

Tic Toc Day Nursery Menu 1

	Monday	Tuesday	Wednesday	Thursday	Friday
Lunch	Turkey Chilli Con Carne with rice	Spring vegetable cous cous	Chicken hotpot with broccoli	Mixed fish in white sauce mashed potato and green beans	Gnocchi vegetable bake
Dessert	Bananas and fresh melon	Apricot and Apple flapjack	Plain Yoghurt and fresh fruit	Fruit crumble	Vegetarian jelly with fresh fruit
Vegetarian	Quorn		Quorn	Quorn	
Tea	Sweet potato hummus with bread sticks and fruit	Potato wedges with sour cream and chive dip and fruit	Bagels with cheese spread and fruit	Cinnamon toast with fruit and fruit	Pirathas with mango chutney and fruit

*Babies weaning process i.e. Vegetables, fish, meat purees and fruit purees or menu if appropriate.