

Norwich School Senior Menu - Week 3

	Monday	Tuesday	Wednesday	Thursday	Friday
Soup Station	Freshly made soup of the day served with homemade bread and toppings	Freshly made soup of the day served with homemade bread and toppings	Freshly made soup of the day served with homemade bread and toppings	Freshly made soup of the day served with homemade bread and toppings	Freshly made soup of the day served with homemade bread and toppings
Dish of the Day	Garlic and Herb Chicken Breast with Lemon	Katsu Chicken with Katsu Curry Sauce	Roast Beef, Yorkshire Pudding, Horseradish Sauce and Gravy	Pork Sausages with Red Onion Gravy	Cod Fish Fingers with Tartare Sauce and Lemon
Vegetarian/ Vegan	Garlic and Herb Quorn Fillet with Lemon	Katsu Cauliflower with Katsu Curry Sauce	Goats Cheese & Caramelised Onion Tart, Yorkshire pudding	Vegetarian Sausages with Red Onion Gravy	Grilled Halloumi with Sweet Chilli Sauce
Dish of the Day Sides	Herby New Potatoes	Steamed Rice	Roast New Potatoes	Buttery Mash with Rosemary	Chips
	Broccoli and Sweetcorn	Pickled Mouli and Carrots, Red Cabbage with Chilli	Batton Carrots and Creamy Leeks	Peas and Broccoli	Baked Beans and Petit Pois
Street Food	Beef, Peppers and Mushroom Stir Fry with Sweet Soy Sauce	Braised Pork, Spring Onion and Pineapple in Sweet Chilli	Crispy Salmon Cake with Lemon	Thai Chicken Massaman Curry	Beef and Lentil Bolognese
Vegetarian/ Vegan	Tofu, Peppers and Mushroom Stir fry with Sweet Soy Sauce	Vegan 'Chicken' with Spring Onion and Pineapple in Sweet Chilli	Vegan Fish Fillet with Lemon	Thai Massaman Tofu Curry	Mediterranean Vegetable and Lentil Bolognese
Street Food Sides	Steamed Rice with Peas	Noodles with Bean Sprouts	Creamy Leeks and Sweetcorn	Noodles with Pak Choi	Pasta and Garlic Bread
	Prawn Crackers	Glazed Baby Corn with Coriander	Steamed Rice	Shrimp Crackers	Medley of Greens with Peas
Pasta/ Jacket Bar	Baked sweet/local potatoes or pasta depending on main course	Baked sweet/local potatoes or pasta depending on main course	Baked sweet/local potatoes or pasta depending on main course	Baked sweet/local potatoes or pasta depending on main course	Baked sweet/local potatoes or pasta depending on main course
Hot Filling	Baked beans, cheese, freshly made pasta sauce of the day and roasted tomato and herb sauce	Baked beans, cheese, freshly made pasta sauce of the day and roasted tomato and herb sauce	Baked beans, cheese, freshly made pasta sauce of the day and roasted tomato and herb sauce	Baked beans, cheese, freshly made pasta sauce of the day and roasted tomato and herb sauce	Baked beans, cheese, freshly made pasta sauce of the day and roasted tomato and herb sauce
Dessert	Lemon Drizzle and Blueberry Slice	Chocolate Fridge Cake	Banana and Strawberry Marble Cake	Carrot and Cinnamon Cake with Frosting	Chocolate Sponge with Chocolate sauce
Everyday Extras/ Salad Bar	Selection of superfood salads, fresh cut selection of melons and pineapple, selection of whole fruit, yoghurt and jellies, cold pot dessert	Selection of superfood salads, fresh cut selection of melons and pineapple, selection of whole fruit, yoghurt and jellies, cold pot dessert	Selection of superfood salads, fresh cut selection of melons and pineapple, selection of whole fruit, yoghurt and jellies, cold pot dessert	Selection of superfood salads, fresh cut selection of melons and pineapple, selection of whole fruit, yoghurt and jellies, cold pot dessert	Selection of superfood salads, fresh cut selection of melons and pineapple, selection of whole fruit, yoghurt and jellies, cold pot dessert