

UNLOCKING THE LAST 20%

DISCUSSION GUIDE

Unlocking the Last 20% by Tucker “Cinco” Hamilton guides readers toward breaking through the barriers that hold them back from extraordinary achievement and reach their full potential.

Use the questions below to spark engaging and personal discussions that focus on how you will employ the tools from Hamilton’s book to unlock your last 20%.



1. Reflect on a moment in your life where you could have used that extra 20%.
What would change about the moment?

2. Hamilton said that early in his career it felt like everything came crashing down when he received a nonflying job—the last assignment on his desired job list. However, this opportunity is what made him eligible for Test Pilot School. Has an unwelcome opportunity ever ended up unexpectedly opening doors for you?

3. Hamilton asks readers to envision the person you want to become, and distill them into a purpose statement. His is “passionately toil, reflectively love.” What would your purpose statement be?

4. The book defines true success as measurable by our ability to balance the four pillars: mental, social, physical, and spiritual. Which pillar do you dedicate the least amount of time to? Which do you dedicate the most time to? What practical actions can you take to maintain a balance between the pillars?

5. Hamilton tells readers to establish a healthy daily routine by practicing discipline-building exercises daily. What aspect of your daily routine helps you unlock your last 20%? If you don't have one, what habit would you like to implement?

6. The book is full of analogies comparing the lessons learned from being a test pilot to the lessons of daily life. For example, just as a pilot must cross-check data to avoid dangerous misjudgments, we must also cross-check our thoughts and beliefs to avoid misleading ourselves. What career lesson do you also apply to your personal life?

7. Hamilton encourages readers to embrace a why not mindset. Is there an instance in your own life where you embraced this mindset and were rewarded?

8. The book looks at the legacy of generational strength, but also the challenges you can inherit. Hamilton credits his ability to learn and apply lessons from his family's experience as a crucial part of his development. Share your own story of generational resilience, or generational struggle.

9. Hamilton argues that the pursuit of excellence hinges on our willingness to embrace change and adapt to new technologies, such as the Auto GCAS system. Do you agree or disagree?

10. Hamilton writes that you need a strong support system to unleash your last 20%. What community do you tap into when you need to unlock your full potential?

11. Beyond community and this book, list the practical steps can you take now to unlock your last 20%:

Visit TuckerHamilton.com/bookbts for photos, video, and companion content beyond the book.