



West/Main Building

1800 S. Main Street
and

East Building

1811 S. Main Street 74012
918-259-8377

www.baseniors.org

Center Hours:

Monday, Wednesday, Friday
8 a.m. - 4 p.m.
Tuesday, Thursday
8 a.m. - 7 p.m.

Annual Membership:

Broken Arrow Residents- \$80
Non-Residents - \$105

Executive Director

Traci Druten

**Member & Customer Relations
Manager**

Open

Accounting Specialist

Terry Drummond

Special Events Coordinator

Erica Decker

Volunteer Coordinator

Dea Ann Gray

Administrative Asst.

Tonnya Cress

Transportation

Donald Stockton &
Randall Graybill



Music of the 60s, 70s,
and 80s

THURSDAY, AUGUST 27TH
6 - 8:30 PM
EAST ANNEX

TICKETS \$10 EACH

Tickets available July 27th
in Main Office

PICKLEBALL

★★ FUNDRAISER ★★

to benefit Broken Arrow Senior Center

Open Play &
Tournament
Play

SUNDAY, SEPTEMBER 20TH
6 - 8:30 P.M.

Skill Levels:
Beginner
Intermediate
Advanced



PLAYER - \$10 Per Person SPECTATOR - \$5 Per Person

COURT SPONSORSHIP - \$250 Per Court
- PLAYERS MUST BE 18 AND OVER -

HELD AT: ACE PICKLEBALL CLUB
2326 E. KENOSHA, BROKEN ARROW, OK 74014

REGISTRATION/TICKETS ONLINE AT
WWW.BASENIORS.ORG or
Use the QR Code



COURT SPONSORS



CHAMPION
SPONSOR



PLAYERS/
SPECTATORS

Calendar of Events

Regularly Scheduled **MONDAY** Activities

Lunch Daily 11:15 a.m. - 12 p.m.

CLASSES	TIME	BLDG	NOTES
Dominoes	8 a.m. - 12 p.m.	W	
Party Bridge	8 a.m. - 12 p.m.	E	
Ping Pong/Shuffleboard/Pool Hall	8 a.m. - 3:45 p.m.	W	
Core Strength Yoga	8:15 a.m. - 9 a.m.	W	
Cardio Exercise	8:15 a.m. - 9 a.m.	E	
Brewing Friendship Coffee Talk w/AIC	8:30 a.m. - 9:30 a.m.	E/W	EAST & WEST BLDG
Medicare Educ Series w/Chris	9 a.m. - 12:30 p.m.	W	
Deep Stretch Yoga	9:15 a.m.- 10:15 a.m.	E	
Drum to Exercise with Kathy	9: 15 a.m.- 10:15 a.m.	W	
Crafting	9:30 a.m. - 12 p.m.	W	
Bible Study	9:30 a.m. - 11 a.m.	E	
Circle of Readers	10 a.m. - 11:30 a.m.	W	1st & 3rd Monday
Limited Exercise	10:25 a.m. - 11:30 a.m.	W	
Line Dancing with Eugenia	10:30 a.m. - 12 p.m.	E	
Canasta	12 p.m. - 3:45 p.m.	W	
Tai Chi for Better Balance - Vanessa	12:15 p.m. - 1:15 p.m.	E	
Pickleball Open Play	12:15 p.m. - 4 p.m.	W	
Tap Dancing - Beginning	12:30 p.m. - 1:15 p.m.	W	
Fitness Machine Orientation w/Joey	1 p.m. - 2 p.m.	E	1st Monday
Member-Led Bingo	1 p.m. - 2:30 p.m.	W	
Experienced Mahjongg	1 p.m. - 4 p.m.	E	
Tap Dancing - Advanced	1:30 p.m. - 2:30 p.m.	W	
Line Dancing with Barb	1:30 p.m. - 3 p.m.	E	
Photography Group	1:30 p.m. - 3:30 p.m.	E	2nd & 4th Monday
Tap Dancing - Intermediate	2:40 p.m. - 3:40 p.m.	W	
Zumba	3:15 p.m. - 4 p.m.	E	

CIRCLE OF READERS

Aug 3: The Violin Maker's Secret by Evie Woods (Magical Realism)

Aug 17: Discuss other books & Kelli McDowell, Library Manager at South BA, offers a tutorial on the new Website

Sep 14: The Lies They Told by Ellen Marie Wiseman (Historical F) & **Zoom author visit**

Sep 21: Discuss other books

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Member SIPC

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August 2026

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

Calendar of Events

Regularly Scheduled **TUESDAY** Activities

Lunch Daily 11:15 a.m. - 12 p.m.

CLASSES	TIME	BLDG	NOTES
Dominoes	8 a.m. - 12 p.m.	W	
Party Bridge	8 a.m. - 12 p.m.	E	
Train Dominoes	8 a.m. - 12 p.m.	W	
Ping Pong/Shuffleboard/Pool Hall	8 a.m. - 7 p.m.	W	
Muscle & Movement w/ Debi	8:15 a.m.- 9 a.m.	E	
Guitar Jam	8:30 a.m. - 11:30 a.m.	E	
Scrabble	9 a.m.- 12 p.m.	W	
Power Yoga	9:15 a.m. - 10:15 a.m.	E	
Scrapbooking	9: 30 a.m.– 12 p.m.	W	
Limited Exercise	9:30 a.m. - 10:30 a.m.	W	
Whittling Wonders	10 a.m. - 12:30 p.m.	W	
Limited Exercise	10:25 a.m.-11:15 a.m.	W	
Tai Chi for Balance with Julie	11:45 a.m.-12:45 p.m.	E	
Canasta	12 p.m. - 3:45p.m.	W	
Chess	12 p.m. - 4 p.m.	E	
Line Dancing with Michelle	1 p.m. - 2 p.m.	E	
Sewing Class	1 p.m. - 2 p.m.	W	
Technology Class	1 p.m. - 2 p.m.	E	1st Tuesday
Beginning Guitar Lessons	1 p.m. - 2:30 p.m.	W	
Painting	1 p.m. - 3:30 p.m.	W	
Beginner Pickleball Play	12:30 p.m. - 2 p.m.	W	
Pickleball Open Play	2 p.m.– 7 p.m.	W	
Clogging Class	2:15 p.m. - 3:30 p.m.	E	
Beginning Clogging	3:30 p.m. - 4:30 p.m.	E	
Evening Mahjongg	4 p.m. - 7 p.m.	E	
Evening Pool Tournament	4 p.m. - 7 p.m.	W	
Meditation w/ Kendra	5 p.m. - 5:45 p.m.	E	
Zumba with Carolyn	6 p.m. - 7 p.m.	E	

Tuesday Special Events

Brain Building Healthy Habits	1:00 p.m.	E	August 11th
Sandwich Generation: Retirement by Design	4:30 p.m.	E	August 11th
Outsmart the Scammers	1:00 p.m.	E	August 18th
Mastering Medicare - Empower	1:00 p.m.	E	August 25th
Board of Directors	3:30 p.m.	E	3rd Tuesday

Calendar of Events

Regularly Scheduled **WEDNESDAY** Activities

Lunch Daily 11:15 a.m. - 12 p.m.

CLASSES	TIME	BLDG	NOTES
Dominoes	8 a.m. - 12 p.m.	W	
Ping Pong/Shuffleboard/Pool Hall	8 a.m. - 3:45 p.m.	W	
Quilting	8 a.m. to 3 p.m.	W	Cancelled in August
Cardio Exercise	8:15 a.m. - 9 a.m.	E	
Core Strength Yoga	8:15 a.m. - 9 a.m.	W	*Notice Time Change*
S.E.A.T.	9 a.m. - 10 a.m.	E	
Needle Crafting	9 a.m. - 11:30 a.m.	W	
Fitness Machine Orientation w/Carlene	9 a.m. - 10 a.m.	E	3rd Wednesday - Cancelled in August
Chair Yoga	9:15 a.m. - 10:15 a.m.	W	
Beginning Ukulele	9:30 a.m. - 10 a.m.	E	
Spades Card Game	9:30 a.m. - 12:30 p.m.	E	
Abs and Core with Linn	9:55 a.m. - 10:15 a.m.	E	
Abstract Painting 102	10 a.m. - 12 p.m.	W	
Ukulele Jam	10 a.m. - 12:15 p.m.	E	
Strengthen & Tone w/ Linn	10:15 a.m. - 11 a.m.	E	
Limited Exercise	10:25 a.m. - 11:30 a.m.	W	
Fund of Line Dancing w/ Michelle	12 p.m. - 1 p.m.	E	
Hand and Foot Cards	12 p.m. - 4 p.m.	W	
Exercise 101	12:15 p.m. - 1:15 p.m.	W	
Abstract Painting 101	12:30 p.m. - 2:30 p.m.	W	
Bunco	12:30 p.m. - 2:30 p.m.	W	2nd Wednesday
The Sound of Broken Arrow - Choir	1 p.m. - 2:30 p.m.	E	
Bingo	1 p.m. - 2:30 p.m.	W	1st Wednesday
Drawing Class	1 p.m. - 2:30 p.m.	E	
Experienced Mahjongg	1 p.m. - 4 p.m.	E	
Line Dancing with Barb	1:30 p.m. - 3 p.m.	E	
Pickleball Open Play	1:30 p.m. - 4 p.m.	W	
Zumba	3:15 p.m. - 4 p.m.	E	

Wednesday Special Events

Blood Pressure Checks	10 a.m. - 11 a.m.	W	
Library & Technology Assistance	10 a.m. - 11 a.m.	W	3rd Wednesday

BASC MISSION: To provide a welcoming environment that encourages enrichment, social engagement, and an active lifestyle for the 55 and over community.

Calendar of Events

Regularly Scheduled **THURSDAY** Activities

Lunch Daily 11:15 a.m. - 12 p.m.

CLASSES	TIME	BLDG	NOTES
Dominoes	8 a.m. - 12 p.m.	W	
Ping Pong/Shuffleboard/Pool Hall	8 a.m. - 7 p.m.	W	Pool Tournament 3rd Thursday - 9 a.m.
Strength & Tone	8:15 a.m. - 9 a.m.	E	
Train Dominoes	9 a.m. - 12 p.m.	W	
Soft Yoga	9:15 a.m. - 10:15 a.m.	E	
Limited Exercise	9:30 a.m. - 10:15 a.m.	W	
Creative Card Making	9:30 a.m. - 11 a.m.	W	
Guitar Jam	9:30 a.m. - 11:30 a.m.	E	
Play Money Poker	9:30 a.m. - 12 p.m.	W	Tournament 3rd Thursday - 9:30 a.m.
Grief Healing Group	10 a.m. - 11:30 a.m.	E	3rd Thursday
Quilting/Sewing	10 a.m. - 2 p.m.	W	Quilting Cancelled in August
Limited Exercise	10:25 a.m. - 11:15 a.m.	W	
Party Bridge	11:45 a.m. - 3 p.m.	E	
Tai Chi for Better Balance	11:45 a.m. - 12:45 p.m.	E	
Drum to Exercise with Kathy	12:15 p.m. - 1:15 p.m.	W	
Creative Card Making	12:30 p.m. - 3 p.m.	W	
Happy Hookers - Crochet	12:30 p.m. - 2:30 p.m.	W	
Card Game of the Day	12:30 p.m. - 4 p.m.	W	1st & 3rd week - Member-led play 2nd & 4th week - Pegs & Jokers
Line Dancing w/ Michelle	1 p.m. - 2 p.m.	E	
Pickleball Open Play	1:30 p.m. - 7 p.m.	W	
Classic Cardio & Sculpt Express	2:05 p.m. - 2:40 p.m.	E	
Cardio Drumming	2:45 p.m. - 3:30 p.m.	E	
Abs and Core with Linn	3:40 p.m. - 4 p.m.	E	
Fit and Fun with Weights	4:15 p.m. - 5 p.m.	E	
Guitar Jam	4:30 p.m. - 6:30 p.m.	E	
S.E.A.T. with Carolyn	5:10 p.m. - 5:55 p.m.	E	
Zumba with Carolyn	6 p.m. - 7 p.m.	E	

Thursday Special Events



**THURSDAY,
AUGUST 27th
6 pm - 8:30 pm**

Medicare Education with Lynn Roach	10 a.m. - 12 p.m.	W	1st and 2nd Thursday
Medicare Education with Lynn Roach	1 p.m. - 3 p.m.	E	3rd, 4th, & 5th Thursday

PRO COMPARE MEDICARE

BY LOCAL INSURANCE ADVISORS



Join us every Thursday at our **FREE** Medicare educational class. Come learn with Lynn and friends!

**CONTACT LYNN ROACH
FOR MORE INFORMATION**

918-913-8199

lynn@procomparemedicare.com

For accommodations of persons with special needs at meetings call 918-913-8199.



Calendar of Events

Regularly Scheduled **FRIDAY** Activities

Lunch Daily 11:15 a.m. - 12 p.m.

CLASSES	TIME	BLDG	NOTES
Dominoes	8 a.m. - 12 p.m.	W	
Ping Pong/Shuffleboard/Pool Hall	8 a.m. - 3:45 p.m.	W	
Cardio Drumming	8:15 a.m. - 9 a.m.	E	
Fitness Machine Orientation w/Danny	9 a.m. - 10 a.m.	E	4th Friday
S.E.A.T.	9 a.m.- 9:45 a.m.	E	
Friday Fitness	9:15 a.m. - 10:15 a.m.	E	
Singing Group	9:30 a.m. - 10:30 a.m.	W	
Alzheimers Support Group	10:15 a.m. - 12:15 p.m.	E	1st and 3rd Friday
Quilting	10 a.m.- 2 p.m.	W	Cancelled in August
Creative Writing	10 a.m.- 12 p.m.	E	
Limited Exercise	10:25 a.m. - 11:30 a.m .	W	
Line Dancing with Eugenia	10:30 a.m. - 12 p.m.	E	
Shuffleboard	10:30 a.m. - 4 p.m.	W	
Canasta	12 p.m. - 3:45 p.m.	W	
Party Bridge	12 p.m. - 4 p.m.	E	
Exercise 101	12:15 p.m. - 1:15 p.m.	W	
Cornhole	12:30 p.m. - 2:30 p.m.	E	
Bingo	1 p.m. - 2:30 p.m.	W	1st, 2nd, 4th & 5th Friday
Singo	1 p.m.- 2:30 p.m.	W	3rd Friday
Parkinson's Support Group	1 p.m. - 2:30 p.m.	E	4th Friday
Pickleball Open Play	1:30 p.m. - 4 p.m.	W	
Zumba	3:15 p.m. - 4 p.m.	E	Cancelled August 14th

"Make each Friday count. Celebrate the progress you made, the challenges you conquered, and the memories you created."

ARE YOU TURNING 65 SOON?

Confused by Medicare? Frustrated with Parts A, B, C, D etc?

Join us every third Thursday for a **FREE** Special Medicare Education session at 1:00pm (East Bldg)

Questions Answered Know Your Options Local Advisors Veteran Assistance  Local Insurance Advisors



You Don't Need a Sales Pitch
You need a guide

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August 2026

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					



You have the power to outsmart the scammers

Incidents of financial fraud are on the rise — and are becoming increasingly harder to detect. While no one is immune, there are steps you can take to *Outsmart the scammers*. Join us for this presentation and learn about the following strategies:

- How to spot certain red flags that may indicate a fraudulent encounter
- Resources you can use if you become a victim of fraud
- Steps you can take now to help protect yourself and your loved ones

We hope you will join us.

SAVE THE DATE

TUESDAY, AUGUST 18th

1:00 p.m.

EAST ANNEX

Care that feels like family.

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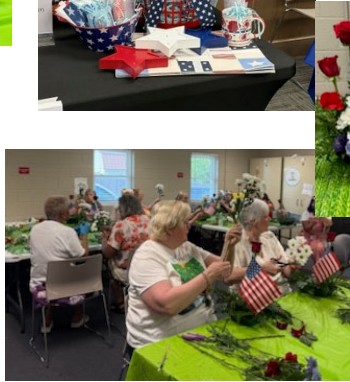
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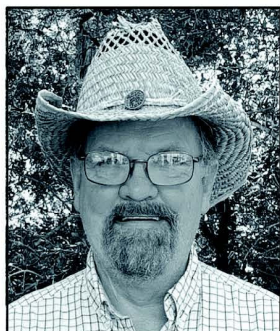
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OBI BLOOD DRIVE

FRIDAY, AUGUST 28th

9:30 - 12:30

EAST ANNEX

**MAKE AN APPOINTMENT AT
OURBLOODINSTITUTE.ORG OR**

WALK-INS WELCOME



Notes from the Director

By Traci Druten

It is truly an honor to serve as your Executive Director. From my very first days in this role, I have been reminded what makes our Senior Center so special; the kindness, friendships, laughter, and genuine sense of community that fills these halls each day. Thank you for making this such a welcoming place for one another and for our staff.

I am excited about the future as we continue building on the strong foundation that already exists, finding new ways to serve you while preserving the warmth and connection that make this Center feel like home.

I look forward to getting to know many more of you in the months ahead!

Warm Regards,

Traci

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IN THE NEWS...

CANCELLED

QUILTING IS TAKING A BREAK IN AUGUST
BUT WILL RETURN IN SEPTEMBER

BEGINNING SEWING

RETURNS AUGUST 3rd

If you are interested in learning to sew or
simply improve your skills, join us on

Tuesdays at 1 p.m.

Sign Up at the Events Table in either building.

TUESDAYS IN AUGUST

TUESDAYS IN AUGUST ARE FILLED WITH
SEMINARS THROUGHOUT THE MONTH.

BE SURE TO CHECK OUT THE TOPICS AND DATES
AVAILABLE AT THE EVENTS TABLE IN EITHER
BUILDING.

COMING SOON!

6-WEEK CLOGGING WORKSHOP
(HELD DURING BEGINNER CLOGGING CLASS)

STARTING TUESDAY, SEPT 8th

3:30 P.M.

Watch the Events Table for sign up
information.

ALZHEIMER'S ASSOCIATION PRESENTS:

Brain Building Healthy Habits

Tuesday, August 11

1:00 pm

EAST ANNEX

TIPS TO BUILD HEALTHY HABITS AND HELP PROTECT YOUR BRAIN

Research shows there are everyday habits
you can build today to help protect your
memory and thinking as you get older--
even reducing your risk of cognitive
decline and possibly dementia.

Join us to learn about:

- Healthy Habits for your brain, like exercising and eating right.
- The brain-heart connection.
- Why brain health is important at all ages.
- Building your personalized action plan for brain-healthy habits.

Register at the Events Table in either building.



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CONGRATULATIONS! Winners!

June Pool Tournament

Winners

- 1st Place - Steve Roberts
2nd Place - Seneca McIntosh
3rd Place - John Baker



June Cornhole Tournament

Winners

Barbara Davis and David Tarver
Trophies by Jim Droge.



June Poker Winners -

- 1st - Carol Pearson
2nd - Greg Anderson



LOST AND FOUND

We will have a Lost and Found table outside the
Lunchroom in the **West Bldg**

August 3 - 7th.

Please look for your missing items, anything left will
be donated.

Please take only YOUR items!

East Annex - lost items are at the Greeter desk

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JOEL HITSMAN, Account Executive with Global Health,

TUESDAY, AUGUST 25th

1:00 p.m.

in the East Annex

Whether you're turning 65, preparing to enroll in Medicare, already enrolled, or simply have questions about your coverage, understanding the basics can help you make confident healthcare decisions.

During this informative session, you'll learn:

- The basics of Medicare Parts A, B, C, and D.
- When and how to enroll, including important enrollment periods and potential penalties.
- The differences between Original Medicare, Medicare Advantage, and Medicare Supplement plans.
- How prescription drug coverage works.
- What to consider when reviewing your current Medicare coverage before the Annual Election Period this fall.
- Answers to common Medicare questions in an easy-to-understand, educational setting.

Whether you're new to Medicare or have been enrolled for years, this session will provide practical information to help you better understand your options and make informed decisions about your healthcare coverage.

Bring your questions and leave with greater confidence in navigating Medicare.

Sign-up sheets to attend this free educational session are located on the Events Table in both buildings.



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Is Your Will Still True to Your Life?

By Brittany Littleton



August is National Make-A-Will Month, and most of the articles you will see this month are written for people who have never made one. If you are reading this, there is a good chance you already have a will. You did the responsible thing, maybe years ago, and you checked it off your list. So this one is written for you.

Here is the part people miss: A will is not a monument. It is a snapshot of your life on the day you signed it, and life keeps moving. The document that fit you perfectly ten or fifteen years ago may quietly no longer match the people in your life or the wishes you signed off on back then. An out-of-date will can be more troublesome than no will at all, because it confidently directs your estate toward a plan that no longer reflects what you want.

The good news is that checking is simple, and August is a fine month to do it. Pour a cup of coffee, find your will, and read it through with fresh eyes. As you do, here are the things most worth noticing.

The people have changed.

Look first at the names. Wills are full of them, and names are exactly what the years rearrange. The person you named to carry out your wishes, your executor, may have moved far away, grown too old for the job, or passed on. The same is true for the trustees and backups you chose. Marriages, divorces, new grandchildren, a falling-out, a reconciliation, the loss of someone close: any of these can mean the people written into your will are no longer the people you would choose today. If your plan names someone who is no longer the right fit, that is worth correcting while it is easy.

What you own has changed.

Next, look at what you own. Maybe you sold the house that the will still gives to a specific person, or you opened new accounts, or you finally paid something off. Wills sometimes leave particular items to particular people, and when those items no longer exist, the gift can simply fail and the person receives nothing. It is worth making sure the plan on paper still matches the life you have actually built.

You may have moved.

If you signed your will in another state and later settled here in Oklahoma, this one matters. A will that was valid where you made it is usually still valid here, but the details around executors, witnessing, and administration differ from state to state. A quick review makes sure your old document still works smoothly under the laws that now apply to you.

The will may not cover as much as you think.

This is the one that surprises people most. Some of your most valuable assets may not pass through your will at all. Retirement accounts, life insurance, and payable-on-death accounts go to whoever is named on the beneficiary form, and that form overrides your will every time. If you have not looked at those designations in years, the person listed might be a former spouse or someone who has since died. Your will can be flawless and still be quietly undone by an old form you forgot about, so check those too.

What Good Does All This Do?

It is easy to read a list like this and feel like planning is a chore that never quite ends. I would ask you to see it differently. Keeping your plan current is one of the real kindnesses you can offer the people you love, because it spares them from guessing at your wishes during a hard season. It also keeps you in charge. A plan that reflects your actual life is you, making thoughtful decisions ahead of time, on your own terms, about the people and things you care about.

So this August, take the small step. Read your will, notice what has changed, and jot down anything that no longer fits. If your life looks different than it did the day you signed, sit down with a qualified estate planning attorney and bring your document current. It rarely takes as much as people fear, and the peace of mind that follows is well worth the afternoon.

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- ½ cup butter, softened
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- 2 cups all-purpose flour
- 1 teaspoon baking soda
- ¼ teaspoon salt
- 1 cup mashed ripe bananas
- 1 (16 ounce) container cream cheese frosting



Directions

1. Preheat oven to 350 degrees F (175 degrees C). Grease a 10x15 inch jellyroll pan.
2. In a large bowl, cream together the butter and sugar until smooth. Beat in the eggs, one at a time, then stir in the sour cream and vanilla. Combine the flour, baking soda and salt; stir into the batter. Finally, mix in the mashed banana. Spread evenly into the prepared pan.
3. Bake for 20 to 25 minutes in the preheated oven, until a toothpick inserted into the center comes out clean. Allow bars to cool completely before frosting with the cream cheese frosting.

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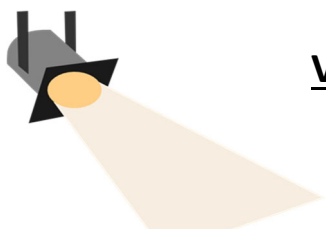
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Annual Open Enrollment Period:
October 15 - December 7



VOLUNTEER SPOTLIGHT

Volunteering sits at the intersection of purpose, empathy, and shared effort. Research consistently shows that people who volunteer experience higher life satisfaction, lower loneliness, and stronger social ties.

Did you know that in the late 19th century and continuing through the mid-20th century, communities across the country relied largely on women's unpaid civic labor to create and welcome integration and belonging? Through churches, schools, neighborhood groups, and informal welcome committees, many women contributed time and care equivalent to a part-time job. That human contact made connections and helped hold communities together. It confirmed that relationships are not optional—they are foundational to how humans thrive.

We feel better when we are connected, supported, and part of something larger than ourselves. Both men and women who serve together report higher levels of trust and empathy toward people with different life experiences.

So, volunteering is a great way to connect with others and be a part of a community that helps and serves others. The Senior Center relies heavily on our volunteers to lead activities, help with events, greet guests/members, and assist in other areas.

Thank you to all our volunteers at the Senior Center! We appreciate you!



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"Alone we can do
so little; together
we can do so
much."

Helen Keller



Center Information

Accommodations - Handicap parking is located on the east and south side of the West building and east side of the East building.

Name Tags - All members are required to wear their name tag while engaged in center activities. Please see the office if you lose your name tag.

Center Hours - Monday, Wednesday, Friday 8 a.m. - 4 p.m., Tuesday and Thursday 8 a.m. - 7 p.m.

Guests - Guests must be 55 or older and considering membership. They are required to check in with the office so a guest form can be completed.

Perfumes and Odors - Many members are highly sensitive to strong scents. Please refrain from using strong scented perfumes, after-shaves, and lotions. Practice good personal hygiene to prevent strong or offensive body odor.

Lunch - Lunch is provided at the Center by the Tulsa and Creek County Senior Nutrition Program at 11:15 a.m. each day in the West Building. Lunch is not served after 12 p.m. Reservations will be accepted for the first 100 people and must be made the day before by 11 a.m. Please call (918)259-8377, option 1 for more information. For those over 60, the suggested donation is \$3 per meal.

Transportation - Questions regarding transportation to and from the Center via the Shuttle Bus can be answered by calling (918)259-8377, ext. 15.

Calendar of Events - The notation "E" are activities held in the East Annex and "W" are activities held in the West Bldg.

Inclement Weather Closing Notification

If the Center closes due to weather, there are multiple ways we attempt to notify you:

1. On the home page of the Center's website—
www.baseniors.org.
2. On our Facebook page - **Broken Arrow Senior Activity Center**.
3. **Channel 6** and **KRMG** will be notified of center closure.

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WORD SCRAMBLE

Unscramble the words below.

- | | |
|---------------|--------------|
| 1. NEWMOALERT | 9. NHESNIUS |
| 2. UTUAGS | 10. ELXAR |
| 3. CBAHE ABLL | 11. AEKL |
| 4. ANACOVIT | 12. FOERLSW |
| 5. CCIIPN | 13. PCMGAIN |
| 6. EDLOAENM | 14. NAIMNTUO |
| 7. EIC EMARC | 15. WSIM |
| 8. AASSNDL | |

*Answer Key on last page.

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Answer Key:

NEWMOALERT	WATERMELON
NHESNIUS	SUNSHINE
UTUAGS	AUGUST
AASSNDL	SANDALS
CBAHE ABLL	BEACH BALL
ANACOVIT	VACATION
CCIIPN	PICNIC
EDLOENM	LEMONADE
ICE EMARC	ICE CREAM
SIWM	SWIM
NAIMNTUO	MOUNTAIN
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