

Tic Toc Day Nursery Menu 2

	Monday	Tuesday	Wednesday	Thursday	Friday
Lunch	Penne pasta and vegetable ragu	Chicken potato and spinach curry with rice	African sweet potato butternut and chickpea stew with cous cous	Turkey cottage pie with farmhouse vegetables	Fish goujons with new potatoes and peas
Dessert	Sliced pears	Bananas and custard	Medley of melon	Sliced peaches with Greek yoghurt	Orange and sultana milk pudding
Vegetarian		Quorn		Quorn	Quorn
Tea	Cheese straws with cucumber sticks and fruit	Carrot and courgette muffins and fruit	Oat cakes with sweet pepper tapenade and vegetable sticks and fruit	Margherita Pitta pizza and fruit	Welsh rarebit and fruit

*Babies weaning process i.e. Vegetables, fish, meat purees and fruit purees or menu if appropriate.

