



Alice Springs Youth &  
Community Centre INC.

EDITION 3

JUL- SEP 2025

WELCOME TO OUR  
*Quarterly Newsletter*

*Gymnastics*  
LIV ANTONELLI

Throughout Term 3, Gymnastics has seen a few new additions and achievements!

This is our upgrade term as we have finished competitions and are working towards the next skills and levels for our competitive athletes! We have seen a number of progressions and are extremely impressed with how much our athletes have been able to learn and develop in just 10 weeks! From new skills that we have never seen done before in Alice Springs, to many skills from higher level routines being achieved well in advance for our lower level athletes, we couldn't be prouder!



We have welcomed current senior athlete Kailee Truscott to our coaching staff as our newest Fundamental Gymnastics Coach (FGC). Kailee has been settling in to assisting with coaching our Wednesday recreational classes and is loving it and learning lots!

## **gymnastics continued...**

We have also had Fundamental Gymnastics Coaches Grace Anderson and Shae Driver finalise their accreditations and become signed off and fully qualified!

We have added a new competitive stream, Team Gym, for our recreational classes to flow into! Marie Baptista, one of our senior coaches, and Grace Anderson, one of our junior coaches, have successfully introduced the Gymnastics Australia program, Team Gym which is a fun, team focused competition program, utilising the floor for a group performance to music showcasing various gymnastics and acrobatic skills and sequences, the air track where each athlete demonstrates a series of connected skills to form a longer sequence of movements, and the mini tramps where pairs of athletes run and jump in sync to perform various shapes and jumps in the air while showcasing collaboration and team work. We hope to see this program grow and develop into multiple teams ready for local and state competitions in the future!



Level 7 athlete and senior coach, Kerryn Carpenter, travelled to Western Australia as part of the Northern Territory Bigham Cup team to compete! The Bigham Cup is an annual competition between some of the best gymnasts from NT, WA, SA, ACT and TAS and we are extremely proud of Kerryn qualifying and travelling to represent NT and Alice Springs! She enjoyed her time and was able to gain more competitive experience, bond with other athletes and staff from NT gymnastics clubs and showcase her hard work on a national level!

# Shotokan Karate: Grading Day – July 28 @ ASYCC

On Sunday, July 28, the dojo at the Alice Springs Youth and Community Centre (ASYCC) was filled with energy and focus as students from Shotokan Karate Alice Springs gathered for their mid-year grading. The event was led by the esteemed Sensei Hirata, whose presence brought both gravitas and encouragement to the occasion.

Students of all ages and levels stepped forward to demonstrate their skills. Sensei Hirata's keen eye and deep knowledge of traditional Shotokan Karate ensured that every student was evaluated with fairness and precision.

## 🎉 Congratulations to all who graded!

Whether advancing to a new belt or refining the fundamentals, each student showed remarkable spirit and perseverance. Your achievements are a testament to the strength of our karate community here in Alice Springs.

Stay committed, stay strong, and keep training with heart. OSS!



# ASYCC JUDO

We were thrilled to welcome Bradley Fong from Judo NT to the ASYCC Judo Club this month of September.

Bradley joined our senior class for several dynamic training sessions, sharing his expertise and bringing great energy to the mats.

It was a fantastic opportunity for our members to learn from Brad. Check out the photos from his visit—capturing some powerful moments and great technique in action!



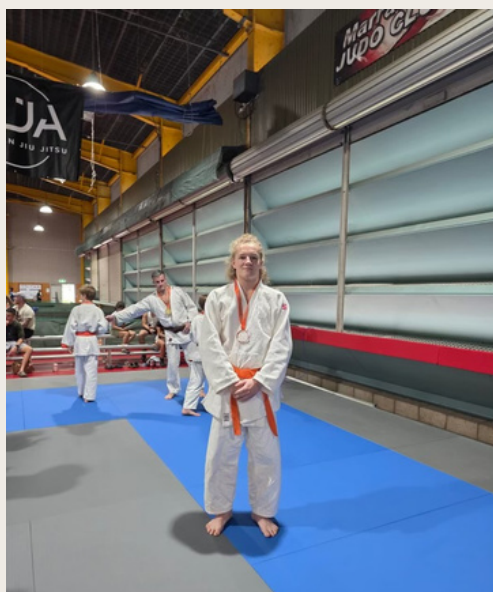
judo continued.....

## 🏆 Congratulations to Our Medalists! 🏆

A huge shoutout to Tavian Symons and Jusang Ahn for their outstanding performances at the **Judo NT Tournament held on 21 September 2025**.

Competing in the fiercely contested Senior Men's 81kg division, Tavian secured a well-earned **bronze** medal, while Jusang powered through to claim the **silver**. Their dedication, skill, and sportsmanship were on full display, and we couldn't be prouder of their achievements.

Well done, champions!



A heartfelt thank you to **Judo NT** for hosting such a fantastic event and for their support of our athletes and the wider judo community—it's deeply appreciated.

We'd also like to acknowledge our dedicated **coach**, Ezekiel, whose tireless commitment and passion continue to drive the success of Judo Alice Springs. Your leadership makes all the difference!

## EVENT @ THE HIGGINS HALL

### TEEJ CELEBRATION 10 AUGUST 2025

**Teej** is a vibrant Hindu festival celebrated by women in India and Nepal, honoring the divine union of Lord Shiva and Goddess Parvati. It's a celebration of womanhood, love, and inner strength.

#### \*Teej Celebrations:\*

- Women wear traditional attire, often in shades of red, green, and gold, symbolizing love, fertility, and prosperity.
- They apply henna, sing folk songs, and participate in puja rituals, swinging on decorated swings.
- The festival involves feasting, dancing, and communal gatherings, reflecting the rich cultural heritage of Nepal and India.
- In Punjab, Teej is known as Teeyan, marked by vibrant fairs and cultural performances.



# RECLINK: DANCE FIT PROGRAM

**Reclink Australia** hold their **Dance Fit Program** at the Alice Springs Youth & Community Centre (Higgins Hall) every **Saturday at 10:00am**. Dance Fit includes a variety of choreographed music tracks including dance steps such as the salsa, mamba and cha cha, mixed with aerobics.

This program is accessible to people of all ages and abilities, and weekly participation exceeds 40 pax. This program is free for participants and funded by Reclink Australia.





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# TROPICAL



## Dinner & Dance Fundraiser Night

LET'S COME TOGETHER FOR A JOYFUL SUMMER EVENING TO UPLIFT OUR  
COMMUNITY!

YOUR SUPPORT WILL HELP US:

- TACKLE MUCH-NEEDED REPAIRS AND UPKEEP OF OUR SHARED SPACES
- GROW ASYCC'S YOUTH PROGRAMS TO BETTER SERVE OUR COMMUNITY

 **DATE: 29 NOVEMBER 2025**

 **TIME: 6.00PM TO 9.00PM**

 **VENUE: ALICE SPRINGS YOUTH & COMMUNITY CENTRE  
5 WILLS TERRACE ALICE SPRINGS**

 **WHAT'S INCLUDED:**

 **DELICIOUS DINNER BUFFET**

 **MUSIC & DANCING**

 **RAFFLES, DOOR PRIZE & PERFORMANCES**

 **DRESS CODE: SUMMER CHIC – BRIGHT, BREEZY, AND FESTIVE**

 **TICKETS** 

**ADULT TICKET (13+) \$50**

**GROUP BOOKINGS: TABLE OF 4: \$180**

**TABLE OF 6: \$270**

**BOOKINGS: CONTACT: 8952 1649 OR 0475 620 429**

**EMAIL: [MANAGER@ASYC.COM.AU](mailto:MANAGER@ASYC.COM.AU)**

**PROUDLY SUPPORTED BY: TBA**

# AGM NOTICE

# ANNUAL GENERAL MEETING

We invite all members and activity leaders to attend our  
**Annual General Meeting (AGM)**



**Date: Wednesday, 29 October 2025**

**Time: 5.30pm**

**Location: ASYCC, 5 Wills Terrace**

Your involvement is vital to the Centre's growth and good governance. Consider joining the Management Committee to help shape our future.

Light refreshment will be provided

RSVP by 27 October 2025  
[manager@asyc.com.au](mailto:manager@asyc.com.au)



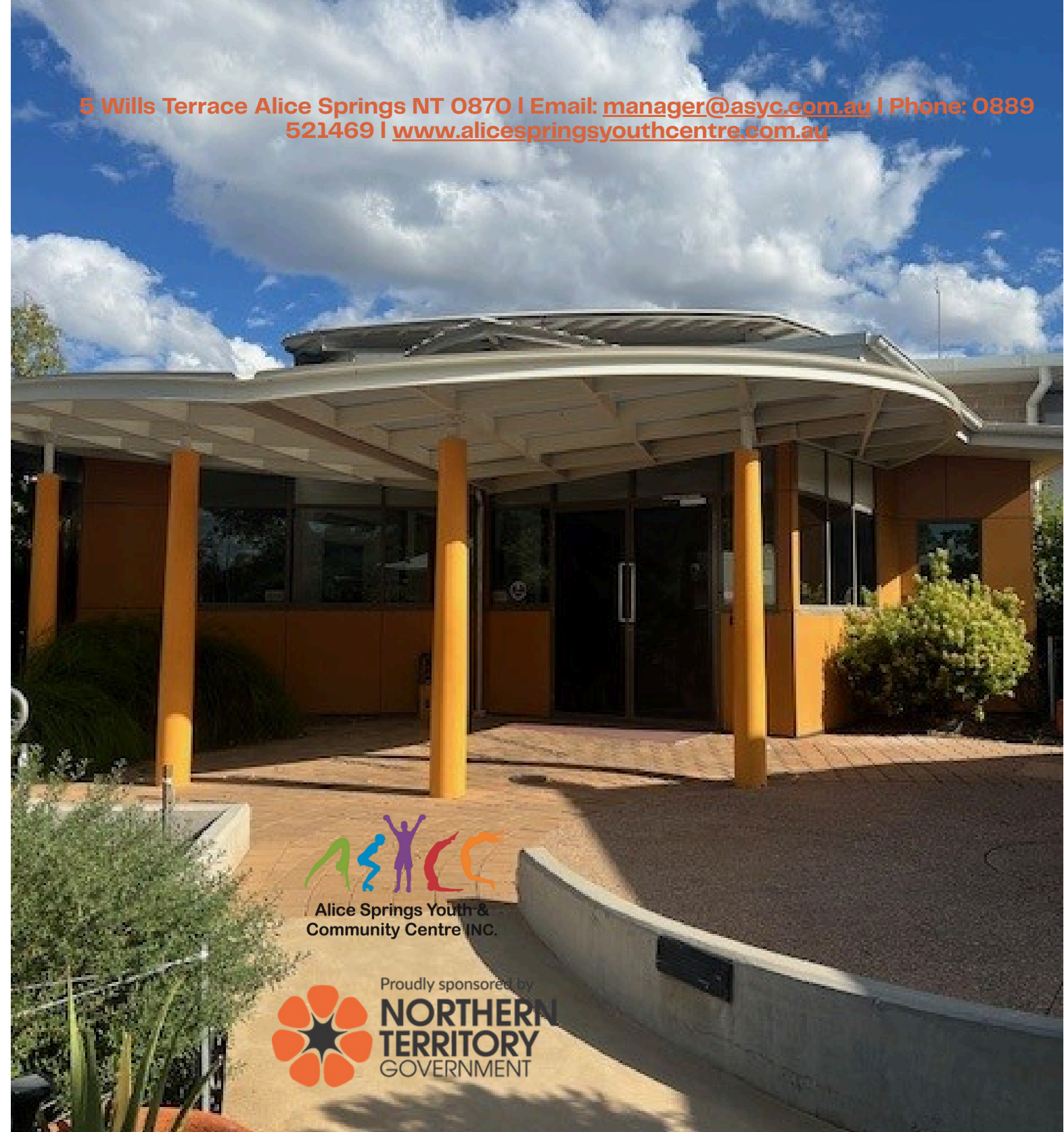
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