

**Tic Toc Day Nursery      Menu 5**

	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>Lunch</b>	Fish fingers mixed vegetables and potatoes	Roasted vegetable and chickpea tagine with cous cous	Vegetable and lentil curry with rice	Chicken casserole with mash potatoes and green beans	Turkey bolognese with spaghetti
<b>Dessert</b>	Fruit salad	Fresh fruit and Greek yoghurt	Peach upside down cake	Apple flapjack	Sliced pears
<b>Vegetarian</b>	Quorn			Quorn	Quorn
<b>Tea</b>	Toasted bread muffins with fruit	Wholemeal pitta bread with Greek dip and vegetable sticks with fruit	Pizza swirls with fruit	Falafel with houmous and flat bread and fruit	Cheese muffins and fruit

\*Babies weaning process i.e. Vegetables, fish, meat purees and fruit purees or menu if appropriate.