



## **NLBA Coach Requirements:**

In light of the emphasis on safe sport practices, coaches should refer to the chart to ensure they have the correct qualifications for the grade or level of coaching to attend the NLBA School Provincials.

Note that without these, you will not be permitted to sit on the bench.

We encourage everyone to take a moment each year to verify and update their qualifications to remain aligned with the current standards. By doing so, we collectively contribute to the safety of our athletes and the integrity of our coaching community. Your adherence to these guidelines is greatly appreciated and essential for a successful season ahead. Thank you for your continued Commitment!

Certification	Who needs it?		
	CLUB	SCHOOL	PROVINCIAL TEAM
<b>Criminal Record &amp; Vulnerable Sector Screening</b>	Y	Y	Y
<b>NCCP Safe Sport Module and NCCP</b>	Y	Y	Y
<b>NCCP Understanding the Rule of Two Module</b>	Y	Y	Y
<b>Making Headway in Sport</b>	Y	Y	Y
<b>NCCP Learn to Train</b>	Y	It is strongly recommended that school coaches also have an appropriate level of certification for the level you are coaching (Fundamentals gr 4-6, Learn to Train gr 7-9, Train to Train gr 10-11).	Y
<b>NCCP Train to Train</b>	N	N	Y
<b>NCCP Train to Compete</b>	N	N	Y

***KEEP SPORT SAFE.***

## Find Your Certification:

To assist you in finding the necessary training and required documents please refer to the table below.

Certification	Where to find it
Criminal Record & Vulnerable Sector Screening	<b><i>RNC Jurisdiction:</i></b>
	<a href="#">Criminal Record Check :: Royal Newfoundland Constabulary :: Consumer :: Home</a>
	<b><i>RCMP Jurisdiction:</i></b>
	<a href="#">Canadian Criminal Real Time Identification Services forms</a>
NCCP Safe Sport Module and NCCP	<a href="#">The Locker</a>
NCCP Understanding the Rule of Two Module	
Making Headway in Sport	
NCCP Learn to Train	<a href="#">Game Plan</a>
NCCP Train to Train	
NCCP Train to Compete	



**NEWFOUNDLAND & LABRADOR**  
**BASKETBALL**  
**ASSOCIATION**

## **Course Descriptors:**

### **NCCP Safe Sport:**

The Safe Sport Training module developed by the Coaching Association of Canada (CAC) will help anyone involved in sport identify and prevent situations of maltreatment. CAC's Safe Sport Training is an accredited education program of the Abuse-Free Sport program and is aligned with the UCCMS.

### **NCCP Understanding the Rule of Two**

The goal of the Rule of Two is to ensure all interactions and communications are open, observable and justifiable. It is one of three pillars of the Responsible Coaching Movement, along with background screening and ethics training.

After completing the Understanding the Rule of Two eLearning module, participants will:

- Have a solid understanding of the Rule of Two
- Improve their ability to assess and implement preventive measures
- Be aware of questions to ask to determine their sport organization's policies

Applying the Rule of Two in sport environments provides many benefits, including:

- Increasing the safety and security of all participants
- Reducing the risk of an incident of abuse
- Protecting everyone, including coaches and volunteers
- Reducing a sport organization's liability
- Providing additional help if there's an accident or emergency

### **NCCP Making Headway**

The NCCP Making Head Way in Sport eLearning module is designed to empower coaches, parents and participants with the knowledge and skills needed to prioritize participant safety when it comes to concussions. Backed by extensive concussion research, and aligned with the Canadian Guideline on Concussion in Sport, this comprehensive course provides a thorough understanding on what to do to prevent concussions, how to effectively recognize the signs and symptoms of a concussion, what steps are

### **NCCP Learn to Train**

This course is for coaches working with athletes 9-12 years of age. This 16-hour course includes ethical decision making, modified games, safety, practice planning and skill development. After completing this course the coaches will be considered "Trained". To become "Certified" coaches will have to complete a portfolio, be evaluated at a practice by a provincial evaluator and pass the NCCP on-line Making Ethical Decisions quiz 3.

### **NCCP Train to Train**

This course is for coaches who work with athletes 11-15 years of age. This 16-hour course includes LTAD, ethics, planning, teaching strategies, mental training, skill development and development of offensive and defensive concepts. After completing this course the coaches will be considered "Trained". To become "Certified" coaches will have to complete a portfolio,

be evaluated at a game by a provincial evaluator, and pass the NCCP on-line Making Ethical Decisions quiz.

### **NCCP Train to Compete**

This course is for coaches working with athletes 15–21 years of age. Coaches wishing to become "Certified" must also complete the six Competition-Development Theory modules through Sport NL. It is strongly recommended coaches who wish to pursue NCCP Competition-Development "Certification" begin completing the Competition-Development Theory modules. For more information on the theory modules go to: Sport NL.