



Quantum Physics and the Christian

steveramseyloans.com/sermons



Music listening

YouTube

- Psalms in Lo-Fi Jazz
- Psalms in Indie Folk
- Epic Battle Music

https://www.youtube.com/watch?v=KKp9MvPnVE8&list=RDKKp9MvPnVE8&start_radio=1

- Make your own suno.com

How did it happen?

Matt 8:1-3

When he came down from the mountain, great crowds followed him. ² And behold, a leper came to him and knelt before him, saying, “Lord, if you will, you can make me clean.” ³ And Jesus stretched out his hand and touched him, saying, “I will; be clean.” And immediately his leprosy was cleansed.

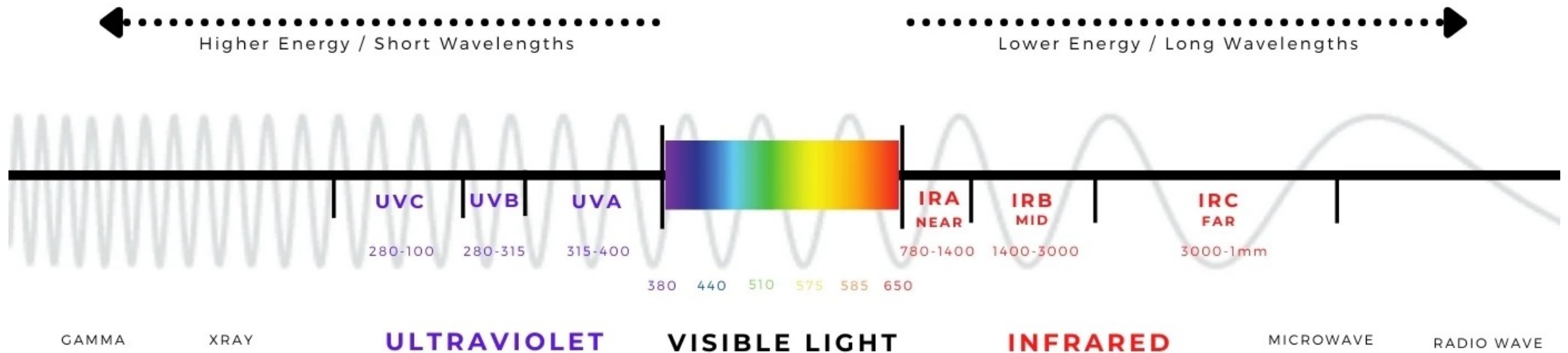
How?

Known by His Creation (Rom 1:20)

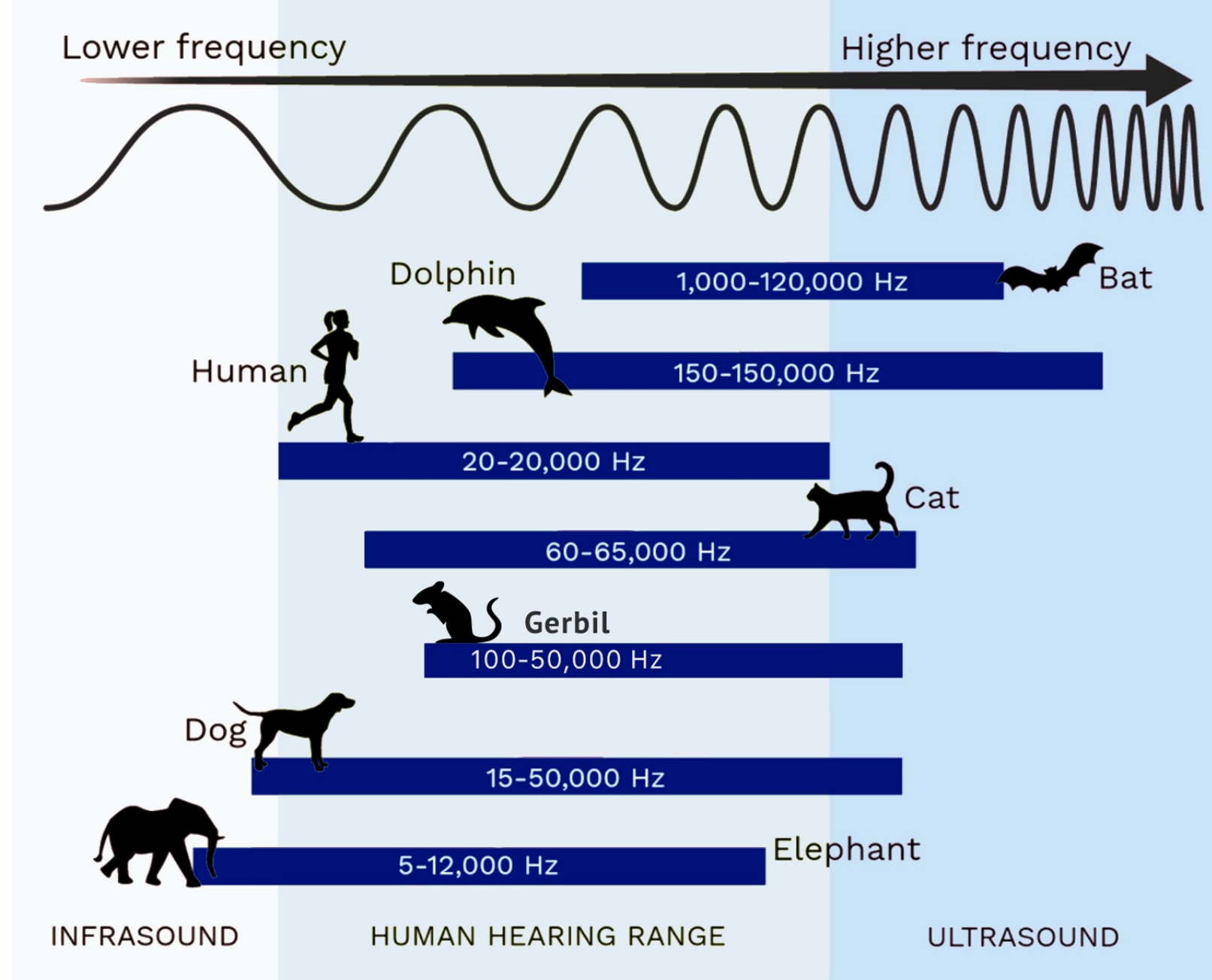
For his invisible attributes, namely, his eternal power and divine nature, have been clearly perceived (understood), ever since the creation of the world, in the things that have been made.
So they are without excuse.

Invisible Fields and Forces

- Light

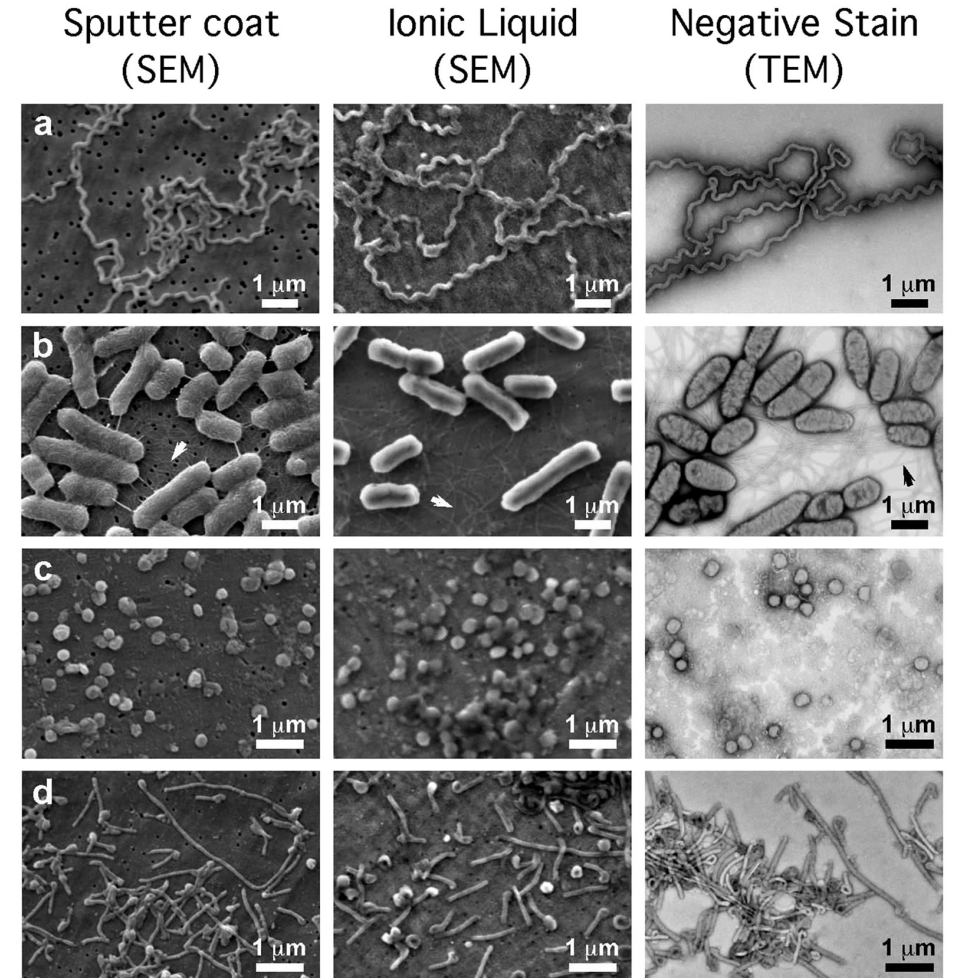


- Sound



Limits of science

- Observation limits—tools, experiences
- Bias
- More advances = understand better
- Our own conceptual limitations



<https://www.nature.com/articles/srep26516/figures/1>



Acc.V Spot Magn Det WD
5.00 kV 3.0 6500x SE 10.0 JRY 218 2 μm

<https://i.redd.it/u0lrfwy922l61.jpg>

Challenges

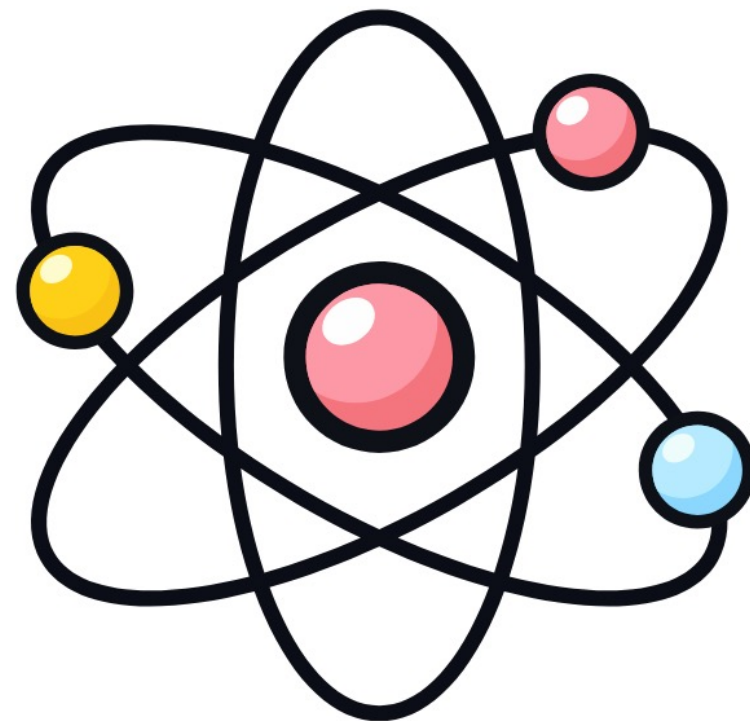
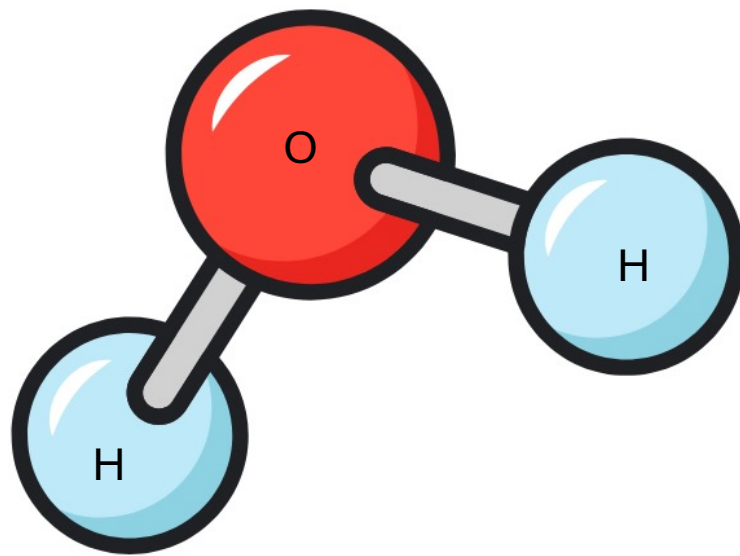
- Body is a receiver and filter
- How do we know these things exist?
- The point:
 - We observe things naturally.
 - Technology allows us to observe better things we could not observe otherwise.
 - As technology improves, what we know increases.

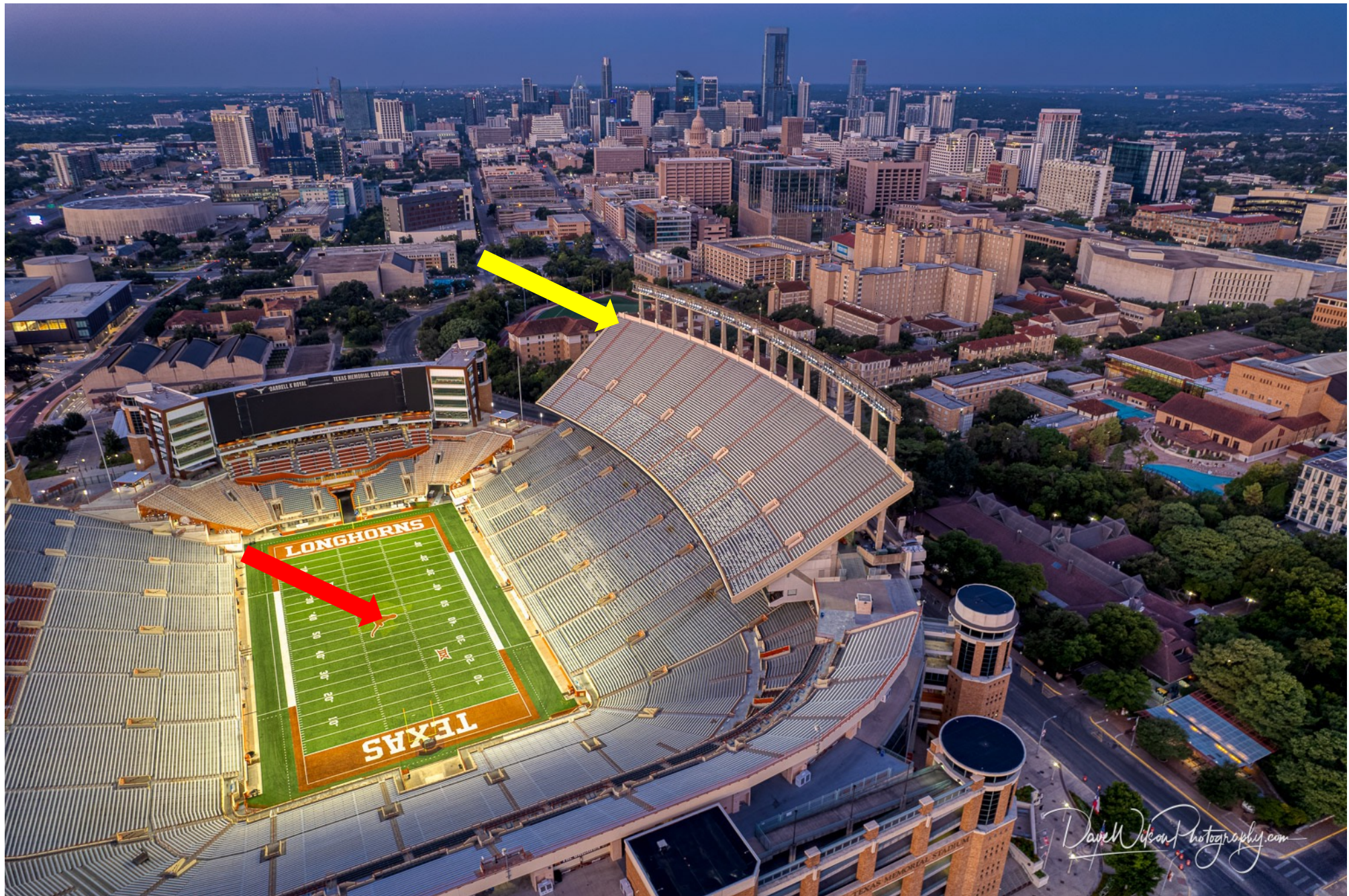
Energy



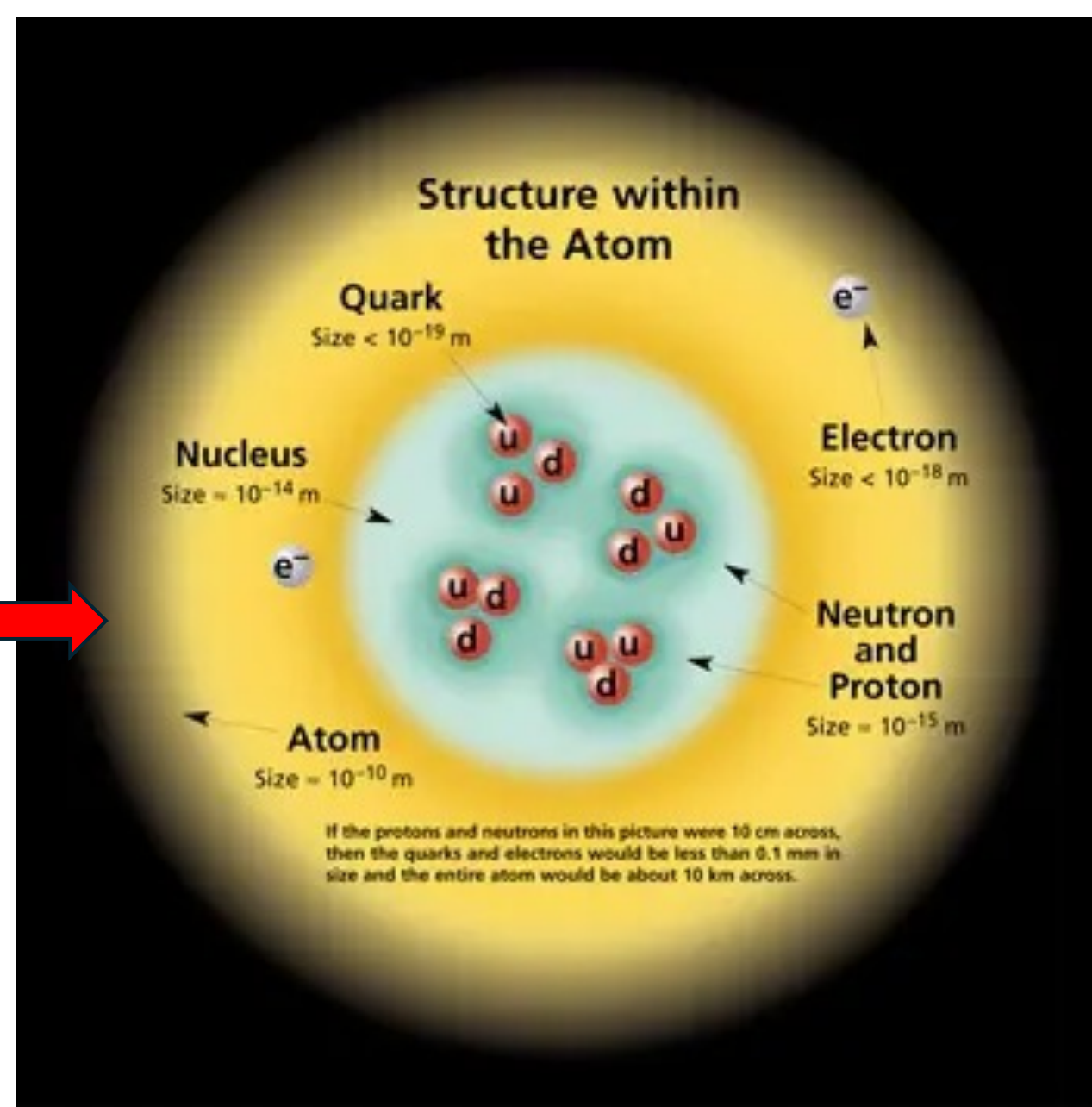
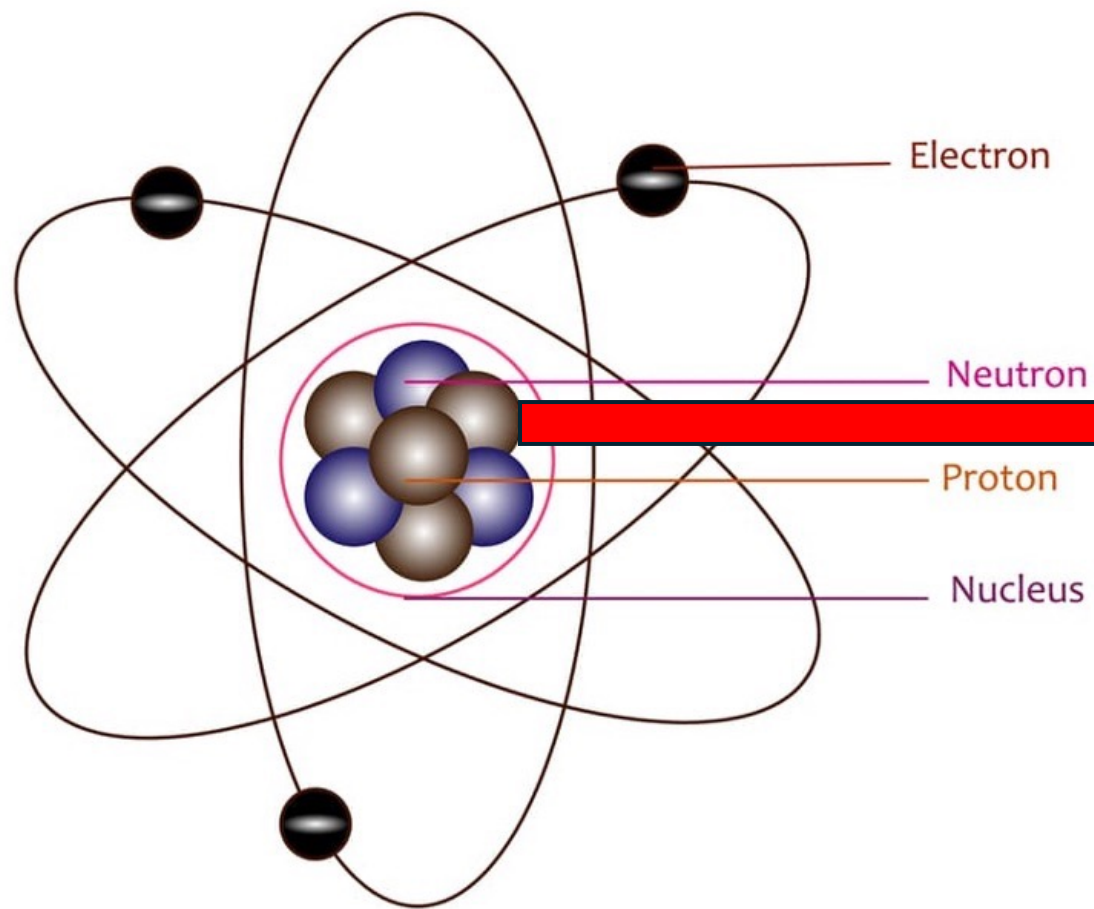
1
IA
11A

18
VIII A
8A





Everything is energy.



Let's Rock

What does 90 quadrillion joules look like?

- The energy released by detonating 21.5 megatons of TNT.
- The total electricity consumption of an average American home for over 2 million years.
- Roughly double the entire energy yield of the Tsar Bomba, the largest nuclear weapon ever detonated.



- No such thing as “electrons,” “protons,” or “matter”
- You have never touched anything. Everything is energy fields.
- DNA = DNA manifested in different ways
- Energy = Energy manifested in different way



**Life begins with
energy.**

John 1:4
In him was life,
and the **life** was the
light of men.

Jeremiah 1:5
Before I formed you
in the womb
I knew you...

April 26, 2016

00:20

MII

God's Energy is in Everything

- Acts 17:24-28
 - The God who made the world and everything in it, being Lord of heaven and earth, does not live in temples made by man, ²⁵ nor is he served by human hands, as though he needed anything, since he himself gives to all mankind life and breath and **everything**. ²⁶ And he made from one man every nation of mankind to live on all the face of the earth, having determined allotted periods and the boundaries of their dwelling place, ²⁷ that they should seek God, and perhaps feel their way toward him and find him. Yet he is actually not far from each one of us, ²⁸ for “**In him we live and move and have our being**”; as even some of your own poets have said, “For we are indeed his offspring.”
- “In Him” can mean “inside” or by means of

Black holes inside black holes

Is 4:12

- Who has measured the waters in the hollow of his hand and marked off the heavens with a span...

Travis Taylor

<https://www.youtube.com/watch?v=sm7coKl6Ko0>

God's Energy Holds Everything Together

- Col 1:15-17
 - ¹⁵ He is the image of the invisible God, the firstborn of all creation. ¹⁶ For by him all things were created, in heaven and on earth, visible and invisible, whether thrones or dominions or rulers or authorities—all things were **created through him** and for him. ¹⁷ And he is before all things, and **in him all things hold together.**
- Heb 1:3a
 - He is the radiance of the glory of God and the exact imprint of his nature, and **he upholds the universe by the word of his power.**
- Hairs on head/sparrow death

Miracles: Changes in Energy Manifestation

- DNA = DNA (manifests differently)
- Energy = Energy
- Lazarus
- Blindness, blood, etc.
- Water into wine
- Loaves and fish
- Walk on water

Now to Personal and
Practical

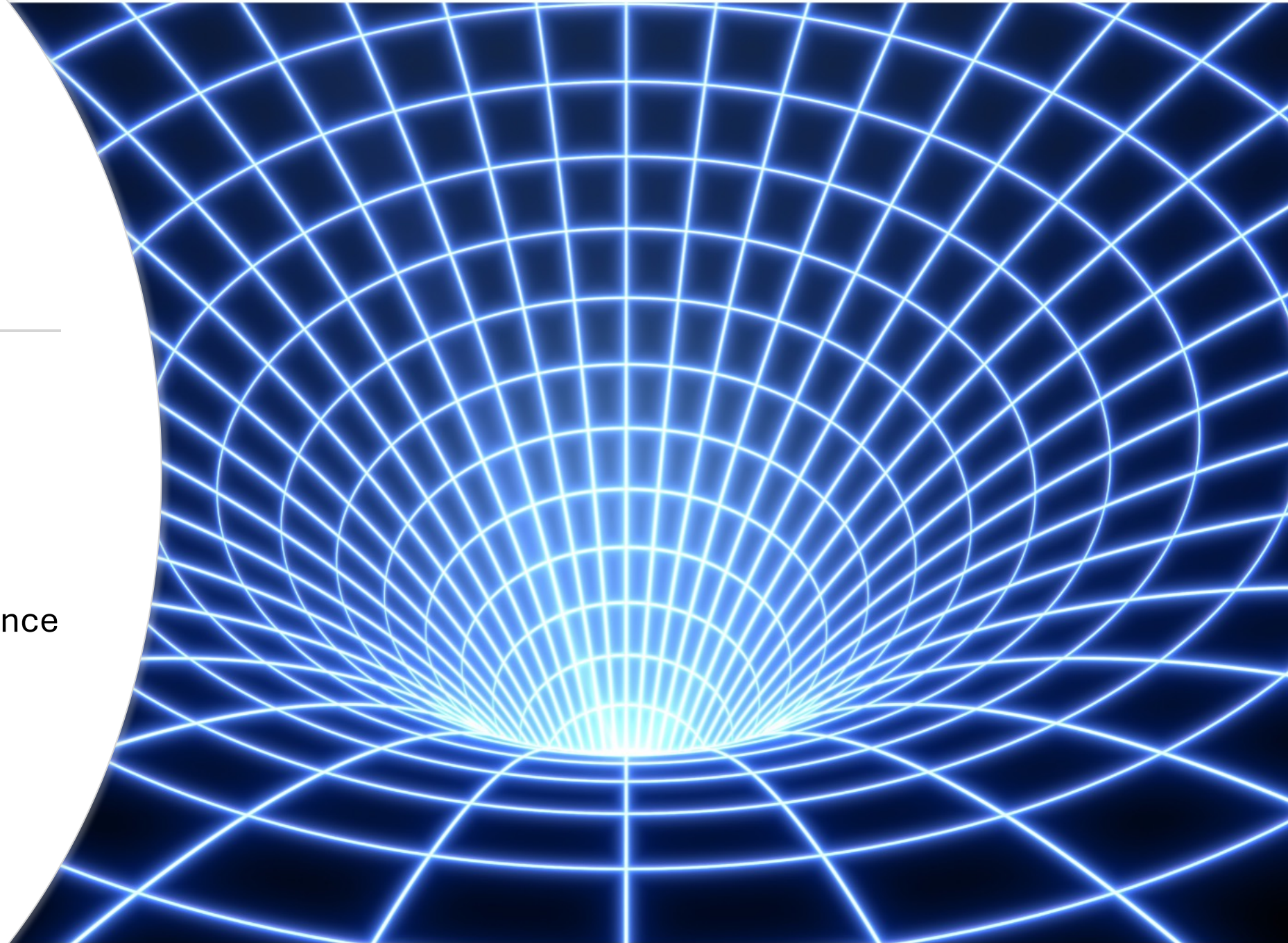
You produce electricity (energy)

- Approx **1 Trillion** electrical signals per day
- About 100 watts at rest (light bulb)
- 1000-2000 watts in high exertion
- Perot Museum experiment



What are

- Thoughts
- Memories
- Dreams
- Feelings
- Consciousness
- England story (1999); France plane story (2015)
- Schizophrenia, Déjà vu
- Brain (1700s)





Biblical Admonitions on Thoughts

- When you think, you put energy (positive/negative) out into the quantum field.
- Prov 4:23
 - Keep your heart with all vigilance, for from it flow the springs of life.
- Romans 12:2
 - Do not be conformed to this world, but be transformed by the **renewal of your mind**, that by testing you may discern what is the will of God, what is good and acceptable and perfect.

Your Thoughts in the Quantum Field

- Your thoughts are positively or negatively energizing
 - Memory of a dog
- Health
 - Grounding, salt bath, magnetic jewelry, etc.
 - “...one [Johns Hopkins study](#) found that people with a family history of heart disease who also had a positive outlook were one-third less likely to have heart attacks or other cardiovascular events than those with a more negative outlook.”
 - “...negative thoughts and feelings have been shown to weaken your body’s [immune response](#), while positive thoughts help to increase its ability to fight disease.”
 - <https://takecare.org/resources/the-mind-body-connection-how-positive-thoughts-impact-your-health-and-well-being/>

You create reality with your thoughts

- Milkshake Experiment
 - **The drink:** Participants drank the exact same 380-calorie vanilla milkshake on two different days.
 - **The labels:** On day one, the shake had an Indulgence label claiming it had 620 calories and lots of fat. On day two, it had a Sensishake label claiming it had 140 calories and zero fat.
 - **The measurement:** Scientists tracked levels of ghrelin. This gut hormone triggers hunger and drops when you feel full.
 - **What They Found**
 - **Mindset shaped biology:** When people thought they drank the heavy, high-calorie shake, their ghrelin levels dropped sharply, signaling fullness.
 - **The diet mindset:** When people thought they drank the low-calorie diet shake, their ghrelin response stayed relatively flat, meaning their bodies did not feel as satisfied.
 - **The main takeaway:** Satiety matched what participants believed they consumed, not the actual nutrients in the cup.
- Placebos

Other studies

- **1. The Wine Price Study (Brain Chemistry)**

- Researchers at the California Institute of Technology and the [University of Bonn](#) tested how price tags change the actual experience of flavor.
- **The Setup:** Participants tasted identical wines while undergoing an fMRI brain scan. However, they were told some samples cost \$5 and others cost \$90.
- **The Finding:** When participants drank the wine they thought was expensive, brain scans showed significantly **higher activation in the medial orbitofrontal cortex—the part of the brain that registers pleasure**. Their expectations didn't just change their opinion; they changed their brain chemistry.

- **2. The Hotel Maid Study (Physical Fitness)**

- Another famous study by Dr. Alia Crum looked at how your perception of physical activity changes its actual health benefits.
- **The Setup:** Researchers studied hotel room attendants who met or exceeded recommended exercise guidelines through their daily physical work but didn't view their job as exercise. Half of the maids were told how many calories they burned during tasks like changing sheets and vacuuming. The other half received no information.
- **The Finding:** Four weeks later, the maids who were told their work was good exercise showed a significant **decrease in weight, blood pressure, body fat, and body mass index (BMI)**. The control group saw no change, meaning simply recognizing their work as exercise triggered physical fat loss and health improvements.

- **3. The Sham Surgery Studies (Physical Healing)**

- The placebo effect isn't just for sugar pills; it applies to surgical procedures as well.
- **The Setup:** In several clinical trials, patients with conditions like severe knee osteoarthritis were split into two groups. One group received standard arthroscopic surgery. The other group received a "sham surgery" where doctors made incisions to look like surgery but performed no internal repairs.
- **The Finding:** Patients who received the fake surgery reported **the exact same amount of pain relief and improved mobility** as those who received the actual surgery. The mental expectation of healing forced the body to modulate its own pain pathways.

- Prov 18:21 “Death and life are in the power of the tongue...”

What you think matters (creates energy)

- Phil 4:4-8

- ⁴ Rejoice in the Lord always; again I will say, rejoice....⁶ do not be anxious about anything, but in everything by prayer and supplication with thanksgiving let your requests be made known to God. ⁷ And the peace of God, which surpasses all understanding, will guard your hearts and your minds in Christ Jesus.
- ⁸ Finally, brothers, whatever is true, whatever is honorable, whatever is just, whatever is pure, whatever is lovely, whatever is commendable, if there is any excellence, if there is anything worthy of praise, think about these things.

Thoughts Affect Your Energy with Others

- 1 Cor 13:4-7
 - Love is **patient** and **kind**; love does not envy or boast; it **is not arrogant** ⁵ or rude. It does not insist on its own way; it is **not irritable or resentful**; ⁶ it does not rejoice at wrongdoing, but **rejoices with the truth**. ⁷ Love **bears** all things, **believes** all things, **hopes** all things, **endures** all things.
- “Personal Example” from Youtube
- Good vibes, bad vibes
- Morale
- Pray for your enemies

Summary

Matt 6:22-23

The eye is the lamp of the body. So, if your eye is healthy, your whole body will be full of light, ²³ but if your eye is bad, your whole body will be full of darkness. If then the light in you is darkness, how great is the darkness!