



Grief Resources

GENERAL RESOURCES

Grief Share

www.griefshare.org
800-395-5755

Web Healing

Forums, articles, and videos
www.webhealing.com

Grief.com

David Kessler's site with articles, events, and resource directory
www.grief.com

Grief in Common

Online Peer Support
www.griefincommon.com
424-265-1818

Open to Hope

Articles, podcasts, & books
www.opentohope.com

For Grief

Grief support groups, videos, and resources
www.forgrief.com

SPECIALIZED SUPPORT

GRASP

Grief Recovery After a Substance Abuse Passing
www.grasphelp.org
302-492-7717

American Foundation for Suicide Loss

www.afsp.org
888-333-2377

Twinless Twins

www.twinlesstwins.org

Organization of Parents of Murdered Children

www.pomc.com
513-721-5683

New Hope Center

Zoom peer support groups for young adults
www.newhopecenter.net
248-348-0115

Suicide Loss Survivors

suicidepreventionlifeline.org

Alliance of Hope

Support following a suicide
www.allianceofhope.org
847-868-3313

Camp Widow

Death of a spouse or partner
www.campwidow.org
877-671-4071

WidowNet

Resources for widows and widowers
www.widownet.org

Webhealing

Discussion boards, articles, advice, and more.
www.webhealing.com

LOSS OF A CHILD

Bereaved Parents USA

www.bereavedparentsusa.org
501-681-1464

Compassionate Friends

www.compassionatefriends.org
877-969-0010

SIDS Support Center

www.sids.org
239-431-5425

The Dougy Center

National Center for Grieving Children and Families
www.dougy.org
866-775-5683

Heaven's Gain Ministries

Pregnancy Loss Support
www.heavensgain.org

Missing Grace Foundation

Grief from infant loss or infertility
www.missinggrace.org
763-497-0709

CLIMB

Center for Loss in Multiple Births
www.climb-support.org

National Alliance for Grieving Children

www.childrengrieve.org
866-432-1542

Camp Hope

Camp for Grieving Children
www.camphopeforkids.org
715-341-0076

Eluna

Supporting families impacted by grief or addiction
www.elunanetwork.org

MISS Foundation

Death or impending death of a child
www.missfoundation.org
602-279-6477

GPS Hope

Grieving Parents Sharing Hope
www.gpshope.org



The reality is that you will grieve forever. You will not 'get over' the loss of a loved one; you will learn to live with it. You will heal and you will rebuild yourself around the loss you have suffered. You will be whole again but you will never be the same. Nor should you be the same nor would you want to.

- Elisabeth Kubler-Ross

