

Nashoba Associated Boards of Health Presents
in Partnership with your Local Elected Board of Health

Heart Health

At Stone Soup Kitchen

Join us to learn how the heart works and how to keep it healthy!

WHEN: Thursday February 16th 2023, at 6 PM

WHERE: Stone Soup Kitchen @ Living Waters Fellowship, 41 Littleton Rd, Ayer MA 01432



**FEBRUARY IS
AMERICAN
HEART MONTH**

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YOUR Community, YOUR Choice since 1931
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