



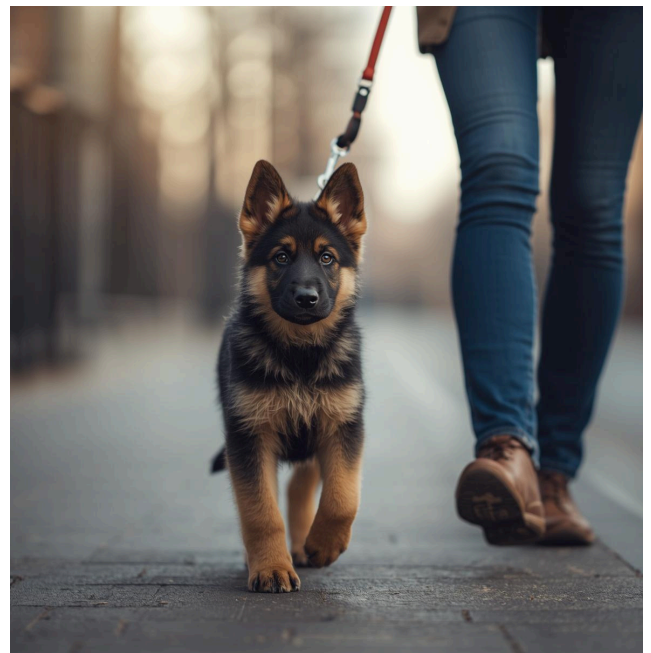
ACTIVE
ANIMAL REHABILITATION AND FITNESS INC.

PUPPY WELLNESS CHECKLIST

Supporting Healthy Growth & Movement

HEALTHY PUPPY MOVEMENT

- Daily controlled exercise
- Avoid excessive jumping
- Limit repeated stairs during growth
- Encourage balanced play and rest
- Build strength gradually
- Watch coordination and confidence



HEALTHY HOME ENVIRONMENT

- Provide traction on slippery floors
- Use rugs or runners where puppies play
- Create safe play spaces
- Choose appropriate toys
- Provide supportive bedding



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PUPPY WELLNESS CHECKLIST

Supporting Healthy Growth & Movement

HEALTHY GROWTH & DEVELOPMENT

- Maintain healthy body weight
- Feed balanced puppy nutrition
- Monitor growth rate
- Schedule regular veterinary checkups



MOVEMENT SIGNS TO WATCH FOR

Contact your veterinarian if you notice:

- Reluctance to exercise
- Difficulty getting up
- Frequent slipping or falling
- Bunny hopping when running
- Stiffness after rest
- Decreased activity



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