

Norwich School Senior Menu - Week 1

| | Monday | Tuesday | Wednesday | Thursday | Friday |
|---------------------------|---------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------|
| Soup Station | Freshly made soup of the day served with homemade bread and toppings | Freshly made soup of the day served with homemade bread and toppings | Freshly made soup of the day served with homemade bread and toppings | Freshly made soup of the day served with homemade bread and toppings | Freshly made soup of the day served with homemade bread and toppings |
| Dish of the Day | Cumberland sausages with red onion gravy | Katsu chicken with Katsu curry sauce | Roast turkey, Yorkshire pudding, cranberry sauce and gravy | Lemon and herb piri piri chicken | Pepperoni wholemeal pizza |
| Vegetarian/Vegan | Vegetarian sausages with red onion gravy | Katsu cauliflower with Katsu curry sauce | Brie and caramelised onion pastry tart with cranberry sauce | Lemon and herb piri piri Quorn fillet | Margherita wholemeal pizza |
| Dish of the Day Sides | Herby mash | Steamed rice | Roast potatoes | Patatas bravas | Chips |
| | Peas and carrots | Pickled cucumber and carrots, white cabbage with chilli | Batton carrots and savoy cabbage | Corn on the cob and macho peas | Coleslaw and sweetcorn |
| Street Food | Beef, peppers and mushroom stir fry with sweet soy sauce | Pork, onion and pineapple in satay sauce | Caribbean basa with lime | East Timor beef curry | Beef and lentil bolognaise |
| Vegetarian/Vegan | Tofu, peppers and mushroom stir fry with sweet soy sauce | Vegan 'chicken' with onion and pineapple in satay sauce | Caribbean Quorn fillet with lime | East Timor chickpea and butternut curry | Mediterranean vegetable and lentil bolognaise |
| Street Food Sides | Sweet chilli noodles with bean sprouts | Prawn crackers and noodles | Steamed rice with black beans | Fragrant rice | Pasta and garlic bread |
| | Green beans with ginger and garlic | Stir fried vegetables and mushrooms | Pineapple slaw | Gado gado and poppadom | Medley of greens with peas |
| Pasta/Jacket Bar | Baked sweet/local potatoes or pasta depending on main course | Baked sweet/local potatoes or pasta depending on main course | Baked sweet/local potatoes or pasta depending on main course | Baked sweet/local potatoes or pasta depending on main course | Baked sweet/local potatoes or pasta depending on main course |
| Hot Filling | Baked beans, cheese, freshly made pasta sauce of the day and roasted tomato and herb sauce | Baked beans, cheese, freshly made pasta sauce of the day and roasted tomato and herb sauce | Baked beans, cheese, freshly made pasta sauce of the day and roasted tomato and herb sauce | Baked beans, cheese, freshly made pasta sauce of the day and roasted tomato and herb sauce | Baked beans, cheese, freshly made pasta sauce of the day and roasted tomato and herb sauce |
| Dessert | Lemon drizzle and raspberry slice | Bread, sultana and butter pudding with custard | Banana and chocolate slice | Carrot and cinnamon cake with icing | Sweet Belgium waffles with chocolate sauce and cream |
| Everyday Extras/Salad Bar | Selection of superfood salads, fresh cut selection of melons and pineapple, selection of whole fruit, yoghurt and jellies, cold pot dessert | Selection of superfood salads, fresh cut selection of melons and pineapple, selection of whole fruit, yoghurt and jellies, cold pot dessert | Selection of superfood salads, fresh cut selection of melons and pineapple, selection of whole fruit, yoghurt and jellies, cold pot dessert | Selection of superfood salads, fresh cut selection of melons and pineapple, selection of whole fruit, yoghurt and jellies, cold pot dessert | Selection of superfood salads, fresh cut selection of melons and pineapple, selection of whole fruit, yoghurt and jellies, cold pot dessert |