A daily PRAYER guide...

Quietness → Surrender → Confession → Gratitude → God's Glory →
Petition → Intercession → Revival → Scripture → Trust

"True prayer is neither a mental exercise nor a vocal performance. It is far deeper than that—it is a spiritual transaction with the Creator of Heaven and Earth." — Charles Spurgeon

"This is the confidence that we have toward him, that if we ask anything according to his will he hears us." — **1 John 5:14**

Prayer is not simply bringing God a list of things we want.
Prayer is coming into the presence of God.
The goal is to meet with God. So don't rush. Don't perform. Don't try to impress God.
Come honestly. Come humbly. Come expectantly.

The 10-Step Flow

Use this as your at-a-glance guide each day:

Step	Say...
1. **Be Quiet**	"Father, I am here. You are here."
2. **Surrender**	"Lord, I need You."
3. **Confession**	"Search my heart."
4. **Thanksgiving**	"Thank You for..."
5. **God's Glory**	"Your name be glorified. Your kingdom come. Your will be done."
6. **Personal**	"Lord, here is what I think I need..."
7. **Intercession**	"Lord, here are the people who need You..."
8. **Revival**	"Lord, awaken Your Church and advance Your kingdom."
9. **Scripture**	"Lord, show me who You are through Your Word."
10. **Trust**	"I trust You with the answer."

The goal isn't to become someone who says more prayers.
The goal is to become someone who knows God more deeply.

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1. Be Still — Quiet Your Soul *(3–5 minutes)*

Begin by becoming quiet. Put away distractions. Slow down. Take a few deep breaths.
Don't immediately start asking God for things.
Become aware that you are coming into the presence of God.

"Be still, and know that I am God." — **Psalm 46:10**

Pray: "Father, I am here. You are here. I belong to You. I give You this time."
Let your mind settle. Let your heart become quiet. Then ask:
"Lord, what do You want to show me? What do You want me to know?"

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2. Declare Your Dependence on God

Begin with surrender.
"Father, I need You."

- I cannot live this life in my own strength.
- I cannot overcome sin or struggle in my own strength.
- I cannot make wise decisions in my own strength.
- I cannot love people the way I should in my own strength.

I need Your wisdom. I need Your strength. I need Your grace. I need Your Holy Spirit.

Romans 8:26–27 reminds us that the Holy Spirit helps us in our weakness, even helping us when we don't know how to pray.

Pray: "Holy Spirit, help me pray. Help me focus. Help me hear from Your Word. Help me surrender my will to the Father's will."

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3. Confession — Come Clean Before God

Before we spend time asking God to change everything around us, ask Him to change us.
Come before the Father in the name of Jesus Christ. Confess your sin in light of God's holiness.
Don't minimize it. Don't excuse it. Don't blame somebody else. Bring it into the light.
Ask: *"Lord, is there anything in me that needs to be surrendered?"*

Then specifically deal with: Bitterness · Anger · Hostility · Unforgiveness · Pride · Arrogance · Jealousy · Envy · Temptation · Hidden sin · Destructive habits · Areas of bondage

Pray: "Father, search my heart. Show me what I don't want to see. Give me the courage to confess what You reveal. I don't want to hide anything from You."
Then receive the forgiveness Christ has provided. You don't confess to earn forgiveness.
You confess because Christ has already paid for your forgiveness.

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4. Gratitude — Remember What God Has Done

Stop and thank Him. Thank God for who He is.
Thank Him for His character, His creation, His mercy, His faithfulness.

Thank Him for His Word and His provision. Thank Him for salvation.
Thank Him for Jesus. Thank Him for the cross. Thank Him for forgiveness.
Thank Him for the Holy Spirit. Thank Him for people He has placed in your life.

A simple pattern: "Father, thank You for…" — then keep going.

- **Psalm 96:7–9** calls us to give the Lord the glory due His name.
- **James 1:17** reminds us that every good and perfect gift comes from above.

Spend time deliberately remembering: *What all has God done for me?*

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5. God-Centered Prayer — Pray God's Priorities

Jesus taught us to pray:
"Our Father in heaven, hallowed be your name. Your kingdom come, your will be done, on earth as it is in heaven." — Matthew 6:9–10
Before praying: "God, give me…" **Pray instead:** God, glorify Yourself.
Father, may Your name be honored in my life. May Your kingdom increase. May Your will be done. May Your truth prevail. May Jesus be glorified. Use Your Church to advance Your kingdom. Give Your people courage to obey You. Let Your will be done in my family, my church, my community, and my nation.
This changes prayer from: *"God, accomplish my agenda,"* to: *"God, accomplish Yours."*

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6. Personal Petitions

Now bring your personal needs before Him. Be specific. Don't just say, "God, bless me."

Pray for spiritual growth:
"Grow in the grace and knowledge of our Lord and Savior Jesus Christ." — **2 Peter 3:18**
Ask: *"Lord, where do I need to grow?"*
Pray for specific areas: Patience · Self-control · Humility · Courage · Faith · Purity · Wisdom · Love · Obedience

Pray against specific sins. Ask God for strength to put sin to death.
"By the Spirit you put to death the deeds of the body." — Romans 8:13

Pray for opportunities to serve: "Lord, show me who needs encouragement today. Give me opportunities to point people toward Jesus. Let my light shine."

Pray for daily needs: Food · Shelter · Employment · Finances · Health · Wisdom · Provision
Ask God to protect you from temptation and give you strength when temptation comes.
Pray for endurance. If you're walking through a difficult season, pray:
"Lord, don't waste this trial. Use it to make me more like Christ."

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7. Intercessory Prayer — Stand in the Gap for Others

Pray for other people. Keep a written prayer list. Write names down. Be specific.
Don't just say, "God bless my family." Pray specifically for each person.

Family

- **Spouse** — Spiritual growth, direction, protection, wisdom, health, marriage, joy
- **Children** — Their relationship with Jesus; protection, wisdom, purity, friendships, marriage, calling, future
- **Children's spouses** — Their faith, their marriages, their character, their influence
- **Grandchildren** — That they would know Christ personally and follow Him faithfully

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8. Pray for Those Who Are Hurting

Bring before God those who are:
Sick · Grieving · Struggling · Lonely · Discouraged · Addicted · Trapped in destructive patterns · Battling depression · Experiencing family dysfunction · Facing difficult decisions
Don't simply pray for the problem. Pray for the person.

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9. Pray for Decisions You Have to Make

"Lord, close the doors that should be closed. Open the doors that should be opened. Give me wisdom to know the difference."
Pray for: Wisdom · Discernment · Patience · Courage · Protection from deception · Freedom from impulsive decisions
Then surrender the outcome:
"Lord, I want Your will more than I want my way."

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10. Pray for Revival

Pray for the Church. Pray for your community. Pray for your nation. Pray for the world.

1. God's will to be accomplished — for truth to prevail.
2. Protection and direction for God's people.
3. Wisdom and discernment.
4. Those deceived by false religion to encounter the truth of Jesus Christ.
5. Victory over spiritual blindness.

Pray: "Lord, awaken Your Church. Turn hearts back to You. Expose deception. Bring conviction of sin. Give Your people courage. Let the Gospel go forward with power. Let Jesus be exalted."

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11. Pray for Our Leaders

Pray for:
The President and national leaders · State leaders · Local leaders and judges/justices · Military leaders and troops · Law enforcement and first responders · Educators · Christian leaders
And pray for Christians to answer God's call to leadership.
"Lord, raise up godly men and women who will lead with wisdom, courage, justice, humility, and integrity."

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12. a 5-Day Prayer Cycle

You don't have to pray for every person you know every single day.

Day	Focus
Monday	Family — immediate and extended
Tuesday	Church family — small groups, Bible studies, pastors, elders, members
Wednesday	Kingdom work — missionaries, evangelists, pastors, churches, ministries
Thursday	Work & community — people you encounter; opportunities to serve and witness
Friday	Friends & the lost — friends, neighbors, acquaintances, and especially those who don't know Christ; pray specifically for their salvation

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13. Meditate on Scripture

Don't just read the Bible to get through a chapter. Pray the Scripture. Choose one passage. Slow down. Read it. Read it again.
Ask:

- What does this show me about God?
- What does this reveal about me?
- Is there a command to obey?
- Is there a sin to confess?

- Is there a promise to trust?

Then turn the passage into prayer. For example, if you're reading Psalm 100:
"Lord, You are good. Your steadfast love endures forever. Thank You for Your faithfulness. Help me worship You today regardless of my circumstances."
The goal isn't simply Bible exposure. The goal is knowing God.

A simple plan — work through Psalm 119, eight verses at a time:

Day	**Passage**
Monday	Psalm 119:1–8
Tuesday	Psalm 119:9–16
Wednesday	Psalm 119:17–24
Thursday	Psalm 119:25–32
Friday	Psalm 119:33–40

Don't rush. Read slowly. Pray deeply.

Finish the prayer time by trusting Him.

"Father, I have brought these requests to You. I trust You with the answers. You are sovereign. You are wise. You are good. You know what I cannot see. You know what I need better than I do. I surrender the outcome to You."

Thank Him for hearing you. Thank Him for His Word. Thank Him for Jesus.
Ask for strength and grace to live for His glory.

Psalm 27:4 gives us the heart of it:
"One thing have I asked of the LORD, that will I seek after: that I may dwell in the house of the LORD all the days of my life, to gaze upon the beauty of the LORD and to inquire in his temple."

That is the heart of prayer.
Not: *"God, give me what I want."* But: *"God, give me more of You."*
Prayer changes from a list... to a relationship. From a duty... to delight.
From simply asking God to change our circumstances... to allowing God to change us.