

Norwich School Senior Menu - Week 1

	Monday	Tuesday	Wednesday	Thursday	Friday
Soup Station	Freshly made soup of the day served with homemade bread and toppings	Freshly made soup of the day served with homemade bread and toppings	Freshly made soup of the day served with homemade bread and toppings	Freshly made soup of the day served with homemade bread and toppings	Freshly made soup of the day served with homemade bread and toppings
Dish of the Day	Beef and Lentil Cottage Pie with Gravy	Crispy Chicken Burger, Lettuce, Tomato, Cheese, Garlic and Herb Mayonnaise	Roast Leg of Pork with Roasted Red Onion Gravy, Yorkshire Pudding and Apple Sauce	Three Cheese Mac with 'Bacon' and Leeks with Crispy Onions	Cajun BBQ Chicken Breast Melt
Vegetarian/Vegan	Vegetable and Red Lentil Cottage Pie with Gravy	Vegetable Burger, Lettuce, Tomato, Cheese, Garlic and Herb Mayonnaise	Stuffed Ratatouille Pepper	Three Cheese Mac with 'Bacon' and Leeks with Crispy Onions	Battered Vegetable Sausage and Curry Sauce
Dish of the Day Sides	Buttered Sweetcorn	Herby Potato Wedges	Roast Potatoes	Broccoli and Sweetcorn	Beans and Garden Peas
	Steamed Broccoli	Coleslaw and Sweetcorn	Glazed Carrots and Petit Pois	Garlic Bread	Chips
Street Food	Hong Kong Style Sweet and Sour Chicken with Spring Onion, Green Pepper and Pineapple	Texan BBQ Pulled Pork Fajita with Sour Cream	Thai Red Beef Curry with Noodles	Caribbean Chicken Brown Stew	Beef, Apricot and Vegetable Tagine
Vegetarian/Vegan	Hong Kong Style Sweet and Sour Vegan Chicken with Spring Onion, Green Pepper and Pineapple	Bean, Peppers and Vegetable Fajita with Sour Cream	Thai Red Tofu Curry with Noodles	Caribbean Quorn Brown Stew	'Harissa Vegetable Tagine
Street Food Sides	Noodles with Coriander and Chinese Cabbage	Corn Tortilla Crisps and Jalapenos	Stir Fried Vegetables with Ginger and Garlic	Rice with Black Beans	Citrus Cous Cous
	Prawn Crackers	Mexican Lime Rice	Prawn Crackers	Pickled Slaw with Pineapple and Chilli	Tzatziki and Flat Bread
Pasta/Jacket Bar	Baked sweet/local potatoes or pasta depending on main course	Baked sweet/local potatoes or pasta depending on main course	Baked sweet/local potatoes or pasta depending on main course	Baked sweet/local potatoes or pasta depending on main course	Baked sweet/local potatoes or pasta depending on main course
Hot Filling	Baked beans, cheese, freshly made pasta sauce of the day and roasted tomato and herb sauce	Baked beans, cheese, freshly made pasta sauce of the day and roasted tomato and herb sauce	Baked beans, cheese, freshly made pasta sauce of the day and roasted tomato and herb sauce	Baked beans, cheese, freshly made pasta sauce of the day and roasted tomato and herb sauce	Baked beans, cheese, freshly made pasta sauce of the day and roasted tomato and herb sauce
Dessert	Chocolate and Beetroot Brownie	Dutch Apple Crumble with Custard	Fresh Fruit Salad with Cream	Malva cake	Blueberry Pancake with Cream
Everyday Extras/Salad Bar	Selection of superfood salads, fresh cut selection of melons and pineapple, selection of whole fruit, yoghurt and jellies, cold pot dessert	Selection of superfood salads, fresh cut selection of melons and pineapple, selection of whole fruit, yoghurt and jellies, cold pot dessert	Selection of superfood salads, fresh cut selection of melons and pineapple, selection of whole fruit, yoghurt and jellies, cold pot dessert	Selection of superfood salads, fresh cut selection of melons and pineapple, selection of whole fruit, yoghurt and jellies, cold pot dessert	Selection of superfood salads, fresh cut selection of melons and pineapple, selection of whole fruit, yoghurt and jellies, cold pot dessert