

SUMMER
SOCIETY
PRINCIPALS
2020

SUMMER SOCCER 2026

*C.I.S.C.
Camps*

EVERYTHING YOU NEED TO
KNOW FOR YOUR WEEK

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WELCOME TO CAMP

Welcome to the Charlotte Independence CISC Camp program. CISC is looking forward to you joining us this summer. We are excited to bring you our expertise in training recreational soccer players all the way to professional players.

We have worked extremely hard to put together the best staff and curriculum for every camp. Our highly qualified staff is made up of CISC directors, CISC coaches, college coaches, local college players, and some of our CISC professional players.

At CISC our philosophy is to train every camper “The Independence Way”. The Independence Way is to provide the best possible soccer environment to every player in everything we do. Our curriculum is designed to prepare players for competition through tactical and technical sessions. We accomplish this in a fun environment.

CISC camps are for soccer players of any AGE and ANY skill level. Regardless of which camp you decide, we are committed to making your choice a great experience. This handbook contains all the necessary information that you or your child will need to ensure that experience.

Pat White



CAMP CURRICULUM

9:00AM - 12:00PM

9:00 AM | FIELD PLAYER WARM-UP

Dynamic movement, agility, coordination, ball-mastery activation, injury-prevention habits

9:30 AM | TECHNICAL SOCCER TRAINING

Ball mastery & first touch

Passing & receiving

Dribbling moves & change of direction

Shooting technique appropriate to age group

10:30 AM | GAME-REALISTIC ATTACKING & DEFENDING SCENARIOS

1v1 attacking & defending

2v1 / 3v2 decision-making

Finishing and defending in the final third

Transition moments

11:00 AM | SNACK BREAK

11:15 AM | FUNCTIONAL GAME PLAY & DECISION-MAKING

TOURNAMENTS & CAMP GAMES

Small-sided Tournaments

Playing out of pressure

Movement off the ball

Communication and teamwork

Applying technical skills in match-like situations

11:50 AM | REVIEW & THEN DISMISSAL

Coach feedback, key takeaways, questions, and then dismissal

CHECKLIST

WHAT DOES YOUR CAMPER NEED?

MANDANTORY:

- Water Bottle
- Soccer Ball
- Cleats
- Shin Guards
- Snacks
- Extra Water

OPTIONAL:

- Sweats
- Extra Shirt
- Rain Jacket
- Sunscreen
- Towel
- Hat
- Extra Socks



**PLEASE MARK ALL CAMPERS
THINGS WITH INTIALS*



CAMP SHIRTS

Every camper will receive a camp t-shirt at the beginning of the week. All campers are to wear their shirt on the last day for pictures!



FIND YOUR CAMP WEEK LOCATION

JUNE 8 - 12

- Tega Cay
 - Catawba Park: 2351 New Gray Rock Rd.
 - Fields 1 & 2

JUNE 15 - 19

- Rock Hill
 - Manchester Meadows Park: 337 E Mount Gallant Rd
 - Fields 1 & 2
- Davidson, Huntersville, Cornelius
 - Bradford Park: 17005 Davidson Concord Rd
 - Fields 2 & 3

JUNE 22 - 26

- Tega Cay
 - Catawba Park: 2351 New Gray Rock Rd.
 - Fields 2 & 3
- Huntersville
 - Richard Barry Park: 13707 Beatties Ford Rd
 - Fields 1 & 2
- Matthews
 - Matthews Sportsplex: 2425 Sports Pkwy.
 - Field 6

FIND YOUR CAMP WEEK LOCATION

JUNE 22 - 26

- Mooresville
 - Mazeppa Park: 645 Mazeppa Rd
 - Fields 2 & 3

JULY 6 - 10

- Rock Hill
 - Manchester Meadows: 337 E Mount Gallant Rd
 - Fields 1 & 2
- Huntersville
 - Richard Barry Park: 13707 Beatties Ford Rd
 - Fields 1 & 2

JULY 20 - 24

- Huntersville/Cornelius/
Davidson
 - Bradford: 17005 Davidson Concord Rd
 - Fields 2 & 3
- Mooresville
 - Mazeppa Park: 645 Mazeppa Rd
 - Fields 3 & 4
- Tega Cay
 - Catawba Park: 2351 New Gray Rock Rd.
 - Fields 1 & 2

CAMP WEATHER COMMUNICATION

- If there is inclement weather before camp, we will notify you of any delays by 8:00 a.m. via the email address used to register.
- If there's no update camp is still on, and we will update you at the field
- In the event of unexpected inclement weather during camp, we will halt play and seek shelter, until it passes.
- We will notify you by email you registered with
- [Club weather policies linked here!](#)



COMMUNICATION AND SAFETY

DROP OFF AND PICK UP:

- Be there 30 minutes before on First day for check-in. All other days drop off ten minutes before.
- Please be prompt for pick up. Double check your pick-up time. If you need to pickup your camper early, find the Director and check out with them.

MEDICATIONS/ ALLERGIES:

- If your camper has any medications or allergies, we should be aware of, please let the check-in person know Monday morning. If you have medication that needs to be administered at camp, please put it in a Ziploc bag with Camper's name on it, and hand it to check in person.

VISITING YOUR CHILD AT CAMP:

- If you want to come visit camp or stick around at camp, please try to stay off the fields the until pick up time at 12.

CAMP UPDATES AND NOTIFICATIONS:

- Unfortunately, PlayMetrics does not currently support camp schedules or alert notifications. All camp updates and communications will be sent to the email address used during registration. If you would like another person to receive camp notifications, please update the contacts listed in your PlayMetrics account.

CONCERNS

DURING OR ABOUT CAMP?

first point of contact



MOLLY DEAL

**MARKETING AND ADMINISTRATIVE
COORDINATOR FOR CAMPS AND
FUTSAL**

MOLLYD@INDEPENDENCESOCCER.CLUB
(704) 894-9995

second point of contact



PAT WHITE

**DIRECTOR OF SUPPLEMENTAL
PROGRAMS**

PATW@INDEPENDENCESOCCER.CLUB
(414) 305-0346

OUR SOCIALS

@independence_sc

follow along with us this summer



CAMP SPONSORS

A huge thank you to all our incredible sponsors for making Charlotte Independence Soccer Club's Summer Soccer Camps a resounding success! Your generous support has directly impacted hundreds of young athletes, providing them with invaluable opportunities to develop their skills, build teamwork, and foster a love for the beautiful game. Because of you, we've been able to create a memorable and enriching experience for every camper. We're so grateful for your commitment to our community and the future of soccer in Charlotte!

Official healthcare provider

