

Make up your mind to become a saint.

St. Mary Mazzarello

**You cannot be half a saint. You must
be a whole saint or no saint at all.**

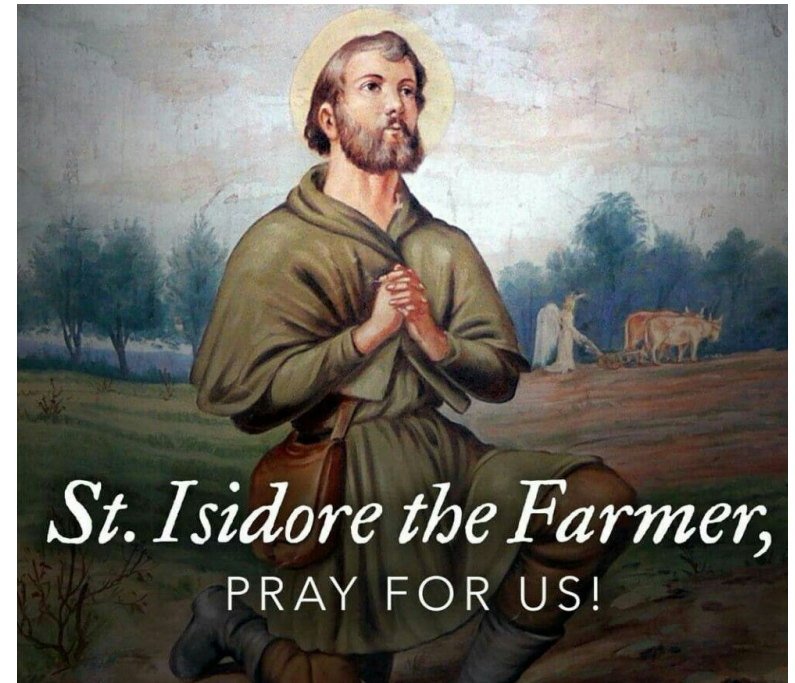
St. Therese of Lisieux

**In order to be a saint, you have to
seriously want to be one.**

St. Teresa of Calcutta

**Dear young people, have the sacred ambition to
become holy like he is holy! You will ask me: but is it
possible today to be saints? If we had to rely only on
human strength, the undertaking would be truly
impossible. With Christ, saintliness—divine plan for
every baptized person—becomes possible....Young
people of every continent, do not be afraid to be the
saints of the new millennium!**

St. John Paul II



Prayer Booklet

St. Isidore the Farmer AFC

Name: _____

Prayers and Church Knowledge

Grade 1: Sign of the Cross _____

Hail Mary _____

Our Father _____

Grace before Meals _____

Glory Be (Doxology) _____

Guardian Angel Prayer _____

2 Great Commands _____

Grade 2: Act of Contrition _____

Ten Commandments _____

Seven Sacraments _____

Grade 3: Morning Offering _____

Apostles Creed _____

St. Michael Prayer _____

Grade 4: Mysteries of the Rosary _____

Hail Holy Queen _____

Fatima Prayer _____

Grade 5: Precepts of the Church _____

Four Marks of the Church _____

Holy Days of Obligation _____

Four Last Things _____

Divine Mercy Chaplet

Begin with the Sign of the Cross.

Pray one Our Father, Hail Mary, and Apostles' Creed.

For each decade on the Rosary beads:

Large Beads: Eternal Father, I offer you the Body and Blood, Soul and Divinity of Your dearly beloved Son, our Lord, Jesus Christ, In atonement for our sins, and those of the whole world.

On the small beads: For the sake of His sorrowful passion, have mercy on us, and on the whole world.

Conclude by saying three times: Holy God, Holy Mighty One, Holy Immortal One, have mercy on us and on the whole world.

End with the Sign of the Cross.

Queen of Heaven (Regina Coeli)

Queen of Heaven, rejoice. Alleluia. The Son whom you were privileged to bear, Alleluia, has risen as he said, Alleluia. Pray to God for us, Alleluia. Rejoice and be glad, Virgin Mary, Alleluia. For the Lord has truly risen, Alleluia. O God, it was by the Resurrection of your Son, our Lord Jesus Christ, that you brought joy to the world. Grant that through the intercession of the Virgin Mary, his Mother, we may attain the joy of eternal life. Through Christ, our Lord. Amen.

Short Prayers to Memorize

Jesus in the Blessed Sacrament, have mercy on us!

O Heart of Jesus, I place my trust in Thee.

My Lord and My God.

O Sacrament most holy, O Sacrament Divine, all praise and all thanksgiving be every moment Thine.

Angelus

V. The angel of the Lord declared unto Mary.

R. And she conceived of the Holy Spirit.

Hail Mary....

V. Behold the handmaid of the Lord.

R. Be it done to me according to thy word.

Hail Mary....

V. And the word was made flesh.

R. And dwelt among us.

Hail Mary....

V. Pray for us, O holy Mother of God.

R. That we may be made worthy of the promises of Christ. Let us pray. Pour forth, we beseech thee, O Lord, thy grace into our hearts, that we, to whom the Incarnation of Christ thy Son was made known by the message of an angel, may by his Passion and Cross be brought to the glory of his Resurrection. Through the same Christ our Lord. Amen.

Divine Praises

Blessed be God.

Blessed be His Holy Name.

Blessed be Jesus Christ, true God and true Man.

Blessed be the Name of Jesus.

Blessed be His Most Sacred Heart.

Blessed be His Most Precious Blood.

Blessed be Jesus in the Most Holy Sacrament of the Altar.

Blessed be the Holy Spirit, the Paraclete.

Blessed be the great Mother of God, Mary most Holy.

Blessed be her Holy and Immaculate Conception.

Blessed be her Glorious Assumption.

Blessed be the Name of Mary, Virgin and Mother.

Blessed be St. Joseph, her most chaste spouse.

Blessed be God in His Angels and in His Saints.

Grade 6: Beatitudes_____

Act of Faith_____

Act of Hope _____

Act of Love _____

Grade 7: Gifts of the Holy Spirit_____

Fruits of the Holy Spirit_____

Come Holy Spirit_____

Grade 8: Theological Virtues_____

Cardinal Moral Virtues_____

Types of Prayer_____

Grade 9: Corporal Works of Mercy _____

Spiritual Works of Mercy_____

Grade 10: 12 Apostles_____

Stations of the Cross_____

Prayer

is nothing else than being on

terms of friendship

with **God.**

St. Teresa of Avila

Grade 1

Sign of the Cross

In the name of the Father, and of the Son, and of the Holy Spirit.
Amen.

Hail Mary

Hail Mary, full of grace, the Lord is with thee. Blessed art thou among women and blessed is the fruit of thy womb Jesus. Holy Mary, Mother of God, pray for us sinners, now, and at the hour of our death. Amen.

Grace before Meals

Bless us, O Lord! and these Thy gifts, which we are about to receive from Thy bounty, through Christ our Lord.
Amen.

Glory Be (Doxology)

Glory be to the Father, and to the Son, and to the Holy Spirit, as it was in the beginning is now and ever shall be world without end. Amen

Guardian Angel Prayer

Angel of God, my guardian dear, To whom God's love commits me here, Ever this day be at my side, To light and guard, to rule and guide. Amen.

Our Father

Our Father, who art in heaven, hallowed be thy name; thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread, and forgive us our trespasses as we forgive those who trespass against us, and lead us not into temptation, but deliver us from evil. Amen

2 Great Commands

Love God with all your heart. Love your neighbor as yourself.

Grade 10 and 11 (all previous prayers, plus)

Twelve Apostles Chosen by Christ

Peter, Andrew, James the Greater, John, Philip, Bartholomew, Thomas, Matthew, James the Lesser, Jude Thaddeus, Simon, Judas Iscariot

Stations of the Cross

1. Jesus is Condemned to Death
2. Jesus Carries His Cross
3. Jesus Falls the First Time
4. Jesus Meets His Blessed Mother
5. Simon of Cyrene Helps Jesus Carry His Cross
6. Veronica Wipes the Face of Jesus
7. Jesus Falls the Second Time
8. Jesus Speaks to the Women of Jerusalem
9. Jesus Falls the Third Time
10. Jesus is Stripped of His Garments
11. Jesus is Nailed to the Cross
12. Jesus Dies on the Cross
13. Jesus is Taken Down from the Cross
14. Jesus is Laid in the Tomb

We adore Thee, O Christ, and we praise Thee. Because by Thy Holy Cross, Thou has redeemed the world.

Grade 9 (all previous prayers, plus)

Corporal Works of Mercy

The Corporal Works of Mercy are acts of love that help us to care for the physical and material needs of others.

1. Feed the hungry.
2. Give drink to the thirsty.
3. Clothe the naked.
4. Shelter the homeless.
5. Visit the imprisoned.
6. Visit the sick.
7. Bury the dead.

Spiritual Works of Mercy

The Spiritual Works of Mercy are acts of love that help us to care for the needs of people's hearts, minds, and souls.

1. Admonish the sinner.
2. Instruct the ignorant.
3. Counsel the doubtful.
4. Comfort the sorrowful.
5. Bear wrongs patiently.
6. Forgive all injuries.
7. Pray for the living and the dead.

Grade 2 (all previous prayers, plus)

Act of Contrition

O my God, I am heartily sorry for having offended thee and I detest of all my sins because I dread the loss of Heaven and the pains of hell; but most of all because I offend Thee, my God, who are all good and deserving of all my love. I firmly resolve with the help of Thy grace to confess my sins, do penance and amend my life. Amen.

Ten Commandments

1. I am the Lord your God, you shall not have strange gods before me.
2. You shall not take the name of the Lord your God in vain.
3. Remember to keep holy the Lord's Day.
4. Honor your father and mother.
5. You shall not kill.
6. You shall not commit adultery.
7. You shall not steal.
8. You shall not bear false witness against your neighbor.
9. You shall not covet (desire) your neighbor's wife.
10. You shall not covet (desire) your neighbor's goods.

7 Sacraments

1. Baptism
2. Penance
3. Holy Eucharist
4. Confirmation
5. Marriage
6. Holy Orders
7. Anointing of the sick

Grade 3 (all previous prayers, plus)

Morning Offering

O Jesus, through the Immaculate Heart of Mary, I offer you all my prayers, works, joys and sufferings of this day for all of the intentions of Thy Sacred Heart in union with the Holy Sacrifice of the Mass throughout the world in reparation for my sins, for the intentions of all our associates and for the intentions recommended by our Holy Father.

Apostles' Creed

I believe in God, the Father Almighty, Creator of Heaven and earth, and in Jesus Christ, his only Son, our Lord, who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died and was buried. He descended into hell; on the third day He rose again from the dead; He ascended into Heaven, and is seated at the right hand of God the Father Almighty; from thence He shall come to judge the living and the dead. I believe in the Holy Spirit, the Holy Catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and life everlasting. Amen.

St. Michael Prayer

St. Michael the Archangel, defend us in battle. Be our protection against the wickedness and snares of the devil. May God rebuke him we humbly pray, and do thou O Prince of the Heavenly Host, by the power of God, thrust into hell Satan and all evil spirits who prowl about the world seeking the ruin of souls. Amen.

Grade 8 (all previous prayers, plus)

Theological Virtues

Virtues are habits and firm dispositions to do good. Theological Virtues are gifts from God (given at baptism) that direct the soul to union with God.

These are:

Faith (Belief in God),

Hope (Trust in God),

Charity (Love of God and neighbor).

Cardinal Virtues

Prudence helps us to do good and avoid evil by making correct decisions in life.

Fortitude gives us strength and determination in loving God and one's neighbor, and gives us courage to defend the Faith and face persecution.

Justice moves us to respect the rights and dignity of all human beings.

Temperance helps us to enjoy pleasures with moderation and use everything properly.

Types of Prayer

Blessing and Adoration

Petition

Intercession

Thanksgiving

Praise

Grade 7 (all previous prayers, plus)

Gifts of the Holy Spirit

Fear of the Lord - We respect God as God, and love God above all things. Sometimes this gift is called “wonder and awe” in God’s presence because it reminds us that He is great and all-powerful. Because of such respect, we see the evil of sin, do not want to sin, and do not want to face the punishment due to sin.

Fortitude - We have courage to live and to defend our faith. We are strong against temptation and persecution. We are faithful to Christ even when it is difficult to do so.

Knowledge - We receive and accept the faith. With faith, we see everything in relationship to God and our eternal destiny.

Understanding - Having faith, this gift gives us deeper insight into the Faith so that we better live it and explain it to others.

Counsel - With this gift, we are better able to make good decisions, to know the difference between right and wrong, and to advise others.

Wisdom - This gift enables us “to think with the mind of Christ,” to appreciate divine things, to see the work of God in our lives, and to set our hearts on what is truly important— God, virtue, prayer, and everlasting life.

Piety - We are humble before God, realizing that all of our blessings come from Him and that we ought to worship Him.

Fruits of the Holy Spirit

Patience Charity Kindness Faithfulness Joy Goodness

Modesty Gentleness Peace Generosity Self-Control Chastity

Come Holy Spirit

Come Holy Spirit, fill the hearts of your faithful and kindle in them the fire of your love. Send forth your spirit, and they shall be created. And You shall renew the face of the earth. Oh God, who by the light of the Holy Spirit did instruct the hearts of the faithful, grant that by the same Holy Spirit We may be truly wise and every enjoy His consolations, Through Christ our Lord. Amen.

Grade 4 (all previous prayers, plus)

Mysteries of the Rosary

The Joyful Mysteries

1. The Annunciation
2. The Visitation
3. The Nativity
4. The Presentation
5. The Finding in the Temple

The Sorrowful Mysteries

1. The Agony in the Garden
2. The Scourging at the Pillar
3. The Crowning with Thorns
4. The Carrying of the Cross
5. The Crucifixion

The Glorious Mysteries

1. The Resurrection
2. The Ascension
3. The Descent of the Holy Spirit
4. The Assumption
5. The Coronation

The Luminous Mysteries

1. The Baptism of Christ in the Jordan
2. The Wedding Feast at Cana
3. The Proclamation of the Kingdom of God
4. The Transfiguration of Our Lord
5. The Institution of the Holy Eucharist

Hail Holy Queen

Hail, holy Queen, Mother of mercy, our life, our sweetness and our hope. To thee do we cry, poor banished children of Eve; to thee do we send up our sighs, mourning and weeping in this valley of tears. Turn then, most gracious Advocate, thine eyes of mercy toward us, and after this our exile, show unto us the blessed fruit of thy womb, Jesus, O clement, O loving, O sweet Virgin Mary! Pray for us, most holy Mother of God, that we may be made worthy of the promises of Christ. Amen.

Fatima Prayer

O my Jesus, forgive us our sins, save us from the fires of hell. Lead all souls to Heaven, especially those in most need of Thy mercy. Amen.

Grade 5 (all previous prayers, plus)

The Precepts of the Church

1. You shall attend Mass on Sundays and on holy days of obligation and rest from servile labor.
2. You shall confess your sins at least once a year.
3. You shall receive the sacrament of the Eucharist at least during the Easter season.
4. You shall observe the days of fasting and abstinence established by the Church.
5. You shall help to provide for the needs of the Church

The Marks of the Church

One: The Church is one because of her source, foundation, and bonds of unity in Christ.

Holy: The Church is holy because she is united with Christ, Who through the Church sanctifies all people making possible holiness in life.

Catholic: The Church is catholic in that the Church is universal (all people in all times and all places).

Apostolic: The Church is apostolic because she can trace her teaching and authority back to the Apostles and thus to Christ.

Holy Days of Obligation in United States

The Immaculate Conception – December 8

Christmas – December 25

Solemnity of Mary, Mother of God – January 1

Ascension Thursday – 40 days after Easter

The Assumption of the Blessed Mother – August 15

All Saints' Day – November 1

The Four Last Things

Death, Judgement, Heaven, Hell

Grade 6 (all previous prayers, plus)

The Beatitudes (Matthew 5:3-10)

1. Blessed are the poor in spirit, for theirs is the kingdom of Heaven.
2. Blessed are those who mourn, for they shall be comforted.
3. Blessed are the meek, for they shall inherit the earth.
4. Blessed are those who hunger and thirst for righteousness, for they shall be satisfied.
5. Blessed are the merciful, for they shall obtain mercy.
6. Blessed are the pure in heart, for they shall see God.
7. Blessed are the peacemakers, for they shall be called sons of God.
8. Blessed are those who are persecuted for righteousness' sake, for theirs is the kingdom of Heaven.

Act of Charity (Love)

O my God! I love Thee above all things, with my whole heart and soul, because Thou art all-good and worthy of all my love. I love my neighbor as myself for love of Thee. I forgive all who have injured me, and ask pardon of all whom I have injured. Amen.

Act of Faith

O my God! I firmly believe that Thou art One God in Three Divine Persons, the Father, the Son, and the Holy Spirit; I believe that Thy Divine Son became man, and died for our sins, and that He will come to judge the living and the dead. I believe these and all the truths which the Holy Catholic Church teaches, because Thou has revealed them, Who can't neither deceive nor be deceived. Amen.

Act of Hope

O my God! Relying on Thine infinite goodness and promises, I hope to obtain pardon of my sins, the help of Thy grace, and life everlasting, through the merits of Jesus Christ, my Lord and Redeemer. Amen.