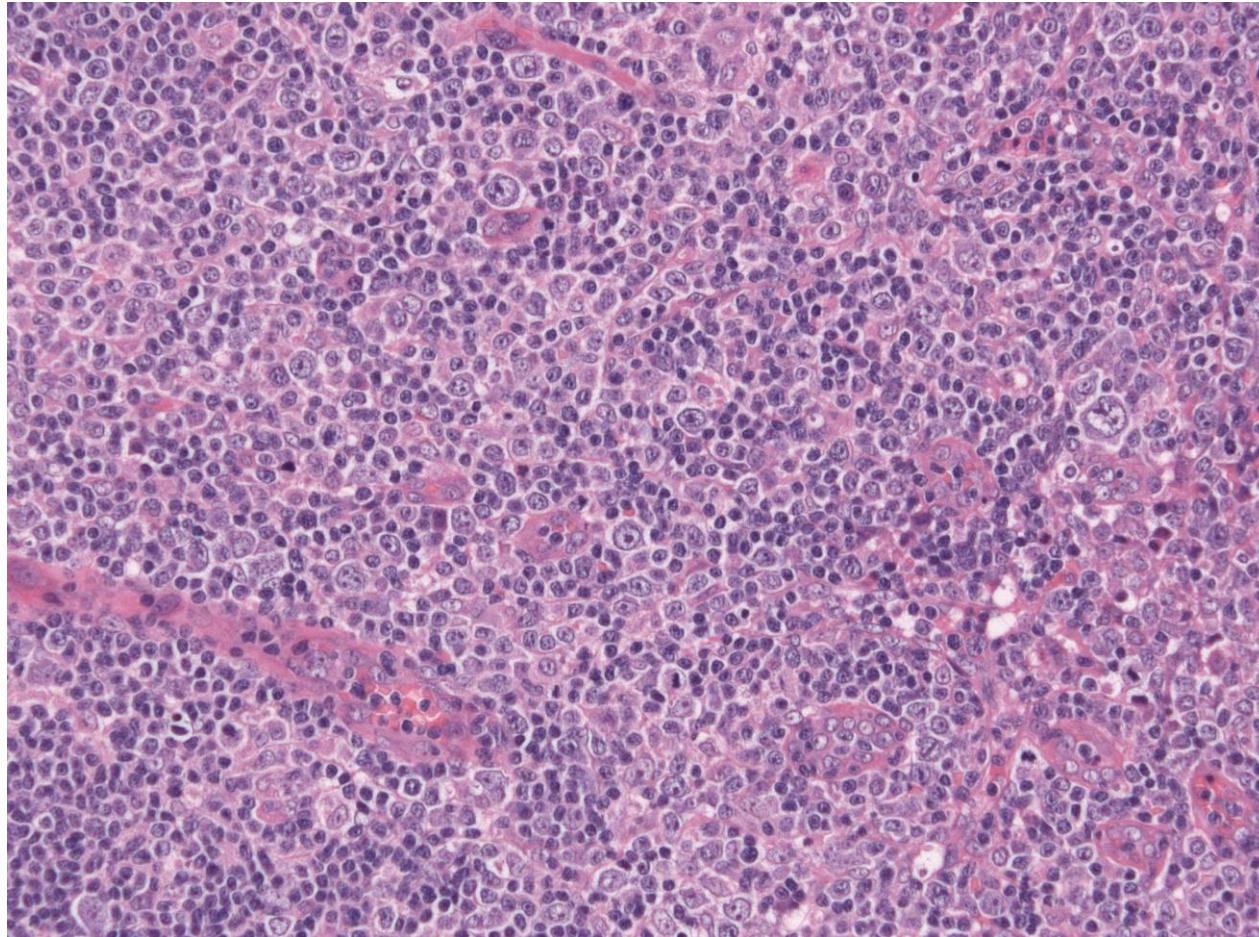
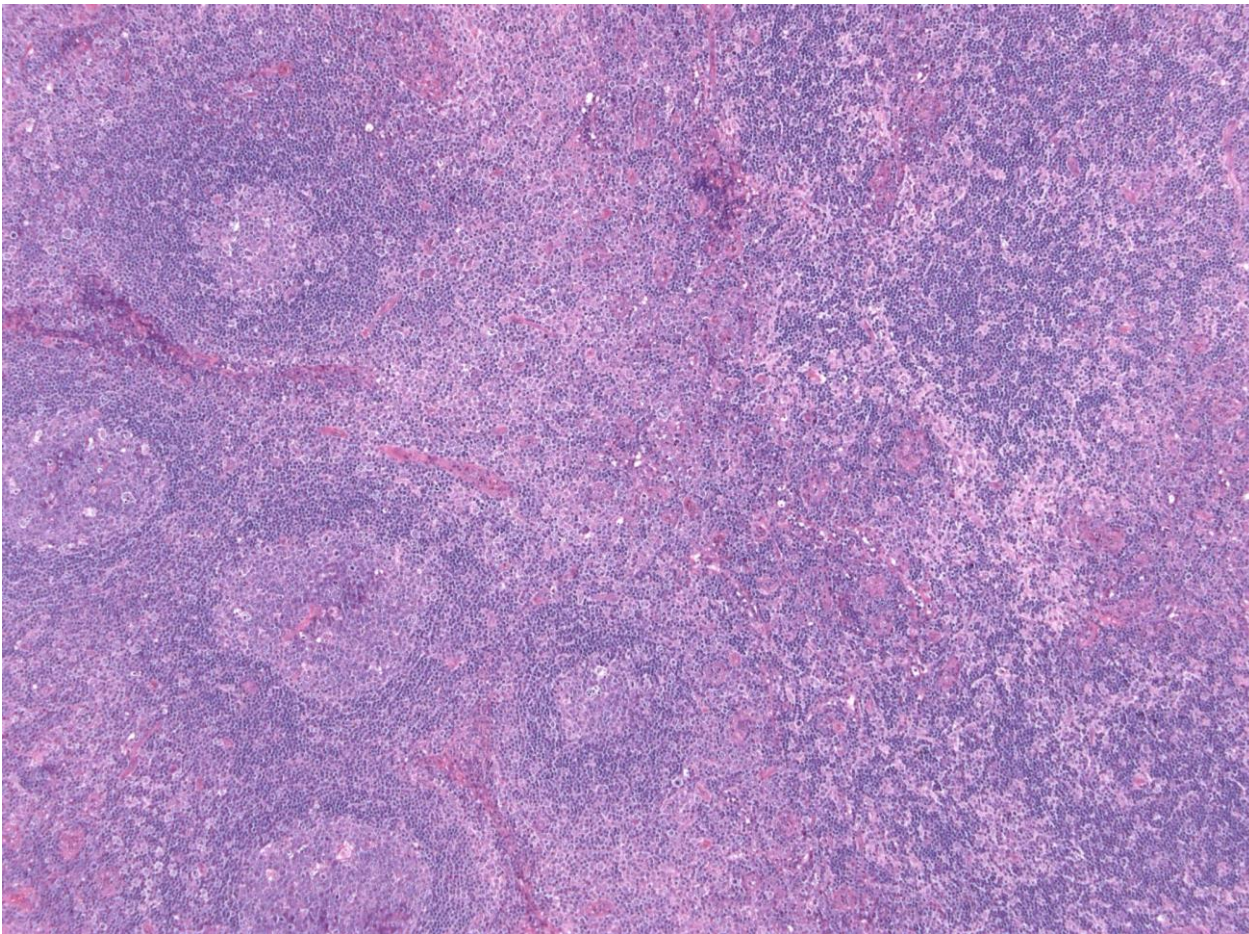
Oliveira et al, BLOOD 2010

Interfollicular hyperplasia

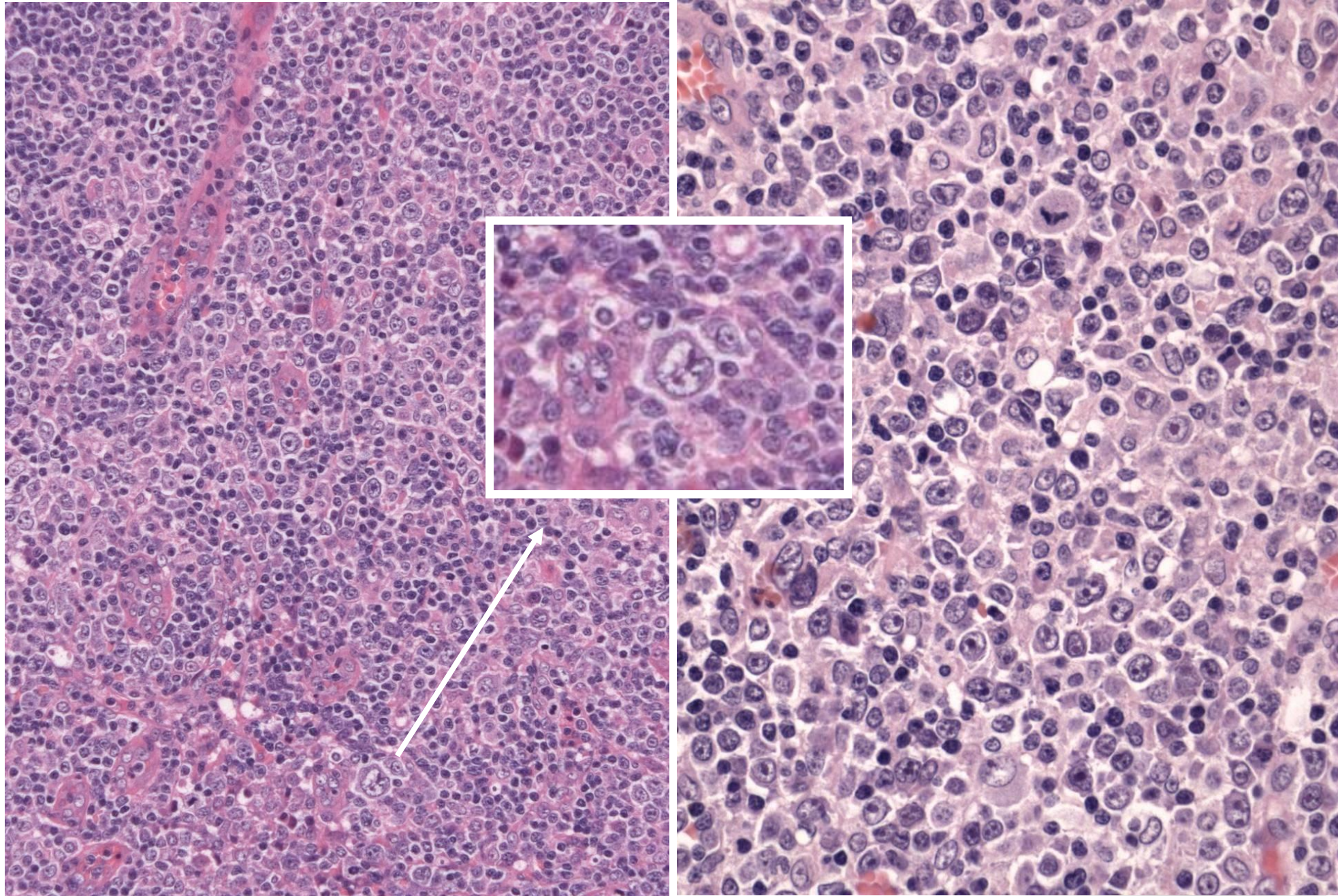
- 16-year-old young male
- Partially preserved LN architecture

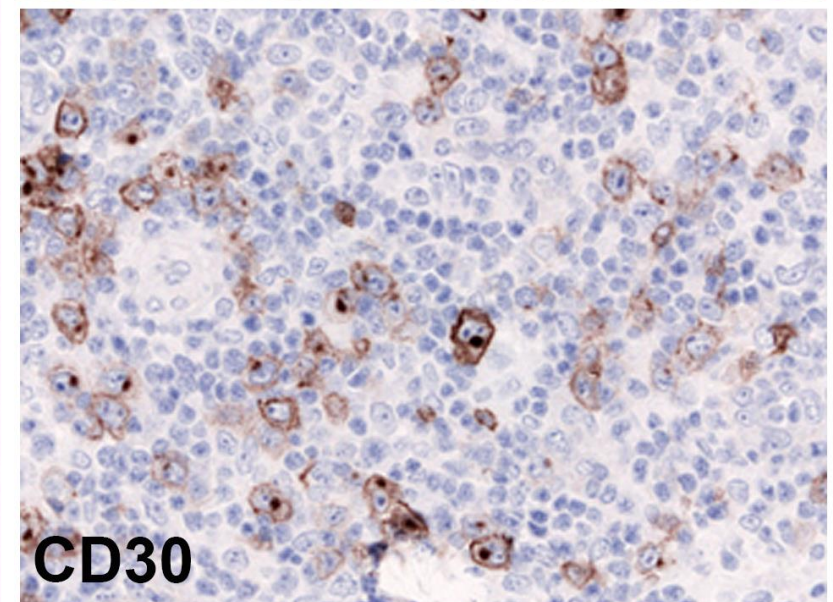
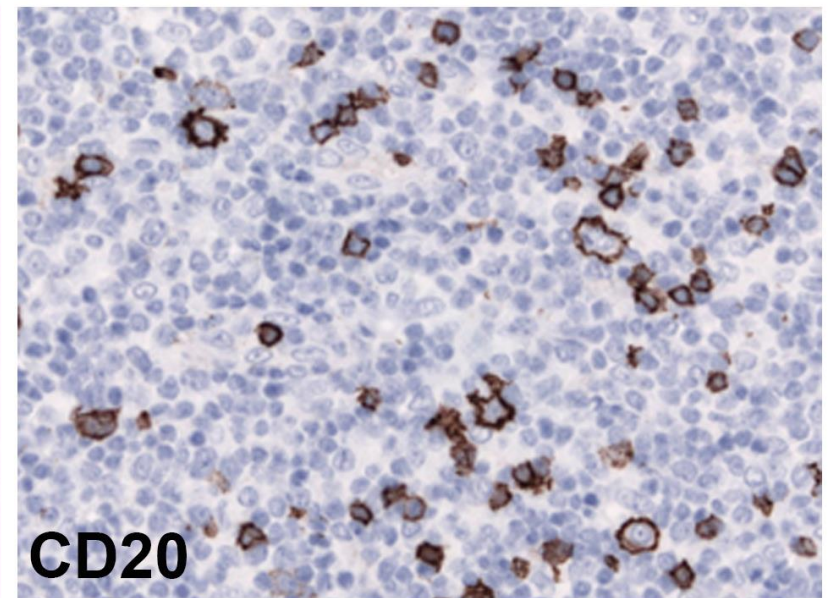
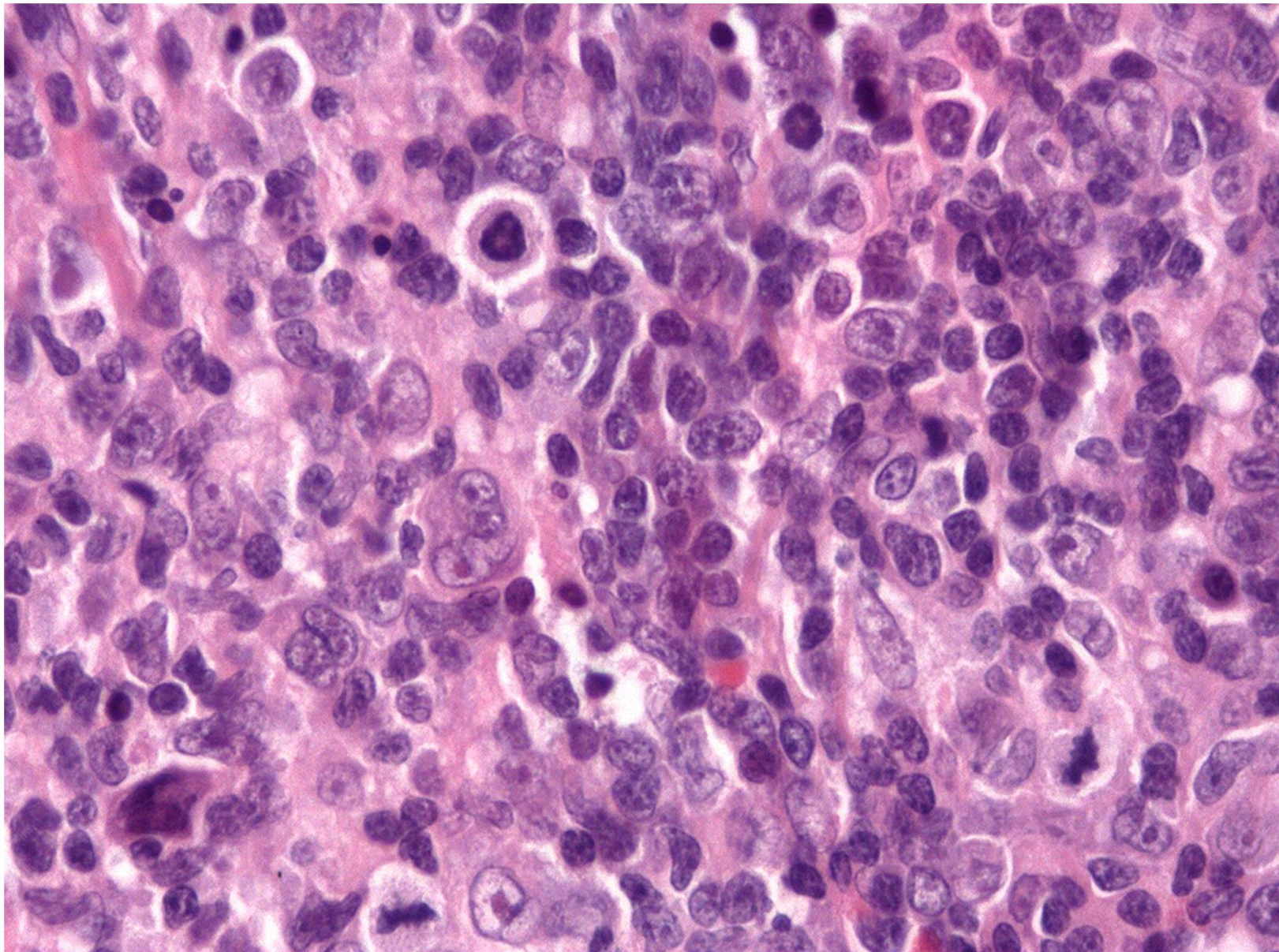


Interfollicular hyperplasia

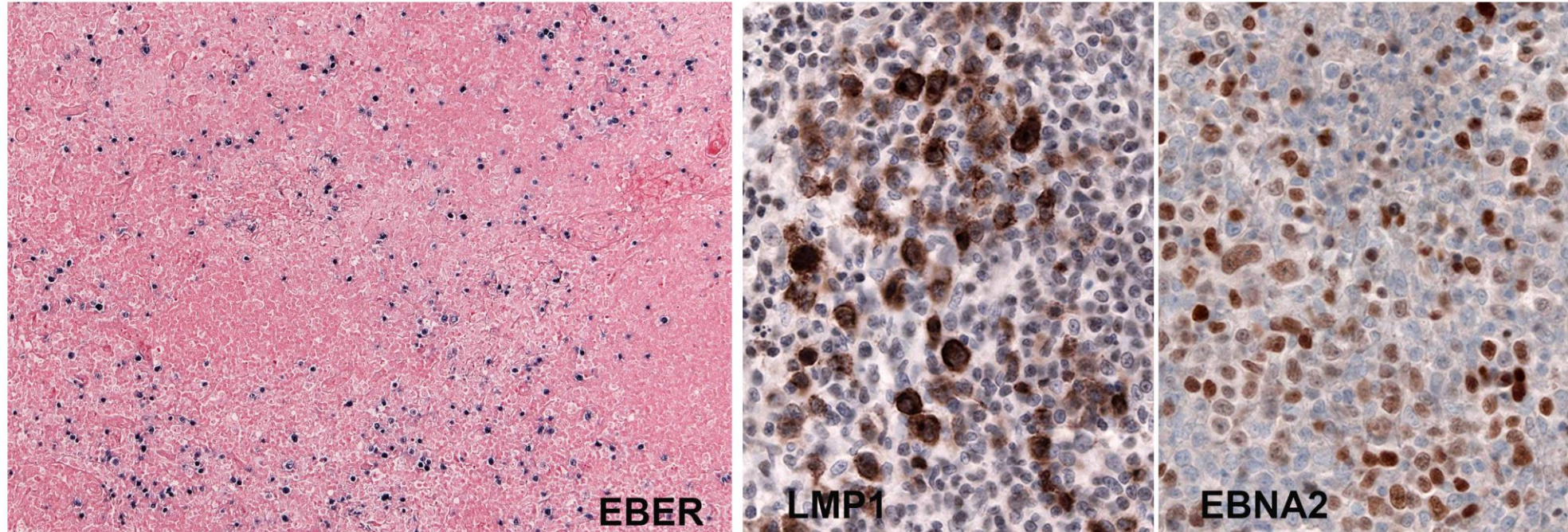


- Polymorphic infiltrate
- Many large immunoblast
- DD: SLE, autoimmune diseases, drugs, viral infection.
- DLBCL, CHL





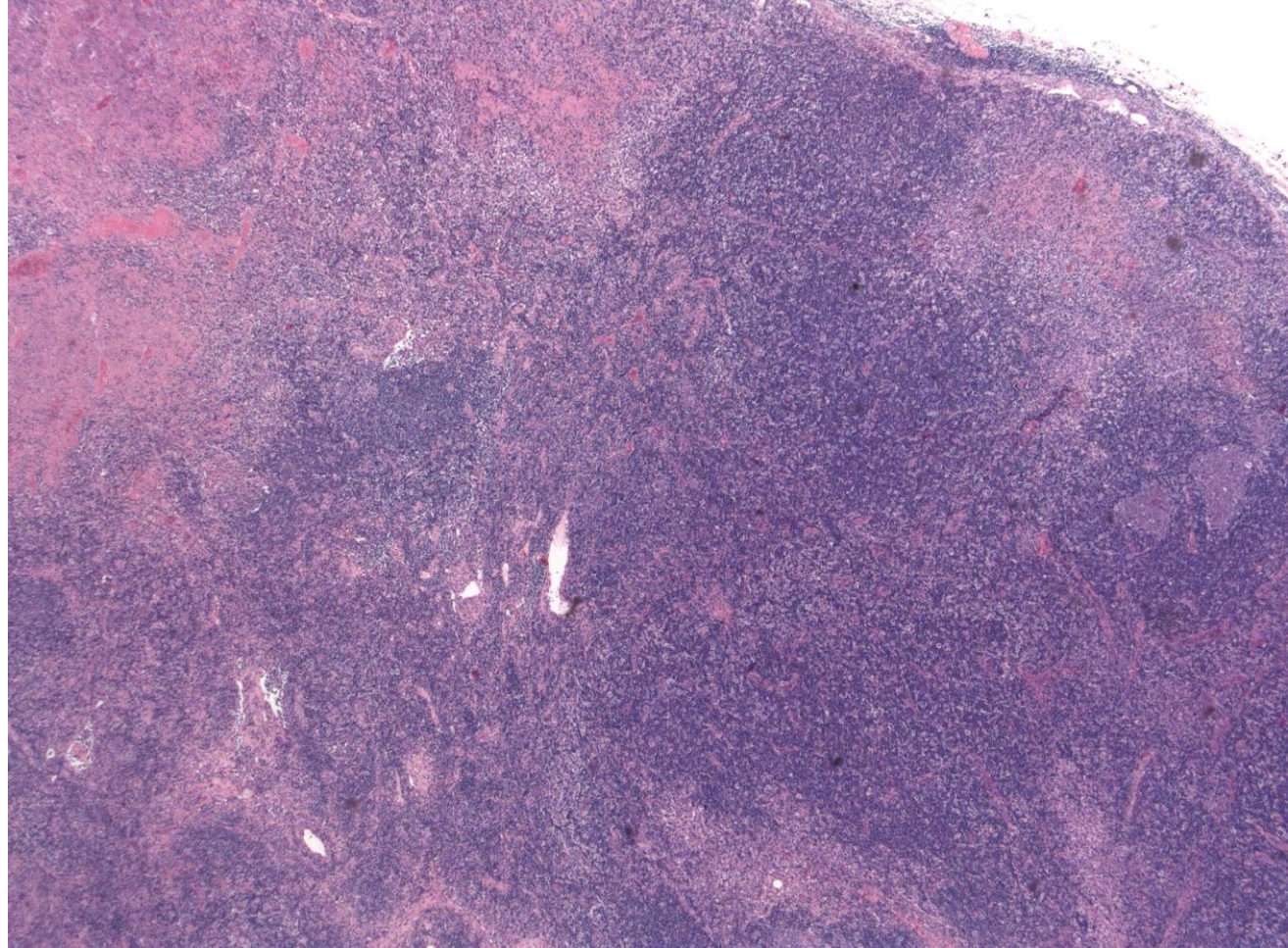
Infectious mononucleosis



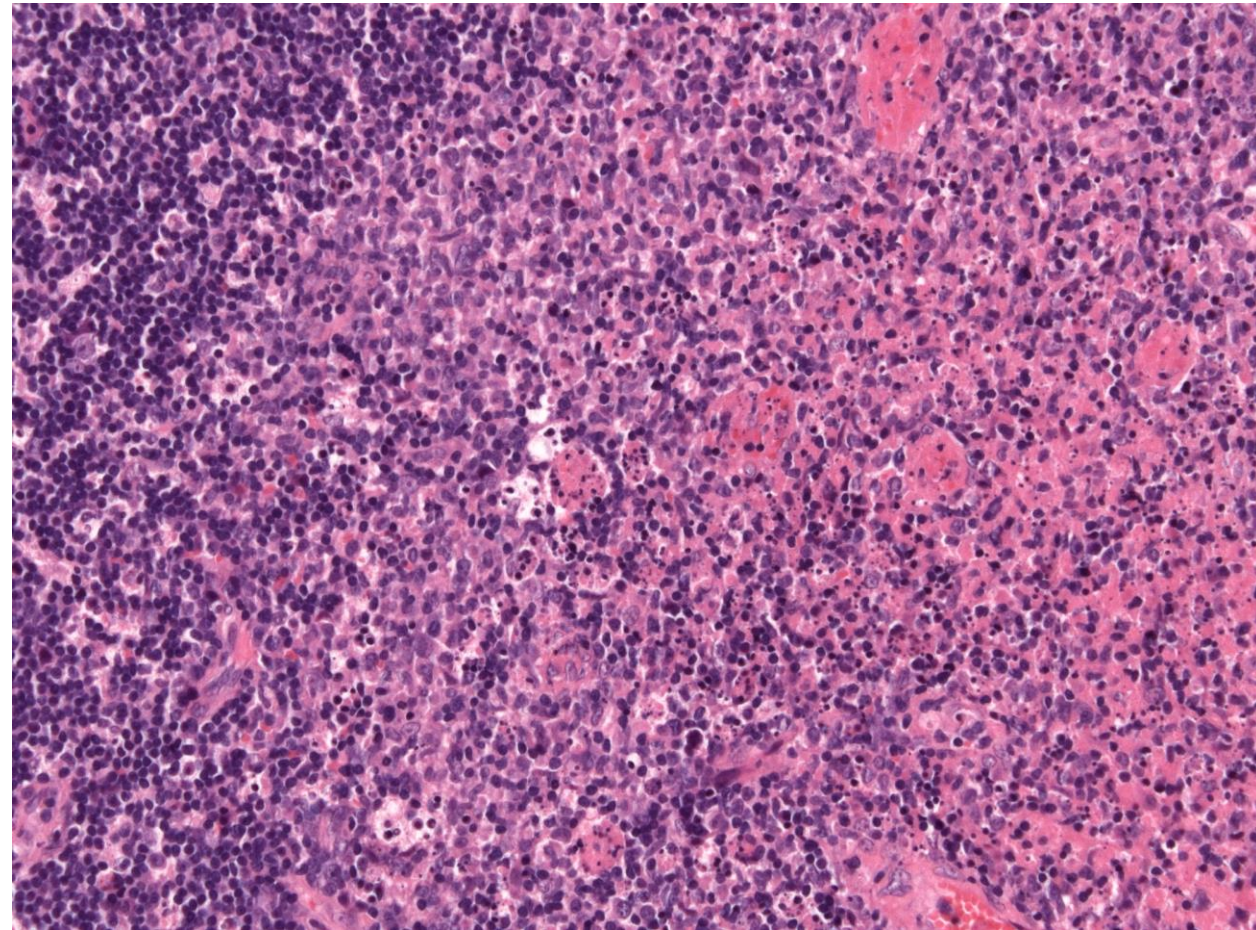
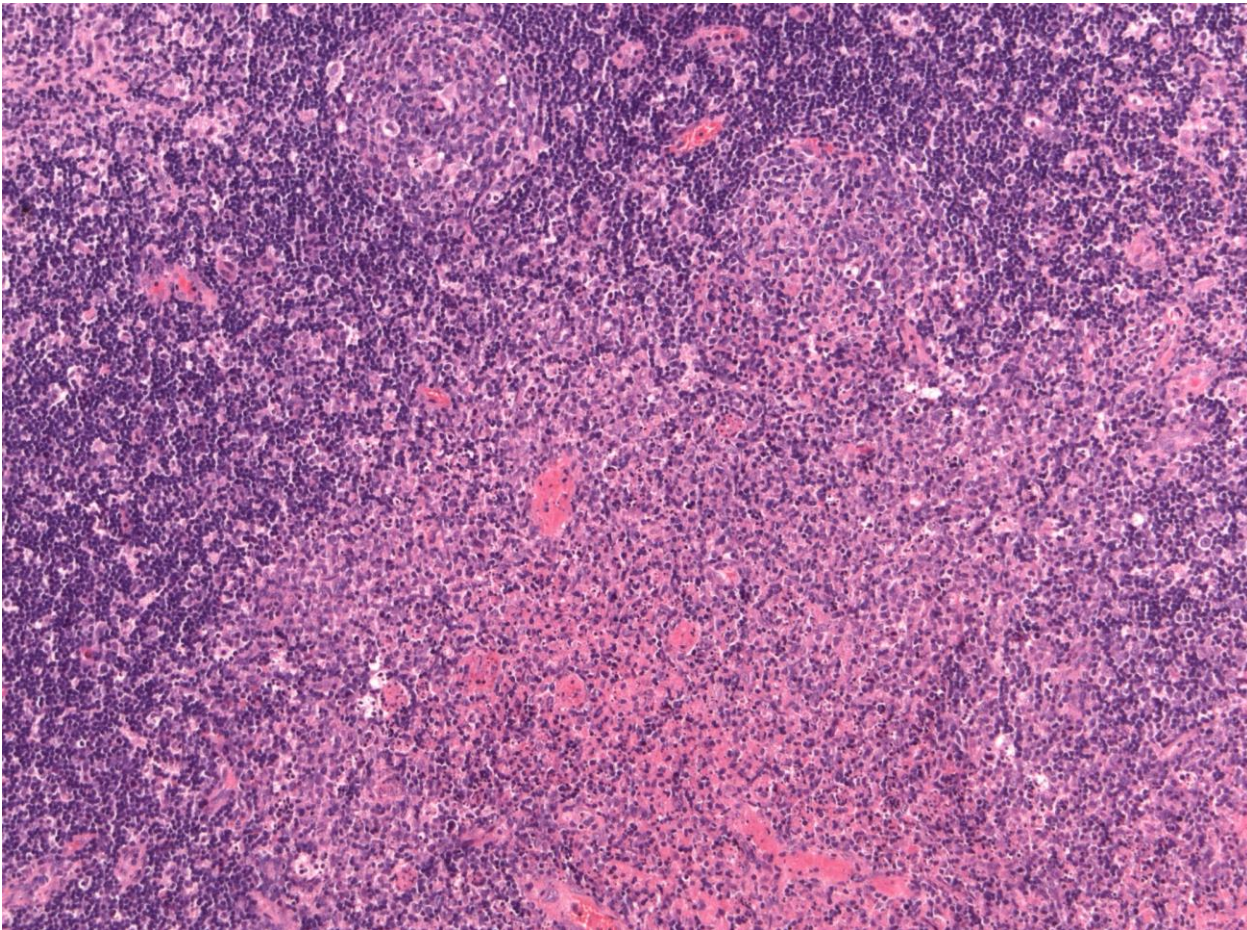
- Usually young adults, tonsils and cervical nodes
- EBV reactivation may occur at any age
- Diffuse interfollicular hyperplasia with many blasts of different size and maturation status, polytypic IG in plasmablasts and plasma cells
- Frequently RS-like cells, CD30+, CD20+/-, CD15-, EBV latency type III
- Many activated cytotoxic T-cells, both B- and T-cell clonality may be present

Necrotizing lymphadenitis

- 18 year-old-female with isolated cervical lymphadenopathy, fever



Paracortical necrosis

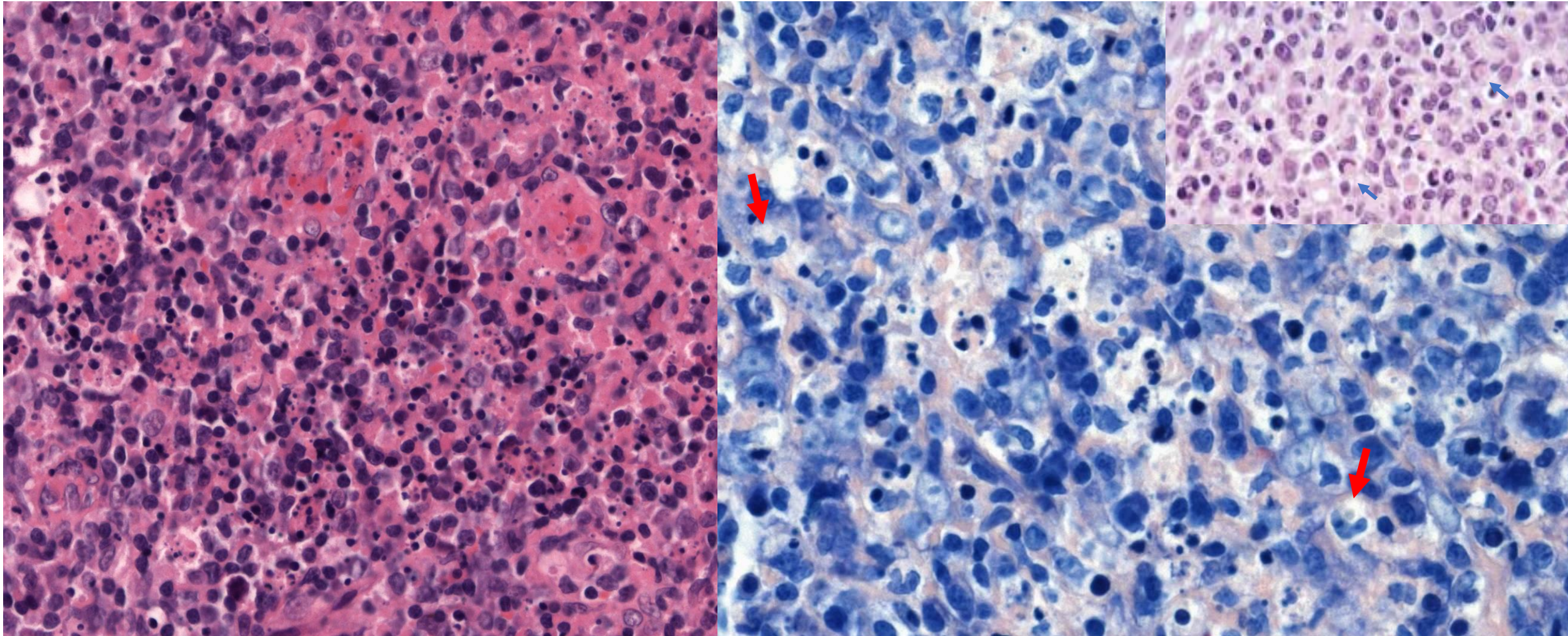


Follicular hyperplasia

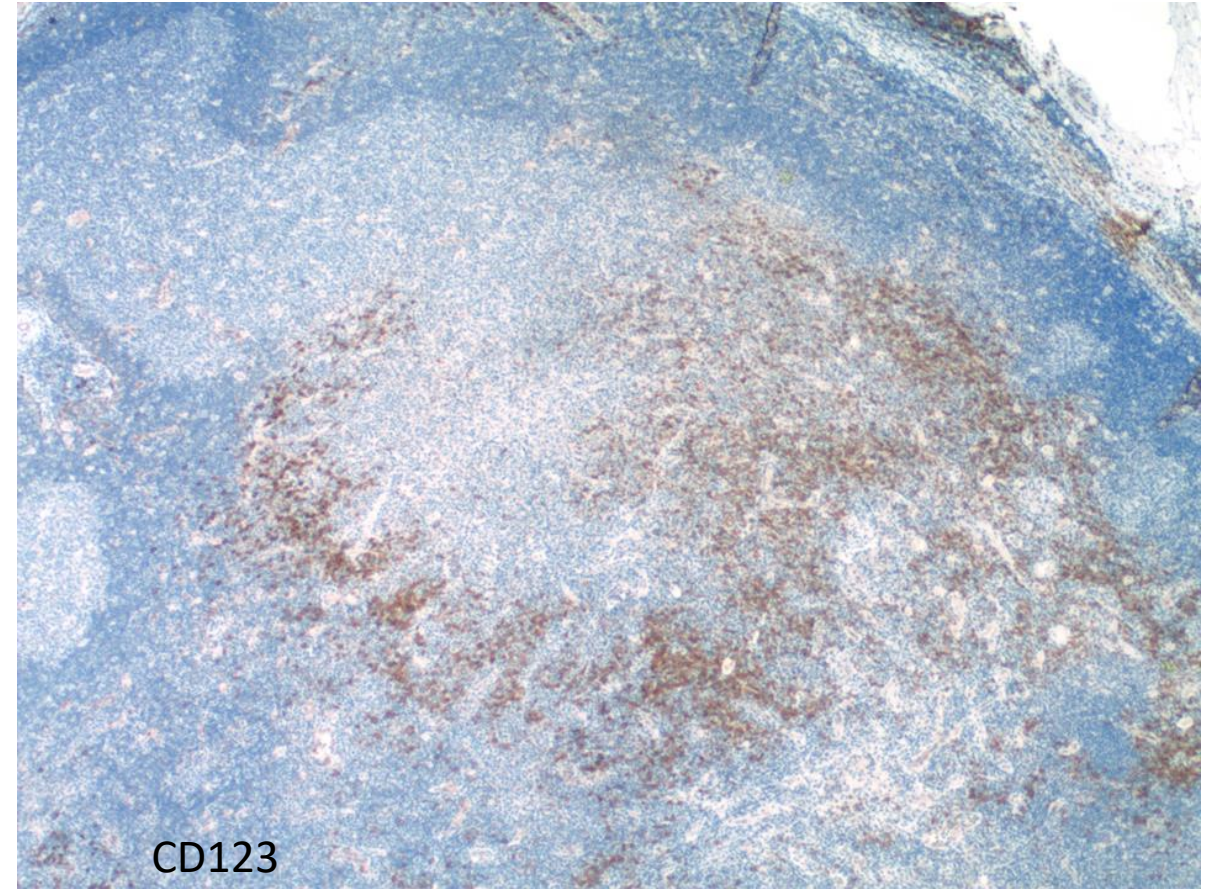
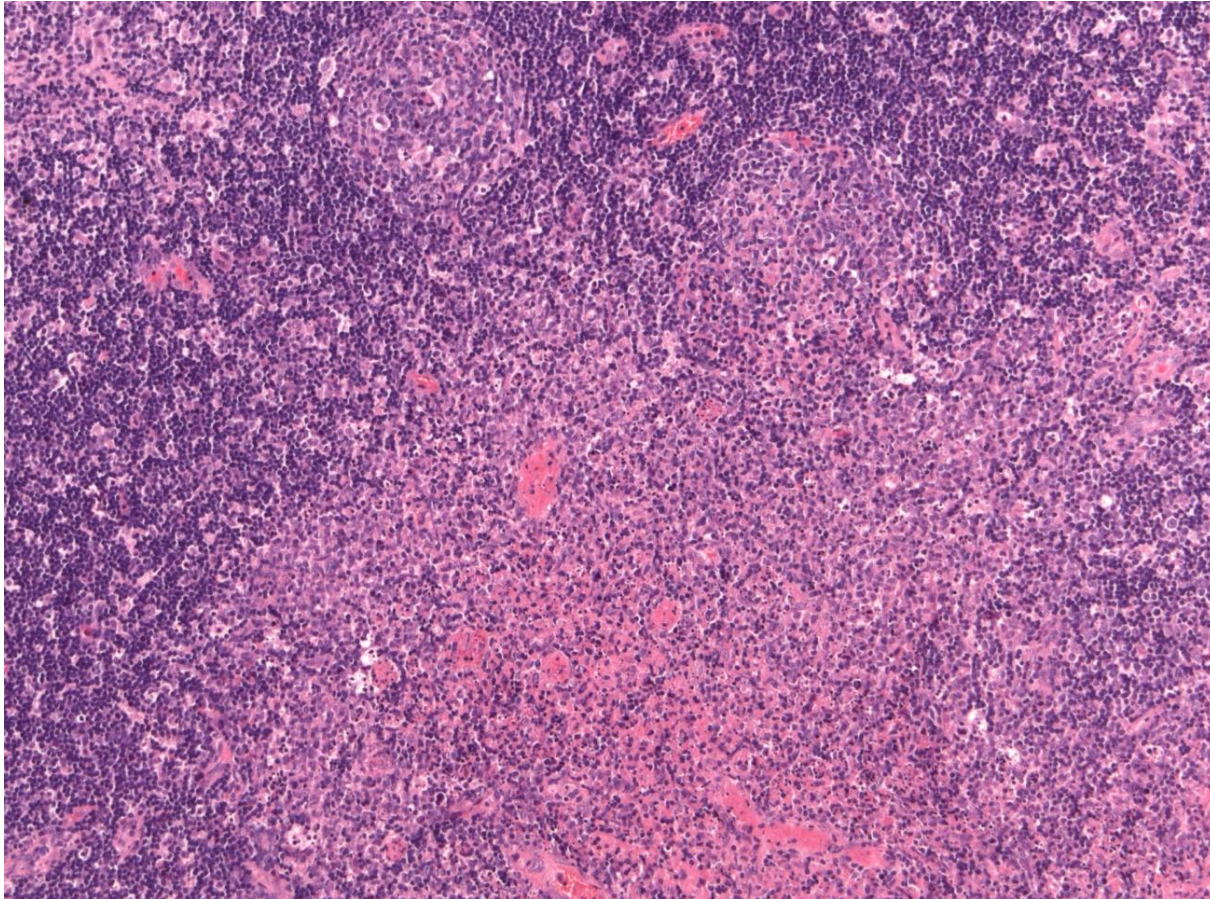
Necrosis (Karyorrhexis with abundant histiocytes and absence of neutrophils)

Necrosis surrounded by Plasmacytic dendritic cells (PDC)

Histiocytic necrotizing lymphadenitis



Histiocytic necrotizing lymphadenitis



Kikuchi 's lymphadenitis

- Mostly partial involvement of node by diffuse proliferation of large cells and histiocytes with coagulative necrosis **without granulocytes**
- **Crescent-shaped histiocytes, MPO+**
- **Paracortical clusters of plasmacytoid dendritic cells**

Immunophenotype:

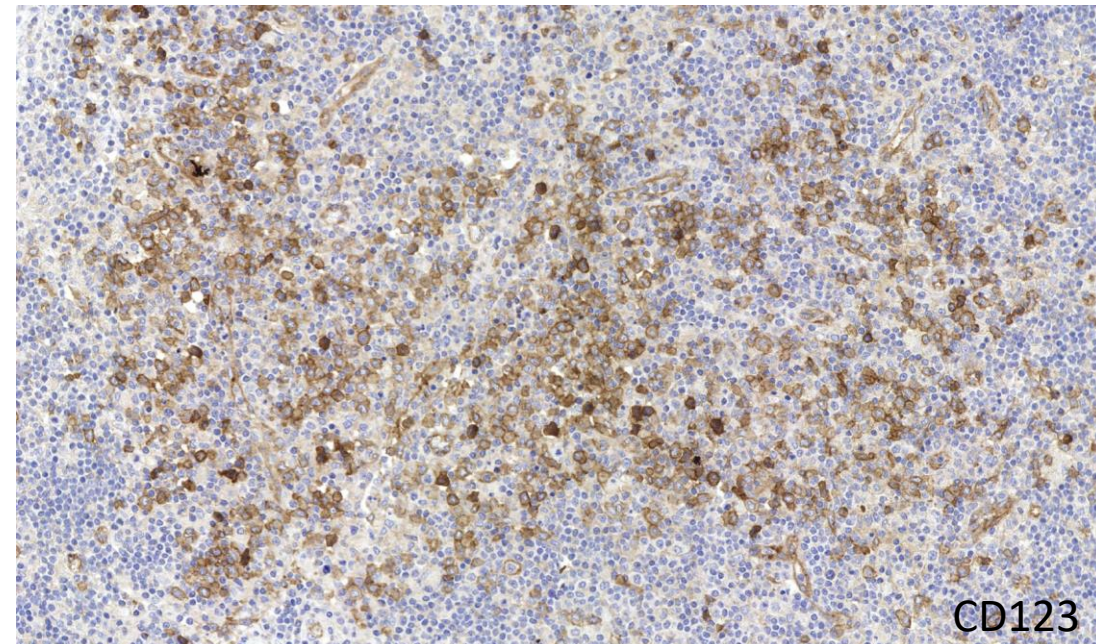
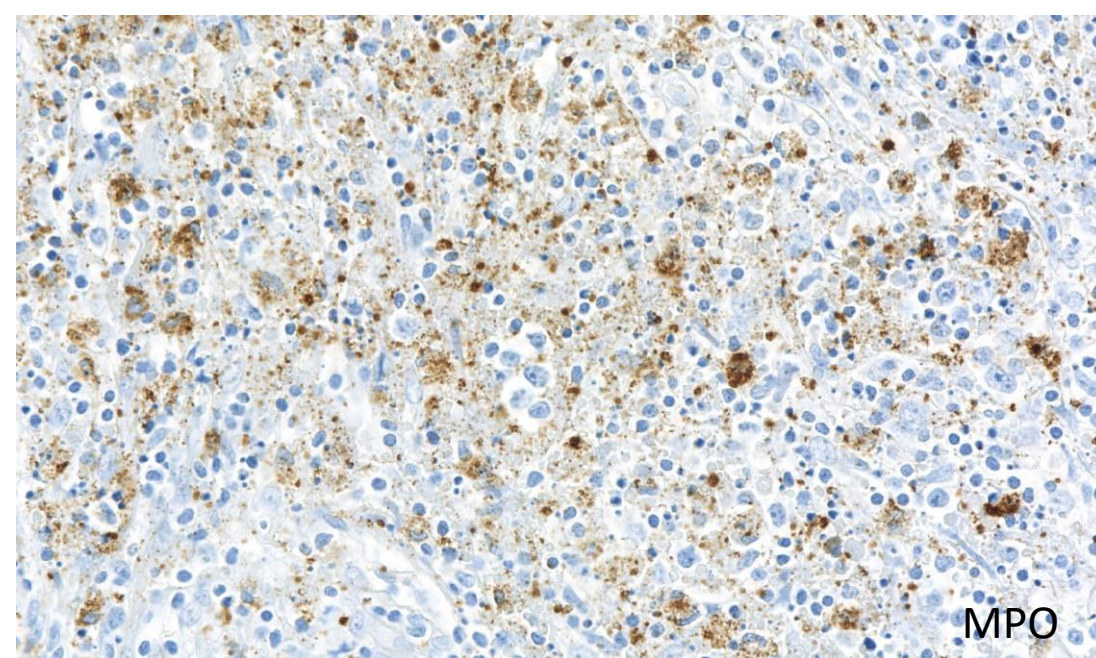
- Mixed B- and T-cells
- Plasmacytoid dendritic cells (CD123+)

Differential Diagnosis:

- Partial involvement by large cell lymphoma, especially cytotoxic T-NHL

Clinical features:

- Mostly young females
- Usually isolated cervical node, generalized LAP rare
- Fever common, otherwise good health

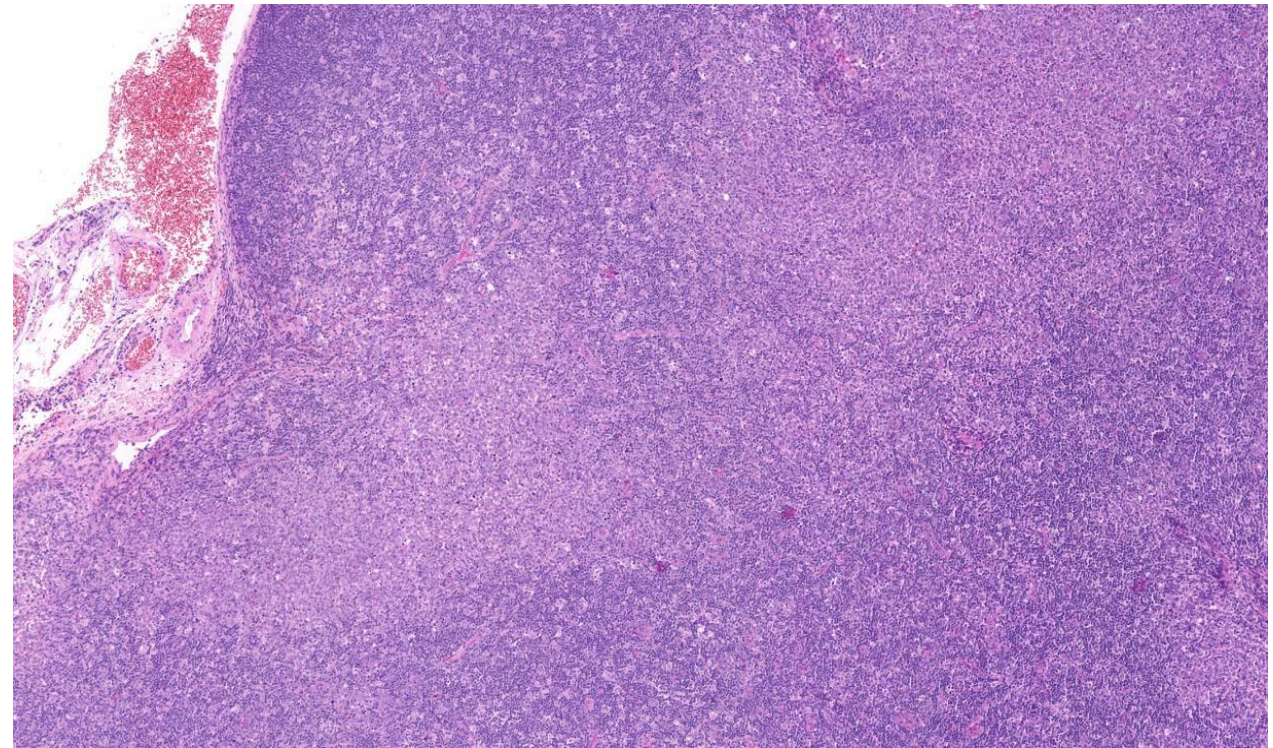
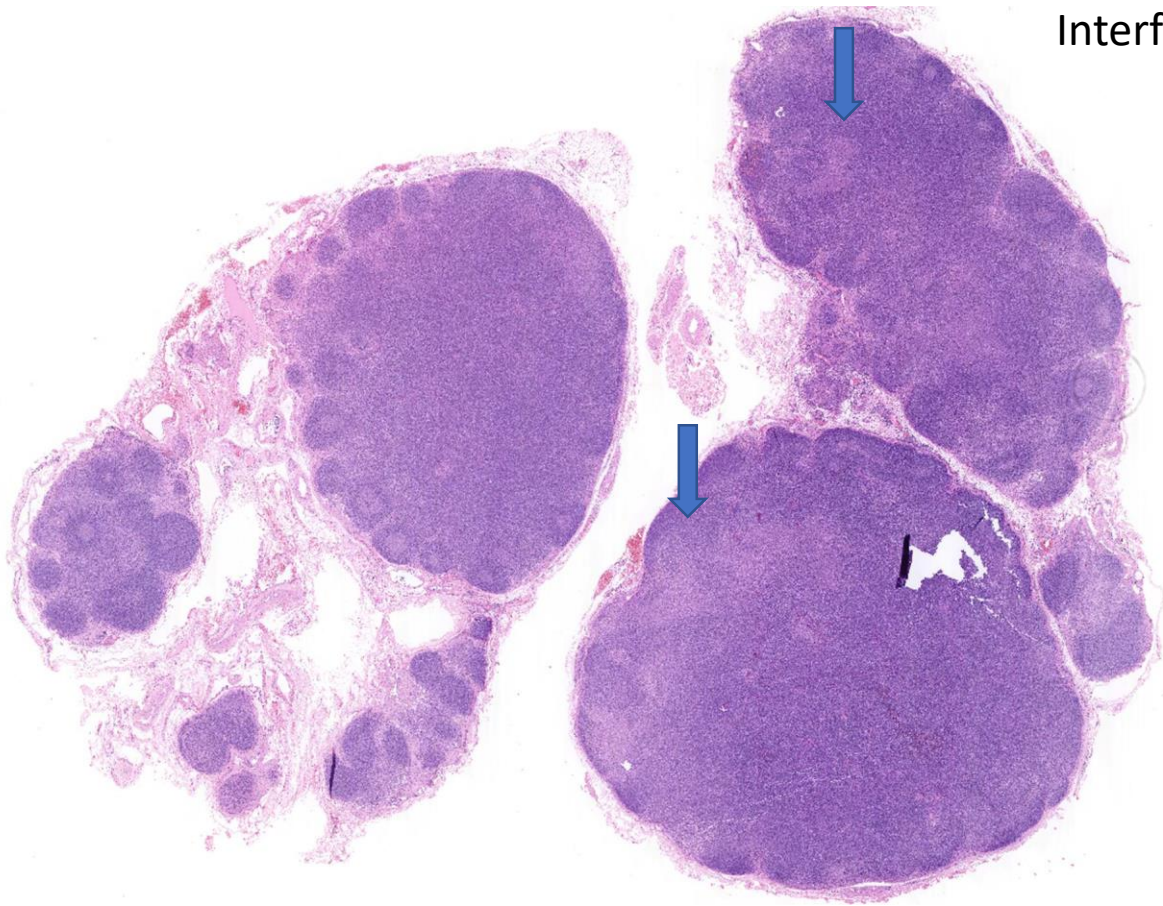


Pathological features

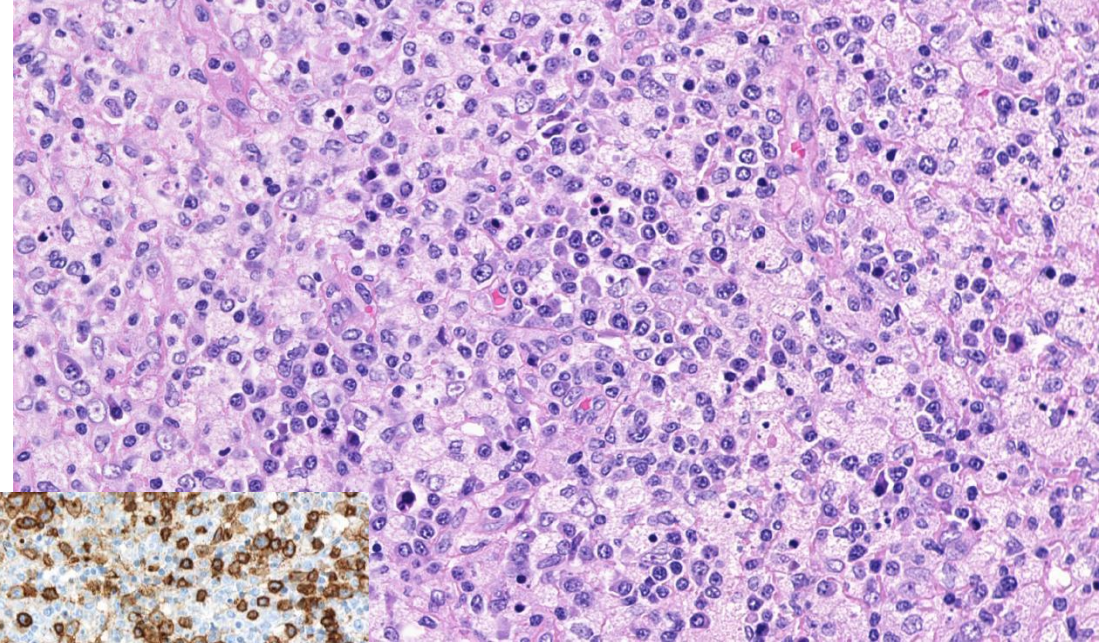
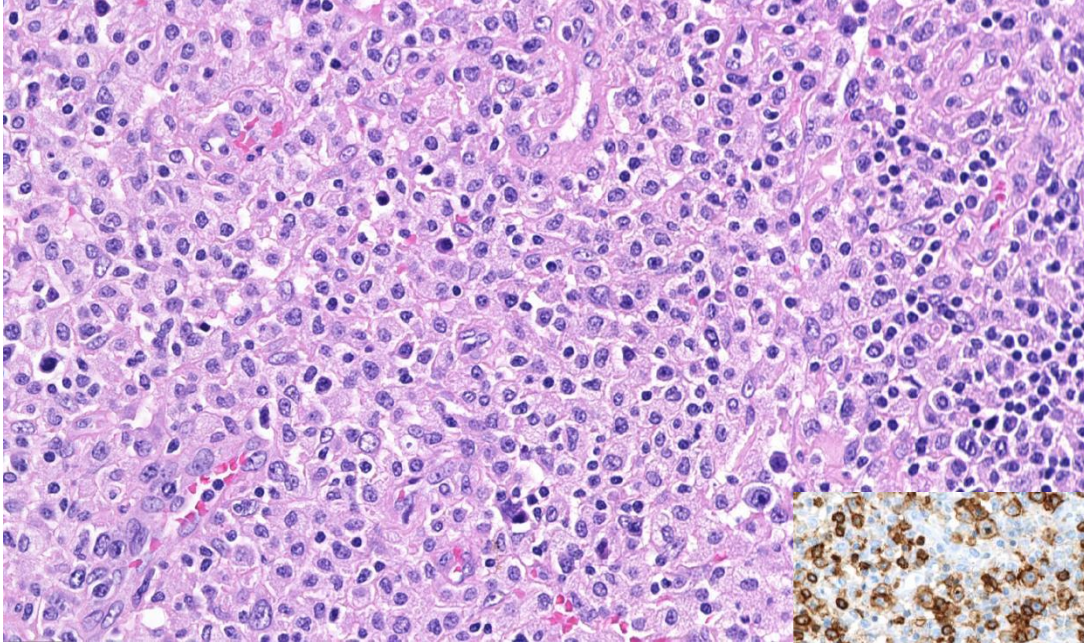
- Preserved or partially preserved architecture with follicular hyperplasia
- Three stages are recognized:
 - **Proliferative stage:** expanded paracortex with sheets of histiocytes and plasmacytoid dendritic cells, immunoblasts admixed with small lymphocytes
 - **Necrotizing stage:** areas of necrosis with abundant karyorrhectic nuclear debris and a large accumulation of histiocytes at the edge of the necrosis. Frequent crescentic histiocytes. Neutrophils and eosinophils are absent (required)
 - **Xanthomatous stage:** predominance of foamy histiocytes
- Immunophenotype: histiocytes (CD68, CD4, MPO), PDC (CD123), lymphocytes (CD8 mainly).
- DD: Non-Hodgkin lymphoma or autoimmune lymphadenitis (Systemic Lupus)

Early proliferative stage

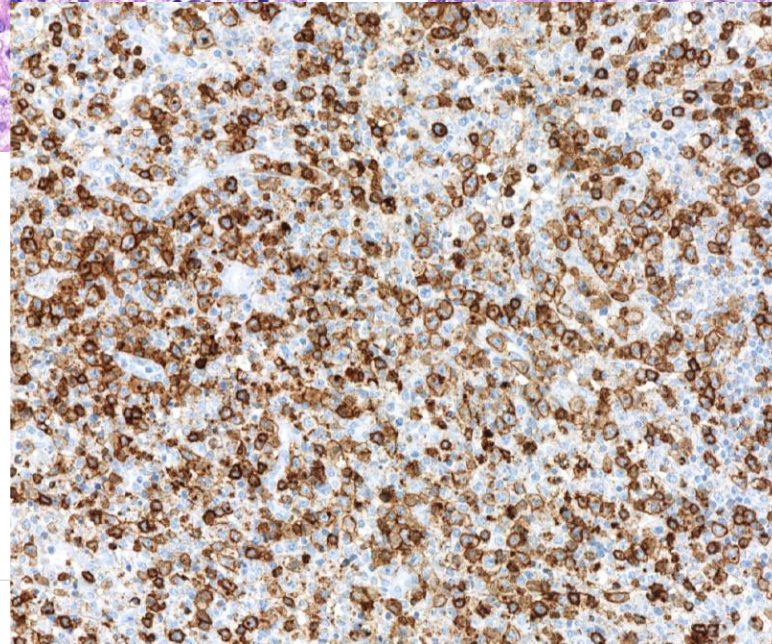
Lymph node with preserved architecture, follicular hyperplasia and interfollicular lighter areas



Proliferative areas



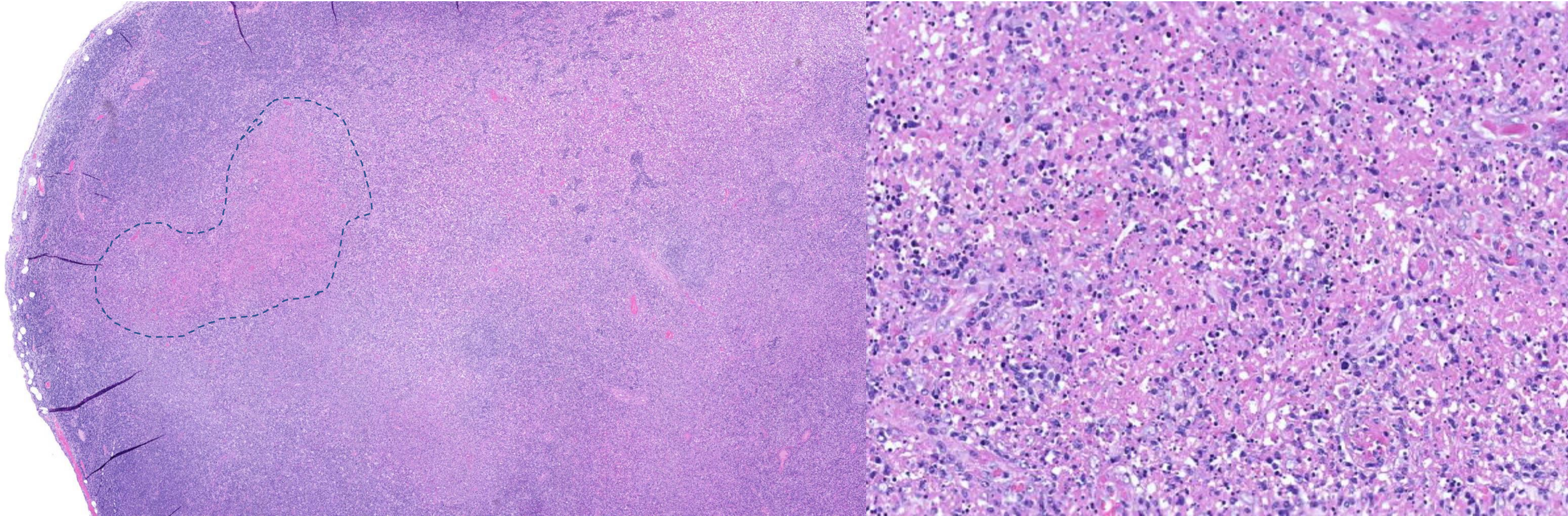
In the lighter areas a mixture of different cells, especially of medium sized cells, intermixed with large immunoblast raising the diagnosis of DLBCL



Atypical large cells, CD8+

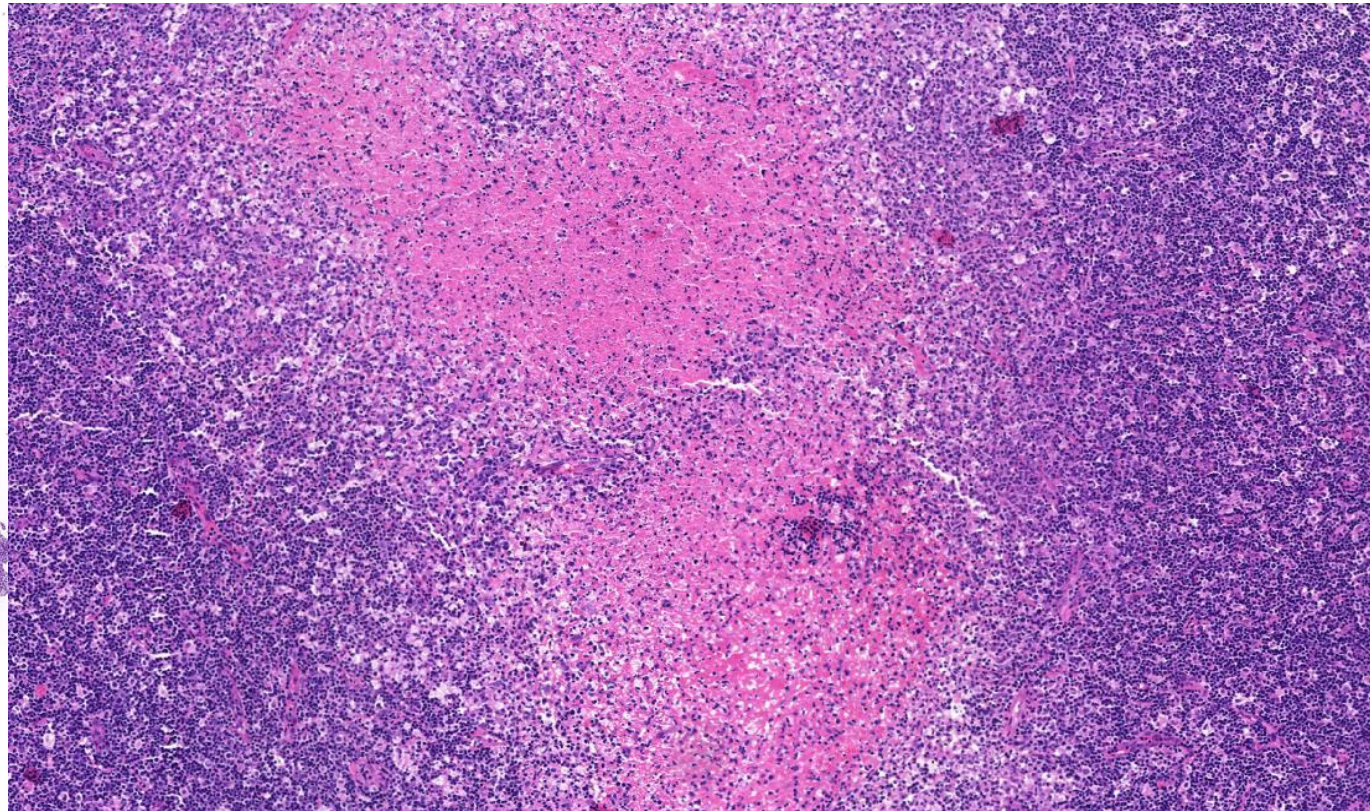
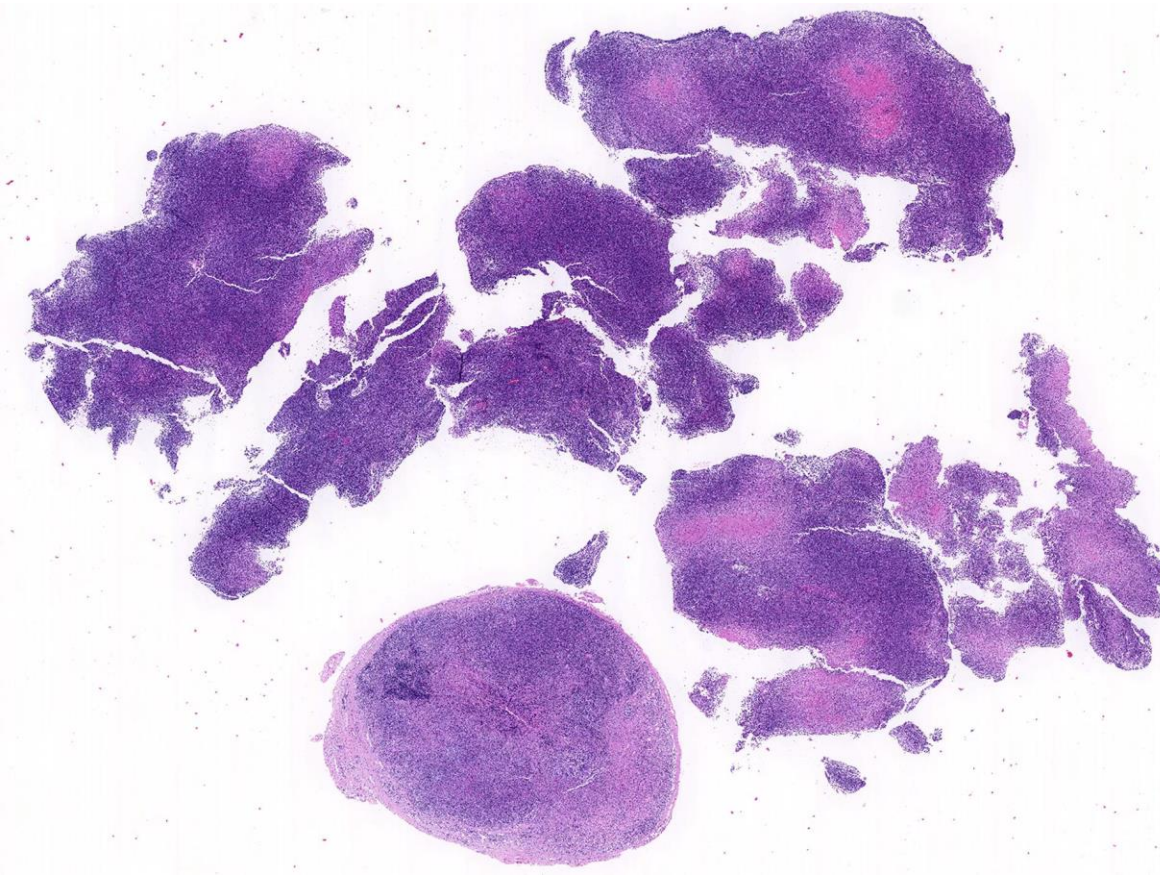
Be careful! Not to diagnose NHL

Early necrotizing stage



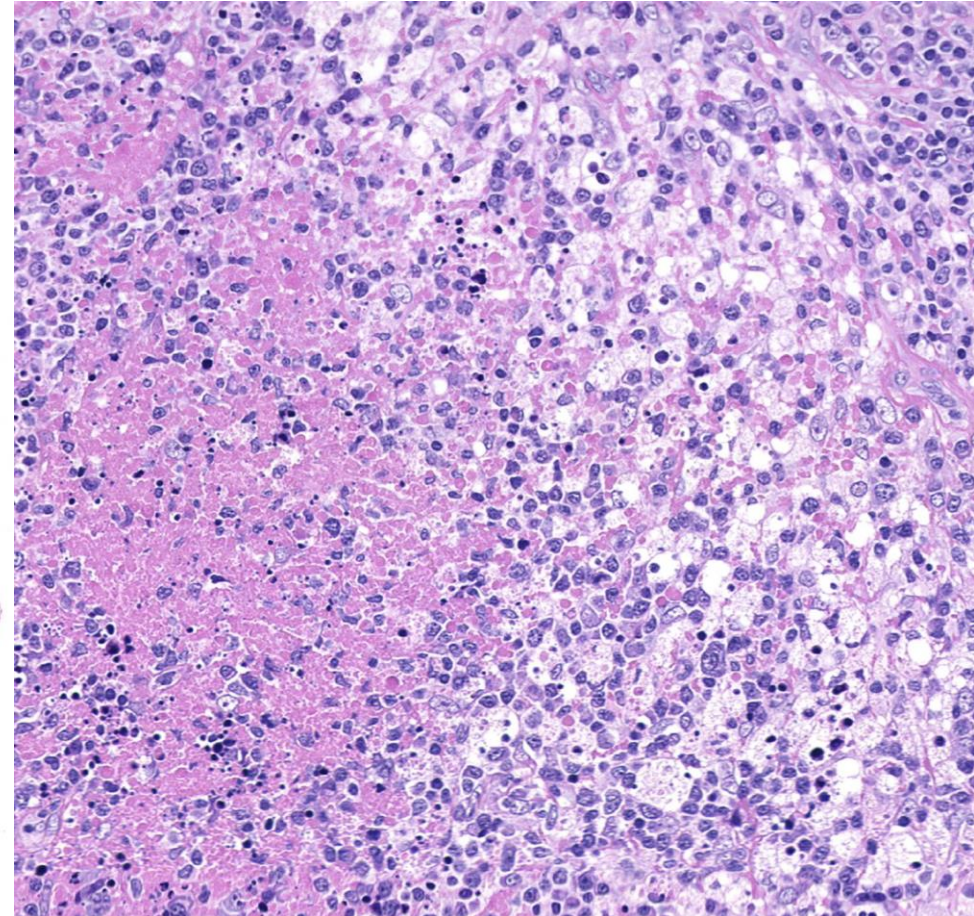
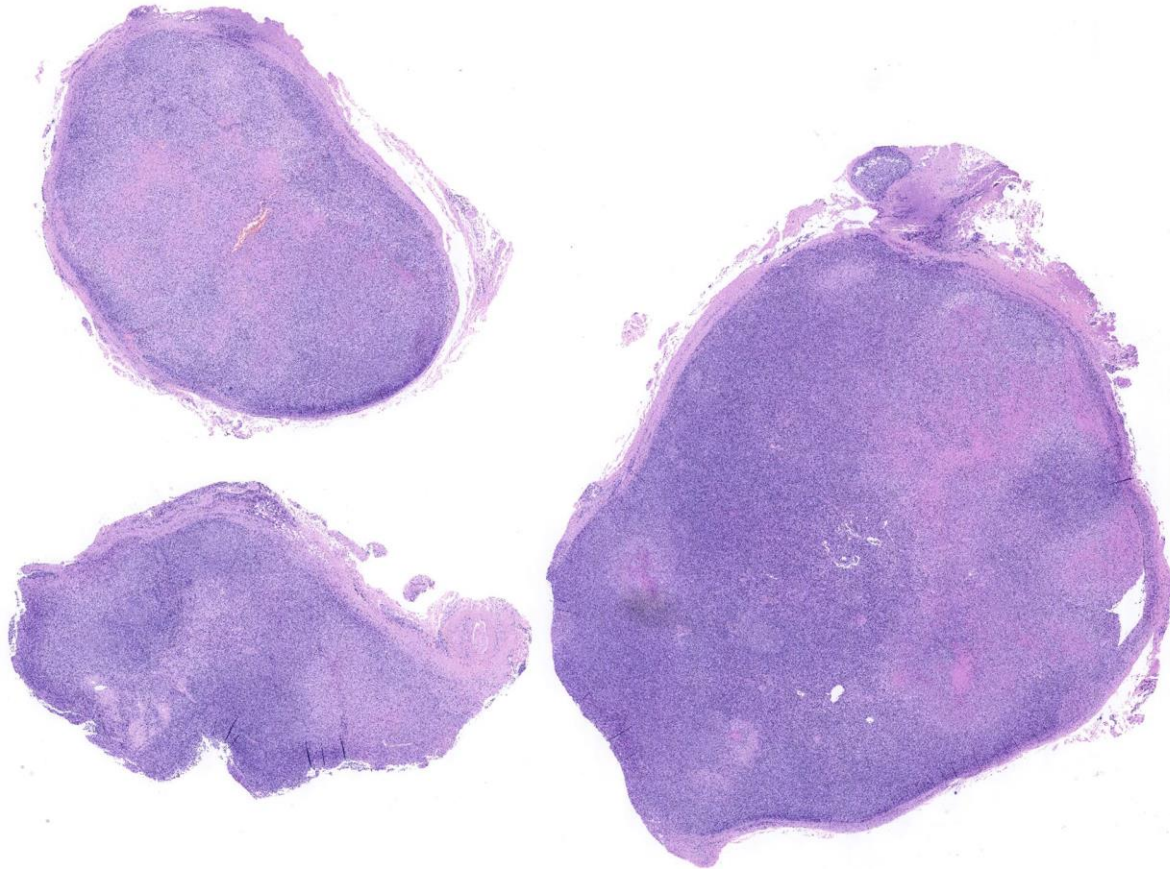
Advanced necrotizing stage

Seen in most cases and is characterized by patchy areas of necrosis within the paracortex



Xantomathous stage

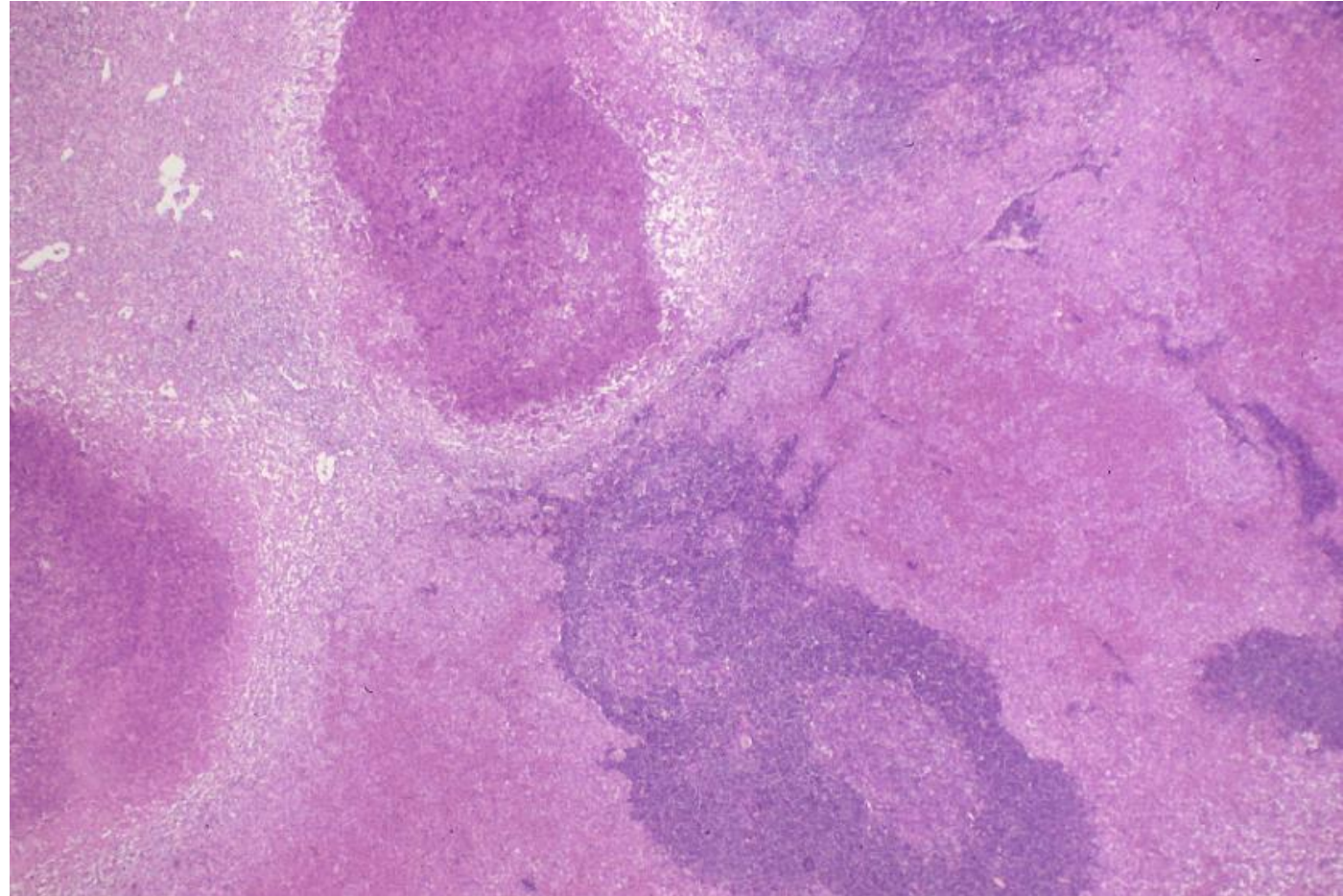
Is the least common and most likely represents the healing phase of the entity



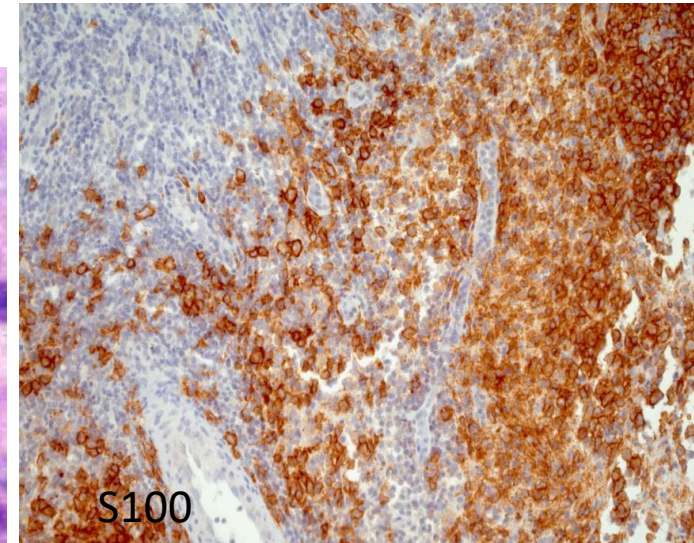
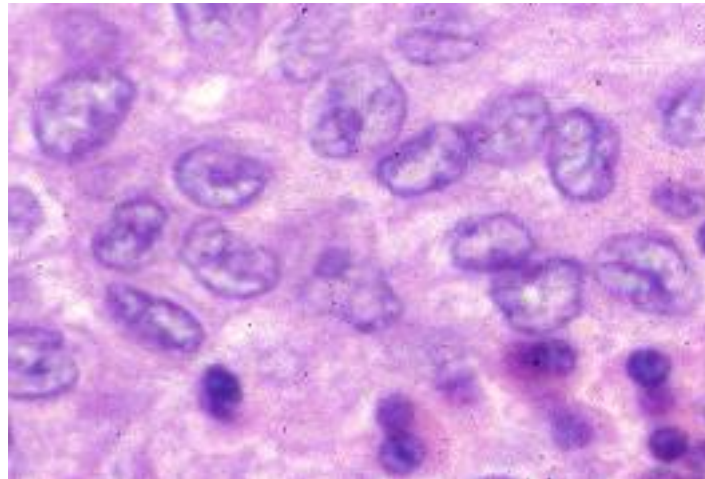
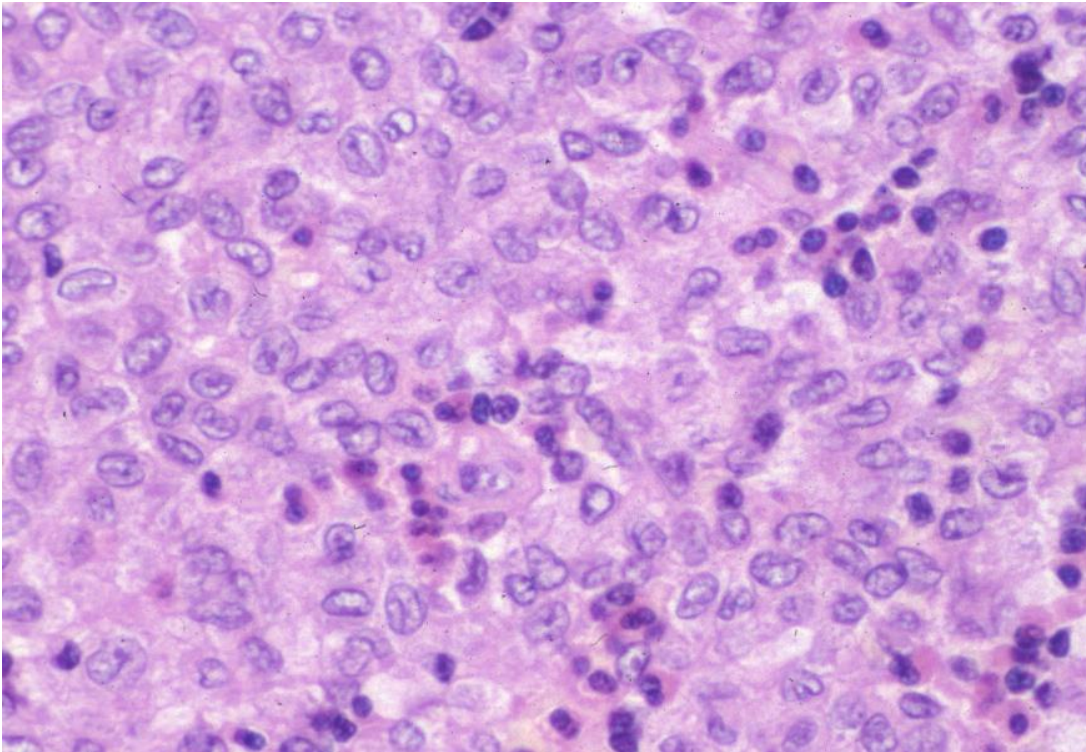
Foamy
macrophages

Necrotizing lymphadenitis?

- 3 year-old female with cervical lymphadenopathy



Necrotizing lymphadenitis?



Langerhans cell histiocytosis of the lymph node

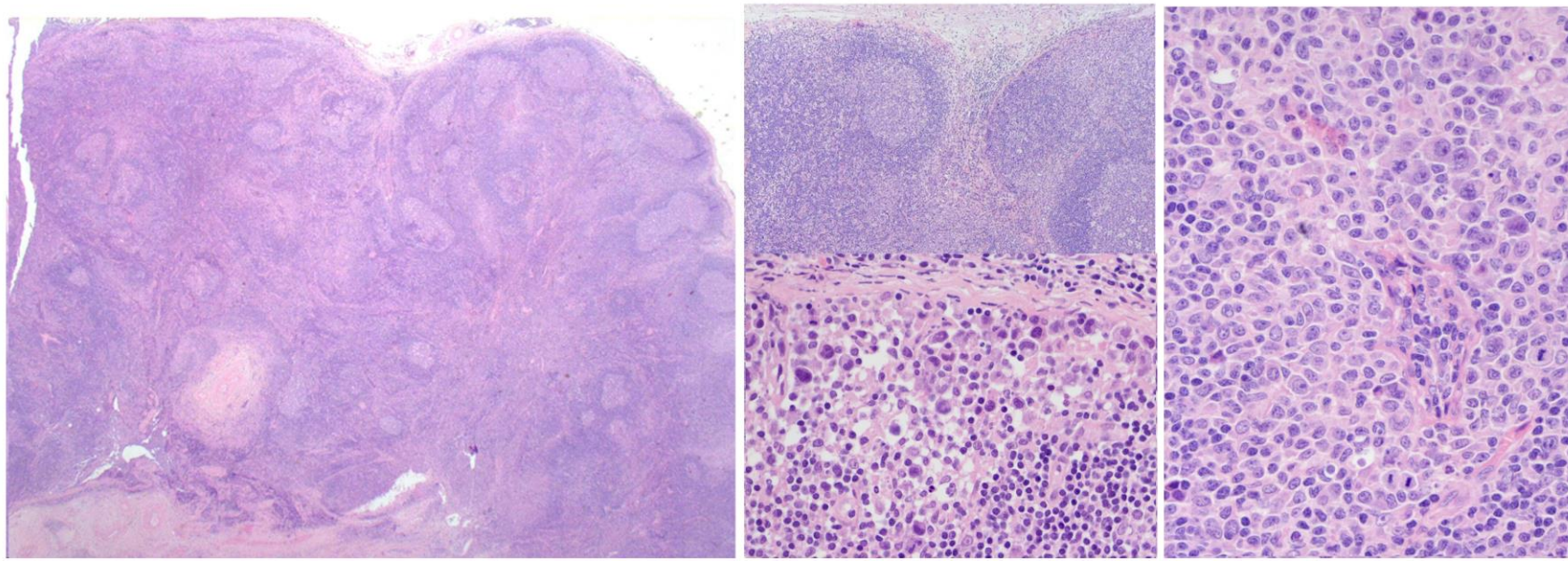
Sheets of LC and eosinophils, frequently eosinophilic abscesses

CD1a+, Langerin+, S100+

BRAF mutations in 50%, MAP2K1 mutations in 25-30%

ALCL, ALK+

30-year-old female, inguinal lymph node,
History of lymphoma 15 years ago.



Reactive disorders mimicking malignant lymphoma

- Infectious mononucleosis and other EBV-associated LPD
- florid atypical interfollicular hyperplasia (e.g. drug-associated)
- Progressive transformation of germinal centers
- Necrotizing histiocytic lymphadenitis (Kikuchi-Fujimoto)
- Herpes simplex lymphadenitis
- Atypical marginal zone hyperplasia



<https://americangallery.files.wordpress.com>

A stepwise approach to difficult reactive cases

- Clinical history!
 - **Age**, sex, preexisting conditions
 - Onset of symptoms
 - Generalized/localized lymphadenopathy
 - Previous material and history
- Morphology
 - Good, well stained sections!
 - Systematic approach based on architecture
 - **Low magnification!**
- Immunohistochemistry
 - Determination of dominant cell type (B vs. T, plasma cells), immunoarchitecture, light chain restriction
 - Determination of aberrant immunophenotype (CD5, CD23, cyclin D1, CD43, CD30)
 - **Start with a screening panel (CD20, CD3, CD23, IGD, MIB1)**
- Molecular diagnostics often will **NOT** solve problem

