



What do you know about the Tulsa County Assessor's office?

The Tulsa County Assessor's office plays a crucial role in the local property tax system, primarily focusing on assessing the value of all taxable property within Tulsa County.

Join us as we welcome Assessor John Wright to the Senior Center for a special presentation and to answer your questions.

Sign up at the Events Table available in both buildings.

West/Main Building

1800 S. Main Street
and

East Building

1811 S. Main Street 74012
918-259-8377

www.baseniors.org

Center Hours - West:

Monday - Friday
8 a.m. - 4 p.m.

Center Hours - East:

Monday, Wednesday, Friday
8 a.m. - 4 p.m.
Tuesday, Thursday
8 a.m. - 7 p.m.

Annual Membership:

Broken Arrow Residents—\$40
Non-Residents—\$50

Executive Director

Lisa Ford - Interim

Member Services Manager

Traci Druten

Office Coordinator

Terry Drummond

Administrative Assistant

Tonnya Cress

Special Events Coordinator

Erica Decker

Volunteer Coordinator

Dea Ann Gray

Transportation

Donald Stockton &
Randall Graybill

TULSA COUNTY ASSESSOR JOHN A. WRIGHT

You're Invited to a Special Presentation:

- How Property Values Are Determined
- Tax Exemptions for Seniors
- Followed by Q&A



Wednesday

September 16th, 2025



Time

1:00 PM - 2:00 PM



BA Senior Center
East Annex
1811 S. Main St.
Broken Arrow



RSVP TO:



(918) 259-8377



Events@BASeniors.org

Calendar of Events

Regularly Scheduled **MONDAY** Activities

Lunch Daily 11:15 a.m. - 12 p.m.

CLASSES	TIME	BLDG	NOTES
Dominoes	8 a.m. - 12 p.m.	W	
Party Bridge	8 a.m. - 12 p.m.	E	
Ping Pong	8 a.m. - 11 a.m.	W	
Shuffleboard	8 a.m. - 4 p.m.	W	
Cardio Exercise	8:15 a.m. - 9 a.m.	E	
Yin Yoga	9:15 a.m. - 10:15 a.m.	E	
Crafting	9:30 a.m. - 12 p.m.	W	
Drum to Exercise with Kathy	9:15 a.m. - 10:15 a.m.	W	
Bible Study	9:30 a.m. - 11 a.m.	E	
Circle of Readers	10 a.m. - 11:30 a.m.	W	Sept. 8th & 22nd
Limited Exercise	10:30 a.m. - 11:30 a.m.	W	
Ping Pong/Pool for Fun	11 a.m. - 4 p.m.	W	
Canasta	12 p.m. - 3:45 p.m.	W	
Tai Chi for Better Balance - Vanessa	12:15 p.m. - 1:15 p.m.	E	
Pickleball Open Play	12:15 p.m. - 4 p.m.	W	
Bingo by Nutrition	12:30 p.m. - 2:30 p.m.	W	
Intermediate Tap Dancing	1 p.m. - 2:30 p.m.	W	
Experienced Mahjongg	1 p.m. - 4 p.m.	E	
Line Dancing with Barb	1:30 p.m. - 3 p.m.	E	Cancelled Sept. 29th
Photography Group	1:30 p.m. - 3:30 p.m.	E	Sept. 8th & 22nd
Beginning Tap Dancing	2:45 p.m. - 3:30 p.m.	W	
Zumba	3:15 p.m. - 4 p.m.	E	



Monday Special Events

Medicare Education with Chris	9 a.m. - 12:30 p.m.	W	
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CIRCLE OF READERS

Sep 8: *The Borrowed Life of Frederick Fife* by Anna Johnston (Contemporary F)

Sep 22: Discuss other books

Oct 6: *The Lies We Leave Behind* by Noelle Salazar (Historical F) & **Zoom author visit**

Oct 20: Discuss other books & *Tilt* by Emma Pattee (I won 7 copies; we will pass them around for those who wish to read it.)

Edward Jones

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to help reach your financial goals
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EJB-19325-A-E-DA-3 AECSPAD

> edwardjones.com

SEPTEMBER 2025

SUN	MON	TUE	WED	THU	FRI	SAT
31	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	1	2	3	4

Calendar of Events

Regularly Scheduled **TUESDAY** Activities

Lunch Daily 11:15 a.m. - 12 p.m.

CLASSES	TIME	BLDG	NOTES
Dominoes	8 a.m. - 12 p.m.	W	
Party Bridge	8 a.m. - 12 p.m.	E	
Strength & Tone	8:15 a.m.- 9 a.m.	E	
Ping Pong/Pool for Fun/Shuffleboard	8 a.m. - 4 p.m.	W	
Blues Guitar Lessons	8:30 a.m. - 10 a.m.	E	
Train Dominoes	9 a.m. - 12 p.m.	W	
Scrabble	9 a.m.—12 p.m.	W	
Power Yoga	9:15- 10:15 a.m.	E	
Scrapbooking	9: 30 a.m.— 12 p.m.	W	
Limited Exercise	9:30 a.m. - 10:30 a.m.	W	
Guitar Lessons—Intermediate	10 a.m. - 11: 30 a.m.	E	
Whittling Wonders	10 a.m. - 12:30 p.m.	W	
Limited Exercise	10:30 a.m.-11:30 a.m.	W	
Tai Chi for Balance with Julie	11:45 a.m.-12:45 p.m.	E	
Canasta	12 p.m. - 3:45p.m.	W	
Chess	12 p.m. - 4 p.m.	E	
Line Dancing with Michelle	1 p.m. - 2 p.m.	E	
Beginning Guitar Lessons	1 p.m. - 2:30 p.m.	W	
Beginning Bass Guitar Lessons	1 p.m. - 2 p.m.	W	
Painting	1 p.m. - 3:30 p.m.	W	
Beginner Pickleball Play	12:30 p.m. - 2 p.m.	W	
Pickleball Open Play	2 p.m.- 4 p.m.	W	
Clogging Class	2:15 p.m. - 3:30 p.m.	E	
Beginning Clogging	3:30 p.m. - 4:30 p.m.	E	
Meditation/Sound Bowls	4:45 p.m. - 5:45 p.m.	E	*New Class* Starts Sept. 16th
Zumba	6 p.m. - 7 p.m.	E	*New Class* Starts Sept. 16th

Tuesday Special Events

Domino Tournament	9 a.m. - Conclusion	W	2nd Tuesday
Tulsa County Assessor John Wright	1 p.m. - 2 p.m.	E	September 16th
Board of Directors	3:30 p.m.	E	3rd Tuesday

ABC MedicareHelp.com



Art Geddes
918-698-4921

dadgeddes@gmail.com
2800 North 23rd Street#1113
Broken Arrow OK 74014

Independent Agent

Medicare Made Simple

SEPTEMBER 2025

SUN	MON	TUE	WED	THU	FRI	SAT
31	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	1	2	3	4

Calendar of Events

Regularly Scheduled **WEDNESDAY** Activities

Lunch Daily 11:15 a.m. - 12 p.m.

CLASSES	TIME	BLDG	NOTES
Dominoes	8 a.m. - 12 p.m.	W	
Ping Pong/Pool/Shuffleboard	8 a.m. - 4 p.m.	W	
Quilting	8 a.m. to 3 p.m.	W	
Cardio Exercise	8:15 a.m. - 9 a.m.	E	
Core Strength Yoga	8:15 a.m. - 9 a.m.	W	
S.E.A.T.	9 a.m. - 10 a.m.	E	
Needle Crafting	9 a.m. - 11:30 a.m.	W	
Chair Yoga	9:15 a.m. - 10:15 a.m.	W	
Beginning Ukelele	9:30 a.m. - 10 a.m.	E	
Spades Card Game	9:30 a.m. - 12:30 p.m.	E	
Line Dancing with Eugenia	10 a.m. - 11:30 a.m.	E	
Abstract Painting 102	10 a.m. - 12 p.m.	W	
Ukulele Jam	10 a.m.-12 p.m.	E	
Limited Exercise	10:30 a.m. - 11:30 a.m.	W	
Fund I of Line Dancing w/ Michelle	12 p.m. - 1 p.m.	E	*New Class beginning Sept. 10th
Hand and Foot Cards	12 p.m. - 4 p.m.	W	
Exercise 101	12:15 p.m. - 1:15 p.m.	W	
Abstract Painting 101	12:30 p.m. - 2:30 p.m.	W	
Bunco	12:30 p.m.- 2:30 p.m.	W	2nd Wednesday
Pitch Card Game	12:30 p.m. - 4 p.m.	W	
Technology Training	1 p.m. - 3 p.m.	E	2nd Wednesday
The Sound of Broken Arrow - Choir	1 p.m. - 2:30 p.m.	E	Cancelled Sept. 17th & 24th
Bingo	1 p.m. - 2:30 p.m.	W	1st Wednesday
Drawing Class	1 p.m. - 2:30 p.m.	E	
Experienced Mahjongg	1 p.m. - 4 p.m.	E	
Line Dancing with Barb	1:30 p.m. - 3 p.m.	E	
Pickleball Open Play	1:30 p.m.- 4 p.m.	W	
Zumba	3:15 p.m. - 4 p.m.	E	

Wednesday Special Events

Blood Pressure Checks	10 a.m. - 11 a.m.	W	No checks on 5th Wednesday
Library Assistance	10 a.m. - 11 a.m.	W	2nd Wednesday

"By all these lovely tokens, September days are here. With summer's best of weather and autumn's best of cheer." -Helen Hunt Jackson

Calendar of Events

Regularly Scheduled **THURSDAY** Activities


Lunch Daily 11:15 a.m. - 12 p.m.

CLASSES	TIME	BLDG	NOTES
Dominoes	8 a.m. - 12 p.m.	W	Tournament 3rd Thursday - 9 a.m.
Ping Pong/Pool for Fun/Shuffleboard	8 a.m. - 4 p.m.	W	Pool Tournament 3rd Thursday - 9 a.m.
Strength & Tone	8:15 a.m. - 9 a.m.	E	
Train Dominoes	9 a.m. - 12 p.m.	W	
Soft Yoga	9:15 a.m. - 10:15 a.m.	E	
Limited Exercise	9:30 a.m. - 10:15 a.m.	W	
Creative Card Making	9:30 a.m. - 11 a.m.	W	
Guitar Jam	9:30 a.m. - 11:30 a.m.	E	
Play Money Poker	9:30 a.m. - 12 p.m.	W	
Grief Healing Group	10 a.m. - 11:30 a.m.	E	3rd Thursday
Quilting Layout	10 a.m. - 2 p.m.	W	
Limited Exercise	10:30 a.m. - 11:30 a.m.	W	
Party Bridge	11:45 a.m. - 3 p.m.	E	
Tai Chi for Better Balance	11:45 a.m. - 12:45 p.m.	E	
Drum to Exercise with Kathy	12:15 p.m. - 1:15 p.m.	W	
Creative Card Making	12:30 p.m. - 3 p.m.	W	
Happy Hookers - Crochet	12:30 p.m. - 2:30 p.m.	W	
Card Game of the Day	12:30 p.m. - 4 p.m.	W	Cancelled Sept. 25th
Fund II of Line Dancing w/ Michelle	1 p.m. - 2:30 p.m.	E	*Updated Class
Pickleball Open Play	1:30 p.m. - 4 p.m.	W	
Cardio Drumming	2:45 p.m. - 3:30 p.m.	E	
Fast Abs	3:40 p.m. - 4 p.m.	E	
Guitar Jam	4:30 p.m. - 6:30 p.m.	E	
Chair Yoga	4:45 p.m. - 5:45 p.m.	E	*New Class* Starts Sept. 18th
Zumba	6 p.m. - 7 p.m.	E	*New Class* Starts Sept. 18th

Thursday Special Events

Membership Advisory Committee	3 p.m.	E	1st Thursday
Quilting Layout Workshop	10 a.m. - 2 p.m.	W	August 14th
Hawaiian Hula Dance Workshop	4:15 p.m. - 5:15 p.m.	E	Begins 7/24/25 thru 9/11/25
Belly Dancing	5:30 p.m. - 6:30 p.m.	E	Begins 7/24/25 thru 9/11/25

Medicare Education with Lynn Roach	10 a.m. - 12 p.m.	W	1st and 2nd Thursday
Medicare Education with Lynn Roach	1 p.m. - 3 p.m.	E	3rd, 4th, & 5th Thursday

PRO COMPARE MEDICARE 
BY LOCAL INSURANCE ADVISORS
 Join us every Thursday at our **FREE** Medicare educational class. Come learn with Lynn and friends!
CONTACT LYNN ROACH FOR MORE INFORMATION

918-913-8199

lynn@procomparemedicare.com

For accommodations of persons with special needs at meetings call 918-913-8199.



Calendar of Events

Regularly Scheduled **FRIDAY** Activities

Lunch Daily 11:15 a.m. - 12 p.m.

CLASSES	TIME	BLDG	NOTES
Dominoes	8 a.m. - 12 p.m.	W	
Ping Pong/Pool for Fun	8 a.m. - 4 p.m.	W	
Cardio Drumming	8:15 a.m. - 9 a.m.	E	
Fitness Machine Orientation w/Danny	9 a.m. - 10 a.m.	E	1st and 4th Friday - Sept. Only
S.E.A.T.	9 a.m.- 9:45 a.m.	E	
Friday Fitness	9:15 a.m. - 10:15 a.m.	E	
Singing Group	9:30 a.m. - 10:30 a.m.	W	
Alzheimers Support Group	10 a.m. - 12 p.m.	E	1st and 3rd Friday
Quilting	10 a.m.- 2 p.m.	W	
Creative Writing	10 a.m.- 12 p.m.	E	
Limited Exercise	10:30 a.m. - 11:30 a.m.	W	
Line Dancing with Eugenia	10:30 a.m. - 12 p.m.	E	
Shuffleboard	10:30 a.m. - 4 p.m.	W	
Canasta	12 p.m. - 3:45 p.m.	W	
Party Bridge	12 p.m. - 4 p.m.	E	Cancelled Sept. 26th
Exercise 101	12:15 p.m. - 1:15 p.m.	W	
Cornhole	12:30 p.m. - 2:30 p.m.	E	
Pitch Card Game	12:30 p.m. - 4:00 p.m.	W	
Bingo	1 p.m. - 2:30 p.m.	W	1st, 2nd, and 4th Friday
Singo	1 p.m.- 2:30 p.m.	W	3rd Friday
Parkinson's Support Group	1 p.m. - 2:30 p.m.	E	4th Friday
Pickleball Open Play	1:30 p.m. - 4 p.m.	W	
Zumba	3:15 p.m. - 4 p.m.	E	

Friday Special Events

OBI Blood Drive		E	September 26th
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SEPTEMBER 2025

SUN	MON	TUE	WED	THU	FRI	SAT
31	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	1	2	3	4



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Broken Arrow Senior Center

3rd Annual GREAT LADLE THROWDOWN

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stew?

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- DONATIONS APPRECIATED, WITH ALL PROCEEDS BENEFITING THE TAUW

**WEDNESDAY,
OCTOBER 8TH
4:30PM-6:30PM**

1811 S MAIN STREET - SENIOR CENTER ANNEX

LIVE ENTERTAINMENT, AGENCY FAIR,
SOUP/CHILI/STEW COOK-OFF
AWARDS WILL BE PRESENTED
BY THE JUDGES PANEL AND
PEOPLE'S CHOICE VOTES

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United Way
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Pumpkin Coffee Cake Muffins with Cinnamon Honey Butter



Ingredients

12 tablespoons (3/4 cup) salted butter, melted
 3/4 cup packed brown sugar
 2 teaspoons vanilla extract
 2 eggs
 1 cup pumpkin puree
 1/4 cup milk
 2 1/2 cups all-purpose flour
 2 teaspoons baking powder
 1/2 teaspoon baking soda
 1 teaspoon cinnamon
 1 teaspoon pumpkin pie spice
 1/2 teaspoon kosher salt

Streusel

3/4 cup all-purpose flour
 1/2 cup packed brown sugar
 1 teaspoon cinnamon
 6 tablespoons cold salted butter, cubed
 4 ounces cream cheese, cut into 16 cubes

Cinnamon Honey Butter

4 tablespoons salted butter, at room temperature
 2 tablespoons honey
 1/2 teaspoon ground cinnamon

Instructions

1. Preheat the oven to 350 degrees. Line 16 muffin tins with paper liners.
2. In a large bowl, mix together the butter, brown sugar, and vanilla. Add the eggs, one at a time, until fully incorporated. Add the pumpkin and milk, beat until smooth and creamy. Add the flour, baking powder, baking soda, cinnamon, pumpkin pie spice, and salt. Mix on low-speed until just combined, being sure the batter is completely mixed.
3. To make the streusel. In a medium bowl, combine the flour, brown sugar and cinnamon. Add the butter and use your fingers to mix the butter into the flour until a crumble forms.
4. Divide the batter among the prepared pan. Push 1 cube of cream cheese into each muffin. Evenly sprinkle the streusel over the batter. Transfer to the oven bake for 25-30 minutes or until a toothpick inserted into the center comes out clean.
5. Meanwhile, make the cinnamon butter. In a small bowl, combine the butter, honey, and cinnamon.
6. Serve the muffins warm or at room temperature smeared with cinnamon butter. Enjoy!

Are You Ready for Some FOOTBALL?!!



OKLAHOMA SOONERS

2025 FOOTBALL SCHEDULE

DATE	OPPONENT
Sat, Aug 30	vs Illinois State
Sat, Sep 6	vs Michigan
Sat, Sep 13	at Temple
Sat, Sep 20	vs Auburn
Sat, Oct 4	vs Kent State
Sat, Oct 11	vs Texas *
Sat, Oct 18	at South Carolina
Sat, Oct 25	vs Ole Miss
Sat, Nov 1	at Tennessee
Sat, Nov 15	at Alabama
Sat, Nov 22	vs Missouri
Sat, Nov 29	vs LSU

* Game Played at Neutral Location

TEMPLATETROVE.COM

Tulsa 2025 Football Schedule

Day	Date	Opponent
Saturday	Aug. 30	ABILENE CHRISTIAN
Saturday	Sept. 6	at New Mexico State
Saturday	Sept. 13	NAVY
Saturday	Sept. 20	at Oklahoma State
Saturday	Sept. 27	TULANE
Saturday	Oct. 4	at Memphis
Saturday	Oct. 11	OPEN
Thursday	Oct. 16	at ECU
Saturday	Oct. 25	TEMPLE
Saturday	Nov. 1	OPEN
Saturday	Nov. 8	at Florida Atlantic
Saturday	Nov. 15	OREGON STATE
Saturday	Nov. 22	at Army
Saturday	Nov. 29	UAB



OKLAHOMA STATE COWBOYS

2025 FOOTBALL SCHEDULE

DATE	OPPONENT
Thu, Aug 28	vs UT Martin
Sat, Sep 6	at Oregon
Sat, Sep 20	vs Tulsa
Sat, Sep 27	vs Baylor
Sat, Oct 4	at Arizona
Sat, Oct 11	vs Houston
Sat, Oct 18	vs Cincinnati
Sat, Oct 25	at Texas Tech
Sat, Nov 1	at Kansas
Sat, Nov 15	vs Kansas State
Sat, Nov 22	at UCF
Sat, Nov 29	vs Iowa State

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Confused by Medicare?

Upcoming Panel Discussion Will Help

Thursday, Oct. 2nd

1 p.m. - East Annex



Understanding Medicare is not easy. It can be worrisome and intimidating when making decisions regarding all of the healthcare options. In addition, yearly changes to Medicare can have a direct impact on your upcoming healthcare choices.

Make plans now to attend the center's Medical Panel Discussion.

Knowledge is power! Get an introduction to the knowledge you need to be "Medicare informed" during the panel discussion. The Center is hosting the event to answer your questions. Plan to ask questions during the discussion or submit your questions prior to the event near the Center Events Bulletin board at the top of the ramp in the west building and near the kiosk in the east building.

Medicare panelists are local trusted experts and include representatives from:

- Aspen Insurance Coaches - Sara Tweedy
- Crawford Insurance Advisors - Chris Crawford
- Local Insurance Advisors - Lynn Novak-Roach
- Medicare Prepare® - Carolyn Baldwin

Here are a few of the questions the panel may tackle:

- What is the difference between a Medicare supplement and Medicare Advantage plan?
- What is the difference between Medicare HMO and Medicare PPO?
- Do I need Medicare if I have VA benefits?
- I enrolled in Medicare Advantage and want a Medigap plan. How can I switch plans?

Who should attend the panel discussion? EVERYONE! Whether you're turning 65 soon or already enrolled in Medicare.

Space will be limited. Please sign up to attend the Center events bulletin board at the top of the ramp in the west building and near the kiosk in the east building.





Donna Grady

5128 S. 95th E. Ave. Ste B
Tulsa, OK 74145

Annual Open Enrollment Period:
 October 15 - December 7

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July Poker Winners -

1st - Larry Timmons

2nd - Carleta Love



August Domino Winners -

Bob Riggs and Gene McElroy



July Pool Winners -

1st - John Baker

2nd - Cecil Jones

3rd - Steve Pierce



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IN THE NEWS...

NEW CLASS

MEDITATION/SOUND BOWLS

Tuesdays - Starting Sept. 16th

4:45 p.m. - 5:45 p.m.

East Annex

NEW CLASS - EVENING CHAIR YOGA

Thursdays - Starting Sept. 18th

6 p.m. - 7 p.m.

East Annex

NEW CLASS EVENING ZUMBA

Tuesdays and Thursdays -

Starting Sept. 16th

6 p.m. - 7 p.m.

East Annex

TULSA COUNTY ASSESSOR

Tuesday, September 16th

1:00 p.m.

East Annex

Sign up at the events table in either
building.

TECHNOLOGY TRAINING

September 10th

1:00 p.m. - East Annex

Need hands-on assistance?

Bring your laptop, tablet, or smartphone

OBI BLOOD DRIVE

Friday, September 26th

East Annex

Make an appointment or walk-ins are
welcome



We are a team with a profound purpose:
"Putting the needs of others first." Here we
choose to stand apart. We believe that true
fulfillment comes from serving others. It's our purpose,
our calling!

We provide individuals the assistance they need to age in place.

Our agency will provide a care assistant that can provide the following services:

- * Fall Prevention
- * Meal preparation
- * Light Housekeeping
- * Assistance w/ADL's
- * Errands
- * Incontinence Care
- * Help w/Mobility
- * Fun Activities
- * And much more.

(405) 334-3213
2700 N Hemlock Ct Suite 111C Broken Arrow, Ok 74012
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Facebook-@ Kind Hands & Caring Hearts Home Care

IT'S NOT A JOB, IT'S A CALLING!

*Has Parkinson's Disease or another issue
caused balance problems or fear of falling?*



— Medicare Accepted • Referral Not Required —

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- Specializing in Parkinson's Disease

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Programming Sponsors:



Activity Sponsors:

Poker Tournament:

Global Health/Joel Hitsman

Domino Tournament:

White River Fish Market, Ron's Hamburgers & Chili, Billy Ray's Catfish & BBQ, Jimmy's Egg, & Fish Shack

Pool Tournament:

VIPCare Clinics, Local Insurance Advisors

Bingo & Singo:

TruHeart Home Health & Hospice, Cedarhurst of Woodland Hills, Season's Hospice, Archwell Health (Singo), Bixby-South Tulsa Funeral Service

Blood Pressure Checks:

Miller Hospice, Hillcrest Hospital South, MyChoice, First Light Home Care

Hearing Screenings & Hearing Aid Maintenance:
HearingLife

Center Information

Accommodations - Handicap parking is located on the east and south side of the West building and east side of the East building.

Name Tags - All members are required to wear their name tag while engaged in center activities. Please see the office if you lose your name tag.

Center Hours - WEST - Monday through Friday 8 a.m. - 4 p.m. **EAST** - Monday, Wednesday, Friday 8 a.m. - 4 p.m., Tuesday and Thursday 8 a.m. - 7 p.m.

Guests - Guests must be 55 or older and considering membership. They are required to check in with the office so a guest form can be completed.

Perfumes and Odors - Many members are highly sensitive to strong scents. Please refrain from using strong scented perfumes, after-shaves, and lotions. Practice good personal hygiene to prevent strong or offensive body odor.

Lunch - Lunch is provided at the Center by the Tulsa and Creek County Senior Nutrition Program at 11:30 a.m. each day in the West Building. Lunch is not served after 12 p.m. Reservations are required and must be made the day before by 11 a.m. Separate paperwork is required for registration of the lunch program. Please call (918)259-8377, ext. 16. For those over 60, the suggested donation is \$2 per meal.

Transportation - Questions regarding transportation to and from Center via the Shuttle Bus can be answered by calling (918)259-8377, ext. 15.

Calendar of Events - The notation "E" are activities held in the East Annex and "W" are activities held in the West Bldg.

Inclement Weather Closing Notification

If the Center closes due to weather, there are multiple ways we attempt to notify you:

1. On the home page of the Center's website—
www.baseniors.org.
2. On our Facebook page - **Broken Arrow Senior Activity Center**.
3. **Channel 6** will post center closures on their newfeed.



A Will or a Trust? Which is Right for you?

By Brittany Littleton



If you die without an estate plan, the state provides for the management and distribution of your estate under “intestate” succession laws. These default rules may not reflect your wishes. For example, a spouse is not the sole heir of your estate if you have children or surviving parents, and a spouse’s share will vary depending on whether children are joint, or your family is blended. Creating a proper will or trust will replace the statutory defaults so that your wishes are known and followed. But how do you know which tool is right for you?

Wills

Think of a will as a legally enforceable letter explaining to your family and a probate judge who receives your stuff when you’re gone and who is charge of overseeing your instructions. Wills are relatively simple to have prepared and require no action on your part after you execute them unless your wishes change, but will-based estate plans are often complicated by probate. Probate is the process where a court reviews your will, determines its validity, and supervises the executor in following your instructions. All “interested parties,” potential creditors of your estate and the general public must be given written notice of the court proceedings through a letter and publication in a newspaper. Probate is lengthy, public and costly. If a will is contested by an unhappy family member, the process can become very expensive and drag on for years before your heirs can have what is left of their inheritance.

Trusts

A trust is a written document that provides for the management of your property while you are living – unlike a will, which only takes effect after your death. You usually act as your own trustee until you become incapacitated or die so you retain full control of your assets even though your trust owns them.

Continued on page 22

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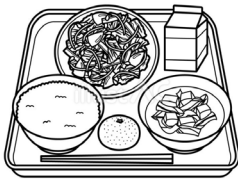
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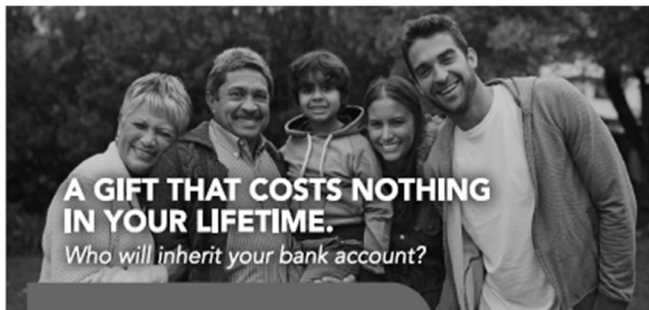
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VOLUNTEER SPOTLIGHT

Lea Wimmer

It's no surprise that the ukulele is having a moment-its cheerful sound and easy learning curve have made it a hit with people of all ages. But did you know playing this fun instrument can offer some unexpected benefits for your mind, body and spirit? Who knew that tiny strings could be so powerful, boost creativity and reduce stress? The ukulele has a unique charm and distinct sound that people of all ages and skill levels can enjoy.



Let's get to know Lea Wimmer who is our Ukulele Activity Leader at the Senior Center. Lea joined the Center in July of 2021 and loves being an Activity Leader. She also participates in various classes as a member.

What she enjoys most about the Center is how kind and friendly all the staff and members are to everyone. She also appreciates how the staff and members are so quick to help and answer questions.

Lea leads the ukulele classes on Wednesdays in the East Annex where they learn, jam, and laugh. You may be a beginner or an advanced player, but all are welcome in the classes. She loves volunteering her time to teach and to see the members' faces when they learn their first chord and play their first song.

Lea feels that being a volunteer is very special and that the volunteer is the one that gets the most blessings. She loves the connections and friendships you make with others while volunteering.

Lea grew up living in Tulsa. Her hobbies are music, which includes piano, ukulele and guitar. She also enjoys volunteering at Asbury Church as a Congregational Care Minister. In her spare time, she does beading, embroidery, making pine baskets, making candles, creating stained glass items, and doing various crafts.

So, if you have an interest in learning to play the ukulele or are an experienced player, please come and join one of her classes. You will have a blast!



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Continued from page 15



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Brittany Littleton owns and operates Littleton Legal. Her practice focuses on business law, estate planning, elder law, trust administration and probate. She is a firm believer that clients are best served when their legal, financial, and accounting advisors are working collaboratively to strategize and advocate on their behalf.

A Signature Partner with BA Seniors, Littleton writes a column each month covering issues such as how to avoid probate court, mistakes to avoid in leaving an inheritance or emergency decision documents every senior needs.

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