## AYER/SHIRLEY

## SPRING WELLNESS FESTIVAL

COME JOIN US FOR FUN, FOOD, MUSIC, AND **ALL THINGS WELLNESS!** 

- **CRAFTS**
- **GAMES**
- **ACTIVITIES**
- **VENDORS**
- **DEMONSTRATIONS**
- MUSIC
- THERAPY ANIMALS
- FREE SNACKS
- **FOOD TRUCKS**

Saturday May 21st, **2022— Ayer Shirley Regional Middle School** 

(1 Hospital Rd. Shirley, MA)

10 AM to 2 PM

rain or shine!

Outdoors if sunny, in the gym in case of rain!

Theme: May is Mental Health Awareness Month! "Stop the Stigma. Start a Conversation."

Promoted by:



Center for Active





**HEALing Communities Study**