

Ministry Overview

Ministry Email Address: **CPBBCWIAMH@gmail.com**

Mission: The Wellness In Action (WIA) Mental Health Ministry is a faith-based initiative dedicated to breaking the stigma surrounding mental health. WIA empowers, equips, and encourages by using open and honest dialogue about the issues that affect overall well-being. WIA embraces a holistic approach—nurturing the mind, soul, promoting physical health, strengthening spiritual growth, and supporting financial stability. The ministry offers education, training, resources, prayer, and practical assistance to address factors that negatively influence mental health. In addition, WIA connects individuals to appropriate mental health services and community support to ensure members receive the care they need.

E-Board

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Operations Officer: Rev. Marie Gwathmey

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